

The Mind Body Spirit Experience

GIFT OF LIGHT EXPO

NOVEMBER 1 & 2 - 2025

Ohio Expo Center (Lausche Building) 717 17th Ave. Columbus, OH



GIFTOFLIGHTEXPO.COM

Greetings from psychic, medium Kelly Bowman. I am your host and organizer of The Gift of Light Expos. Well, what can I say?... We have lost so many friends, patrons and vendors this past year. These special ones enriched our lives in so many ways, and even though they have gone from this realm, they will meet us in the next. In sweet memory of our dear friends; may the Grace of the Angels follow you always and welcome to *The Gift of Light Expo's Mind Body Spirit Experience!*



Psychic, Kelly Bowman: “The Psychic Brain” Manifest it, & Gallery Psychic Readings - Messages will be given to all attendees who request. How does your mind work when it comes to your senses? You are able to use your brain waves to get the information you need to help yourself in your daily life. Psychic functions in your brain and how to tap into it. Kelly will show you technique and help you develop your skills. She teaches on the following topics: The Psychic Brain, Past Lives, Psychic Development, Self Healings and “*Pulling*”, her own personally developed technique. Kelly is an accredited Reiki Master with years of hands-on experience. She has been teaching and doing readings for 30 years since the meeting of her mentor, Bill Mitchell in 1989. She has been heard regularly on QFM96.3 morning show with Torg & Elliott. She has been conducting haunted tours, séance and paranormal investigations for over 26 years.

For bookings: PsychicKellyBowman.com or call or text: 614-436-6555



Cindy Riggs, Psychic, Defrag-Mentor, Certified Hypnotherapist, Author

Saturday - Past Life Regression Workshop

Do you believe you have lived before? Cindy Riggs is a certified hypnotherapist who has regressed clients for nearly 20 years (in addition to performing past life readings and clearings), which can uncover details immediately helpful to this lifetime. Cindy will briefly discuss reincarnation, some fascinating experiences she has had and witnessed, and will guide the audience through a past life regression/hypnosis – an opportunity to experience (“see”) yourself in another lifetime! CindyRiggs.com

Sunday - Rapid-Fire Clearing Techniques

Cindy Riggs will discuss energies that “block” us, and will demonstrate some of her most powerful energy “healing” techniques to create rapid, positive shifts! She can quickly separate anxieties, remove energetic obstacles, clear unnecessary energies, and many more of her Defragmenting techniques to help you along your path to enlightenment, success and happiness. Everyone gets to experience a clearing! Prepare to feel lighter and better! CindyRiggs.com

Cindy Riggs has been communicating with the spirit world since 1996 and is a universal trance channel of high-level spirit consciousness. Cindy is the author of *COMMANDIFESTATION: Commanding Manifestation*, as well as the channeled books *Vishnu Speaks: Messages Of Enlightenment From The Ancient Deity*, and *Buddha Speaks: Messages From An Ascended Master*. Cindy is the producer and host of the podcast entitled *From Beyond: Interviewing Spirits, Channeling Insight*. In her private practice, she performs psychic/spiritual guidance, Defragmenting, hypnosis and past-life regression, energy bodywork, spirit clearings, psychic development, and Commandifestation coaching; both in her Worthington, Ohio office and remotely by appointment. She is certified in hypnosis and remote viewing, is a Reiki Master Teacher, and a Licensed Minister. CindyRiggs.com

Cindy’s newest book: *COMMANDIFESTATION: Commanding Manifestation* - Are you ready to change your life in positively miraculous ways? Cindy Riggs coined the term “Commandifestation” to describe the shortcut to discovering your life’s purpose and aligning with new opportunities, success, love, health, fulfillment, peace, and contentment beyond your wildest dreams! Commandifestation describes a more certain and effective method for getting answers and manifesting (magical, frankly!) including some concepts not found in most spiritual philosophies, and it may be simpler than you realize. All that is required is an open mind and willingness to entertain new concepts that can benefit all aspects of your life. Learn who you really are, what may be blocking you, and how to eliminate the blocks; then learn how to receive messages from your inner guidance, attract abundance, and unlock limitless potential using this comprehensive yet straightforward method. Prepare to be astounded with your new, exciting life! Get your signed copies of *COMMANDIFESTATION: Commanding Manifestation* from Cindy here at the show! (Also available on Amazon and Kindle.)



Rev. Jimmie Burke: Saturday Open talk - "Angel Blessings"

BOOTH #615/715

Sunday Service Angels Prayers and Blessings

Join Rev. Jimmie for this wonderfully relaxing and calming angel blessing to begin your day at Gift of Light Expo! Jimmie is a Reiki Master that holds much knowledge about healing and asking angels for guidance. I am an Intuitive Medium, Psychic, Angel Communicator, Reiki Master, Animal Communicator, Ordained Minister, Writer, Life Coach and Spiritual Artist. Connecting the World with the Otherworldly. Jimmie has effected our community in the most open and loving way by offering classes on musical and dance expression, angels, and hosts yearly "clean" New Years celebrations. He has been a beacon in our community with hosting community healing sessions and Reiki nights. He has dedicated his life to this mission.

<http://www.ReadingsbyJimmie.net>

For Bookings or more information call or text: 614-370-8838



James Schaub - "The Fall of the Matrix, and rise of Humanity" James explores the breakdown of control systems and the awakening of human consciousness that is propelling us into the Golden Age. He reveals how societal illusions are collapsing, while empowering individuals to reclaim their freedom and shape a new, enlightened future for planet Earth and beyond.



Dr. Catherine E. McNabb D.Div. (Catie Singing Eagle) "Tapping into your Divine Energy"

Dr. Catherine E. McNabb... AKA Catie SingingEagle, A long time Minister and Teacher with over 40 years of experience and on Pastoral staff at over 10 churches, Temples and Synagogues over the years in counseling, family services, and alter ministry. Spiritual Teacher: Teaching in the ways of all major religions. Teaching specialties being in Indigenous Ceremonies of North American Indians, East Indian Bhakti Yoga meditation, and Ancient Spiritual gifts of the Spirit. She travels to small events, groups and venues teaching prayer, meditation and healing crafts, and offering medicinal products. Minister and Medicine Woman: Reiki practitioner, Intuitive readings (words of knowledge and wisdom), Counseling, makes jewelry, signature perfume oil blending, work with essential oils, medicinal herbs, teas, and salves. Does ceremonies of House blessing, commitment, soul retrieval, release spirit attachments, exorcisms, counseling of all types (spiritual, mental, and nutritional), preaching, teaching, and motivational speaking (just to name a few things). Given the gift of healing and sight as a child, which was developed by Appalachian Cherokee grandmother Odessa and Apache Blackfoot grandfather JC Foster along with much prayer and guidance from the Great Spirit. Much everything else fell into place with knowledge, wisdom and experience of life.

