

# GIFT OF LIGHT EXPO

The Mind Body Spirit Experience

November 4 & 5 - 2023

Ohio Expo Center (Lausche Building) 717 17th Ave. Columbus, OH

*The Best practitioners in the Business from all over the Globe!*

Astrology - Auras - Psychics - Reiki - Reflexology - Wellness - Detox - Massage

Candles - Books - Jewelry - Crystals - Gifts - Imports - Clothing - Door Prizes!

## **FREE SEMINARS WITH ADMISSION**

Psychic Development - Hypnosis - Channeling - Manifestation - Crystal Healing

Ask a Psychic - Akashic Records - Clearing Negativity - Talk to your Angels & Guides

Yoga & Chi Gong - Living Healthy - Love & Relationships - Prosperity - Ghosts!

[GiftofLightExpo.com](http://GiftofLightExpo.com)



**Greetings from psychic, medium Kelly Bowman.** I am your host and organizer of The Gift of Light Expos. Well, what can I say?... We have lost so many friends, patrons and vendors this past year. These special ones enriched our lives in so many ways, and even though they have gone from this realm, they will meet us in the next. In sweet memory of our dear friends; may the Grace of the Angels follow you always and welcome to *The Gift of Light Expo's Mind Body Spirit Experience!*

**Psychic, Kelly Bowman: "The Psychic Brain" Manifest it, & Gallery Psychic Readings - Messages will be given to all attendees who request.** How does your mind work when it comes to your senses? You are able to use your brain waves to get the information you need to help yourself in your daily life. Psychic functions in your brain and how to tap into it. Kelly will show you technique and help you develop your skills. She teaches on the following topics: The Psychic Brain, Past Lives, Psychic Development, Self Healings and "Pulling", her own personally developed technique. Kelly is an accredited Reiki Master with years of hands-on experience. She has been teaching and doing readings for 30 years since the meeting of her mentor, Bill Mitchell in 1989. She has been heard regularly on QFM96.3 morning show with Torg & Elliott. She has been conducting haunted tours, séance and paranormal investigations for over 22 years.



### **Debbie Keri-Brown: LIVING EULOGY AND HEBREW PRAYERS FOR THE DEPARTED**

Join Debbie Keri-Brown for a living eulogy for those still alive and a Hebrew service of remembrance for the physically departed. These prayers are for those who are still in their physical bodies who may be in the process of transitioning or experiencing changes due to health conditions. It is also for those living for whom circumstances have caused a separation and loss of connection to us or the divine. The grief you feel over the emotional losses is deserving of a special rite of passage.

So too, grief or death is not just death of the physical body. It can be the loss of a job, a relationship, the losses as our loved ones progress through various stages of illness, the collective losses in our community....anything where a loss has happened. It can be a spiritual death, where losing their connection to the divine for any length of time, can evoke a grief response in them or others. These could have been healthy or unhealthy experiences. A child's loss of his favorite toy or his favorite rose bush which could not survive the winter storm is no less important than someone's loss of a loved one.

In our own lives, we can go thru the various stages identified by Elizabeth Kubler-Ross. We all grieve in our own ways and in our own timing. Debbie will recite the Yizkor service and the Mourner's Kaddish in Hebrew and will help you release the pain as we honor the journey and the lessons.

Yiskor is the opening prayer and asks God to remember the souls of the departed and glorifies the name of God. The Mourner's Kaddish is the sanctification of God's name. Oseh Shalom is a song of peace which is included in Hebrew memorial services. If you have not been able to attend the funeral of a person who has passed from this physical plane, this service is also for you. It is suitable for anyone of any faith and has both secular and non-secular spiritual components.

If you would like to recite your own personal living eulogy or a memorial out loud, that is your choice or you can read/say it quietly. We will cut and remove the cords to experiences and people as your personal needs allow as we move thru these types of grief. Debbie will use various sound healing techniques such as a 528 HZ tuning fork and an historical Asian gong. Visit Debbie at her booth.



