

The Mind Body Spirit Experience

GIFT OF LIGHT EXPO

MARCH 14 & 15 - 2026

Ohio Expo Center (Lausche Building) 717 17th Ave. Columbus, OH



GIFTOFLIGHTEXPO.COM

Greetings from psychic, medium Kelly Bowman. I am your host and organizer of The Gift of Light Expos. Well, what can I say?... We have lost so many friends, patrons and vendors this past year. These special ones enriched our lives in so many ways, and even though they have gone from this realm, they will meet us in the next. In sweet memory of our dear friends; may the Grace of the Angels follow you always and God Bless you. Welcome to *The Gift of Light Expo's Mind Body Spirit Experience!*



Psychic, Kelly Bowman: “The Psychic Brain” Manifest it, & Gallery Psychic Readings - Messages will be given to all attendees who request. How does your mind work when it comes to your senses? You are able to use your brain waves to get the information you need to help yourself in your daily life. Psychic functions in your brain and how to tap into it. Kelly will show you technique and help you develop your skills. She teaches on the following topics: The Psychic Brain, Past Lives, Psychic Development, Self Healings and “*Pulling*”, her own personally developed technique. Kelly is an accredited Reiki Master with years of hands-on experience. She has been teaching and doing readings for 30 years since the meeting of her mentor, Bill Mitchell in 1989. She has been heard regularly on QFM96.3 morning show with Torg & Elliott. She has been conducting haunted tours, séance and paranormal investigations for over 26 years.

For bookings: PsychicKellyBowman.com or call or text: 614-436-6555



Cindy Riggs, Psychic, Defrag-Mentor, Certified Hypnotherapist, Author

Saturday - Past Life Regression Workshop

Do you believe you have lived before? Cindy Riggs has regressed clients for 20 years (in addition to performing past life readings and clearings), which can uncover details immediately helpful to this lifetime. Cindy will briefly discuss reincarnation, some fascinating experiences she has had and witnessed, and will guide the audience through a past life regression/hypnosis – an opportunity to experience (“see”) yourself in another lifetime! CindyRiggs.com

Sunday - "Cord Cutting and Releasing Blocks" with Cindy Riggs, Author and Spiritual Guide

Cindy will discuss what can block us from happiness, success, and our inner guidance, as well as the different types of energies that can attach to us and hold us back or affect us negatively. She will share the easy and powerful techniques she uses and teaches. Based on Cindy's newest book "COMMANDIFESTATION: Commanding Manifestation." Get unblocked in this session and empowered to DIY! CindyRiggs.com

Cindy Riggs has been communicating with the spirit world for 30 years and is a universal trance channel of high-level spirit consciousness. Cindy is the author of "COMMANDIFESTATION: Commanding Manifestation," as well as the channeled books "Vishnu Speaks: Messages Of Enlightenment From The Ancient Deity," and "Buddha Speaks: Messages From An Ascended Master." Cindy is the producer and host of the podcast entitled *From Beyond: Interviewing Spirits, Channeling Insight*. In her private practice, she performs psychic/spiritual guidance, Defragmenting, hypnosis and past-life regression, energy bodywork, spirit clearings, psychic development, and Commandifestation coaching; both in her Worthington, Ohio office and remotely by appointment. She is certified in hypnosis and remote viewing, is a Reiki Master Teacher, and a Licensed Minister. CindyRiggs.com

Cindy's newest book: *COMMANDIFESTATION: Commanding Manifestation* - Are you ready to change your life in positively miraculous ways? Cindy Riggs coined the term "Commandifestation" to describe the shortcut to discovering your life's purpose and aligning with new opportunities, success, love, health, fulfillment, peace, and contentment beyond your wildest dreams! Commandifestation describes a more certain and effective method for getting answers and manifesting (magical, frankly!) including some concepts not found in most spiritual philosophies, and it may be simpler than you realize. All that is required is an open mind and willingness to entertain new concepts that can benefit all aspects of your life. Learn who you really are, what may be blocking you, and how to eliminate the blocks; then learn how to receive messages from your inner guidance, attract abundance, and unlock limitless potential using this comprehensive yet straightforward method. Prepare to be astounded with your new, exciting life! Get your signed copies of *COMMANDIFESTATION: Commanding Manifestation* from Cindy here at the show! (Also available on Amazon and Kindle.)



Rev. Jimmie Burke: Saturday Open talk - "Angel Blessings"

BOOTH #615/715

Sunday Service Angels Prayers and Blessings

Join Rev. Jimmie for this wonderfully relaxing and calming angel blessing to begin your day at Gift of Light Expo! Jimmie is a Reiki Master that holds much knowledge about healing and asking angels for guidance. I am an Intuitive Medium, Psychic, Angel Communicator, Reiki Master, Animal Communicator, Ordained Minister, Writer, Life Coach and Spiritual Artist. Connecting the World with the Otherworldly. Jimmie has effected our community in the most open and loving way by offering classes on musical and dance expression, angels, and hosts yearly "clean" New Years celebrations. He has been a beacon in our community with hosting community healing sessions and Reiki nights. He has dedicated his life to this mission.

<http://www.ReadingsbyJimmie.net>

For Bookings or more information call or text: 614-370-8838



James Schaub - "The Fall of the Matrix, and rise of Humanity" James explores the breakdown of control systems and the awakening of human consciousness that is propelling us into the Golden Age. He reveals how societal illusions are collapsing, while empowering individuals to reclaim their freedom and shape a new, enlightened future for planet Earth and beyond.



Dr. Catherine E. McNabb D.Div. (Catie Singing Eagle) "Tapping into your Divine Energy"

Dr. Catherine E. McNabb... AKA Catie SingingEagle, A long time Minister and Teacher with over 40 years of experience and on Pastoral staff at over 10 churches, Temples and Synagogues over the years in counseling, family services, and alter ministry. Spiritual Teacher: Teaching in the ways of all major religions. Teaching specialties being in Indigenous Ceremonies of North American Indians, East Indian Bhakti Yoga meditation, and Ancient Spiritual gifts of the Spirit. She travels to small events, groups and venues teaching prayer, meditation and healing crafts, and offering medicinal products. Minister and Medicine Woman: Reiki practitioner, Intuitive readings (words of knowledge and wisdom), Counseling, makes jewelry, signature perfume oil blending, work with essential oils, medicinal herbs, teas, and salves. Does ceremonies of House blessing, commitment, soul retrieval, release spirit attachments, exorcisms, counseling of all types (spiritual, mental, and nutritional), preaching, teaching, and motivational speaking (just to name a few things). Given the gift of healing and sight as a child, which was developed by Appalachian Cherokee grandmother Odessa and Apache Blackfoot grandfather JC Foster along with much prayer and guidance from the Great Spirit. Much everything else fell into place with knowledge, wisdom and experience of life.

