



Here are the Masters 800m heats as follows:

HEAT 1:	HEAT 2:
Chuck Schneekloth	Christine Licata
Brian Runyon	Paxton Bennett
Jason Abbot	Jack Johnson
Ean Caskey	Jodi Smith
Ryan Anderson	Brian Schmidt
Jonathon Bishard	Tim Orris
Jeff Burkart	Joel Bardsley
Ken Cooper	Garry Roseman
Kyle Keraus	Jason Meyer
Gregg Hennigan	Kara Parker
Lance Elliot	Brad Kruse
Ron Kochanowicz	Susan Melgares
Troy Henrich	Tom Loch
John Borthwick	Anne Kruse
Paul Kilgore	
John Prineas	
Mike Roberts	

Shadow Project's Jason Abbot formulates a plan and produces a top 5 finish in the 800M at Drake Relays

Fresh off fast times at 2022 USATF Masters Indoor Nationals, Jason Abbot venture to Iowa as he represented Shadow Project at the 2022 Drake Relays in the Master's 800M Invitational.

5th place Masters 800M - Jason Abbot established a solid position for the first 600M then drives a fearless kick in the last 200M to finish up in 5th in cool and wet conditions at Drake Relays.



Second from Left: Jason Abbot in striking position through 400M

MIXED MASTERS 800M			
FINAL - SECTION 1 OF 2		STANDINGS @ 800	
1	E. CASKEY	1:00.11	1:59.54
2	C. SCHNEEKLOTH	1:02.04	2:03.24
3	J. BURKART	1:02.27	2:03.70
4	B. RUNYON	1:03.63	2:04.60
5	J. ABBOT	1:03.79	2:05.15
6	R. ANDERSON	1:04.71	2:06.51
7	K. KERAUS	1:05.84	2:06.85
8	K. COOPER	1:08.86	2:15.36
9	M. ROBERTS	1:13.88	2:19.19
ONE TEST ON CALL CROWD		1:59.55	ONE TEST ON CALL CROWD
WRECK IT ALL			WRECK IT ALL



Jason Abbot grabbing post-race refreshments for a job well done

For more information, please contact shadow.project.tc@gmail.com and follow us on Instagram at Shadow Project Running (@shadowprojectrunning).