

# GIFT OF LIGHT

Mind Body Spirit Expo

**NOVEMBER 2 & 3 - 2024**

**FREE SEMINARS WITH ADMISSION**

OHIO EXPO CENTER (Lausche Building ) - 717 17th Avenue Columbus, OH

[GiftofLightExpo.com](http://GiftofLightExpo.com)

PROGRAM QR CODE →





**Greetings from psychic, medium Kelly Bowman.** I am your host and organizer of The Gift of Light Expos. Well, what can I say?... We have lost so many friends, patrons and vendors this past year. These special ones enriched our lives in so many ways, and even though they have gone from this realm, they will meet us in the next. In sweet memory of our dear friends; may the Grace of the Angels follow you always and welcome to *The Gift of Light Expo's Mind Body Spirit Experience!*

**Psychic, Kelly Bowman: "The Psychic Brain" Manifest it, & Gallery Psychic Readings - Messages will be given to all attendees who request.** How does your mind work when it comes to your senses? You are able to use your brain waves to get the information you need to help yourself in your daily life. Psychic functions in your brain and how to tap into it. Kelly will show you technique and help you develop your skills. She teaches on the following topics: The Psychic Brain, Past Lives, Psychic Development, Self Healings and *"Pulling"*, her own personally developed technique. Kelly is an accredited Reiki Master with years of hands-on experience. She has been teaching and doing readings for 30 years since the meeting of her mentor, Bill Mitchell in 1989. She has been heard regularly on QFM96.3 morning show with Torg & Elliott. She has been conducting haunted tours, séance and paranormal investigations for over 22 years.



**James Schaub - "Preparing for 5D"**

**Our world is experiencing the long-awaited shift of the ages, and with it, comes some beautiful, yet challenging times. Learn how to navigate the coming changes into the new reality.**



**Ryan Brown - "The Freedom LOOP Activation" Living on Your Highest Timeline -** Are you ready to activate your potential and align with your highest timeline? This enlightening workshop empowers you to step into a new and expanded version of yourself, optimizing your human experience. Led by Ryan C. Brown, a celebrated expert in Metaphysics and Conscious Mindset Coaching, this event uniquely integrates principles of metaphysics and quantum mechanics. Discover the tools and insights you need to illuminate your path towards becoming a happier, healthier, and more fulfilled version of yourself.



**Rev. Jimmie Burke: Saturday Open talk - Angel Blessings & Sunday Service Angels Prayers and Blessings**

Join Rev. Jimmie for this wonderfully relaxing and calming angel blessing to begin your day at Gift of Light Expo! Jimmie is a Reiki Master that holds much knowledge about healing and asking angels for guidance. I am an Intuitive Medium, Psychic, Angel Communicator, Reiki Master, Animal Communicator, Ordained Minister, Writer, Life Coach and Spiritual Artist. Connecting the World with the Otherworldly.

<http://www.psychicreadingsbyjimmie.com>

For Bookings or more information please go to: **PsychicReadingsbyJimmie.com**



## Stephanie Cunningham, CPC, Reiki Master/Teacher, Speaker and Trainer: “Spiritual Goal Setting”

Stephanie Cunningham is a Certified Professional Coach, Reiki Master/Teacher, Speaker, and founder of RevelationU Reiki & Wellbeing, a Spiritual Wellness Center in Marysville, OH. After nearly 20 years in corporate Marketing and Training, Stephanie left the corporate world to consciously create a life that felt aligned for her physically, mentally, emotionally and spiritually. After resetting and getting reacquainted with herself,

Stephanie now helps others do the same. Through her company, RevelationU Reiki & Wellbeing, Stephanie and her team support individuals with holistic modalities such as Reiki, personal coaching, EFT (aka tapping), meditation, yoga, intuitive reading and a variety of workshops, women's circles, and more.

Stephanie & the Center's mission is to help people better understand who they are and how they work so they can create a life that feels deeply satisfying. Stephanie works with individuals and corporations, speaking for groups such as the Union County Chamber and the Mental Health & Recovery Board of Union County, and conferences such as The Women's Leadership Conference. Stephanie graduated with a Bachelors of Business Administration from Northwood University in Midland Michigan majoring in Automotive Marketing/Management. In 2015 she became a Certified Professional Life Coach with training from the ICF accredited

World Coach Institute. Stephanie received her Reiki levels 1 & 2 certification through The Reiki Center in 2018, and her Master/Teacher training & certification through Cornerstone Energetics in 2020. Stephanie lives in Marysville with her partner, son, and their very retriever looking golden doodle Butters. She enjoys reading, writing, and spending time with her sports loving guys. **RevelationU.com**

## Spiritual Goal Setting

5 steps to setting realistic goals by putting yourself first

**Calling all HSPs, Empaths, and anyone else who finds goal setting (and achieving) STRESSFUL! If you relate, this workshop is for you.**

Make goal setting inspiring by making it work for the way YOU work. This is no pressure goal setting!

### During this session you will:

- Determine what's been holding you back from setting and achieving goals
- Set goals that prioritize you (no figuring out SMART goals)
- Learn to create a plan to keep you motivated on your personal path to success

YOU WANT TO ACHIEVE GOALS AND IT'S BEEN HARD. SO LET'S MAKE IT EASY!

**It's time to live differently.**

Introducing...  
**BOOTH 225**



**Spiritual Wellness Center**

RevelationU Reiki & Wellbeing is dedicated to nurturing the spiritual health and wellness of each individual through holistic modalities and connective experiences including:

**Reiki**  
**Life Coaching**  
**EFT**  
**Intuitive Reading**  
**Yoga**  
**Meditation**  
**Classes**  
**& MORE**

**Learn More at  
RevelationU.com**

RevelationU Reiki & Wellbeing  
937-707-1007 | 240 W 5th St Marysville, OH 43040  
Facebook: revelationu Instagram: be.revealed



## Cindy Riggs, Psychic, Defrag-Mentor, Certified Hypnotherapist, Author

### Saturday - Past Life Regression Workshop

Do you believe you have lived before? Cindy Riggs is a certified hypnotherapist who has regressed clients for nearly 20 years (in addition to performing past life readings and clearings), which can uncover details immediately helpful to this lifetime. Cindy will briefly discuss reincarnation, some fascinating experiences she has had and witnessed, and will guide the audience through a past life regression/hypnosis – an opportunity to experience (“see”) yourself in another lifetime! [CindyRiggs.com](http://CindyRiggs.com)