She is a survivor: Healed of Paralysis, Cancer 2x, and Deep Depression. Education · Columbus State Community College (Ohio), Business · Bowling Green State University (Ohio), Psychology · Lutheran Theological Seminary (Ohio) Theology, Contemporary Christian Literature · Valor Christian University (Ohio), Pastoral Counseling and Theology, NYU (New York) - Master of Fine Arts · University of Nemenhah, (Missouri), Indigenous Spirituality · Jewish Theological Seminary (New York) Theology, Rabbinical studies, Dar Us Salam, (NYC) Clerical Iman Studies, Theology · ISKCON Bhakti Yoga, Krishna Consciousness (New Vrindavan, WV) Theology. Reiki Master Reiki Center for the Healing Arts (Columbus, OH). A life long student always taking classes and keeping mind active.



Jeremy Felder - "BioField Restoration Experience" with Safe In Sound Wellness. What started and grows as an intentional community of "Possibilitarianism", Safe In Sound Wellness developed as a life philosophy through sound and vibrational therapy. Sculpted in yoga and meditations weekly for 3 years, the "Eye of All Storms" BioField Restoration Experience is profound peace and tranquility to levels previously unlikely. "Combined with class 2 medical frequency technologies, and pure bio-field toning, we are showing the world how to clean off the noise of life and technology." - Founder Jeremy Felder



Mary Hernandez, Physical Medium • Divine Channel • Spiritual Teacher • Architect of Remembrance

Divine Remembrance - Live Workshop Experience

This sacred journey invites you to remember who you truly are. Through guided meditation, energetic healing, intuitive activation, and communion with your Higher Self, Angels, Ascended Masters, and Galactic Light, you will reconnect with your inner wisdom and awaken the divine intelligence already living within you. You are not here to become

something new. You are here to remember.

The Divine has always lived within you. Now is the time to rise in remembrance. We rise by remembering. Together. As One.

About Mary: Mary Hernandez is a Physical Medium and Divine Channel devoted to bridging the physical and non-physical realms. Working in deep alignment with Ascended Masters, Angelic Realms, Galactic Star Families, and Spirit Guides, she serves as a living bridge between love and remembrance, spirit and embodiment. Through intuitive readings, Divine Healing, sound healing, chakra, light body activations, meditation, multidimensional transmissions, and mentorship, Mary supports lightworkers, seekers, healers, and professionals in reclaiming their spiritual gifts and aligning with their soul's purpose. She is the creator of: -The Heart Remembrance Course - Global Peace Meditation Series - Rose Lineage Activations - HeART by Marianela Sacred Art

All of her offerings serve one purpose: **To reawaken the heart, restore unity, and support the rise of conscious remembrance and to remember love is the answer.**

Website: maryhernandez5252.wixsite.com/theeangelwithin

YouTube: **Marytheeangelwithin2**

Free meditations & global transmissions available online.

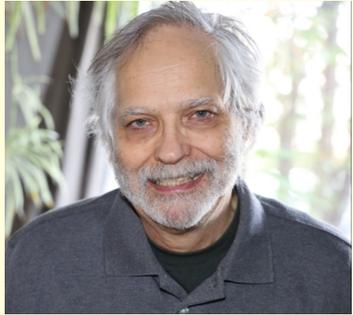
Instagram: [@marytheeangelwithin](https://www.instagram.com/marytheeangelwithin)

Email: MaryHernandez5252@gmail.com



Catherine Ho - “NAET: Drug-Free Allergy Relief”

This painless and noninvasive technique has been used for decades to treat environmental, seasonal, pet, and food allergies without the use of drugs and injections, making it ideal for children and chronically ill people. But how does it work? With 17 years of experience, Catherine Ho L.Ac can tell you!



Dave Scarbrough: “Remembering Your Soul’s Purpose. Moving from 3D to 5D Consciousness

Dave Scarbrough: “Remembering Your Soul’s Purpose. Moving from 3D to 5D Consciousness
Dave Scarbrough has been an active member of the spiritual community in Columbus for the past 20 years and has studied reiki, Tarot cards, hypnosis, breathwork, past life regressions, and leading guided meditations. We are currently living in a very stressful world, and in this

workshop he will show you how to move out of 3D consciousness, also known as fight or flight, and move into 5D consciousness, also known as unity consciousness. This new consciousness will help you deal with all everything life can throw at you. After earning degrees in social work and business management, Dave Scarbrough has been active in the spiritual community since 2004 when he first started attending the Gift of Light Expo. Since then he has been trained as a reiki master, hypnotist, EFT practitioner, Heart Math Practitioner, guided meditation leader, and a life coach. Currently he uses all of those modalities as a life coach and hypnosis practitioner at Sol Sanctuary in Columbus. He has a passion for helping people discover their own passion and purpose in life. **DaveScarbrough.com**



Lee and Sherry Patterson - ***"What is a Soul Connection, and How Do You Let Yourself Have True Love?"***

Who Are We? We are Sherry and Lee Patterson, the founders of Relationship Reinvented LLC, and we are honored to join you today as your guest speakers at this transformative spiritual event. In a world where genuine human connection has become increasingly rare, we have dedicated our lives to uncovering the truth behind this disconnect—and we are here to change that.