### **Amy Drake: "Creative writing through channeling"**

Amy Drake is a filmmaker, playwright, producer, and commercial actor, specializing in historical and supernatural storytelling with numerous plays performed in New York City. She is on The Kilroy's List of women playwrights, a member of the Dramatist Guild, the League of Professional Theater Women and PAGES. She holds an M.A. from Ohio Dominican University and an M.S. degree in marketing and communication. Her education includes the Kennedy Center Playwriting Intensive, Yale Writers Workshop, Cambridge University Summer Study Programme, Reed Hall, Paris, and Kenyon (College) Summer Institute. Her recent projects include GUELLEN, KS (film), SHOWDOWN IN AMHERST (film in post-production), and the play MYSTIC MARGARET, which will be published by Next Stage Press in February 2024. **Amy Drake, Playwright**  
**draketheatrical@gmail.com**





### **Shaman Gary C. Herron - 'Introduction into 'Scrying and Crystal Gazing''**

This amazing class will cover the Beginnings and History of Scrying, Modern Applications, Tools and Methods of the Art of 'Seeing", Past, Present and Future.

The class will be offered by : Rev. Gary C. Herron ;MM , aka "Sige". I am a Shaman Witch , a Wicca High Priest, with over 50 years of Occult and Metaphysical experience. With a Masters Degree in Metaphysics.

I am here to serve the World community with my unique set of talents as a Licensed Wicca High Priest and Shaman, Teacher, Tarot Card Reader, Energy Worker, Crystal Ball Scryer, Spiritual Counselor, and Artist. "Sige" (pronounced like 'siege' on a castle) ,currently lives in New Straitsville, Ohio, and lives alone in a 14 room 1880's house,



### **Amber Digrino - "Essential Oil Safety Introduction."**

The course will cover some of the most popular essential oils used today it will talk about using essential oils while pregnant and around your pets. It will also touch base on the topic of children and safe essential oil use. As well as the importance of a carrier oil for any oil you plan to use topically.



### **Rev. Jimmie Burke: Saturday Open talk - Angel Blessings & Sunday Service Angels Prayers and Blessings**

Join Rev. Jimmie for this wonderfully relaxing and calming angel blessing to begin your day at Gift of Light Expo! Jimmie is a Reiki Master that holds much knowledge about healing and asking angels for guidance. I am an Intuitive Medium, Psychic, Angel Communicator, Reiki Master, Animal Communicator, Ordained Minister, Writer, Life Coach and Spiritual Artist. Connecting the World with the Otherworldly. <http://www.psychicreadingsbyjimmie.com>



### **Sarah Carroll: 5 Reasons Why your body needs CBD Everyday!**

#### **With Plant Medicine Advocate**

CBD has been growing in popularity since the 2018 Farm Bill legalized hemp products. Advertisements for CBD and Hemp derived products are prolific. It is almost impossible to avoid seeing them on a daily basis. My clients frequently ask if CBD will make them high, if it is the same as THC, and why would they take CBD when they have access to "the good stuff" with their medical marijuana card. CBD and THC are first cousins that share some qualities, yet interact differently in our bodies. Scientists discovered our endocannabinoid system (ECS) in the 1990's and the body of research subsequently exploded. The discovery of one benefit snowballed into another area, and so forth and so on—which is why I refer to Hemp as "The Mother Plant" in terms of plant medicine. With so many options available to consumers, how do you know what is best for your mind, body and soul?

In this interactive seminar Participants will: 1) Explore the differences between THC and CBD, as well as Marijuana and Hemp; 2) Appreciate the benefits of CBD for a wide variety of physical and mood disorders; 3) Sample a variety of CBD products delivery (if they choose); 4) Investigate the endocannabinoid system as it relates to disorders and symptoms in the lives of those they love; 5) Understand what to look for when purchasing CBD and why quality matters; 6) Be provided a safe space in which to ask embarrassing questions; 7) Articulate the top 5 reasons why everyone should take CBD every day.