She is a survivor: Healed of Paralysis, Cancer 2x, and Deep Depression. Education · Columbus State Community College (Ohio), Business · Bowling Green State University (Ohio), Psychology · Lutheran Theological Seminary (Ohio) Theology, Contemporary Christian Literature · Valor Christian University (Ohio), Pastoral Counseling and Theology, NYU (New York) - Master of Fine Arts · University of Nemenhah, (Missouri), Indigenous Spirituality · Jewish Theological Seminary (New York) Theology, Rabbinical studies, Dar Us Salam, (NYC) Clerical Iman Studies, Theology · ISKCON Bhakti Yoga, Krishna Consciousness (New Vrindavan, WV) Theology. Reiki Master Reiki Center for the Healing Arts (Columbus, OH). A life long student always taking classes and keeping mind active.



Jeremy Felder - "BioField Restoration Experience" with Safe In Sound Wellness. What started and grows as an intentional community of "Possibilitarianism", Safe In Sound Wellness developed as a life philosophy through sound and vibrational therapy. Sculpted in yoga and meditations weekly for 3 years, the "Eye of All Storms" BioField Restoration Experience is profound peace and tranquility to levels previously unlikely. "Combined with class 2 medical frequency technologies, and pure bio-field toning, we are showing the world how to clean off the noise of life and technology." - Founder Jeremy Felder



Mary Hernandez - Workshop: Awakening the Divine Within

This guided journey invites you to reconnect with your soul's truth and the divine presence within you. Through meditation, healing, and communion with your Higher Self, Angels, and Guides, you'll reawaken intuitive gifts and open your inner channel to light.

The divine has always lived within you now is the time to remember and rise.

Mary Hernandez *Physical Medium | Divine Channel | Spiritual Guide*

Mary is a physical medium and divine channel working in deep connection with the Ascended Masters, Angels, Galactic Star Families, and Spirit Guides. Through intuitive readings, sound healing, and Divine Healing with Mother Mary and Saint Germain, Mary supports seekers, lightworker's, and healers, in reawakening their spiritual gifts, releasing energetic blocks, and returning to soul alignment.

She is the creator of **Heart Remembrance**, a transformational course in mediumship and intuitive activation, and **HeART by Marianela**, sacred soul photography that opens portals of remembrance, and serves as an anchor of light. All of her offerings serve one purpose: to reawaken the heart and support the rise of Unity Consciousness.

We rise by remembering. Together. As One.

Website: <https://maryhernandez5252.wixsite.com/theeangelwithin>

Email: MaryHernandez5252@gmail.com Instagram: @marytheeangelwithin



Tao Huang - "How to Free from Ancestral Contract"

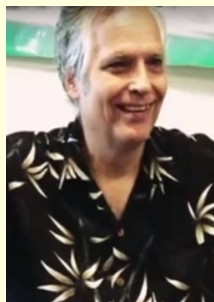
Your unique life began at the moment of conception. How had your incarnation been programmed by your ancestral infrastructures and epigenetic conditions. Come and find out for yourself.

Tao Huang was a native Taoist and practice healing via Meridian Dance over past two decades. He was the author of 5 books and inventor of 15Bi15 Conception and Anatology.



Catherine Ho - "NAET: Drug-Free Allergy Relief"

This painless and noninvasive technique has been used for decades to treat environmental, seasonal, pet, and food allergies without the use of drugs and injections, making it ideal for children and chronically ill people. But how does it work? With 17 years of experience, Catherine Ho L.Ac can tell you!



Dave Scarbrough: "Guided Meditation to contact your Spirit Guides "

Dave Scarbrough Guided Meditation to contact your spirit guides Dave Scarbrough has been an active member of the spiritual community in Columbus for the past 20 years and has studied reiki, Tarot Cards, hypnosis, life coaching, breathwork, past life regressions, and leading guided meditations. In this workshop he will take you into a guided meditation where you will have the opportunity to hear from your spirit guides.

After earning degrees in business management and social work, Dave Scarbrough has been active in the spiritual and holistic community since 2004 when he first started attending the Gift of Light Expo. Since then he has been trained as a reiki master, hypnotist, EFT practitioner, Heart Math practitioner, guided meditation leader and a life coach. Currently he uses all of these modalities as a life coach and hypnosis practitioner at the Center of Healing Arts in Columbus. He has a passion for helping people discover their own passion and purpose in life. **DaveScarbrough.com**



Lee and Sherry Patterson - **"What is a Soul Connection, and How Do You Let Yourself Have True Love?"**

Who Are We? We are Sherry and Lee Patterson, the founders of Relationship Reinvented LLC, and we are honored to join you today as your guest speakers at this transformative spiritual event. In a world where genuine human connection has become increasingly rare, we have dedicated our lives to uncovering the truth behind this disconnect—and we are here to change that.

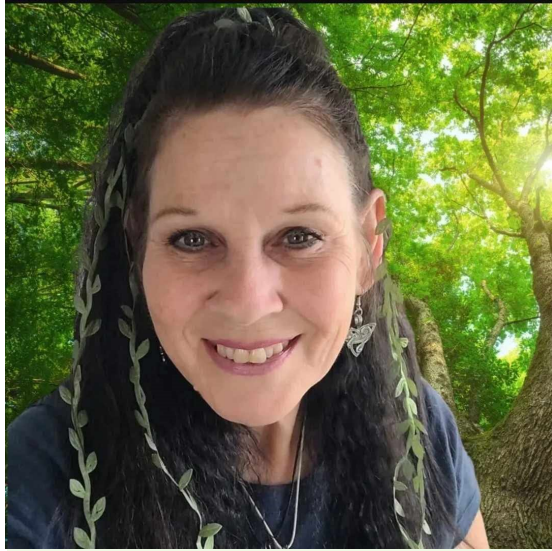
Through our platform, Relationship Reinvented LLC, we offer guidance, inspiration, and practical tools to support individuals and couples on their path to meaningful and fulfilling relationships. Our website and

YouTube channel are filled with resources, insights, and heartfelt discussions designed to empower you on your journey toward ***connection healing*** and love. Today, we are excited to share a beautiful and exciting announcement with you as we dive into the topic of **"What is a Soul Connection, and How Do You Let Yourself Have True Love?"** Together, we will explore the depths of spiritual bonds, the power of vulnerability, and the steps to opening your heart to the love you truly deserve. In 2025, the world has become more connected digitally, yet true human connection feels harder to find than ever. We believe this is because many of us have lost touch with our authentic selves and the courage to be vulnerable. Our mission is to reignite the spark of genuine connection by helping people understand the beauty of soul connections and the transformative power of love. Join us as we embark on this journey of discovery, growth, and transformation. We invite you to connect with us further through our website and YouTube channel, where you can continue to explore the magic of soul connections and the art of reinventing relationships through ***connection healing***. Thank you for allowing us to be a part of your spiritual journey. Let's dive in and uncover the beauty of true love together!

With love and light, Sherry and Lee Patterson Relationship Reinvented LLC

And meet Michael Jamie Fox!





Anjole - Tarot Made EASY!

While it may not be possible to learn all aspects of tarot in just one class, I can definitely provide you with some tips on how to get started much quicker without the need to memorize 78 cards and have you doing Tarot Card Readings for your friends in a very short time! After 4 decades of doing readings and teaching classes, I've put together some easy techniques to help any one learn easily. Visit her in her booth!