Through our platform, Relationship Reinvented LLC, we offer guidance, inspiration, and practical tools to support individuals and couples on their path to meaningful and fulfilling relationships. Our website and YouTube channel are filled with resources, insights, and heartfelt discussions designed to empower you on your journey toward ***connection healing*** and love. Today, we are excited to share a beautiful and exciting announcement with you as we dive into the topic of ***"What is a Soul Connection, and How Do You Let Yourself Have True Love?"*** Together, we will explore the depths of spiritual bonds, the power of vulnerability, and the steps to opening your heart to the love you truly deserve. In 2025, the world has become more connected digitally, yet true human connection feels harder to find than ever. We believe this is because many of us have lost touch with our authentic selves and the courage to be vulnerable. Our mission is to reignite the spark of genuine connection by helping people understand the beauty of soul connections and the transformative power of love. Join us as we embark on this journey of discovery, growth, and transformation. We invite you to connect with us further through our website and YouTube channel, where you can continue to explore the magic of soul connections and the art of reinventing relationships through ***connection healing***. Thank you for allowing us to be a part of your spiritual journey. Let's dive in and uncover the beauty of true love together!

With love and light, Sherry and Lee Patterson Relationship Reinvented LLC

And meet Michael Jamie Fox!





Anjole - Tarot Made EASY!

While it may not be possible to learn all aspects of tarot in just one class, I can definitely provide you with some tips on how to get started much quicker without the need to memorize 78 cards and have you doing Tarot Card Readings for your friends in a very short time! After 4 decades of doing readings and teaching classes, I've put together some easy techniques to help any one learn easily. Visit her in her booth!

DRUMMING and SOUND WELLNESS



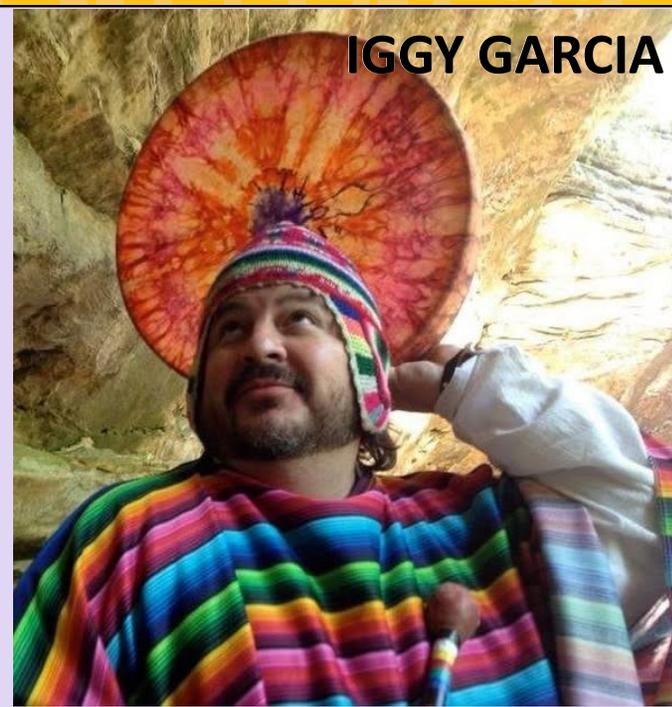
IGGY GARCIA and JEREMY FELDER

We are honored to have Iggy Garcia and friends at Gift of Light Expo!

Bringing sound vibration to another level. They will open and close the Gift of Light on both days. Feel free to bring a drum and good vibes. Opening Ceremony will begin at 9:45am and close at 5:45pm They will be at the expo at their booth all weekend!

SATURDAY 9:45am & 5:45pm

SUNDAY 9:45am & 5:45pm



IGGY GARCIA



JEREMY FELDER



SATURDAY Workshops

Time	ROOM 2	ROOM 3	Room 4 & 5	Room 6	YOGA ARENA	STAGE
9:55am - 10:10am						IGGY GARCIA & Jeremy Felder "Opening Ceremony"
11AM	BIOFIELD SESSIONS ROOM			Annette Noyes "How to choose the perfect Psychic"		Jimmie Burke "Lets Talk ANGELS" Angels Blessings given
12PM	BIOFIELD SESSIONS ROOM	Teresa Puthoff Essenian and Pleiadian healings	Katie Cataldo "Healing with Megalithic sites"		Dawn Thompson "Venusian Rose Circle"	Catherine Ho "NAET: Drug-Free Allergy Relief"
1PM	-----> BioField Set up	June Burns "Messages From the Other Side"	Cindy Riggs RapidFire Clearing Techniques		SadaNam Singh "Reducing Strees Sound Bath"	Teresa Puthoff Essenian and Pleiadean healings
2PM	Jeremy Felder "BioField Restoration Experience"	Astro Carol Ruth "Astrology Charts" Introduction to Astrology	Twin Flames Lee & Sherry "What is a Soul Connection?"	Anjole Tarot Made Easy	YOGI Jody "Raising your	Iggy Garcia Urban Shamanism
3PM	----->	Catie Singing Eagle Tapping into your Divine Energy"	Ammatara Noel Somatic Healing & Energetic Hygiene: Releasing Patterns, Returning to Love	Dave Scarbrough "Remembering Your Soul's Purpose. Moving from 3D to	Sacred Shimmy School of Dance	
4PM	BIOFIELD SESSIONS ROOM	James Schaub TBD	Kelly Bowman "The Psychic Brain" What its like to be Psychic and gallery readings	Jack Abram "Animal and Plant Medicine"	SadaNam Singh "Meditation Gong"	Dr. Ryan Brown "The Freedom Loop"
5:50PM						Closing Ceremonies with Iggy Garcia

SUNDAY Workshops

Time	ROOM 2	ROOM 3	Room 4 & 5	Room 6	YOGA ARENA	STAGE
9:55am - 10:10am	----->	----->	----->	----->	----->	Opening Ceremony!
11AM	BIOFIELD SESSIONS ROOM	Jack Abrams "OMG, The Personification and Personalization of Deity"	Katie Cataldo "Healing with Megalithic sites"		YOGI Jody "Raising your Vibration"	Rev. Jimmie Burke "Lets Talk ANGELS Angels Blessings given"
12PM	BIOFIELD SESSIONS ROOM	Diana Stahl "Come and Explore the world of energy medicine!"	Cindy Riggs Past Life Regression		Sada Nam Singh "Reducing Stress Sound Bath"	
1PM	BIOFIELD SESSIONS ROOM	Iggy Garcia Urban Shamanism	Center for New Life TBA	Mary Hernandez "Divine Remembrance"		Kelly Bowman "The Psychic Brain" What its like to be Psychic and gallery readings
2PM	-----> BioField Set up	James Hetzer Becoming Spiritual Readers and Healers	ChristoLight Quan Yin Karmic Release Tea Ceremony	Dave Scarbrough "Remembering Your Soul's Purpose. Moving from 3D to 5D Consciousness"	Susi Rosinski "Introduction to Qigong Energy Healing"	
3PM	Jeremy Felder "BioField Restoration Experience"	Teresa Puthoff Essenian and Pleiadian healings	Dr. Ryan Brown "The Freedom Loop"	Gary C. Herron Understanding Scrying and Crystal Gazing		Jewels of the Mediterranean Dance
4PM	----->	June Burns "Messages From the Other Side"	Twin Flames Lee & Sherry "What is a Soul Connection?"	Debbie Keri-Brown "Synchronicity And Divine Intervention"	YOGI Sada Nam Singh "Total Rest Gong Bath"	
5:50PM						Closing Ceremonies with Iggy Garcia