### Sunday - Rapid-Fire Clearing Techniques

Cindy Riggs will discuss energies that “block” us, and will demonstrate some of her most powerful energy “healing” techniques to create rapid, positive shifts! She can quickly separate anxieties, remove energetic obstacles, clear unnecessary energies, and many more of her Defragmenting techniques to help you along your path to enlightenment, success and happiness. Everyone gets to experience a clearing! Prepare to feel lighter and better! [CindyRiggs.com](http://CindyRiggs.com)

Cindy Riggs has been communicating with the spirit world since 1996 and is a universal trance channel of high-level spirit consciousness. Cindy is the author of *COMMANDIFESTATION: Commanding Manifestation*, as well as the channeled books *Vishnu Speaks: Messages Of Enlightenment From The Ancient Deity*, and *Buddha Speaks: Messages From An Ascended Master*. Cindy is the producer and host of the podcast entitled *From Beyond: Interviewing Spirits, Channeling Insight*. In her private practice, she performs psychic/spiritual guidance, Defragmenting, hypnosis and past-life regression, energy bodywork, spirit clearings, psychic development, and Commandifestation coaching; both in her Worthington, Ohio office and remotely by appointment. She is certified in hypnosis and remote viewing, is a Reiki Master Teacher, and a Licensed Minister. [CindyRiggs.com](http://CindyRiggs.com)

**Cindy's newest book: *COMMANDIFESTATION: Commanding Manifestation*** - Are you ready to change your life in positively miraculous ways? Cindy Riggs coined the term “Commandifestation” to describe the shortcut to discovering your life’s purpose and aligning with new opportunities, success, love, health, fulfillment, peace, and contentment beyond your wildest dreams! Commandifestation describes a more certain and effective method for getting answers and manifesting (magical, frankly!) including some concepts not found in most spiritual philosophies, and it may be simpler than you realize. All that is required is an open mind and willingness to entertain new concepts that can benefit all aspects of your life. Learn who you really are, what may be blocking you, and how to eliminate the blocks; then learn how to receive messages from your inner guidance, attract abundance, and unlock limitless potential using this comprehensive yet straightforward method. Prepare to be astounded with your new, exciting life! Get your signed copies of *COMMANDIFESTATION: Commanding Manifestation* from Cindy here at the show! (Also available on Amazon and Kindle.)



**CB Bjork: "Turning Visualization into Reality"** Understanding the power of your own mind to help you build the life of your dreams.

CB Bjork is a gifted Psychic/Medium and Author. He discovered his gift in 2001 and spent nearly a decade working to develop and understand the nuances of the Metaphysical world. CB started working professionally in 2010 and has helped many with his insightful tarot readings find peace and comfort in their situations. In 2015, CB was guided to work with the Akashic Records. Through this gift, he has helped people understand the Karmic connections carried over from previous lives and how they are effecting their current incarnation. Through the Akashic Records, CB's Mediumship gift grew and with it he works to bridge the connection between those who have crossed over and their loved ones on this plane of existence. CB is the author of "The Green

Book of Psychic Development: Understanding the Psychic Gift." In his book, he relates the lessons he learned during his

development and works to help the reader have a better understanding of how their psychic gift works. CB is a skilled public and Metaphysical motivational speaker. Meet him in his booth.



**Dave Scarbrough: "Communicate With your Spirit Guides "**

Dave Scarbrough Communicating with your spirit guides Dave Scarbrough has been active in the spiritual community in Columbus for the past 20 years and has received training in reiki, hypnosis, life coaching, stress reduction techniques, and meditation. Currently he is a practitioner at the Center of Healing Arts in Columbus. In this workshop he will take you through a guided meditation where you will communicate with your spirit guides and obtain information from them which you may have been seeking.

After earning degrees in business management and social work, Dave worked in the corporate world for a couple decades before he was inspired to start asking and exploring some of the larger questions in life like, "Who am I?", "Why are we here?", and "How should we live?" This was about 20 years ago, and he decided at that time to begin a dedicated meditation practice. This led him to the study of Hypnosis and Reiki, both of which he continues to study and practice today in the form of Hypnosis and Reiki sessions, as well as Reiki classes. Since then, he has broadened his practice through studying and receiving certifications in Meditation Training, Sound Healing, HeartMath® Breathwork, Emotional Freedom Technique, and Life Coaching. All these holistic modalities have given him a more positive outlook on life, and he uses them to help others do the same. Everyone's needs are different, but Dave greatly values his diverse experience and training, allowing him to tailor his treatment to meet the individual needs of any that engage with his services. Above all else, Dave hopes to assist clients with accessing their own innate healing abilities to combat whatever struggles they're experiencing.



**Rev. Jack Abram "RavenWolf" - "Animal and Plant Medicine"**

Rev. Jack "RavenWolf" Abram is a hereditary witch practicing for five decades. 30 years ago, he was introduced to Native American Spirituality infusing it with his nature-based beliefs. His wolf-mother, Ria, introduced him to the animal spirits and gave him his spirit name, RavenWolf. He now communicates with these spirit guides to offer insight and guidance to others.

Earth Mother provides us with many natural medicines and remedies. I will be introducing and discussing the use of several of these, including herbs, mushrooms, CBD, cannabis, natural psychedelics, Hape", and other botanical wonders.

# SATURDAY Workshops

Time	ROOM A & B	ROOM C / overflow	Curtain Room D	Curtain Room E	STAGE
11AM	<b>Lisa Fry</b> <i>“What's Your Clair?”</i> <i>Everyone is Psychic</i>		<b>Kimberly Ray</b> <b>“Accessing your Highest potential!”</b>	<b>Susan Averre</b> <b>DEMONSTRATION OF MEDIUMSHIP WITH SPIRIT ART</b>	<b>Rev. Jimmie Burke</b> <i>“Lets Talk ANGELS”</i> Angels Blessings given
12PM	<b>Cindy Riggs</b> <b>Past Life Regression</b>	<b>Cindy Riggs</b> <b>Past Life Regression</b>	<b>Lucy Frances</b> <b>“HOLY FIRE III Reiki Talk and <i>Healing Experience!</i>”</b>	<b>Charissa Pack</b> <b>“Personal Holistic Remedies”</b>	<b>Sada Nam Singh:</b> <b>“Reducing Stress Sound Bath”</b>
1PM	<b>The Center for New Life</b> <b>“Embracing Your Shadows &amp; Unlocking Your Gifts through The Gene Keys”</b>	<b>Psyche North Torok</b> <b>“21st Century Wicca”</b>	<b>Jack Abram</b> <b>“Animal and Plant Medicine”</b>	<b>Susi Rosinski</b> <b>Intro to Qigong Energy Healing</b>	<b>Jim Schaub</b> <b>“Preparing for 5D”</b>
2PM	<b>Stephanie Cunningham</b> <b>“Spiritual Goal Setting”</b>	<b>Vetrichelvi Jayaprakasan</b> <b>“Healing Modalities”</b>	<b>Tina Chapin</b> <b>“Palmistry”</b> <b>How are you Unique?</b>	<b>Craig Denville McGuire</b> <b>“Guided Breathwork Journey with Craig”</b>	<b>Mythic Moves</b> <b>Belly Dancing Troupe</b>
3PM	<b>Dominque Vacheresse</b>  <b>“Elevating Everyday Moments”</b>			<b>Kelly Bowman</b> <b>“The Psychic Brain”</b> <b>What its like to be Psychic and gallery readings</b>	<b>Ryan Brown</b>  <b>“The Freedom LOOP Activation” Living on Your Highest Timeline</b>
4PM	<b>Sheridan Whitney</b> <b>“Connecting with the Angels through Mother Earth”</b>		<b>CB Bjork</b> <b>“Psychic Q &amp; A”</b>	<b>Dave Scarbrough</b> <b>“Communicate With your Spirit Guides “</b>	<b>YOGI</b>  <b>Sada Nam Singh</b> <b>“Total Rest Gong Bath”</b>
4:45		<b>Saibai</b>  <b>Mundane Magic</b>			