IGGY GARCIA



They will open and close the Gift of Light on both days. Feel free to bring a drum and good vibes. Opening Ceremony will begin at 9:45am and close at 10:00am to start our show. Sunday we close with a sound ceremony at 5:50pm to 6:15PM! They will be at the expo at their booth all weekend!

SATURDAY 9:45am - 10am

SUNDAY 9:50am - 10am

SUNDAY 5:55 - 6:15PM

JEREMY FELDER



SATURDAY Workshops

Time	ROOM 2	ROOM 3	Room 4 & 5	Room 6	YOGA ARENA	STAGE
9:45am					IGGY GARCIA & Jeremy Felder "Opening Ceremony"	
11AM	----->	Lucy Frances "HOLY FIRE III Reiki Talk and Healing Experience!"	Annette Noyes "How to choose the perfect Psychic"	Charissa Pack "Secret Holistic Remedies"		Jimmie Burke "Lets Talk ANGELS" Angels Blessings given
12PM	----->	Caren Truske Frequency Matters: Tuning Forks & Potent Points	Katie Cataldi Crystal Surgery and How It Can Transform Your Healing	Dorie Le Sieur "Clearing Past- Life Ties"	Craig McGuire Breathe to Heal: From Overwhelmed to Inner Calm	
1PM	-----> BioField Set up	Lee & Sherry Patterson What is a Soul Connection, and How Do You Let Yourself Have True Love?	Cindy Riggs RapidFire Clearing Techniques	Dr. Tai "The Future of Medicine!"	SadaNam Singh "Reducing Strees Sound Bath"	
2PM	Jeremy Felder "BioField Restoration Experience"	Astro Carol Ruth "Astrology Charts" Introduction to Astrology	Tao Huang "How to Free from Ancestral Contract"	Anjole Tarot Made Easy	Mythic Moves Belly Dancing Troupe	Kelly Bowman "The Psychic Brain" What its like to be Psychic and gallery readings
3PM	----->	Catie Singing Eagle Tapping into your Divine Energy"		Debbie Ouellette "Introduction to Psychometry"	Iggy Garcia Urban Shamanism	Dr. Ryan C. Brown Frequency Shifting!
4PM	Dave Scarbrough: "Guided Meditation to contact your Spirit Guides "	James Schaub "The Fall of the Matrix, and rise of Humanity"	Debbie Keri-Brown Life, Death and Butterflies	Jack Abram "Animal and Plant Medicine"	SadaNam Singh "Meditation Gong"	

SUNDAY Workshops

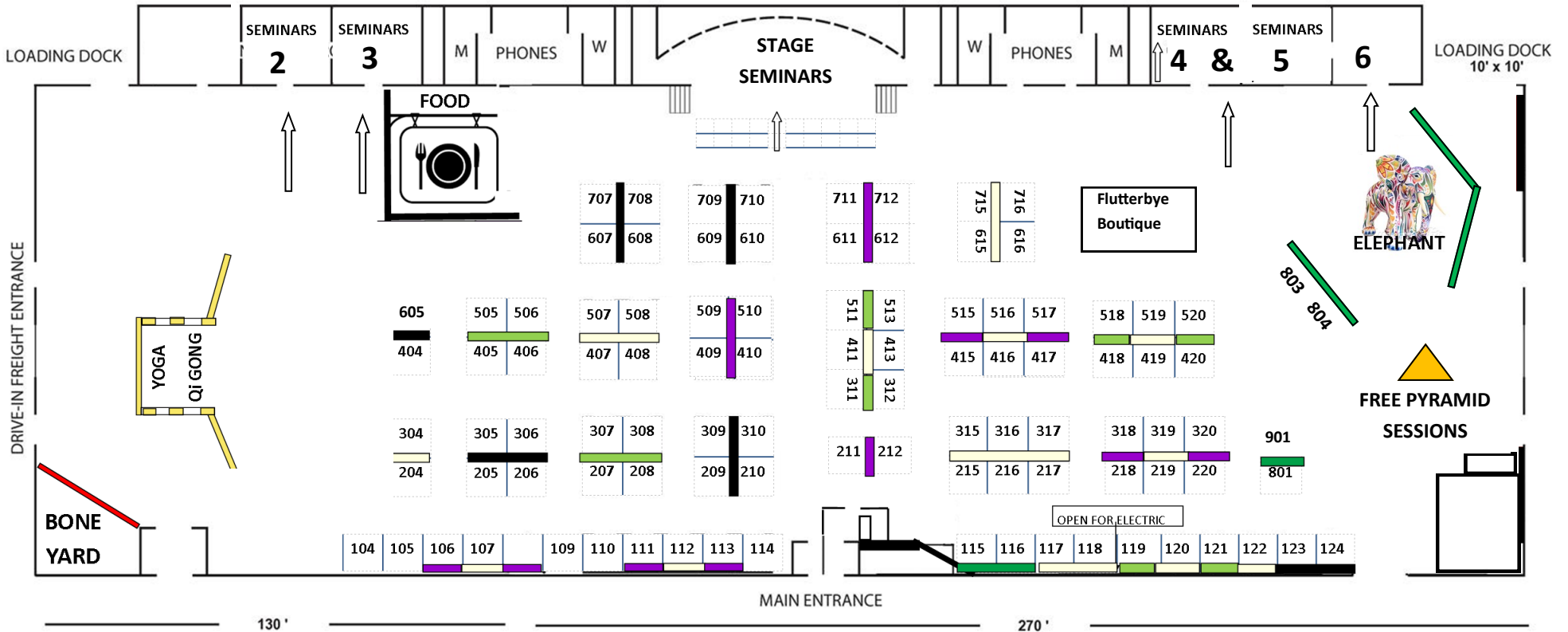
Time	ROOM 2	ROOM 3	Room 4 & 5	Room 6	YOGA ARENA	STAGE
9:50am	----->	----->	----->	----->	----->	Opening Ceremony!
11AM	----->		Catherine Ho “NAET: Drug-Free Allergy Relief”			Rev. Jimmie Burke “Lets Talk ANGELS Angels Blessings given
12PM	----->	Diana Stahl “Come and Explore the world of energy medicine!”	Cindy Riggs Past Life Regression	Caren Truske Frequency Matters: Tuning Forks & Potent Points	Sada Nam Singh: “Reducing Stress Sound Bath”	
1PM	----->	Katie Cataldi Crystal Surgery and How It Can Transform Your Healing	Dr. Tai “From Stressed to Blessed” Managing panic attack, adrenal fatigue, exhaustion and insomnia	Mary Hernandez Awakening the Divine Within	Susi Rosinski “Introduction to Qigong Energy Healing”	Kelly Bowman “The Psychic Brain” What its like to be Psychic and gallery readings
2PM	-----> BioField Set up	Lucy Frances “HOLY FIRE III Reiki Talk and <i>Healing Experience!</i> ”	Tao Huang “How to Free from Ancestral Contract”	TWIN FLAMES Lee & Sherry What is a Soul Connection, and How Do You Let Yourself Have True Love?	Mythic Moves Belly Dancing Troupe	
3PM	Jeremy Felder "BioField Restoration Experience"			Jack Abram “Animal and Plant Medicine”	Craig McGuire Breathe to Heal: From Overwhelmed to Inner Calm	Dr. Ryan C. Brown Frequency Shifting!
4PM	----->	Dave Scarbrough “Communicate With your Spirit Guides “	Dorie Le Sieur “Clearing Past-Life Ties”	Debbie Ouellette "Introduction to Psychometry"	YOGI Sada Nam Singh “Total Rest Gong Bath”	
5:50PM						Closing Ceremonies with Iggy Garcia