Katie Cataldi - “Healing with Megalithic sites” - Known for her Crystal Healings

Katie Cataldi, M.Ed., is the owner of Tree of Life Wellness in Dublin, Ohio. She is a certified Reiki Master Teacher/Practitioner, Master Crystal Surgery Practitioner, Sound Healing Practitioner (Level II), and a Mindfulness Coach. Since 2019, Katie has dedicated herself to the study and practice of multiple energy healing modalities. Before discovering her passion for the healing arts, Katie spent 19 years as a middle school science teacher. During that time, she faced significant physical and mental health challenges — including nine major surgeries and numerous diagnoses. Through her personal healing journey, guided by skilled practitioners and her own inner work, Katie emerged stronger and more vibrant than ever. Now, she brings her lived experience, scientific curiosity, and deep compassion to others seeking transformation. Through Tree of Life Wellness, she helps clients connect to their own healing potential and inner peace. Outside of her practice, Katie is a wife and mother of two. She enjoys gardening, yoga, meditation, creating music, hiking, and training her beloved therapy dogs. Class description: Crystal Surgery, developed by Vivien Schapera of Four Winds Academy, is one of the most advanced forms of crystal healing available today. Building on the teachings of the renowned Melody, Vivien created a system with over 88 specialized techniques designed to promote balance and healing on the physical, emotional, mental, and spiritual levels. This is achieved by using the chemical, physical, electrical, and geometric properties of crystals along with the intention of the practitioner. Katie Cataldi, founder of Tree of Life Wellness, discovered Crystal Surgery after years of personal study. Experiencing its profound effects firsthand, she became a dedicated student and now shares this unique modality with her clients and students. There are clearing techniques for removing cords, detoxifying, and removing energetic blockages. Physical procedures, such as clearing inflammation, rebalancing the endocrine system, stimulating cellular metabolism, and immune boost. Psychological techniques, such as brain wave balancing, repetitive pattern blast, and anti-anxiety/depression. Finally, it also has procedures for manipulating or building etheric tissue, such as re-seating the energy body, childhood detox, tissue regeneration, chakra repair/rebuilding, operating on past life injuries, and the reversal of painful karmic lessons to name a few. In this presentation, you will learn about Katie Cataldi and Tree of Life Wellness, what Crystal Surgery can offer you, and see a demonstration. You can also visit Katie at her booth to experience it firsthand or get more information on taking crystal surgery classes!

BOOTH LISTINGS

105-107 - Good Journeys
110 - Healing Copper Pyramid with Sound
111 - CB Bjork, Aura reader and psychic/medium
112 - Psychic Readings by Kevin
114 -
116 - Gift of Light Expo Merch & Information
117 - Deron Lee's Bonsai & Succulents
118 -
119 - Emerald Box Turtle
120 -
121 - Cozmic Tarot
122 - Enchanted Hands
123/124 - Spiritual Peace and Harmony Aura Photos
205 - Catie Singing Eagle Healing Tinctures
208 -
209 - Healings and Tarot by Jessica
210 - Montero Native Art
211 - The Healer's Way
212 - Popp & Petunia Co.
215 - 217 - A Design by Lindaa
218 - Psychic Polly
219 /220 - The Center for New Life
307 - E.R.S. Inc.
310 - Rocks with Sass
311 - Djinn Henna Designs by julia
312 / 413 - ZEN Earth
315 - Moonstone Center for Reiki & Essenian Haeling Arts
317 - Dr. Zhang Acupuncture

318 - Rosicrucian Order, AMORC
319 - Holistic Consultation with Dave Scarbrough - Reiki
407 - RavenWolf - Jack Abrams
408 - TWIN FLAMES - Lee & Sherry Patterson
409 - Solace Intuitive Medium, June Burns
410 - A1 Aura Photo & Chakras
415 - Awaken Boutique with Susi & Carol
416 - Cindy Riggs, psychic medium
417 - Kimberlee Middleton / Living Massage & Fitness
420 - HUMBLE Dispensary
505 - Safe & Sound Welness
506 - Iggy Garcia
507 - RavenWolf, Jack Abram psychic, medium
508 - Sada Nam Singh
509 - The Bellwether Path
511 - A Touch of Magic & Such with Vincent
513 - Enchanted Gardens
515 - Debbie Keri-Brown / Alchemy for the Spirit
516 - Sacred Light Healing & Wellness with Christolight
517 - Vibrant Essence
608 - Window Nation
609 - Otterly Baths
610 - Magenta Lotus
611 - The Noir Frequency
612/712 - - The Enlightened Raven
615/715 - Psychic Readings by Jimmie
616/716 - Club Esprit
709 - Everyday Waterproofing
710 - Acupuncture Ohio
801 - Little Crow Handmade Gifts
804/805 - Flutterbye Boutiques



James Hetzer ; "Becoming Spiritual Readers and Healers

My introduction to Spiritualism came when one of our company operators called me up to say, "You're into weird stuff. You should go to the Spiritual Forum at the First Spiritual Temple." She was right. I went to three Saturday forums where I could get spiritual readings all day for a total of \$20. When I went to my 3rd Saturday Forum, the senior minister, Rev. Nancy, said, "We're a church". I looked up at the ceiling of the Fellowship Hall and said, "I know that." She looked at me and said, "We have service on Sunday and spiritual development classes on Wednesday. You should come."