### **Cindy Riggs, Psychic, Defrag-Mentor**

Cindy Riggs, Certified Hypnotherapist

#### **“COMMANDIFESTATION” Saturday and Sunday at 12pm**

What do you “deserve?” What is your “life’s purpose?” What do your “challenges” and “issues” mean? What “lessons” are you here to learn? Cindy coined the term “Commandifestation” to describe a more certain and effective method for getting answers and manifesting (magical, frankly!) including some concepts not found in most spiritual philosophies, and it may be simpler than you realize. Learn how to “Commandifest” beyond your wildest dreams! Cindy will officially launch the softcover of her new book *COMMANDIFESTATION: Commanding Manifestation in this presentation* on Saturday Nov. 4 at

12:00, and book sales and signing begins at 1:00 in her booth! (Cindy will repeat this same presentation on Sunday at 12:00.)

Cindy Riggs is an internationally known universal channel, psychic, hypnotherapist and Defrag-Mentor. Cindy is also the author of the channeled books *Vishnu Speaks: Messages Of Enlightenment From The Ancient Deity* and *Buddha Speaks: Messages From An Ascended Master*. Cindy produces and hosts her own podcast entitled *From Beyond: Interviewing Spirits, Channeling Insight*. In her private practice, she performs Commandifestation coaching, psychic/spiritual guidance, Defragmenting, hypnosis and past-life regression, energy bodywork, spirit/energy clearing, and psychic development in her Worthington, Ohio office and remotely via phone/video calls by appointment.

**CindyRiggs.com**



**Nicole Slattery - ‘Manifesting with the Tarot.’** At Golden Spark Tarot, Nicki offers clients energetic insights and coaching on how to achieve significant results in their creative businesses, while creating and maintaining fulfilling relationships. Nicki does this as a practitioner of Tarot, Palmistry and Astrology; assisting clients in understanding their karmic patterns as well as the expected energetic outcomes of actions in their business and love lives. Nicki also hosts private parties and group workshops, incorporating Tarot, Palmistry and Astrology for personal growth, financial abundance and relationship building.



### **Debra Ouellette: “Star Children of Mother Gaia”**

Debbie Ouellette Star Children of Mother Gaia Debbie Ouellette is the owner of Lavender Sky Messages. She had her first contact with her Star family at the age of four and her second contact in her mid teens saw her metaphysical gifts revealed. Since then, Debbie has been using her abilities to help others, becoming awake and aware, to discover their talents and purpose for being here during this important time.



**CB Bjork: Letting Go With Love - A healing presentation on how love survives past death and bring healing and understanding for those who remain and Ask A Psychic Development Coach - Question and Answer session designed to help Psychic Students get answers to their tricky metaphysical issues** CB Bjork is a gifted Psychic/Medium and Author. He discovered his gift in 2001 and spent nearly a decade working to develop and understand the nuances of the Metaphysical world. CB started working professionally in 2010 and has helped many with his insightful tarot readings find peace and comfort in their situations. In 2015, CB was guided to work with the Akashic Records. Through this gift, he has helped people understand the Karmic connections carried over from previous lives and how they are

effecting their current incarnation Through the Akashic Records, CB's Mediumship gift grew and with it he works to bridge the connection between those who have crossed over and their loved ones on this plane of existence. CB is the author of "The Green Book of Psychic Development: Understanding the Psychic Gift." In his book, he relates the lessons he learned during his development and works to help the reader have a better understanding of how their psychic gift works. CB is a skilled public and Metaphysical motivational speaker. Meet him in his booth.

## Presenters



### Rev. Jack Abram "RavenWolf" - Animal Totems

Rev. Jack "RavenWolf" Abram is a hereditary witch practicing for five decades. 30 years ago, he was introduced to Native American Spirituality infusing it with his nature-based beliefs. His wolf-mother, Ria, introduced him to the animal spirits and gave him his spirit name, RavenWolf. He now communicates with these spirit guides to offer insight and guidance to others.



### Shari Lynn: "Have you been Ecstatic Lately?" And "Meditation to Alter Your Reality"

"It is your God Given right to experience Joy Bliss and Ecstasism. Let's move beyond the 3rd and 4th Dimensions to experience a world of Non-Duality. Here's How." "Meditation to go with in and behind your eyes. Learn a technique that is Valuable to alter your reality and be in the World and Not of it."