BOOTH LISTINGS

105-107 - Good Journeys
109/110 - Alana's Enchanted Garden
111 - Dorie Le Sieur Reader
112/113 - Energy Healings by Jessica
114 - Mystical Mantis
115-Gift of Light Expo Merch & Information
116 - Deron Lee's Bonsai & Succulents
117/118 - Humble
119 - Emerald Box Turtle
120/121 - Calico Crafter
122 - Lee & Sherry Patterson
123/124 - Spiritual Peace and Harmony
205 -
206 - The Tarot Diva
207 - The Lover's Expert
208 -
209 -
210/310 - Samantha's Alley
211 - The Healer's Way
212 - Zen Earth
215-217 - A Design by Lindaa
218 - Psychic Polly
219 - Craig Denville McGuire
220 - Moonstone Center 4 Reiki
305 - Healing Soul and Stones
306 - Water's Edge Tarot
307 - Aligned Living with Caren Truske
308 - The Saffron Books
309 - Solace Intuitive Medium, June Burns
311 - Djinn Henna Designs by julia
312 - The Tiny Bee Co.
315 - Sahu Sacred Oils
316 - The Tarot Diva
317 - Cindy Riggs, psychic medium
318 - Sacred Flame / Magic Moments Coffee
319 - Mary's Mystery Garden

320 - Lavender Sky Message with Deb Ouellette
404/504 - Safe In Sound Wellness and Iggy Garcia
405 - Spiritually Taylored
409 - Tree of Life Wellness, Kate Cataldi
410/510 - Always4UConnected
411 -
413 - Readings 4 You, Terri Mitchell
415 - America Indian National Health Outreach
416 - Peace & Passion Tarot w/PJ
417 - Awaken Boutique with Susi & Carol
418 - Kimberlee Middleton / Massage & Wellness
419 - Kevin Rolf, Psychic Medium
505 - Catie Singing Eagle Healing & Wellness
506 - Sacred Light Healing & Wellness with Christolight
507 - RavenWolf, Jack Abram psychic, medium
508 - Sada Nam Singh
509 - Do Re Me Holistic Wellness
511 - A Touch of Magic & Such with Vincent
513 - Tabatha Knox Art
515 - Tao's 15Bi15 Method
516 - ERS Inc.
517 - Cosmic Vibez Tarot
518/519- The Center for New Life - tentative
608 - Catherine Ho - Acupuncture
610/710 - The Enlightened Raven
611 - Enlighting Purpose with Heather Gonzolez
612 - Debbie Keri-Brown / Alchemy for the Spirit
615/715 - Psychic Readings by Jimmie
616/716 - Club Esprit
708 - Everdry Waterproofing
711 - The Magenta Lotus
801 - The Enchanted Bitch
901 - Little Crow

Lausche Exhibit Building



 Indicates directions of room or chairs



NOTE: All Booths are 10' x 10'

	LIME GREEN
	GOLD
	BLACK
	WHITE
	PURPLE

 RED

 FOREST GREEN

↑
SEMINARS



Caren Truske - Frequency Matters: Tuning Forks & Potent Points

Imagine living each day attuned to the highest vibration of your being—clear, empowered, and fully aligned. Experience the transformative power of sound with Vibrational Sound Master Teacher, Practitioner & Coach; Caren Truske. Caren will guide you in using Om Tuning Forks on Potent Points in a “Tune Along” to clear, balance, activate, and align your bodies' living energy system for more optimal living, learning and performance.

Vibrational Sound Frequency Attunements

Clearing, Balancing, Activating & Aligning your Chakras and energy fields through Vibrational Sound Tuning and Kinesiology.

Tuning Forks, Om Potent Point Kits, Vision Moves Cards, Classes and Courses for sale!

15 min. Tuning Sessions with Caren. Drop-by or pre-schedule@

<https://www.vagaro.com/alignedliving/services>

Columbus Gift of Light - Nov 1-2
or text Caren @ 614.406.3612

Visit **Caren** at her booth: **Aligned Living - Vibrational Sound Frequency Attunements**



Charissa Pack - “Secret Holistic Remedies”

I come from a family of holistic healers. My father was a chiropractor and my mother is a Master Gardener with The Ohio State University. My education started in Bio Chemistry at Capital University and continued through a journey to a Masters in Special Education through Muskingum University. I have traveled through different parts of the world to experience and explore different cultures of healing.

As a perpetual learner and teacher, I want to inform people of holistic remedies that are tried and true. Help your body to detox and feel fantastic with simple solutions. As part of my session I will provide additional resources for your holistic healing journey.

*Please note that I am not a doctor and you should consult your doctors for any health concerns.



Lucy Frances - “HOLY FIRE III Reiki Talk and Healing Experience”

More than just a talk, this is an easy and enjoyable way for people to be introduced to Holy Fire ® Reiki and Receive it's powerful healing at the same time. First introduced in 2014, Holy Fire ® Reiki comes from a higher level of consciousness. As a new form of Reiki, it is both powerful and gentle, providing purification, healing, empowerment, and guidance.

The word reiki is made of two Japanese words. Rei which means “Universal” and Ki which is “Life Force Energy.” So Reiki is “Spiritually guided Life Force Energy.” Reiki is a type of energy healing and a form of spiritual practice, used as a complementary healing modality, for physical, emotional, mental, and spiritual conditions. Reiki is best held in a peaceful setting, but it can be carried out anywhere.

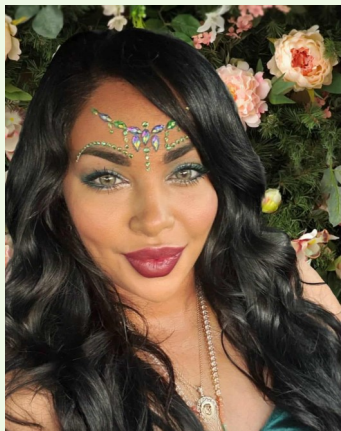
Spiritual Horizons is a Spiritual Center anchoring the energy of these qualities into this part of the planet, to assist with the emergence of the New Golden Era. We are forming a Community, a community of Love and Light, as a visible manifestation of a New Earth. Our Mission is to embody these qualities as best we can, knowing we are not yet complete, so being patient with our own progress. Our Mission also includes assisting others with embodying these qualities for themselves, for as the energies shift, our way of living shifts.



Debbie Ouellette - "Introduction to Psychometry"

In this talk, Debbie will discuss the history of this metaphysical gift and how you can learn the fundamentals of psychometry.

Debbie is also a psychic medium who specializes in past life readings and regression, readings of the Akashic Records and is also a dream interpreter. Her business name is Lavender Sky Messages and she welcomes you to stop by her booth at the expo all weekend.