I knew that people could get information from Spirit because of the Forums, but I didn't think I could do readings. I was an engineer and very analytical. In time, I got tag-on messages. The first example was a woman said to another woman, "I see you in a robe." I added, "The robe is green and purple." Over a few months, I became better at being a reader. Each Wednesday class had readings and healing sessions. I became a reader and a healer.

Today, we are going to go over the process of becoming readers and healers. Some of you will immediately be able to get messages. The basis of becoming a reader is to quiet your mind so that you can hear the Wee Still Voice. Your challenge will be to trust that you are getting Spiritual information, and not just making it up. After you start getting messages for yourself, you will be able to give messages to others. This can be tricky. Not everyone wants to hear your messages from Spirit. Obey their request. It is very important to have an attitude of compassionate detachment. You should not hope for a particular message from Spirit. Give out what you get. Finally realize that your Spiritual information comes from many sources, and some will be more helpful than others.

Dawn Thompson, Dawn of The New Era - "Venusian Rose Circle"

Enter the temple of the rose with Dawn of the New Era practicing devotional discipline, ancient authority unveiled through undulating activations of a full body reclamation of your role as your own enchantress of your rose eros. Unwinding, and unfurling into that infinitely intimate infinity of the Venusian Rose Essence. A sight, sound, scent, taste, and touch that must be fully imbued into every cell, fiber, facet, and phases of each of our body temples of love.

The Venusian Rose Healings and Temple Initiations are a direct blueprint on how to reclaim your erotic innocence, shake off the shackles of shame around your sacred anima body and step into the highest version of your feminine form to support the awakening of this planet.

In our time together in a Venusian Rose activation workshop, we will clear away the karma drama, melt away any mask, marks, of the mundane, making space for the medicinal magic of the Rose. Allowing for that sweet opening of your Rose heart through oil anointing, breath work, mudra and a sacred 4 chamber meditation.

This workshop is open to all genders in support of awakening the feminine powers within.



Dawn Thompson (AKA Dawn of the New Era) is an Intuitive mystic, holy creatrix and divine feminine life coach. Located in Columbus, Ohio, her ability to transform a traumatic past and strong psychic abilities brought her to the path of helping others.

A descendant of the Gnostic rose lineage, she uses energy healing codes, ancient wisdom, and shamanic medicine tools to guide others into their authentic life purpose.

She is the founder of the New Era Academy, New Era Awakenings podcast, and facilitates New Era intuitive guidance coaching.



Teresa Puthoff - “Essenian and Pleiadean Healings”

The Holy Essenian Healings methods are heart centered, ancient 5th dimensional healings practiced by the Essenes including Jesus and Mary Magdalene. These ancient healing techniques have been placed back on earth at the request of Mother Father God through Jesus and Mary

Magdalene, Henk Mulder and Lisa Lux of the Academy of the 13 Essenian Arts of Healing. The word Essene means healer. The Essenes knew the power of stones, how to clean them, charge them up and use them for healings. They understood how to create geometric energy fields using the power of specific stones, how to use toning, breathwork, the power of the mind and the power of love to heal. The Essenian healings affect the Sophisticated Organized Energy Field (S.O.E.F.) which is an energy field in and around our body, where all physical and mental functions are programmed. These healings come from the highest energy source of unconditional love which we call Mother/Father God.

Teresa is a Reiki Master (Usui Shiki Ryoho), Essenian Healer and a trained Energetic Leader of the Pleiadian Healing Circle. She is currently in training to become an Essenian Master. www.moonstonecenterhealings.org

YOGI JODY Author, Artist, and Yoga/ Spiritual teacher: “Raising your Vibration”



Healing through Light: Techniques for Raising Your Vibration. Methods to clear blockages, elevate vibrational frequency, and activate inner light for healing and transformation. I wrote a book called “Sacred Mantras” that has 55 Mantras from around the world to increase your vibration through your own sound. I think it’s very important right now because a lot of people have low vibration from the chaotic world we are living in and we need to raise the vibration one by one. Let me know if this interests you! Thank You Namaste. * I also have sound healing instruments such as a gong and singing bowls.

See Schedule



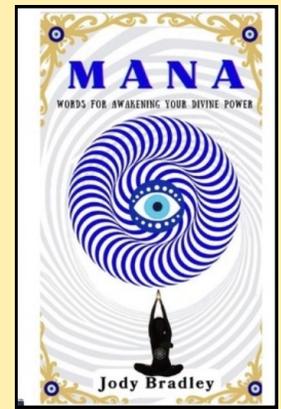
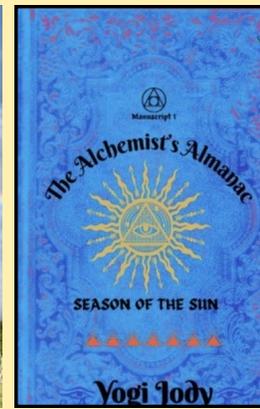
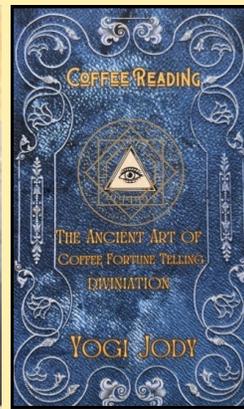
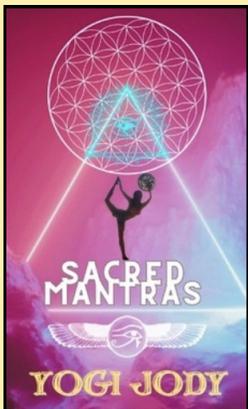
Meet Yogi Jody at GIFT OF LIGHT EXPO

Originally from Zanesville, OH. Author of *Sacred Mantras* and other spiritual books, Yogi Jody is an artist and international yoga and spirituality teacher with a divine gift of prophecy. Trained across the spiritual hubs of India, New York, and Los Angeles, she seamlessly blends the practices of Hatha Yoga and Kundalini Yoga to guide her students on a transformative journey.

Yogi Jody is also a gifted sound healer, she will be leading a powerful session on raising your vibration through sacred sounds, mantras, and breathwork.

Healing through Light: Techniques for Raising Your Vibration

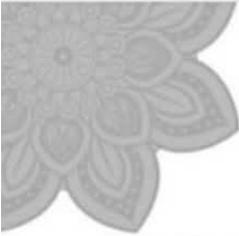
Teaching methods to clear blockages, elevate vibrational frequency, and activate inner light for healing and transformation. Get ready to elevate your energy and connect with the Divinity within as she guides you through this sacred practice.