Shari Lynn is a gifted insightful visionary and energy worker with over 30 years of study in the Esoteric. A UFO Contactee and Activator of Higher Dimensions Shari empowers others to embrace this Awakening of Humanity to be Ambassadors of Peace and Healing. Shari shares through her own experiences and work with Higher Dimensions to shift old paradigms to welcome the New Earth Humanity.

**Shari Lynn is the Creator of Pleiadean Cosmic Healing Discs and The Global Inter-Galactic Healing Experiment in Ohio.**

<http://www.cosmichealingdiscs.com/>



### Reverend Lucy Frances - Spiritual Experience Travel

We travel to experience spiritual sites around the globe. The sites we visit include energetic portals and vortexes, pyramids, temples, archangel retreats, planetary chakra sites, and ley lines.

While there, we clear, activate and expand the chakras, receive initiations, elevate frequency, enhance the light body, remember past lifetimes, connect with inner wisdom, receive angelic illumination, etc. It's an opportunity for spiritual development on an epic scale.

Come to this presentation to hear about our travels, the magical things that have occurred, and future tours. Egypt, Ireland, Sedona, Mount Shasta, Glastonbury, Uluru, Mayan Yucatan, Stonehenge, Lourdes, Turkey, Morocco. Lucy Francis is an Ordained Priestess in the Order of Melchizedek, an ancient Service order dedicated to teaching the way of Unconditional Love.

She is a Certified and Registered Usui, Karuna, Interdimensional, Holy Fire ® III, and World Peace Reiki Master Teacher, a 12th Ray Inter-Dimensional Healing Master, a Certified Angel Intuitive, and a Conscious Channel of Divine Messages.

Lucy has 35+ years of experience in Counseling and the healing professions, with two degrees, a BA in Psychology and a MA in Counseling. She now incorporates Spirituality into her practice with Reiki, Crystals, Essential Oils, Crystal Bowls and Tuning Forks, Pranic Healing concepts, Angelic and Ascended Master guidance, Manifestation principles, ZEB (Zero Energy Balancing) technology, Hypnotherapy, and Meditation to support the healing process.

A World Peace Ambassador for the Divine, Reverend Lucy travels extensively; teaching, healing, holding ceremonies, and spreading the frequencies of Love wherever she goes.

**YourSpiritualHorizons.com**



### Catherine Ho - "Pin The Problem"

This short lecture by Catherine Ho, L.Ac and a fourth-generation acupuncturist, will explain the traditional spiritual and five modern biomedical ways that acupuncture works to heal the mind and body. All attendees will receive a free consultation at Acupuncture Ohio. Find Catherin (Cat) in her booth at Gift of Light Expo.

# SATURDAY Workshops

Time	ROOM A & B	ROOM C	Curtain ROOM D	CURTAIN ROOM E	STAGE
11A M	Samantha Jo "The Power of Healing yourself"		Jack Abram "RavenWolf" -  Animal Communication		Rev. Jimmie Burke "Lets Talk ANGELS" Angels Blessings given
12P M	Cindy Riggs "Commandifestation"  What do you deserve?	Cindy Riggs "Commandifestation"  What do you deserve?	Melinda Kondracki What is Halotherapy (dry salt therapy)?	Anjole Saydworthe Learn Tarot in One Easy Lesson	SadaNam Singh "Reducing Struggle in the Aquarian Age" "Vibrational Shift"
1PM	Debra Ouellette "Star Children of Mother Gaia"	Ryan Brown Law of Attraction 101  Learn to manifest!	Catherine Ho "Pin The Problem"	Nicole Slattery - 'Manifesting with the Tarot.'	Shari Lynn  "Have you been Ecstatic Lately?"
2PM	Amy Drake  "Creative writing through channeling"	Amber Digrino "Essential Oil Safety Introduction."	Sarah Christine Ray  "Finding Stillness"	CB Bjork: Letting Go With Love - A healing presentation	Mythic Moves
3PM	Reverend Lucy Frances  Spiritual Experience Travel	Shaman Gary C. Herron  Introduction into Scrying and Crystal Gazing	Nicole Slattery "Manifesting with the Tarot."	Kelly Bowman "The Psychic Brain"  What its like to be Psychic and gallery readings	SadaNam Singh "Total Rest Gong Bath"
4PM	Dave Scarbrough Age Regression and Past  Life Regression Technique	Dr. Catherine E. McNabb D.Div. (Catie Singing Eagle)  "Tapping into your Divine Energy"		Debbie Keri Brown  LIVING EULOGY AND HEBREW PRAYERS FOR THE DEPARTED	Learn to Belly Dancing
5PM					