# SUNDAY Workshops

Time	ROOM A & B	ROOM C / Overflow	Curtain Room D	Curtain Room E	STAGE
10AM					Back by popular Demand! At 10AM Psyche North Torok "Opening Ceremony"
11AM	Lucy Frances "HOLY FIRE III Reiki Talk and Healing Experience!"		Kimberly Ray "Channeling Spirit"	Charissa Pack "Secret Holistic Remedies"	
12PM	The Center for New Life "Evolution, Healing, & Elevation "	Catherine Ho "NAET: Drug-Free Allergy Relief"	Sheridan Whitney "Soul Retrievals" - call and release trauma	Tina Chapin Palmistry How are you Unique?	Jimmie Burke "Lets Talk ANGELS" Angels Blessings given
1PM	Cindy Riggs RapidFire Clearing Techniques	Cindy Riggs RapidFire Clearing Techniques			SadaNam Singh "Reducing Strees Sound Bath"
2PM	Stephanie Cunningham "Spiritual Goal Setting"	Carol Ruth "Astrology Charts and the Election"		Kelly Bowman "Ask a Psychic!" What its like to be Psychic and gallery readings	Mythic Moves Belly Dancing Troupe
3PM	Susi Rosinski "Crystal Healing Beyond the Chakras"	Sheridan Whitney "Soul Retrievals" call and release trauma		CB Bjork "Psychic Q & A"	Ryan Brown "The Freedom LOOP Activation" Living on Your Highest Timeline
4PM	Dominque Vacheresse "Serenity in Strategy"	Debbie Keri-Brown Life, Death and Butterflies	Jack Abram "Animal and Plant Medicine"		SadaNam Singh "Meditation Gong"



### **Charissa Pack - “Secret Holistic Remedies”**

I come from a family of holistic healers. My father was a chiropractor and my mother is a Master Gardener with The Ohio State University. My education started in Bio Chemistry at Capital University and continued through a journey to a Masters in Special Education through Muskingum University. I have traveled through different parts of the world to experience and explore different cultures of healing.

As a perpetual learner and teacher, I want to inform people of holistic remedies that are tried and true. Help your body to detox and feel fantastic with simple solutions. As part of my session I will provide additional resources for your holistic healing journey.

\*Please note that I am not a doctor and you should consult your doctors for any health concerns.



### **Lucy Frances - “HOLY FIRE III Reiki Talk and Healing Experience”**

More than just a talk, this is an easy and enjoyable way for people to be introduced to Holy Fire ® Reiki and Receive it's powerful healing at the same time. First introduced in 2014, Holy Fire ® Reiki comes from a higher level of consciousness. As a new form of Reiki, it is both powerful and gentle, providing purification, healing, empowerment, and guidance.

The word reiki is made of two Japanese words. Rei which means “Universal” and Ki which is “Life Force Energy.” So Reiki is “Spiritually guided Life Force Energy.” Reiki is a type of energy healing and a form of spiritual practice, used as a complementary healing modality, for physical, emotional, mental, and spiritual conditions. Reiki is best held in a peaceful setting, but it can be carried out anywhere.

Spiritual Horizons is a Spiritual Center anchoring the energy of these qualities into this part of the planet, to assist with the emergence of the New Golden Era. We are forming a Community, a community of Love and Light, as a visible manifestation of a New Earth. Our Mission is to embody these qualities as best we can, knowing we are not yet complete, so being patient with our own progress. Our Mission also includes assisting others with embodying these qualities for themselves, for as the energies shift, our way of living shifts.



THE CENTER  
FOR NEW LIFE



The Center for New Life is an organization committed to the global upliftment of humanity.

We are an organization that exists to be of service to humanity and alleviate suffering through the path of omnipresent Love. We offer supportive services within the global and local communities. We endeavor to integrate transformative liberation, healing, wellness, spiritual unfoldment to all sincere individuals seeking truth.

We embrace and operate through the truth of divinity in many different forms, in whatever way we can perceive divinity at that moment. We offer many different pathways to assist in breaking down barriers, which allows for the experiencing of wellness, wholeness, and the fullness of the true self. The Center for New Life team offers comprehensive spiritual and wellness services in Worthington, Ohio as well as virtually. Visit [centerfornewlife.org](http://centerfornewlife.org) for more information.

**CenterforNewLife.org**

**SATURDAY - “Embracing Your Shadows & Unlocking Your Gifts through The Gene Keys”** Are you looking to evolve rapidly and become a higher version of yourself? Do you feel it is time to shed what is holding you back from the life you prefer? Would you like to do shadow work without the pain and heaviness? Are you ready to move into a sense of peace, upliftment, and ease in your life? The Gene Key journey is shadow work at its finest, but with a roadmap that is specific to you! The profound wisdom in the Gene Key Process allows you to elevate the frequency of your shadows (wounds and patterns) to the higher frequency, which is the gift state and then the ultimate highest expression, the siddhi. Within your darkness and shadows lie your greatest gifts as we simply create awareness and contemplation paired with the DNA/energetic activation contained within the Gene keys and within you. Please join us to learn about the Gene Keys and the GK classes we hold at The Center for New Life.