Dorie Le Sieur - "Clearing Past-Life Ties" A Crystal-Assisted Journey through Multidimensional Soul Constellations & Quantum Regressions.

Free yourself from unseen karmic soul entanglements and open the door to the life your spirit truly came here to live. This talk offers a chance to move energy through the soul field—releasing grief, fear, and physical or emotional pain—while reconnecting with your authentic path and inner light. Through the lens of Multidimensional Family Constellations, Crystal Consciousness, and Quantum Regression principles, you'll learn how to identify and dissolve the energetic imprints that keep you tethered to outdated timelines.

Dorie is a PsychoSpiritual Therapist, Guide, Cosmic Code Activator, and a published author of *The Holographic Multidimensional Soul*. As a Doctoral Candidate in the field of Psychology, her exploration of the human psyche is comprehensive, expanding across many scientific and metaphysical disciplines. Dorie integrates her expertise as a Family Constellation Coach, Clinical Hypnotherapist, Spirit Medium, Crystal Healer, Reiki Master, Light Language Channel, and Galactic Akashic Lives Reader. Her work empowers individuals to heal across dimensions, awaken their purpose, and embody their highest potential.

--See Schedule



Katie Cataldi - Crystal Surgery and How It Can Transform Your Healing

Katie Cataldi, M.Ed., is the owner of Tree of Life Wellness in Dublin, Ohio. She is a certified Reiki Master Teacher/Practitioner, Master Crystal Surgery Practitioner, Sound Healing Practitioner (Level II), and a Mindfulness Coach. Since 2019, Katie has dedicated herself to the study and practice of multiple energy healing modalities. Before discovering her passion for the healing arts, Katie spent 19 years as a middle school science teacher. During that time, she faced significant physical and mental health challenges — including nine major surgeries and numerous diagnoses. Through her personal healing journey, guided by skilled practitioners and her own inner work, Katie emerged stronger and more vibrant than ever. Now, she brings her lived experience, scientific curiosity, and deep compassion to others seeking transformation. Through Tree of Life Wellness, she helps clients connect to their own healing potential and inner peace. Outside of her practice, Katie is a wife and mother of two. She enjoys gardening, yoga, meditation, creating music, hiking, and training her beloved therapy dogs. Class description: Crystal Surgery, developed by Vivien Schapera of Four Winds Academy, is one of the most advanced forms of crystal healing available today. Building on the teachings of the renowned Melody, Vivien created a system with over 88 specialized techniques designed to promote balance and healing on the physical, emotional, mental, and spiritual levels. This is achieved by using the chemical, physical, electrical, and geometric properties of crystals along with the intention of the practitioner. Katie Cataldi, founder of Tree of Life Wellness, discovered Crystal Surgery after years of personal study. Experiencing its profound effects firsthand, she became a dedicated student and now shares this unique modality with her clients and students. There are clearing techniques for removing cords, detoxifying, and removing energetic blockages. Physical procedures, such as clearing inflammation, rebalancing the endocrine system, stimulating cellular metabolism, and immune boost. Psychological techniques, such as brain wave balancing, repetitive pattern blast, and anti-anxiety/depression. Finally, it also has procedures for manipulating or building etheric tissue, such as re-seating the energy body, childhood detox, tissue regeneration, chakra repair/rebuilding, operating on past life injuries, and the reversal of painful karmic lessons to name a few. In this presentation, you will learn about Katie Cataldi and Tree of Life Wellness, what Crystal Surgery can offer you, and see a demonstration. You can also visit Katie at her booth to experience it firsthand or get more information on taking crystal surgery classes!



Prof. Dr. Paul Ling Tai -

D.P.M., F.A.C.F.S, ABPS, ABAARM

“From Stressed to Blessed” and “The Future of Medicine!”

Saturday: “From Stressed to Blessed” - Managing panic attack, adrenal fatigue, exhaustion and insomnia” - Join Dr. Paul Ling Tai and unlock powerful natural solutions to boost your energy and vitality. Learn simple methods to enhance memory, support heart and thyroid

health, and discover anti-aging secrets. Transform stress into lasting wellness and reclaim your natural vitality with Dr. Tai’s expert guidance.

Sunday: “The Future of Medicine!” - Rejuvenating You with Breakthrough Natural Solutions for Antiaging, Hypothyroid and Weight Loss” - Join this exclusive lecture to discover Dr. Tai’s groundbreaking approach to health, vitality, and longevity! Backed by years of research and more than 40 years of experiences, he’s developed an efficient way to deliver natural ingredients that support cellular repair, boost energy, and enhance well-being. Learn his strategies to strengthen immunity and optimize body functions, empowering you to live your healthiest life. Don’t miss this chance to unlock the future of medicine and rediscover a younger you!

Professor, Board-Certified Surgeon, Author, President of American Indian Nation Health Outreach and International Lecturer, Prof. Dr. Paul Ling Tai, is a well-respected authority on Anti-Aging, Regenerative Medicine & Obesity who helped thousands of doctors & patients with his Natural Herbal Protocols to achieve a vibrant and younger life!





SadaNam Singh - Gift of Light's Personal YOGI!

“Elevate Your Energy with Kundalini Yoga “ Vibrational Shift for those who struggle with seasonal change. “Chakra Balancing Meditation & Gong Bath”

SadaNam became a devoted yogi in 2007 when he started taking yoga courses at the Ohio State University. He attended 4 years of level 1, level 2, and 600 level courses covering many branches of yoga and including asanas, pranayama, meditation, history, anatomy, and Ayurvedic medicinal practices. Since 2012, he has taught yoga and well-being workshops at festivals and conventions around Ohio, Indiana, Kentucky, and Georgia. He teaches Kundalini Yoga in the tradition of Yogi Bhajan with the goal of uplifting, energizing, and healing people through the realization of our true potential. Sada Nam is a 220-hour KRI-certified yoga teacher, Reiki Master, and gong sound healing therapist trained by Crown of Eternity. He has also completed level 2 Conscious Communication training with Gurmukh in Rishikesh in 2016, and another 200-hour kundalini training by Yogi Amandeep in India in 2017. He strives to share the gifts and benefits that yoga has given him with the world and to clear the clouds of doubt and limitation that prevent us from realizing our true self, which is absolute bliss!

Sada Nam is also a lover of devotional music from different cultures, playing guitar, drums, and singing bowls with local kirtan groups. In 2008, he attained his Bachelor of Fine Arts in Art and Technology and a Philosophy minor from the Ohio State University where he worked for 7 years creating videos and other multimedia and managing a media services team. Recently, he has taught workshops, teacher trainings, and classes throughout Ohio in order to share the wisdom of these teachings and uplift the spirit of every being.

Sada will be offering herbal remedies and lifestyle practices from the yogic traditions as well as the meditation.

Find SadaNam Singh at: [Heal.me](https://heal.me)



Iggy Garcia - “Urban Shamanism”

Hello, I’m Ignacio, but you can call me Iggy. I’m proud to be a native of Peru, South America, and deeply connected to the sacred traditions of Peruvian Shamanism. I walk the Red Road with The Condor Eagle Society and The Native American Church of Nemenhah, holding roles as a Peruvian Shaman, Medicine Man, Minister, Chief, and Elder. My journey has led me to serve as a spiritual leader in my community in Columbus, Ohio.