# SUNDAY Workshops

Time	ROOM A & B	ROOM C	Curtain ROOM D	Curtain ROOM E	STAGE
11A M		Reverend Lucy Frances Spiritual Experience Travel		Aya - "The Cosmic Clock"  What astrology says about the remainder of this decade	Rev. Jimmie Burke "Lets Talk ANGELS"  Angels Blessings given
12P M	Cindy Riggs "Commandifestation" What do you deserve?	Cindy Riggs "Commandifestation" What do you deserve?			Ryan Brown Law of Attraction 101 Learn to manifest!
1PM	Catherine Ho "Pin The Problem"	Nicole Slattery "Manifesting with the Tarot."	Debra Ouellette "Star Children of Mother Gaia"	Melinda Kondracki  What is Halotherapy  (dry salt	CB Bjork Letting Go With Love  A healing presentation
2PM	Sarah Christine Ray  "Finding Stillness"	Sarah Carroll 5 Reasons Why your body needs CBD Everyday!  With Plant Medicine Advocate	Samantha Jo Shoemaker "The Power of Healing yourself"	Jack Abram "RavenWolf" -  Animal Communication	Mythic Moves Belly Dancing Troupe
3PM	Catherine Hinkle Navigating through your Spiritual Awakening	Dr. Catherine E. McNabb D.Div. (Catie Singing Eagle)  "Tapping into your Divine Energy"		Kelly Bowman "Ask a Psychic!"  What its like to be Psychic and gallery readings	SadaNam Singh "Total Rest Gong Bath"
4PM	Shari Lynn  "Meditation to Alter Your Reality "	Dave Scarbrough  Past Life Regressions			Mythic Moves Belly Dancing Troupe
5PM					

## BOOTH LISTINGS

90/91/92	Good Journeys
100/101	Mystical Mantis
102	The Path of 70
103	Catie Singing Eagle
104	YOUAREIdesigns
105	Cindy Riggs - Psychic - Defrag-Mentor
105/106	ZEN EARTH
107	Calico Crafter -
108	Integra Acupuncture
109	The Emerald Box Turtle
110	XVI Tarot & Karn Kalos Jewelry
111	Psychic Polly Birkhimer
113/114	CB BJORK / Crazy Red Haired Lady & Celestial Dawning
115	CBD with Dr. Sarah
116	Living Well Massage
117/118	Momma's Rocks
119	Djinn Designs Art and Henna Tattoos
121	Sada Nam Singh
122 - 124	Gems by Celestial Dancer
125	Crystal Lady Creative
126	Aura Reiki Healing LLC
201 / 202	A Design by Lindaa
203	Irina Skin & Beauty
204	Love your Life
209	Psychic Gayle Pelz
210	Pet Communicator / Healing Touch
211	Spiritual Horizons
212	Holistic Alchemy Limited
213	Lynn Busch Art
214	Energy Healings by Jessica
215	Lavender Sky Messages
217 / 218	Mearth Star - Sherry Small
219	Pleaidean Cosmic Healing Discs
220	Magenta Lotus
221	Midnight Art
222 / 223	Cosmic Artillery
224	Aura Photos by Annette
225 / 226	Xpirient Tim Weyland & James Church