**SUNDAY - “EXPERIENCE Evolution, Healing, & Elevation”** with The Center for New Life Please join several of the Center for New Life Practitioners as we discuss who we are, what services we offer, and describe our classes and events. We will be offering a FREE mini demonstration/sampling of our services which will include mini energy healing, homeopathy, new healing device demo, intuitive messages, Qigong, vibrational frequency testing, and more! You will also receive a FREE gift bag! The Center for New Life is a spiritual evolution and wholistic wellness center and we are an organization committed to the global upliftment of humanity. We offer many different services to assist you in breaking down barriers, which allows for the experiencing of physical, emotional, mental, and spiritual wholeness, thus opening you to experiencing life in a completely new way.



THE CENTER  
FOR NEW LIFE



The center for new life team is a group of trained, experienced, and highly gifted practitioners. We offer many services for your wholistic wellness and spiritual evolution journey. Our robust and comprehensive offerings include:

\*Astrology consultations \*Ayurvedic treatments \*Energy medicine (multi-dimensional healing, reiki, theta/belief healing, light body activations/ascension support, zeb healing, & more) \*EFT (tapping) \*Flower essence therapy \*FIR Dome services (infrared) \*Frequency testing before & after energy medicine treatments via applied kinesiology \*Homeopathy consultations & supportive strategies (supplemental/nutritional) \*Life coaching, counseling, couples counseling/coaching, \*Massage & cranial sacral therapy \*Qigong \*Meditation instruction and meditation initiations & groups \*Reflexology \*Somatic & trauma release therapy \*Sound healing & vibrational healing \*Spiritual guidance (includes psychic & mediumship readings) \*Spiritual psychology & energy psychology \*Spiritual unfoldment consultations \*Supplemental support via applied kinesiology \*Wellness assessments In addition, we offer many classes, groups, and events including: \*Gene keys sequence groups \*Embodied wisdom & profound healing \*Qigong \*Cultivating authentic & soulful relationships \*Music & meditation events \*New life initiation & meditation technique \*Sacred sisterhood full moon group \*New Year's Eve event We are so excited to meet you soon and welcome you to The Center!

- SEE WORKSHOP SCHEDULE

**Free gift bags for all who come to talks  
or receive services at our booth!**

**We have Retail as well as Services.  
Inquire at our BOOTH!  
Booth #308**

**CenterforNewLife.org**

## BOOTH LISTINGS

**100/101 - Good Journeys Psychic and Gems**

**102 - Living Well Massage**

**103 - Bronwyn Blanc Gifted**

**104 - Spirituality Taylored**

**105 - Cindy Riggs, Psychic/Medium**

**106/107 - Zen Earth**

**110 - Calico Crafter**

**111 - The Emerald Box Turtle**

**112 - PurrWow Arts**

**113 - Zach Artist**

**114 - Aura Photography with Jason**

**115 - CB Bjork, Psychic Medium**

**116/117 - My Mystical Life**

**118 - Kristy's Krystals**

**119 - Djinn Designs Henna Tattoos**

**120 - The Healer's Way**

**121 - Lover's Expert**

**122/123 - Gems By Celestial Dancer**

**124 - Crystal Lady Creative**

**125 - The Bellwether Path**

**126 - Spiritual Psychic Polly**

**201 - Anjole - Cosmic Vibe Tarot**

**202 - Ravenwolf's Magickal Crafting**

**203 - Readings 4 you**

**204 - Saffron Books**

**209 - Energy Healings by Jessica**

**211 - Hertz 4 Health**

**212 - Jeffytastic, psychic**

**213 - Aura Reiki Healings**

**214/215 - Midnight's Art & Rachel Mitchell**

**217/218 - Spiritual Horizons**

**219/220/221 - A Design by Lindaa**

**222 - Golden Lotus**

**223 - Handprint Energy Palmistry**

**224 - Emerald Magic Messages / Holistically Heart Centered..**

**225 - Revelation U Reiki & Wellbeing**

**226 - Awaken Boutique & Susi Rosinski**

**301 - Children's Castle Crafting - Fun Booth**

**302 - Lifewave**

**304 - Artworks by Sada Nam Singh & Chris Foss**

**305 - The Magenta Lotus**

**306 - Craig McGuire Breathwork**

**307 - E.R.S. Inc.**

**308 - The Center for New Life**

**309 - Medium at Large, Susan Averre**

**310 - Kimberly Ray - Psychic Medium / Author**

**311 - Readings from Within with Valerie**

**313 - Healing Hive Acupuncture & Wellness**

**314/315 - Mythic Moves**

**321/322 - Rev. Psychic James Burke**

**325 - Debbie Keri-Brown / Alchemy for the Spirit**

**326/327 - Tranquility Salt Cave**

**401 - LeafGuard**

**415 - Spiritual Peace and Harmony**

**501 - Mayan Treasures**

*More booths have been added since print.*



## **SadaNam Singh - Gift of Light's Personal YOGI!**

**“Elevate Your Energy with Kundalini Yoga “ Vibrational Shift for those who struggle with seasonal change. “Chakra Balancing Meditation & Gong Bath”**

SadaNam became a devoted yogi in 2007 when he started taking yoga courses at the Ohio State University. He attended 4 years of level 1, level 2, and 600 level courses covering many branches of yoga and including asanas, pranayama, meditation, history, anatomy, and Ayurvedic medicinal practices. Since 2012, he has taught yoga and well-being workshops at festivals and conventions around Ohio, Indiana, Kentucky, and Georgia. He teaches Kundalini Yoga in the tradition of Yogi Bhajan with the goal of uplifting, energizing, and healing people through the realization of our true potential. Sada Nam is a 220-hour KRI-certified yoga teacher, Reiki Master, and gong sound healing therapist trained by Crown of Eternity. He has also completed level 2 Conscious Communication training with Gurmukh in Rishikesh in 2016, and another 200-hour kundalini training by Yogi Amandeep in India in 2017. He strives to share the gifts and benefits that yoga has given him with the world and to clear the clouds of doubt and limitation that prevent us from realizing our true self, which is absolute bliss!

Sada Nam is also a lover of devotional music from different cultures, playing guitar, drums, and singing bowls with local kirtan groups. In 2008, he attained his Bachelor of Fine Arts in Art and Technology and a Philosophy minor from the Ohio State University where he worked for 7 years creating videos and other multimedia and managing a media services team. Recently, he has taught workshops, teacher trainings, and classes throughout Ohio in order to share the wisdom of these teachings and uplift the spirit of every being.

**Sada will be offering herbal remedies and lifestyle practices from the yogic traditions as well as the meditation.**

**Find SadaNam Singh at: [Heal.me](https://heal.me)**



## **Susi Rosinski - “Introduction to Qigong Energy Healing”**

Qigong is the fastest growing holistic healing modality in the West. Most people are aware of the movements, but few know that there is energy healing treatments as well. In this interactive talk we will explore these healing principles. Come and Play with Qi.