Beyond my spiritual path, I am a published author, speaker, blog writer, entrepreneur, and radio host. For more than 20 years, I have been the editor and producer of www.withinsightsradio.com, hosting a weekly podcast that explores holistic living, spirituality, and personal growth.

As Chief of Public Relations for The Condor Eagle Society and a Holistic and Metaphysical Practitioner, I am deeply engaged in numerous healing modalities. I am also a certified Shahaptian Guide Medicine Man through the Nemenhah Indigenous Traditional Organization (NAC). This certification authorizes me to perform sacred ordinances using plants, animals, stones, feathers, and other elements in ceremonies aligned with the Shahaptian Healing Way, as outlined in the Nemenhah Constitution and restored by Wyakin. My heart and work are closely tied to The Condor Eagle Chapter House in Columbus, Ohio.

My expertise spans various practices, including intuitive mentoring, drum healing, drum circles, remote healing, body energy work, Inca meditation, and open chair Gestalt therapy. I also hold the title of Chief of Tiwehkthihmpt of Itsipi Society within the Great Lakes region.

Through my work, I strive to empower individuals to unlock their healing potential. I believe that healing begins with self-awareness and understanding the power we hold within ourselves. Past traumas can weigh us down, but by embracing the present moment as a gift from our Creator, we can move forward and live fulfilling lives. Every person has something valuable to offer the world and the universe.

Visit me: <http://IggyGarcia.com> and <https://iggygarcia.com/about/>

Back by Popular Demand!



Dr. Ryan . Brown - "Frequency Shifting with Dr. Ryan C. Brown"

Are you ready to go on a transformative journey? Join Dr. Ryan C. Brown, a dedicated Metaphysicist, for a workshop on "Frequency Shifting" using his innovative framework, "The Freedom Loop." In this interactive workshop, you will explore how internal programming—thoughts, beliefs, and emotions—shapes life experiences. By examining the relationship between the conscious and subconscious mind, you'll learn to reframe your thoughts and beliefs, paving the way for a more fulfilling reality. Dr. Brown will guide you through practical exercises and discussions that promote personal and collective growth, providing tools to reshape your everyday experiences. Whether you're looking to overcome challenges, enhance your well-being, or deepen self-awareness, this workshop is for everyone. Take this opportunity to step into transformation and self-discovery within a supportive community. Join Dr. Brown in unlocking your potential and making meaningful changes in your life. The journey towards a more liberated and fulfilled you awaits!





Debbie Keri-Brown (Lorelei), Intuitive Oracle Card Reader - LIFE, DEATH AND BUTTERFLIES

Debbie Keri-Brown shares an amazing glimpse of life and death through synchronicities and stories of divine intervention. Her niece, Randi, died five years ago at the age of 41 from complications relating to renal failure and Type 1 Diabetes. She left a legacy of good deeds and memories as well as amazing synchronicities in her passing.

A lover of butterflies, they have appeared at many unusual times to the family and members of the community after her transition. A single butterfly hovered on the window behind her as she

gave the eulogy. Learn about other amazing experiences as well as the brief words uttered in clarity by Randi's dad with ALS, who had been unintelligible before, as he came to see her for the last time. And, there will be time for you to share your own stories as well.

The presentation is FREE with your expo admission.

Debbie Keri-Brown is a motivational speaker, nondenominational minister, Reiki Master who chants in six languages as she shares the sacred energies and she teaches fifteen different classes on esoteric and spiritual topics. She is the 2015 recipient of the spirituality award from Purpose For Women and several community service awards for her work in raising the awareness of the artistic talents of people with disabilities. Debbie is the spiritual advisor for the Spiritual And Miracle Society, working for a man who had spiritually transformative rainbow experiences. She is a published author, intuitive oracle card reader, jewelry artist, antique dealer and conducts ceremonies to heal Mother Gaia through solar light code activations.

Visit Debbie at her booth at the Gift Of Light expo where she will be offering intuitive oracle card readings and selling jewelry.



Rev. Jack Abram “RavenWolf” - “Animal and Plant Medicine”

Rev. Jack "RavenWolf" Abram is a hereditary witch practicing for five decades. 30 years ago, he was introduced to Native American Spirituality infusing it with his nature-based beliefs. His wolf-mother, Ria, introduced him to the animal spirits and gave him his spirit name, RavenWolf. He now communicates with these spirit guides to offer insight and guidance to others.

Earth Mother provides us with many natural medicines and remedies. I will be introducing and discussing the use of several of these, including herbs, mushrooms, CBD, cannabis, natural psychedelics, Hape", and other botanical wonders.



Susi Rosinski - “Introduction to Qigong Energy Healing”

Qigong is the fastest growing modality in the holistic field! Come join Qigong Master and Lineage Holder- Susi Rosinski and explore Qigong- healing movement for body, mind and spirit!

Susi Rosinski is a Qigong Master teacher. Since 2011 she has been teaching Qigong movement as well as Clinical Qigong Energy Healing techniques!



Astro Carol Ruth “Astrology Charts” Introduction to Astrology

For over 45 years, Carol Ruth has read for thousands of people who needed guidance in their lives. She studied many areas of the Psychic Realms, in order to help others. These tools and knowledge are necessary for a good counselor to possess. As a Professional Astrologer (PMAFA), she holds an Accreditation Certificate awarded in 1986, that’s recognized in the World. She is a graduate of “Silva Mind Control”, a Life Coach and Past Life Regressionist. Sessions are not only about the future, but

may reference the path an individual may follow in order to see and complete their lifes purpose. Most of her clients do realize this, when Carol Ruth who is a Wayshower, has revealed personal information and timing to them. Most importantly, in a persons life, are the cycles that indicate challenges for each soul. Within a persons Natal Chart is a Road Map of their Life. Once there is a greater understanding of what Astrology really represents, an individual can be aware of endless possibilities and potential.



Speaker Annette Noyes - “How to choose the perfect Psychic”

Choosing a psychic can be confusing when attending a metaphysical expo. This lecture will explain the differences between the many psychics you may encounter and who will be best suited to answering your questions.

Just as each of us is blessed with different talents and skills, so are psychics.

When choosing what type of psychic one engages with, knowing what skills to seek is important. Join Annette as she teaches what tools are most commonly used by psychics and how the information derived from those divinatory methods can guide you toward career advancement, better relationships, or greater spiritual understanding. Annette Noyes specializes in

Tarot card readings and she shares her knowledge of that particular tool.

-- See schedule

The Emerald Box Turtle

Annette Noyes

Intuitive Tarot Card Reader

Vintage and Modern cards

TheEmeraldBoxTurtle.com



Dianna Stahl - "Come and explore the world of Energy Medicine."

Electroceuticals, Eletropharmacology, Bioenergetic medicine and biohacking are all terms that are going to become familiar in the near future. Need better quality of sleep, need more energy, need to calm yourself after a stressful day? All of that can be achieved with a push of a button. Experience them for yourself right now



Dianna Stahl is a professional speaker and educator who specializes in workshops and seminars aimed at exploring the connection between mind/body wellness and technology.

