

PTP

PRAYING THE
PROMISE

for Depression



Father,

I come to You with an honest and open heart, bringing before You the heavy burden of depression. You see the pain that words cannot explain, the sadness that lingers, and the exhaustion that weighs me down each day.



I thank You that You are near to the brokenhearted and that You save those who are crushed in spirit. You are the God of all comfort, and Your love surrounds me even when I cannot feel it. You have not forgotten me, and You will never leave me.



I pray that You would lift the darkness that has settled in my heart and mind. Replace every lie with Your truth, every fear with Your peace, and every weary thought with the hope that comes from You alone.



Renew my mind, restore my energy, and give me the strength to take each step, one day at a time. Remind me that this season does not define me—You do. You are my help, my healer, and my hope.



Lord, I choose to hold on to Your promises and to place my trust in You completely. Thank You that You are making all things new, and that joy will come again.

In Jesus' name, Amen.

*"The Lord is near
to the brokenhearted
and saves the
crushed in spirit."*

PSALM 34:18

“I will restore to you the years that the swarming locust has eaten, the hoppers, the destroyer, and the cutter, my great army, which I sent among you. And you shall eat in plenty and be satisfied, and praise the name of the Lord your God, who has dealt wondrously with you. And my people shall never again be put to shame.”

JOEL 2:25-26

STANDING ON GOD'S PROMISES, ONE PRAYER AT A TIME.

BACK TO LIFE
MINISTRIES