June Burns - “Messages From the Other Side”

Messages From the Other Side with June Burns A Platform Mediumship Experience June Burns — Platform Medium & Spiritual Teacher June Burns is an evidential psychic medium, spiritual teacher, and founder of Solace Intuitive Medium & Healer and Solace & Soul Healing Studio LLC. Known for her compassionate presence and authentic delivery of spirit communication, June has touched hundreds of lives through public demonstrations, private readings, and transformational healing events across multiple states and online platforms. Specializing in platform mediumship, June blends evidential messages from Spirit with heartfelt connection, humor, and grounded guidance. Her demonstrations are recognized for bringing comfort, validation, and healing as she bridges the physical and spiritual worlds with clarity and integrity.





P.J.

*Peace & Passion Tarot,
Psychic Medium, and
Grief & Soul Counselor*



P.J. has been on an AMAZING JOURNEY connecting with Spirit. As a widow, twice now, her husbands are at her side and in photos with her, always in support! She is highly connected with messages from her Guardian Angels and yours too! In your reading, you'll receive incredible insight & advice in messages from your loved ones for guidance, understanding & comfort! Talk out any subject. This is an emotional experience to remember!!

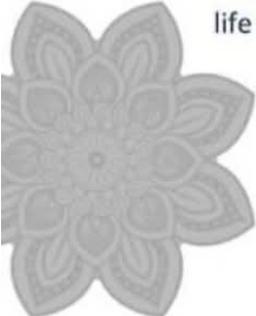
☆Specialty Readings Offered☆

Love & Compatibility

Is this person the right one? Explore each partner, and the strengths & weaknesses of your relationship to determine if you move forward.

What's My Destiny?

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Peace & Passion Tarot with PJ**



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Gary C. Herron: Understanding Scrying and Crystal Gazing.

The basics, mechanics , techniques and practical applications of successful Crystal Gazing and Scrying will be discussed. Learn how to scry anywhere / anytime with clarity. A Sorcerer Witch -Rev.Gary C. Herron,MM. I am a Psychic Clairvoyant Medium with 50+ yrs, of experience, offering Crystal Ball Readings, Tarot Readings, Spirit Communication, Seances, and Spiritual Counseling., a Wicca High Priest, with over 50 years of Occult and Metaphysical experience. I have a Masters Degree in Metaphysics. I am here to serve the World community with my unique set of talents as a Licensed Wicca High Priest/Sorcerer, Tarot Card Reader, Energy Worker, Crystal Scryer, Spiritual Counselor, and Artist. <https://black-cat-energy.com/>



SadaNam Singh - Gift of Light's Personal YOGI!

“Elevate Your Energy with Kundalini Yoga “ Vibrational Shift for those who struggle with seasonal change. “Chakra Balancing Meditation & Gong Bath”

SadaNam became a devoted yogi in 2007 when he started taking yoga courses at the Ohio State University. He attended 4 years of level 1, level 2, and 600 level courses covering many branches of yoga and including asanas, pranayama, meditation, history, anatomy, and Ayurvedic medicinal practices. Since 2012, he has taught yoga and well-being workshops at festivals and conventions around Ohio, Indiana, Kentucky, and Georgia. He teaches Kundalini Yoga in the tradition of Yogi Bhajan with the goal of uplifting, energizing, and healing people through the realization of our true potential. Sada Nam is a 220-hour KRI-certified yoga teacher, Reiki Master, and gong sound healing therapist trained by Crown of Eternity. He has also completed level 2 Conscious Communication training with Gurmukh in Rishikesh in 2016, and another 200-hour kundalini training by Yogi Amandeep in India in 2017. He strives to share the gifts and benefits that yoga has given him with the world and to clear the clouds of doubt and limitation that prevent us from realizing our true self, which is absolute bliss!

Sada Nam is also a lover of devotional music from different cultures, playing guitar, drums, and singing bowls with local kirtan groups. In 2008, he attained his Bachelor of Fine Arts in Art and Technology and a Philosophy minor from the Ohio State University where he worked for 7 years creating videos and other multimedia and managing a media services team. Recently, he has taught workshops, teacher trainings, and classes throughout Ohio in order to share the wisdom of these teachings and uplift the spirit of every being.

Sada will be offering herbal remedies and lifestyle practices from the yogic traditions as well as the meditation.

Find SadaNam Singh at: [Heal.me](https://heal.me)



Iggy Garcia - “Urban Shamanism”

Hello, I’m Ignacio, but you can call me Iggy. I’m proud to be a native of Peru, South America, and deeply connected to the sacred traditions of Peruvian Shamanism. I walk the Red Road with The Condor Eagle Society and The Native American Church of Nemenhah, holding roles as a Peruvian Shaman, Medicine Man, Minister, Chief, and Elder. My journey has led me to serve as a spiritual leader in my community in Columbus, Ohio.

Beyond my spiritual path, I am a published author, speaker, blog writer, entrepreneur, and radio host. For more than 20 years, I have been the editor and producer of www.withinsightsradio.com, hosting a weekly podcast that explores holistic living, spirituality, and personal growth.

As Chief of Public Relations for The Condor Eagle Society and a Holistic and Metaphysical Practitioner, I am deeply engaged in numerous healing modalities. I am also a certified Shahaptian Guide Medicine Man through the Nemenhah Indigenous Traditional Organization (NAC). This certification authorizes me to perform sacred ordinances using plants, animals, stones, feathers, and other elements in ceremonies aligned with the Shahaptian Healing Way, as outlined in the Nemenhah Constitution and restored by Wyakin. My heart and work are closely tied to The Condor Eagle Chapter House in Columbus, Ohio.

My expertise spans various practices, including intuitive mentoring, drum healing, drum circles, remote healing, body energy work, Inca meditation, and open chair Gestalt therapy. I also hold the title of Chief of Tiwehkthihmpt of Itsipi Society within the Great Lakes region.

Through my work, I strive to empower individuals to unlock their healing potential. I believe that healing begins with self-awareness and understanding the power we hold within ourselves. Past traumas can weigh us down, but by embracing the present moment as a gift from our Creator, we can move forward and live fulfilling lives. Every person has something valuable to offer the world and the universe.