As an extension of her formal training in engineering, Dianna's teaching focuses on the use of technology as an aid in unlocking the mysteries of the mind and body.

Working as a manager/trainer in the offices of multi-million dollar, global technology-based corporations, Dianna developed the valuable ability to break complex concepts and issues into easily understandable units – translating the deeply technological into the attainable.

Dianna has been a welcome guest speaker at The University of Akron's renowned Polymer Institute, Kent State University. She has taught at Ursuline College Sophia Center, Tri-C and Case Western Reserve University.

For almost 30 years Dianna has worked in the field of energy medicine, colour therapy and biofield imaging helping clients to restore their health mentally, emotionally, spiritually or physically. In addition, she has just added PEMA to her tools to help people become the best they can be.

Dianna Stahl / ERS INC.

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330.283.5316 | E-mail: ers@lek.net | www.biofieldenergy.com



Craig McGuire - Breathe to Heal: From Overwhelmed to Inner Calm

In a world that moves fast and pulls our attention in every direction, many of us have forgotten how to breathe — really breathe. In this experiential 45-minute workshop, you'll discover how the way you breathe directly shapes the way you think, feel, and move through life.

Craig Denville McGuire, known as *The Hope Dealer*, will guide you through practical, science-based breathing techniques designed to

calm the mind, regulate the nervous system, and restore balance from the inside out. You'll learn simple tools like Heart-Math's heart-coherent breathing, 4x4 box breathing, alternate nostril breathing, and other functional methods you can use anytime during your day — at work, in traffic, or before bed.

These are not abstract concepts or intense journeys — they're real-world breathing skills that help you shift from stressed, anxious, and overwhelmed to grounded, connected, and at peace.

Come experience the medicine that's been within you all along — your breath.

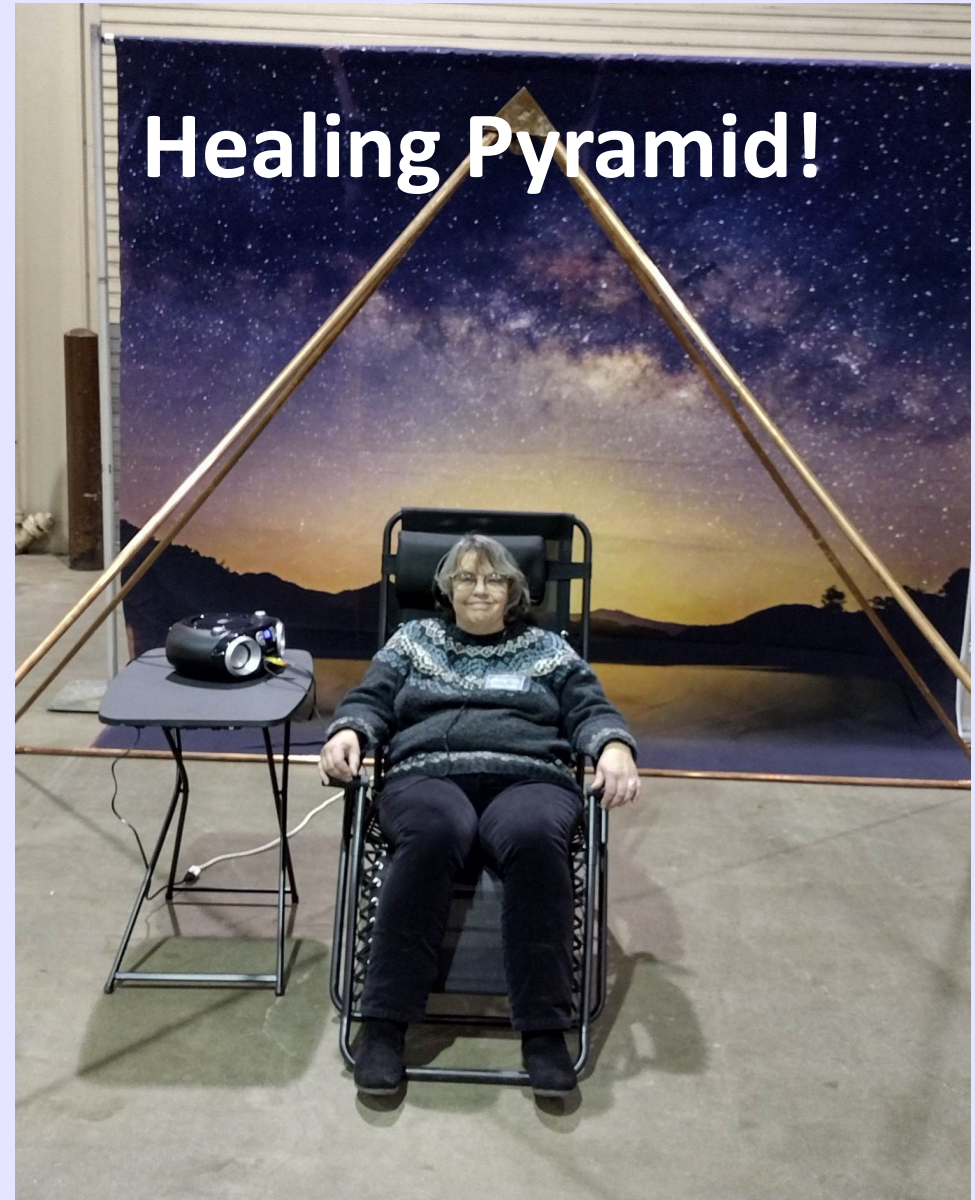
Leave feeling lighter, clearer, and more centered, ready to face life with calm confidence.

--See Schedule



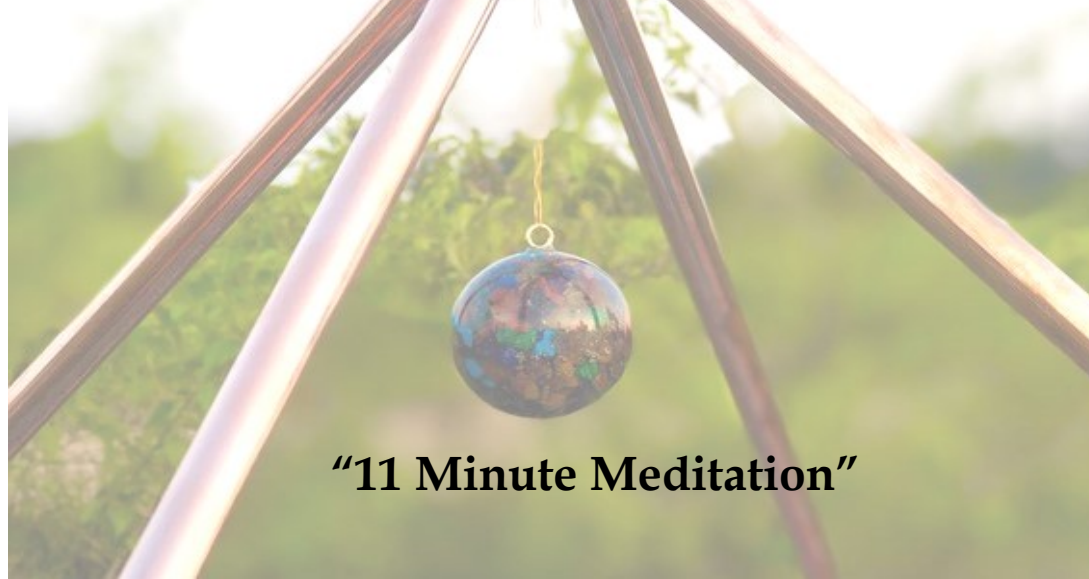
MYTHIC MOVES

2pm both days!



