

Women of the Word Study Worksheet

Episode 3: Leah – Seen by God

Scripture Focus: Genesis 29–30

Name: _____ | Date: _____

Read & Reflect

“When the Lord saw that Leah was not loved, he enabled her to conceive...” — Genesis 29:31

1. Scripture Reading

Read Genesis 29–30.

What do Leah’s struggles and her children’s names reveal about her heart?

2. Context & Summary Reflection

Summarize Leah’s life and how God showed her He saw her.

Digging Deeper

3. Observation – Where do you see God’s compassion in Leah’s story?

4. Interpretation – What does this tell you about God’s heart for the overlooked?

5. Application – How can you live in confidence that God sees you?

Personal Reflection

6. Self-Examination – When have you felt unseen or unloved?

7. Invitation to the Holy Spirit – Ask God to remind you of your worth in Him.

 Challenge of the Week

8. Weekly Challenge – Memorize Psalm 34:18. Write it on a card/sticky note and place it somewhere you'll see every day.

 Scripture Memory

Psalm 34:18 – “The Lord is close to the brokenhearted and saves those who are crushed in spirit.”

9. Write out the verse below:

One Week Later...

10. How did remembering that God sees you change your perspective this week?

If you'd like to share your testimony with us, leave a comment on this episode or connect with us through our website.

For more study tools and to access all Listener Reflection Sheets, visit

btl-ministries.org.