301	
302	ERS Inc.
304	Messy Awakening
305	Messy Awakening
306	Jack Abrams
307	Nicole Slattery - Golden Sparks Tarot
308	Gemma Lynn's Gems
309	Cosmic Vibe Tarot
310	Messages from Cheryl
311/312	Dragonfly's Kiss
313	Iridescent Soul Center
314	MYTHIC MOVES
315	Acupuncture - Catherine Ho
316/317	Mountain Mystic
318/319	The Enlightened Raven
321/322	Rev. James Burke
324	Debbie Keri Brown
325	IQ Lab Massage
326-329	NaCl Salt Spa & Lady Raine's Boutique
401	D'Ann
414	Izah Handmade
415	The Healer's Way
416	Spiritual Peace & Harmony
417	Crystal Clear Clarity
418	Sabrina's Mystic Boutique
501	Mayan Treasures
503	ThunderGold
505	Flutter Bye Boutique
507	Havanna B. Kinds LLC

\* More Booths added since the distribution of this program



1472. US Hwy. 36 Suite D-G  
Urbana, Ohio 43078





**SadaNam Singh: Saturday - “Elevate Your Energy with Kundalini Yoga “ Vibrational Shift for those who struggle with seasonal change.**

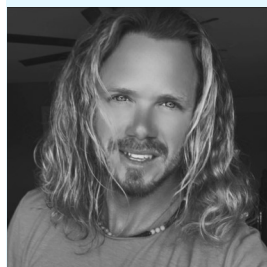
**Sunday - “Chakra Balancing Meditation & Gong Bath”**

SadaNam became a devoted yogi in 2007 when he started taking yoga courses at the Ohio State University. He attended 4 years of level 1, level 2, and 600 level courses covering many branches of yoga and including asanas, pranayama, meditation, history, anatomy, and Ayurvedic medicinal practices. Since 2012, he has taught yoga and well-being workshops at festivals and conventions around Ohio, Indiana, Kentucky, and Georgia. He teaches Kundalini Yoga in the tradition of Yogi Bhajan with the goal of uplifting, energizing, and healing people through the realization of our true potential. Sada Nam is a 220-hour KRI-certified yoga teacher, Reiki Master, and gong sound healing therapist trained by Crown of Eternity. He has also completed level 2 Conscious Communication training with Gurmukh in Rishikesh in 2016, and another 200-hour kundalini training by Yogi Amandeep in India in 2017. He strives to share the gifts and benefits that yoga has given him with the world and to clear the clouds of doubt and limitation that prevent us from realizing our true self, which is absolute bliss!

Sada Nam is also a lover of devotional music from different cultures, playing guitar, drums, and singing bowls with local kirtan groups. In 2008, he attained his Bachelor of Fine Arts in Art and Technology and a Philosophy minor from the Ohio State University where he worked for 7 years creating videos and other multimedia and managing a media services team. Recently, he has taught workshops, teacher trainings, and classes throughout Ohio in order to share the wisdom of these teachings and uplift the spirit of every being.

**Sada will be offering herbal remedies and lifestyle practices from the yogic traditions as well as the meditation. Booth #M17**

**Find SadaNam Singh at: [Heal.me](https://www.heal.me)**



**Ryan Brown - Law of Attraction 101: A Beginner's Guide to Manifesting Workshop Introduction:** Welcome to the Law of Attraction 101 workshop, where Dr. Ryan Brown will guide you through practical techniques, strategies, and mindset shifts that can help you attract abundance, success, and happiness into your life. This workshop is designed for anyone eager to understand and apply the fundamentals of the Law of Attraction and start manifesting their dreams effectively. Get ready to unlock the incredible power within you!



**Samantha Jo Shoemaker - “The Power of Healing yourself”** Samantha Jo is a Reiki Master, Nurse, Certified Meditation Instructor, Intuitive/Mystic based in Ohio Join Samantha Jo for a conversation of the power of YOU. In this course Samantha will talk about how powerful each individual truly is in their own life, especially when they stand in their personal power. She will lean in and talk about how the different emotions we carry, life experiences, the trauma we hold onto---can all mold, shape, and create the reality we hold and experience. She will lean into how emotions can be a focal point and even a break through point in this healing, especially anger/rage. Emotions are just another tool in our box of healing arts Samantha will touch briefly on healing modalities that have been gifted to her through her education that cross balance her medical and spiritual teachings. Samantha will guide you through a journey of recognizing your emotions, feeling them in your body and sharing a way to help balance them with the healing arts with a few of her own path of personal healing. A short meditation imbued with Reiki energy for willing participants be also be gifted to start to recognize this energy and feelings within the body that you may utilize yourself to anytime needed after course. Samantha Jo looks forward to you discovering the power in YOU.