### **“Crystal Healing Beyond the Chakras”**

By using the energetic matrix of the Qigong, we can close tears in the Auric Field with using crystals. In this lecture we will learn how to know when someone has a tear, and what crystals or gemstones will help to assist in the repair.



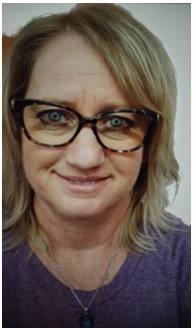
**Saibia - Mundane Magic** - Mundane magic is a term most witches are familiar with, but Saibia takes mundane magic and breaks it down into accessible activities for those who want to maintain their energetic practices during times of stress or struggle.

What started with a love of shiny rocks and minerals eventually turned into a full-scale witchcraft practice. Saibia has been practicing energy work for much of her life & has found ways to work magic into everyday life, despite a busy world with many responsibilities.



**Catherine Ho - "NAET: Drug-Free Allergy Relief"**

This painless and noninvasive technique has been used for decades to treat environmental, seasonal, pet, and food allergies without the use of drugs and injections, making it ideal for children and chronically ill people. But how does it work? With 17 years of experience, Catherine Ho L.Ac can tell you!



**Tina Chapin - Palmistry - How are you Unique?**

We will talk about what aspects of the hand are looked at in a Palm Reading and what makes us different. I am a palm reader who does analysis of the hands and fingerprints. The hand is like a mirror. As we change, it changes back at us. Self-knowledge is crucial for getting the most out of life and living up to our potential. Hand reading provides knowledge about what our palm lines mean and characteristics unique to us. Our fingerprints develop before birth and never change. Knowing more about them could help us fulfill our life's purpose. In sharing your hands, you will discover more about yourself.



## Dominique Vacheresse

**Saturday November 2nd: “Elevating Everyday Moments”** How Small Rituals Lead to Big Business Wins: In a world that glorifies the grind, it's time to reclaim the power of the pause. Forget the usual approach to business success—this session invites you to explore how the smallest, most intentional moments can holistically transform your business and life. Together, we'll dive into the art of integrating meaningful rituals into your daily routine, transforming the ordinary into extraordinary moments of empowerment. You'll walk away not just inspired but equipped with tangible practices that blend seamlessly into your life, paving the way for both personal well-being and business breakthroughs. Join me for this unique experience that bridges the gap between wellness and work. Discover the profound impact of simple rituals. Whether you're looking to enhance your daily routine or seeking ways to align your business practices with your values, this session offers fresh, holistic insights that could be the missing link you've been searching for.

**Sunday, Nov 3rd “Serenity in Strategy”** - How Mindfulness Can Transform Your Business Operations: Amidst the constant flow of ideas, innovations, and expectations, it's easy to get swept up in the whirlwind of decisions, demands, and deadlines. Finding calm amidst the chaos isn't just a luxury—it's a necessity. This session invites you to discover how integrating mindfulness into your business operations can become the cornerstone of your success, bringing both peace and productivity into your work life. Imagine making decisions with clarity and confidence, feeling grounded even on your busiest days, and creating a business that thrives without sacrificing your well-being. Discover how mindfulness can help you access your flow state—where you're fully immersed in your genius zone, effortlessly navigating challenges and manifesting opportunities. Join me in exploring how serenity can transform your strategy and create a business environment that not only flourishes but also nourishes your spirit.

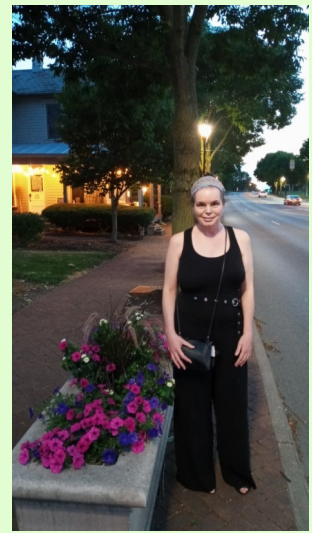
**Dominique Vacheresse** is a multi-passionate, heart-centered entrepreneur dedicated to transforming lives and businesses through a unique blend of strategic insight and intuitive, soulful connection. As the visionary behind Quick Candor Consulting (QCC), Picky and Pampered (PP), and Holistically Heart-Centered (HHC), she empowers entrepreneurs to integrate their passion and purpose with process, creating sustainable success that resonates on both a personal and professional level. With advanced degrees in education and business, coupled with expertise in Lean Six Sigma, Dominique combines operational excellence with a deep commitment to authenticity. She has become a sought-after consultant and mentor for those who aspire to elevate their businesses while staying true to their core values. Her innovative approach weaves together wellness, creativity, and strategy, offering clients a holistic path to thriving in both life and work. Whether you're a seasoned entrepreneur or just starting out, Dominique is here to guide you through your next intentional upgrade—helping you find clarity, joy, and success in every step of your journey. Visit **[HolisticallyHeartCentered.com](https://HolisticallyHeartCentered.com)** for products and services to integrate passion, purpose and process to elevate

## **Sheridan Whitney - "Connecting with the Angels through Mother Earth"**

### **And "Soul Retrievals" - call and release trauma**

Sheridan Whitney is a revered Shamanic Practitioner, who embodies the profound wisdom and practices of Native American Shamanism. Her work is deeply rooted in the sacred traditions of the Medicine Wheel, the nurturing embrace of Mother Earth, the insightful guidance of Animal Spirits and the elemental forces of nature.

She uses her spiritual abilities to connect her clients with their angels, guardian spirits, and ancestral guides. Sheridan navigates her clients through a journey of self-discovery transforming their past emotions, thoughts, and behaviors towards achieving harmony and wholeness. Her deep connection with the Fairy Realms enriches her practice, allowing her to weave magic into the lives she touches, restoring lightness, balance, and peace to their very essence.



Among her array of services, Sheridan specializes in house blessings, offering spiritual guidance for the soul and conducting soul retrievals. This ancient practice of grounding the soul facilitates healing by releasing traumas and restoring the individual to a state of wholeness. Sheridan's sessions are sanctuaries of transformation. Private and confidential spaces where divine communication and spiritual insights pave the way for individuals to craft their destinies.