Visit me: <http://IggyGarcia.com> and <https://iggygarcia.com/about/>

Back by Popular Demand!

Dr. Ryan . Brown - “The Freedom Loop with Dr. Ryan C. Brown”

Join Metaphysician Dr. Ryan C. Brown for an empowering, experiential workshop on The Freedom Loop™... a clear, six-step metaphysical framework that reveals how your chosen perspective programs your heart's electromagnetic field to shape perception, belief, behavior, experience, and ultimately reality itself. Rooted in heart–brain coherence science and sacred geometry, including the energetic intelligence of Metatron's Cube, this workshop explores how consciously selecting a higher perspective, such as “I Am Love,” creates smooth, coherent energy that naturally magnetizes matching experiences. When any part of the loop falls out of alignment, distorted or “jagged” signals disrupt manifestation and keep unconscious patterns repeating. In this engaging session, Dr. Brown will guide you through the Freedom Loop diagram, teach simple tools to recognize incoherence in real time, and show you how to realign each quadrant of the loop to restore flow, clarity, and intentional creation. Change your perspective. Change your signal. Change your reality. This workshop is ideal for anyone ready to stop running unconscious loops and step into conscious mastery of their heart-centered source code.





Debbie Keri-Brown (Lorelei), Intuitive Oracle Card Reader

“Synchronicity And Divine Intervention”

It's not a coincidence that you're reading this. Synchronicities are winks from the cosmos. They can be a singular event that sparks a chain reaction in our lives. Many people call them "coincidences" but in fact, there are no coincidences because everything happens for a reason. They can guide or warn us, affirm a truth or capture our attention.

Debbie Keri-Brown, known as "the synchronicity lady", will share her personal stories of crackers that showed up in time to feed the homeless, the brooch that did not sell because it was destined to be reunited with a family member, money that appeared in a purse to pay a bill, the angel wings that appeared on a window to offer comfort in a pending danger and more heartwarming stories.

You'll learn how to recognize the signs, see how they're all around you and how to bring more synchronicities into your life by being in the flow! There will also be time for you to share your own stories.

Debbie Keri-Brown is a motivational speaker on 15 spiritual and esoteric topics, Reiki Master, nondenominational minister, intuitive oracle card reader, published author and an antique dealer. Stop by her booth at the Gift Of Light Expo this weekend! She speaks at expos and events throughout the area in her lively and compassionate style with her authentic NYC accent. She is the recipient of several community service awards including the Spirituality Award From Purpose For Women.

Meet Debbie in her booth at Gift of Light



Rev. Jack Abram “RavenWolf” - “Animal and Plant Medicine” and “OMG, The Personification and Personalization of Deity”

Rev. Jack "RavenWolf" Abram is a hereditary witch practicing for five decades. 30 years ago, he was introduced to Native American Spirituality infusing it with his nature-based beliefs. His wolf-mother, Ria, introduced him to the animal spirits and gave him his spirit name, RavenWolf. He now communicates with these spirit guides to offer insight and guidance to others.

Earth Mother provides us with many natural medicines and remedies. I will be introducing and discussing the use of several of these, including herbs, mushrooms, CBD, cannabis, natural psychedelics, Hape", and other botanical wonders.



Susi Rosinski - “Introduction to Qigong Energy Healing”

Qigong is the fastest growing modality in the holistic field! Come join Qigong Master and Lineage Holder- Susi Rosinski and explore Qigong- healing movement for body, mind and spirit!

Susi Rosinski is a Qigong Master teacher. Since 2011 she has been teaching Qigong movement as well as Clinical Qigong Energy Healing techniques!



Astro Carol Ruth “Astrology Charts” Introduction to Astrology

For over 45 years, Carol Ruth has read for thousands of people who needed guidance in their lives. She studied many areas of the Psychic Realms, in order to help others. These tools and knowledge are necessary for a good counselor to possess. As a Professional Astrologer (PMAFA), she holds an Accreditation Certificate awarded in 1986, that’s recognized in the World. She is a graduate of “Silva Mind Control”, a Life Coach and Past Life Regressionist. Sessions are not only about the future, but may reference the path an individual may follow in order to see and complete their lifes purpose. Most of her clients do realize this, when Carol Ruth who is a Wayshower, has revealed personal information and timing to them. Most importantly, in a persons life, are the cycles that indicate challenges for each soul. Within a persons Natal Chart is a Road Map of their Life. Once there is a greater understanding of what Astrology really represents, an individual can be aware of endless possibilities and potential.



Speaker Annette Noyes - "How to choose the perfect Psychic"

Choosing a psychic can be confusing when attending a metaphysical expo. This lecture will explain the differences between the many psychics you may encounter and who will be best suited to answering your questions.

Just as each of us is blessed with different talents and skills, so are psychics.

When choosing what type of psychic one engages with, knowing what skills to seek is important. Join Annette as she teaches what tools are most commonly used by psychics and how the information derived from those divinatory methods can guide you toward career advancement, better relationships, or greater spiritual understanding. Annette Noyes specializes in

Tarot card readings and she shares her knowledge of that particular tool.

-- See schedule

The Emerald Box Turtle

Annette Noyes

Intuitive Tarot Card Reader

Vintage and Modern cards

TheEmeraldBoxTurtle.com



Dianna Stahl - "Come and explore the world of Energy Medicine."

Electroceuticals, Eletropharmacology, Bioenergetic medicine and biohacking are all terms that are going to become familiar in the near future. Need better quality of sleep, need more energy, need to calm yourself after a stressful day? All of that can be achieved with a push of a button. Experience them for yourself right now



Dianna Stahl is a professional speaker and educator who specializes in workshops and seminars aimed at exploring the connection between mind/body wellness and technology.

As an extension of her formal training in engineering, Dianna's teaching focuses on the use of technology as an aid in unlocking the mysteries of the mind and body.

Working as a manager/trainer in the offices of multi-million dollar, global technology-based corporations, Dianna developed the valuable ability to break complex concepts and issues into easily understandable units – translating the deeply technological into the attainable.

Dianna has been a welcome guest speaker at The University of Akron's renowned Polymer Institute, Kent State University. She has taught at Ursuline College Sophia Center, Tri-C and Case Western Reserve University.