**Catherine Hinkle - Navigating through your Spiritual Awakening** Catherine Hinkle: Certified Holistic Wellness Coach, Certified Intuitive Counselor, Practical Reiki Master Join Catherine as she dives deep into the signs of experiencing a spiritual awakening. This class was created to assist and empower those who are on a spiritual journey, many who feel very lost and alone as they embrace this new way of living. Catherine will discuss shifts in mindset, changes in relationship dynamics, career path and more as you transition into the person you truly are! She will also share some of the tools that helped her along her journey. Catherine will also talk about going through The Dark Night of the Soul. She will share her personal experiences in hopes of providing support to others going through what can be a life altering and challenging time and how you can navigate through your journey with greater ease and acceptance.



### **Dr. Catherine E. McNabb D.Div. (Catie Singing Eagle) "Tapping into your Divine Energy"**

Dr. Catherine E. McNabb... AKA Catie SingingEagle, A long time Minister and Teacher with over 40 years of experience and on Pastoral staff at over 10 churches, Temples and Synagogues over the years in counseling, family services, and alter ministry. Spiritual Teacher: Teaching in the ways of all major religions. Teaching specialties being in Indigenous Ceremonies of North American Indians, East Indian Bhakti Yoga meditation, and Ancient Spiritual gifts of the Spirit. She travels to small events, groups and venues teaching prayer, meditation and healing crafts, and offering medicinal products. Minister and Medicine Woman: Reiki practitioner, Intuitive readings (words of knowledge and wisdom), Counseling, makes jewelry, signature perfume oil blending, work with essential oils, medicinal herbs, teas, and salves.

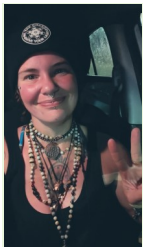
Does ceremonies of House blessing, commitment, soul retrieval, release spirit attachments, exorcisms, counseling of all types (spiritual, mental, and nutritional), preaching, teaching, and motivational speaking (just to name a few things). Given the gift of healing and sight as a child, which was developed by Appalachian Cherokee grandmother Odessa and Apache Blackfoot grandfather JC Foster along with much prayer and guidance from the Great Spirit. Much everything else fell into place with knowledge, wisdom and experience of life.

She is a survivor: Healed of Paralysis, Cancer 2x, and Deep Depression. Education · Columbus State Community College (Ohio), Business · Bowling Green State University (Ohio), Psychology · Lutheran Theological Seminary (Ohio) Theology, Contemporary Christian Literature · Valor Christian University (Ohio), Pastoral Counseling and Theology, NYU (New York)- Master of Fine Arts · University of Nemenhah, (Missouri), Indigenous Spirituality · Jewish Theological Seminary (New York) Theology, Rabbinical studies, Dar Us Salam, (NYC) Clerical Iman Studies, Theology · ISKCON Bhakti Yoga, Krishna Consciousness (New Vrindavan, WV) Theology. Reiki Master Reiki Center for the Healing Arts (Columbus, OH). A life long student always taking classes and keeping mind active.

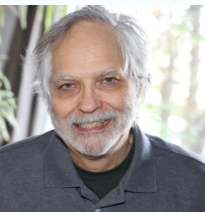


### **Anjole Saydworthe - Learn Tarot in One Easy Lesson**

While it may not be possible to learn all aspects of tarot in just one class, I can definitely provide you with some tips on how to get started much quicker without the need to memorize 78 cards and have you doing Tarot Card Readings for your friends in a very short time! After 4 decades of doing readings and teaching classes, I've put together some easy techniques to help anyone learn easily.



**Sarah Christine Ray - "Finding Stillness"** Imagine who you could be without the weight of stories you carry. Join Sarah as she shares some of her story. Coming from such a deep level of self-hatred, judgement, and fear, she honestly never saw a path ahead of any change. It has taken her to really get honest with herself over the last 8 years. Sarah shares some of the tools that has helped her along this process. Learn how to sit with yourself in stillness, and find peace. She also shares more information on her art and how the pieces that she creates can also be a tool for shadow work and healing.



