

✦ The Upside-Down Kingdom Study Worksheet

Listener Reflection Worksheet

Episode 1: Upside-Down Blessings: The Beatitudes

Scripture Focus: Matthew 5:1–12

Name: _____ | **Date:** _____

Read & Reflect

"Blessed are the poor in spirit, for theirs is the kingdom of heaven..." — Matthew 5:3 (NIV)

1. Scripture Reading

Read Matthew 5:1–12.

Which Beatitude speaks most deeply to your current life situation? Why?

2. Context & Summary Reflection

The Beatitudes reveal God's values in contrast to the world's—true blessing is found in humility, mercy, righteousness, and dependence on Him.

In your own words, summarize what Jesus is teaching about true blessing.

Digging Deeper

3. Observation

Which specific words or qualities (poor in spirit, meek, merciful, peacemakers, etc.) stand out to you?

4. Interpretation

Why do you think Jesus calls these people “blessed”? How does this challenge cultural views of success and happiness?

5. Application

Which Beatitude do you feel called to live out more this week? What might that look like in daily life?

✦ **Personal Reflection**

6. Self-Examination

Where are you tempted to seek “blessing” the world’s way instead of God’s way?

7. Invitation to the Holy Spirit

Ask the Spirit to show you one area where He wants to reshape your understanding of blessing. What is He impressing on your heart?

🎯 **Challenge of the Week**

8. Weekly Challenge

Choose one Beatitude to practice intentionally this week (e.g., showing mercy, making peace, hungering for righteousness). How will you stay accountable?

 Scripture Memory

Matthew 5:9 (NIV):

"Blessed are the peacemakers, for they will be called children of God."

9. Write out the Scripture Memory verse below:

One Week Later...

10. Write about your experience/testimony as you lived out this challenge:

 *We'd love for you to share your testimony in the comments section of this week's episode or send it to us through our website at btl-ministries.org.*