Sheridan's journey into Shamanism commenced in 1993, under the mentorship of Char Sundust founder of the Sundust Oracle Institute in Seattle, Washington. Her path of learning and growth continued over a decade alongside Judith Manganiello, owner of A Peace Of The Universe Spiritual Book Store in Scottsdale, Arizona. Driven by a passion for spiritual ascension Sheridan collaborates with numerous spiritual mentors. Her commitment to her craft and her client's spiritual journeys is a testament to her dedication to the healing arts of Native American Shamanism.

Sessions are available via zoom, telephone or in person.

Please contact by phone, text or email below.

Sheridan Whitney

Emerald Magic

(740) 727-3289

[emeraldmagic.com@proton.me](mailto:emeraldmagic.com@proton.me)



# EMERALD MAGIC MESSAGES

SHERIDAN WHITNEY

NATIVE AMERICAN SHAMANIC PRACTITIONER &  
PSYCHIC

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**Psyche North Torok - “21st Century Wicca”** - Wicca is probably the most well-known witchcraft tradition in the English-speaking world. But witchcraft can mean a lot of different things. Even for practitioners the connotations have changed in the last twenty years. Find out what it’s like to practice Wicca in the 21st century, its beauty and its challenges.

**Psyche North Torok** has been practicing Wicca since 1983 and is an initiated high priestess. She has done extensive teaching and lecturing to dispel the negative stereotypes that surround the image of the witch. She is a graduate of Ohio State University, and lives in Columbus.



## **Susan Averre - A DEMONSTRATION OF MEDIUMSHIP WITH SPIRIT ART**

Medium At Large, Susan Averre is a medium and spirit artist.

Come see a demonstration of mediumship with messages from loved ones and portraits sketched from spirit. Bringing evidence that life continues and our loved ones are with us, still.



## **Vetrichelvi Jayaprakasan : “Healing Modalities”**

Listen to enchanting voice of Vetri, when she sings some Indian Shloka( Chanting) followed by her understanding of different healing modalities. Come with open mind and have a healing experience.



## Debbie Keri-Brown (Lorelei), Intuitive Oracle Card Reader - “LIFE, DEATH, and BUTTERFLIES”

Debbie Keri-Brown shares an amazing glimpse of life and death through synchronicities and stories of divine intervention. Her niece, Randi, died five years ago at the age of 41 from complications relating to renal failure and Type 1 Diabetes. She left a legacy of good deeds and memories as well as amazing synchronicities in her passing. A lover of butterflies, they have appeared at many unusual times to the family and members of the community after her transition. Learn about these and other amazing experiences as well as the brief words uttered in clarity by her dad with ALS, who had been unintelligible before, as he came to see her for the last time. A single butterfly hovered on the window behind her as she gave the eulogy. And, there will be time for you to share your own stories as well. The presentation is FREE with your expo admission.

Debbie Keri-Brown is a motivational speaker, nondenominational minister, Reiki Master who chants in six languages as she shares the sacred energies and she teaches fifteen different classes on esoteric and spiritual topics. She is the 2015 recipient of the spirituality award from Purpose For Women and several community service awards for her work in raising the awareness of the artistic talents of people with disabilities. She is a published author, intuitive oracle card reader, jewelry artist, antique dealer and conducts ceremonies to heal Mother Gaia. Debbie works remotely for a man who had spiritually transformative rainbow experiences.

***Visit Debbie at her booth at the Gift Of Light Expo*** where she will be offering intuitive oracle card readings and selling jewelry

Let me help you connect with your authentic self through an intuitive, oracle card reading. I'll guide you through solutions to life's challenges and inspire you to rediscover your magic. You'll experience more clarity, a deeper understanding of your life, choices and options as well as “ahhh haaa” moments for your journey. As a nondenominational minister with a varied background of life experiences, my journey has provided me with the gift to understand and share from many different perspectives and not from a single minded approach. I'm here to help you with guidance about relationships, work, friendships, dreams, creative endeavors, your spiritual journey, synchronicities and more.

Debbie, who uses the name, Lorelei, during readings, has been sharing intuitive readings and messages for years, drawing on her innate ability to understand life from a deeper perspective which is filled with curious, as well as traditional life experiences. She honors the ADHD which has followed her through life as being one of the factors which provides her with different ways of understanding the world and translating these experiences. She is a Reiki Master who chants songs of peace and praise in six languages as she channels from source, while combining gestural light language. She is a motivational speaker who has given presentations throughout central Ohio and is the 2015 recipient of the Purpose For Women International award for spirituality as well as several community service awards for her efforts in raising the awareness of the artistic talents of people with disabilities. She shares Mother Gaia ceremonies and solar light code activations in her role as an Arcturian solar priestess. Debbie teaches fifteen different classes on spiritual and esoteric topics around central Ohio, is an antique dealer and works remotely for a man who had spiritually transformative rainbow experiences.

**BOOTH 325**



## **Lisa Fry - Spiritual Mentor & Intuitive Guide : “What's Your Clair?” *Everyone is Psychic***

Join Lisa Fry, an experienced guide in the realm of psychic development, for a lively and interactive session designed to help you discover your hidden psychic potential. With a warm and engaging approach, Lisa invites you to explore your unique intuitive abilities and build the confidence to trust them. Whether you're just beginning your spiritual journey or seeking to deepen your practice, Lisa's guidance and the membership's resources offer a nurturing space for growth and discovery.

Lisa Fry is a dedicated spiritual mentor and intuitive guide, leading individuals on transformative journeys of self-discovery and psychic development. With a compassionate approach and a deep understanding of metaphysical practices, Lisa empowers others to explore their unique intuitive abilities and connect with their inner wisdom. As the founder of My Mystical Life, Lisa offers a nurturing community where members can access a rich array of resources, including live classes, meditations, and healing sessions. Her passion for teaching and her genuine connection with her students make her a beloved figure in the spiritual community. Lisa Fry is a dedicated spiritual mentor and intuitive guide, leading individuals on transformative journeys of self-discovery and psychic development. With a compassionate approach and a deep understanding of metaphysical practices, Lisa empowers others to explore their unique intuitive abilities and connect with their inner wisdom. Go to

**MyMysticalLife.com**



**Craig Denville McGuire - “Guided Breathwork Journey with Craig”** Come experience UNBREAKABLE – a guided breathwork journey designed to help you break free and help you remember how powerful you really are. How the challenges you may be up against are only temporary and how you were born with the strength to get through. This 21 minute guided breathwork journey will utilize a circular, diaphragmatic breathing pattern accompanied by professionally engineered sound technology for an integrative body mind experience.

