

Lesson 1 Worksheet

The Seed of New Life – Understanding the Gospel

Name: _____

Date: _____

Before You Begin

Take a moment to pray and ask God to open your heart and mind as you reflect on this lesson.

"Open my eyes, that I may see wondrous things from Your law."

— Psalm 119:18

Part 1: Digging into the Lesson

Fill in the Blanks

Use your lesson notes to complete the statements below.

God's Design: Why You Are Here

1. Your life is not an _____. You were created by a God who loves you.
 2. God created you for _____ with Him.
 3. Living according to God's purpose brings _____, confidence, and strength.
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The Disruption: The Problem of Sin

4. Sin is choosing to be the _____ of our own lives instead of allowing God to lead us.
 5. Sin creates a _____ between us and God.
 6. The wages of sin is spiritual _____ and separation from God.
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The Deliverance: Jesus, the Bridge

7. Jesus took the _____ for our sins upon Himself by dying on the cross.
 8. Jesus rose from the _____, proving His power over death.
 9. We are saved through faith in _____, not through our own efforts.
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The Decision: Receiving the Gift

Complete the five responses to the Gospel:

10. A_____
11. B_____
12. C_____
13. R_____
14. A_____

The Development: A New Creation

15. In Christ, you become a _____ creation.
 16. God declares you "not _____."
 17. The _____ Spirit gives believers the power and guidance to grow.
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Part 2: Scripture Memorization

This Week's Memory Verse

"Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new."

— 2 Corinthians 5:17 (NKJV)

Write the verse below:

Fill in the Missing Words

"Therefore, if anyone is in _____, he is a _____ creation; old things have _____ away; behold, all things have become _____."

— 2 Corinthians 5:17

Why do you think this verse is important for new believers?

Part 3: Reflection Questions

Take your time answering these honestly. There are no "perfect" answers.

1. Before this lesson, how did you view God?

☐ Loving Father

☐ Distant

☐ Strict Judge

☐ Unsure

☐ Other: _____

How has this lesson challenged or affirmed your understanding of Him?

2. Which part of the Gospel impacted you most?

- ☐ God's Design
- ☐ The Problem of Sin
- ☐ Jesus' Sacrifice
- ☐ Receiving the Gift
- ☐ Becoming a New Creation

Why?

3. Is there an area of your life where you've been trying to be "the boss" instead of surrendering to God?

4. What questions do you still have about salvation, faith, or following Jesus?

5. If you have already placed your faith in Christ, how has your life begun to change?

If you haven't yet, what is holding you back from taking that step?

Part 4: Journal & Prayer

Write a short prayer to God in response to this lesson.

You may thank Him, ask questions, confess areas of struggle, or simply share your heart.

Part 5: Living It Out

Daily Application Challenge

Discipleship isn't just about gaining knowledge—it's about learning to walk with Jesus in everyday life.

Choose one way to apply this lesson this week.

☐ **Remember Your Identity**

When feelings of shame, fear, or insecurity arise, remind yourself:

"I am loved by God and, in Christ, I am a new creation."

☐ **Practice Surrender**

Each morning this week, pray:

"Jesus, I choose to let You lead my life today."

☐ **Share Your Story**

Tell someone you trust one thing you learned from this lesson about the Gospel.

☐ **Read the Gospel Again**

Spend a few minutes reading these passages:

- Romans 3:23
- Romans 5:8
- Romans 10:9
- 2 Corinthians 5:17

Ask:

"What do these verses teach me about God's love and salvation?"

☐ **Extend Grace**

Remember that everyone is on a journey. Show patience, kindness, and grace to someone this week as a reflection of the grace God has shown you.

Looking Ahead...

The seed has been planted.

You don't have to have all the answers today.

You don't have to grow overnight.

God is faithful, and He will continue the good work He has begun in you.

"Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ."

— Philippians 1:6 (NKJV)

See you in Lesson 2 as we discover how God's Word nourishes and strengthens our new life in Christ. 🌱