### **Dave Scarbrough - Past Life Regressions**

Have you lived before? Dave Scarbrough has been a part of the spiritual community in Columbus since 2004. He has been a reiki practitioner and teacher, Tarot card reader, sound healer and guided meditation leader, hypnotist and life coach. Currently he is a practitioner with the Columbus Wellness Center.



### **Melinda Kondracki - What is Halotherapy (dry salt therapy)?**

Have you heard of Salt Caves?? You may ask yourself what do they actually do for you? Let us discuss more into this topic. Melinda is the owner/operator of NaCl Salt Spa in Urbana. She has studied in the holistic worlds for over 10 years. Her background includes massage therapy, reflexology, reiki, polarity and more much.



**Aya - "The Cosmic Clock - what astrology says about the remainder of this decade".** Aya has been an astrologer for over a decade, as well as an energy worker and certified reflexologist. Join her as she discusses the planetary transits for the remainder of this decade and what possible manifestations will occur during this historic time. She can be reached through [ayarising.com](http://ayarising.com). **ayarising.com**





Booth #105

*Cindy Riggs*

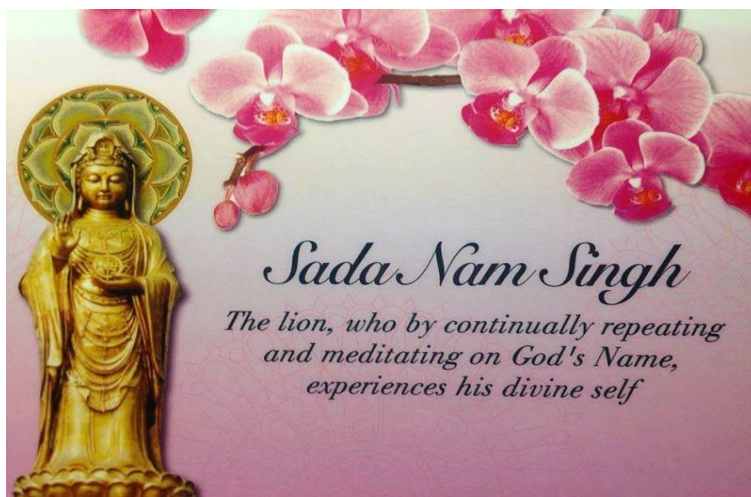
Internationally Known  
Psychic/Universal Channel  
Defrag-Mentor  
Author & Speaker

**Cindy Riggs**

Helping People Get To Happy!

A Comprehensive Approach  
to Rapid, Positive Change

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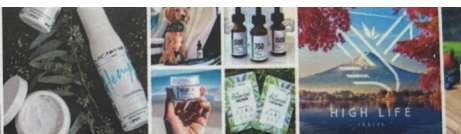
*Sada Nam Singh*

*The lion, who by continually repeating  
and meditating on God's Name,  
experiences his divine self*



Sarah M. Carroll, EdD

My Currency is Love



MyDailyChoice  
Independent Affiliate

Dream Maker & Legacy Builder  
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bit.ly/PlantMedicineWorx

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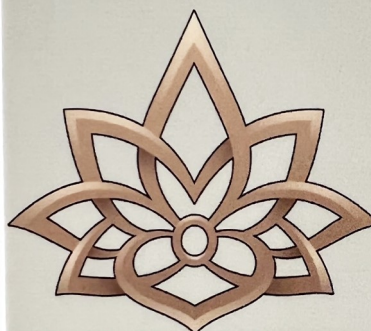


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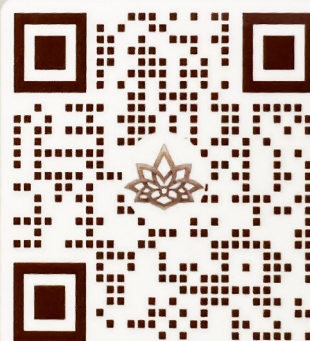
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