Craig Denville McGuire is a certified Hypnotherapist, Breath Coach and Breathwork Facilitator. Craig’s passion is to empower people to dissipate worry, anxiety, fear and stress with evidence-based mind body techniques. He coaches people how to regulate their nervous system, release unprocessed emotions and traumas and rewire limiting subconscious beliefs. Craig’s clarion call is SKILLS NOT PILLS.



**Kimberly Ray - “Accessing your Highest potential!” and “Channeling Spirit”** - Kimberly Ray is a gifted psychic medium, author, and life coach who has dedicated her life to helping others through the use of her abilities. Over the past decade, she has traveled the world and cultivated a dual expertise as both a distinguished psychic medium and an intuitive life coach.

Through the delicate balance of psychic awareness and compassionate mentorship, she has developed profound connections with her clients, illuminating their paths with insight and clarity. With each session, Kimberly serves as a catalyst for transformation, empowering others to navigate life with grace and purpose.

With her exceptional ability to connect with the spirit world, Kimberly can help you find peace, return to clarity and cultivate comfort fulfillment. Her unique approach to life coaching is centered around spiritual growth and personal development, helping you navigate life's challenges and access your full potential.

*“I am passionate about empowering and inspiring my clients! I offer a variety of services, including psychic medium readings, life coaching sessions, and workshops. My goal is to help you connect with your inner self and live a more fulfilling life. Whether you are looking for guidance, healing, or spiritual growth, I am here to support you every step of the way.” -Kimberly*

**KimberlyRay.com Booth 310**



### **Astro Carol Ruth - “Astrology Charts and the Election”**

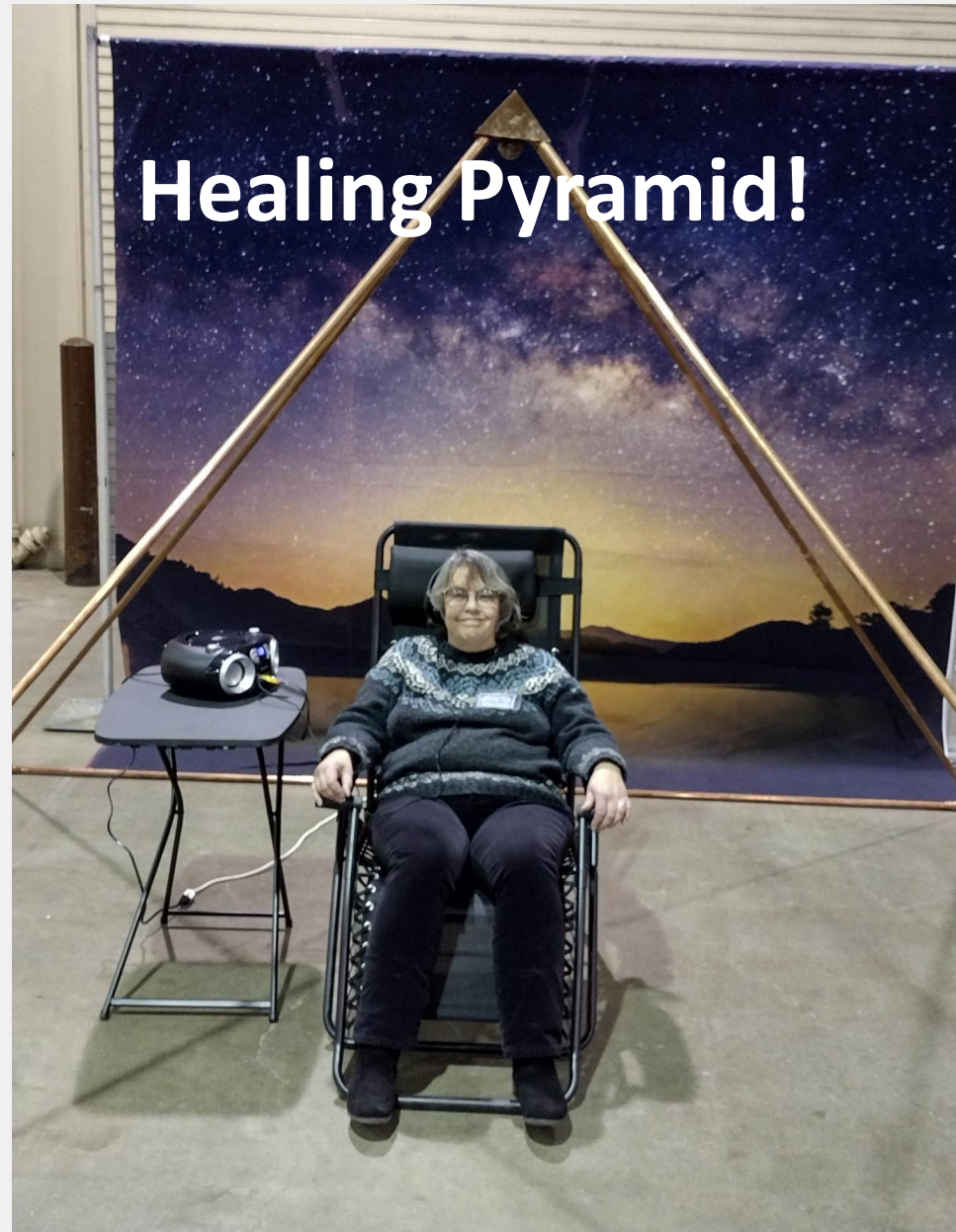
For over 45 years, Carol Ruth has read for thousands of people who needed guidance in their lives. She studied many areas of the Psychic Realms, in order to help others. These tools and knowledge are necessary for a good counselor to possess. As a Professional Astrologer (PMAFA), she holds an Accreditation Certificate awarded in 1986, that’s recognized in the World. She is a graduate of “Silva Mind Control”, a Life Coach and Past Life Regressionist. Sessions are not only about the future, but

may reference the path an individual may follow in order to see and complete their life's purpose. Most of her clients do realize this, when Carol Ruth who is a Wayshower, has revealed personal information and timing to them. Most importantly, in a person's life, are the cycles that indicate challenges for each soul. Within a person's Natal Chart is a Road Map of their Life. Once there is a greater understanding of what Astrology really represents, an individual can be aware of endless possibilities and potential.



