



PTP

PRAYING THE
PROMISE
— for the *Weary* —



Father,

Today I come before You carrying the weight of responsibilities, burdens, worries, and the weariness that has settled deep within my soul. Thank You that You never ask me to carry these burdens alone. You invite me to come to You, to rest in Your presence, and to find strength in Your unfailing love.

Lord, for every person who feels exhausted, discouraged, overwhelmed, or worn down by life's demands, I pray that You would draw near to them. Remind them that Your yoke is easy and Your burden is light. Lift the weight they were never meant to carry and replace it with the peace that comes from trusting You.

Renew weary hearts today. Strengthen tired minds. Refresh spirits that have grown weary from waiting, serving, fighting battles, or walking through difficult seasons. Let Your presence become a place of refuge where strength is restored and hope is renewed.

Father, teach us to rest in You without guilt, to trust You without striving, and to depend on Your strength rather than our own. When we feel weak, remind us that Your grace is sufficient and Your power is made perfect in weakness.

Thank You that You are the God who restores, refreshes, and renews. I trust You to sustain me today and carry me through every season ahead.

In Jesus' name, Amen.

“But those who wait upon the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.”

ISAIAH 40:31

“Come to me,
all who labor and
are heavy laden,
and I will
give you rest.”

MATTHEW 11:28

STANDING ON GOD'S PROMISES, ONE PRAYER AT A TIME.

BACK TO LIFE
MINISTRIES