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The four sides of the pyramid represent the four elements and the four directions. The triangular form that meets at the point, represent the triplicate consciousness such as the Father, Son, Holy Spirit or Mind, Body, Spirit. Pyramids have been found worldwide in Egypt, China, Mexico, Peru, Rome, Chile, and more.

***Reported benefits are many including the blessing of a loving, quiet mind, pain relief and as an aid to surgical healing. The Pyramid can be also used to vitalize food, supplements or plants or together with a picture or name for long distance healing. The Pyramid never needs to be energetically cleared or cleansed.**

Also lowering blood pressure, increasing energy levels detoxifying the blood strengthening - overall healing.

Others have claimed Increased energy, enhanced focus, quicker plant growth, stress reduction, enhanced crystal charging. Try infusion for essential oils, crystal healing jewelry and more!

See for yourself!

***These are not medical claims. It is strictly the opinions of people who have tried copper pyramids.**



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Terrilyn Long

Spiritual Cleansing Practitioner, Spiritual Life Coach

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Marcus (ChristoLight) Robbins

Day 1 - “The Journey of Christ consciousness within” community building with Sacred Light's Marcus (Christolight)

Day 2 - “ 7 Chakra lesson” create your own Ancient Egyptian chakra totem w/ Meditation (beginners + advanced)

Marcus (ChristoLight) Robbins... founder of Sacred Light Healing and Wellness. A relatable journey of a soul transforming his life from surfing in the streets addicted to selling & using substances, partying at festivals & being a hurt teen experiencing his mother abused by partners after his parents divorced & going to prison in 2017; into a daily devoted shamanic space holder & conscious psychic medium bringing

groundedness & healing support to many online & in the physical over the last 11 years, now at 29. He is a intuitive holistic life guide/ practitioner specializing in multiple Reiki forms, crystal healing (CHH), psychic medium readings, akashic records therapy, chakra balancing, inner child healing, subconscious reprogramming, guided meditations for 9+ years & weekly life guidance for shadow work & pattern building. He's also a worldwide community host at the Sacred Kingdom, holds holistic healing retreats nationwide & facilitate various workshops online, along with editing/producing his own lives, podcasts & online show series while founding/running a global broadcast network for community to bridge & share knowledge/wisdom for empowerment that you can find on youtube "Sacred Light Broadcast Network". Christo offers 1on1 services, as well as couples services. You can find these services, youtube network, retreat tickets, reishi coffee + more at li.sten.to/sacredlight33

Vending

- 11min - light language activations
- 11min - guided energy clearing





THE CENTER
FOR NEW LIFE



The center for new life team is a group of trained, experienced, and highly gifted practitioners. We offer many services for your wholistic wellness and spiritual evolution journey. Our robust and comprehensive offerings include:

*Astrology consultations *Ayurvedic treatments *Energy medicine (multi-dimensional healing, reiki, theta/belief healing, light body activations/ascension support, zeb healing, & more) *EFT (tapping) *Flower essence therapy *FIR Dome services (infrared) *Frequency testing before & after energy medicine treatments via applied kinesiology *Homeopathy consultations & supportive strategies (supplemental/nutritional) *Life coaching, counseling, couples counseling/coaching, *Massage & cranial sacral therapy *Qigong *Meditation instruction and meditation initiations & groups *Reflexology *Somatic & trauma release therapy *Sound healing & vibrational healing *Spiritual guidance (includes psychic & mediumship readings) *Spiritual psychology & energy psychology *Spiritual unfoldment consultations *Supplemental support via applied kinesiology *Wellness assessments In addition, we offer many classes, groups, and events including: *Gene keys sequence groups *Embodied wisdom & profound healing *Qigong *Cultivating authentic & soulful relationships *Music & meditation events *New life initiation & meditation technique *Sacred sisterhood full moon group *New Year's Eve event We are so excited to meet you soon and welcome you to The Center!

**Free gift bags for all who come to talks
or receive services at our booth!**

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CenterforNewLife.org



THE CENTER
FOR NEW LIFE



The Center for New Life is an organization committed to the global upliftment of humanity.

We are an organization that exists to be of service to humanity and alleviate suffering through the path of omnipresent Love. We offer supportive services within the global and local communities. We endeavor to integrate transformative liberation, healing, wellness, spiritual unfoldment to all sincere individuals seeking truth.

We embrace and operate through the truth of divinity in many different forms, in whatever way we can perceive divinity at that moment. We offer many different pathways to assist in breaking down barriers, which allows for the experiencing of wellness, wholeness, and the fullness of the true self. The Center for New life team offers comprehensive spiritual and wellness services in Worthington, Ohio as well as virtually. Visit centerfornewlife.org for more information.

SATURDAY & SUNDAY - "EXPERIENCE Evolution, Healing, & Elevation" with The Center for New Life Please join several of the Center for New Life Practitioners as we discuss who we are, what services we offer, and describe our classes and events. We will be offering a FREE mini demonstration/sampling of our services which will include mini energy healing, homeopathy, new healing device demo, intuitive messages, Qigong, vibrational frequency testing, and more! You will also receive a FREE gift bag! The Center for New Life is a spiritual evolution and wholistic wellness center and we are an organization committed to the global upliftment of humanity. We offer

SUNDAY

to

Learn

Ellen Homeister - "Upcoming Eclipses of March 2025: How to Navigate These Astrological Events"

when eclipse influences are felt. -What to avoid doing during an eclipse. -What area of



SUNDAY - Deborah Holcomb, DSHomMed - "Opening Up to the GENE Key Experience!" BREAK FREE: Open an awareness to the themes running through your life which you always knew but could not explain. **EMBRACE:** The beauty of shifting from reacting to responding contained in the understanding of your own Pathway and Language. **EN-JOY:** By uncovering the gems within your Shadows in your profile without judgment, to bring forth a better quality of life: physically, mentally and emotionally. **BALANCE:** How you can experience gentle growth in your relationships, have a greater capacity for prosperity, and more re-finely resonate through the power of Love. The Art of Contemplation is the gift that lives between meditation and mindfulness or thinking. It is the sweet spot that can assist you to change perspectives, alter your life, and help you to live purposely in the world. As you open up to the GENE Keys a natural progression of self-discovery begins to move within you unlocking the unique 11 keys anchored within your human experience. You are Invited to step into this easy and playful opening of YOUR Heart through the art of contemplation in your everyday life.



BOOTH 415



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Sada Nam Singh

*The lion, who by continually repeating
and meditating on God's Name,
experiences his divine self*



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