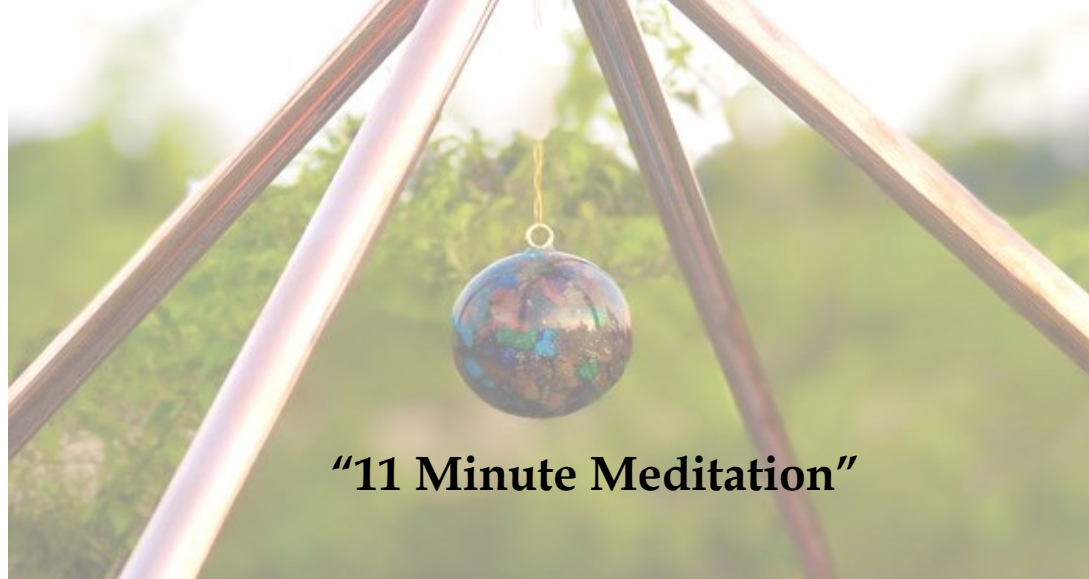
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**\*Reported benefits are many including the blessing of a loving, quiet mind, pain relief and as an aid to surgical healing. The Pyramid can be also used to vitalize food, supplements or plants or together with a picture or name for long distance healing. The Pyramid never needs to be energetically cleared or cleansed.**

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**\*These are not medical claims. It is strictly the opinions of people who have tried copper pyramids.**



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Terrilyn Long

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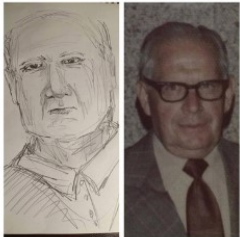
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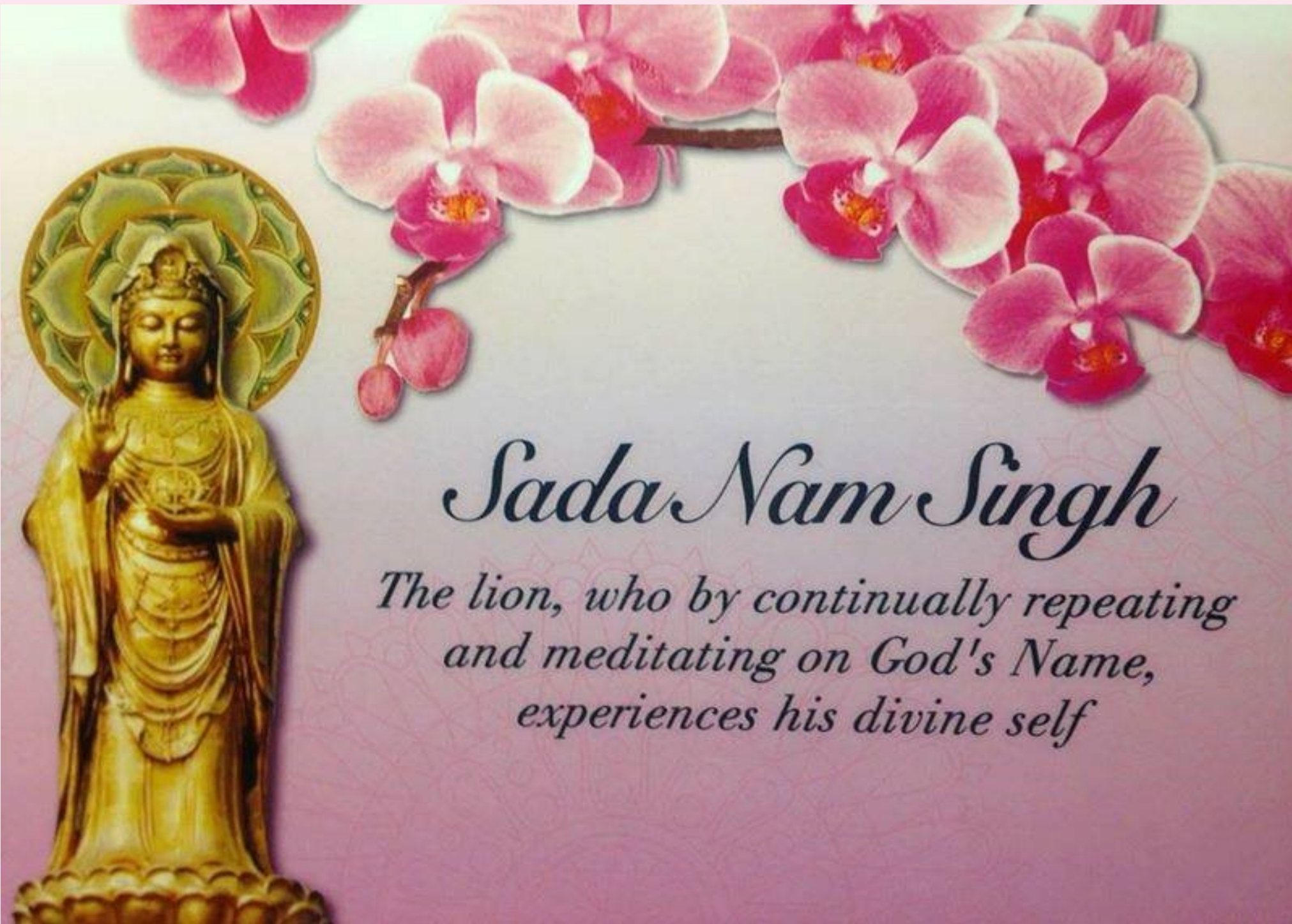
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*The lion, who by continually repeating  
and meditating on God's Name,  
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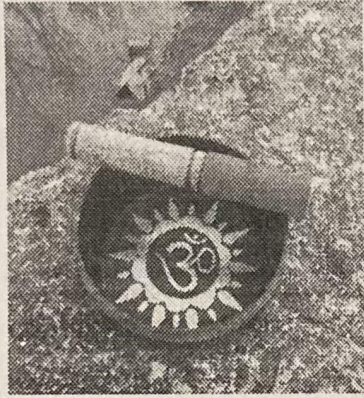
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