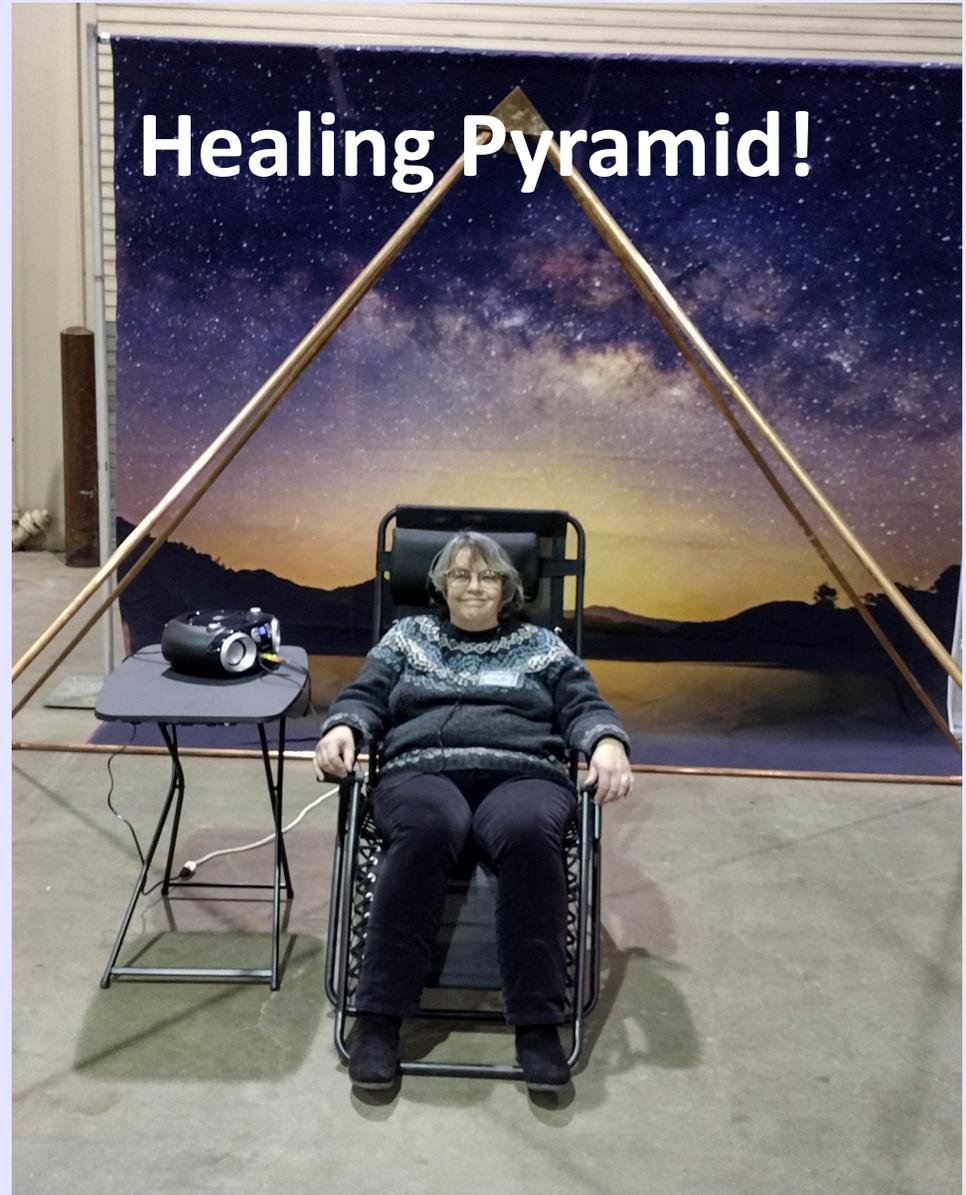
For almost 30 years Dianna has worked in the field of energy medicine, colour therapy and biofield imaging helping clients to restore their health mentally, emotionally, spiritually or physically. In addition, she has just added PEMA to her tools to help people become the best they can be.

Dianna Stahl / ERS INC.

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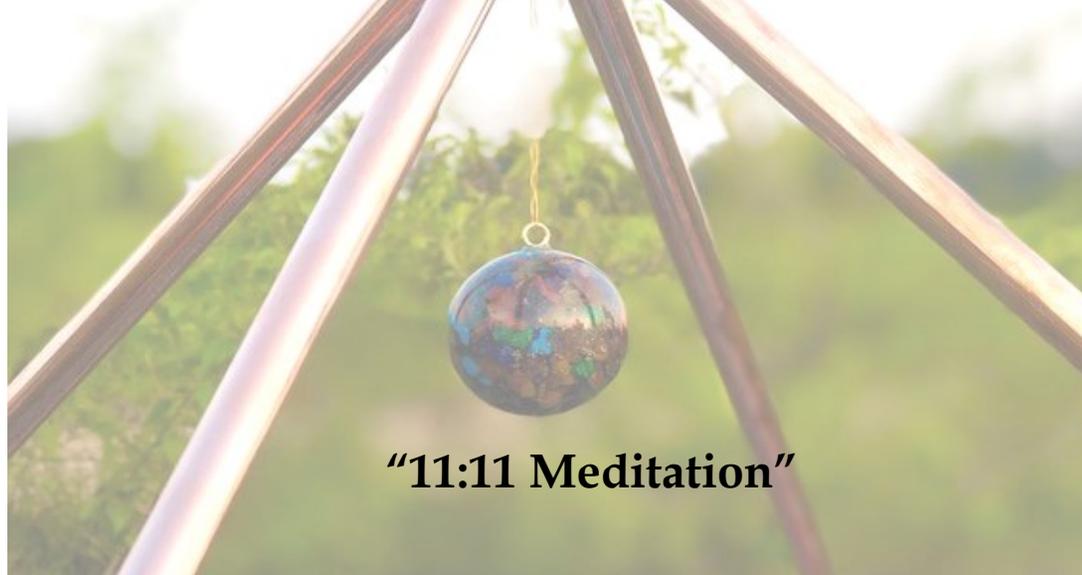
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***Reported benefits are many including the blessing of a loving, quiet mind, pain relief and as an aid to surgical healing. The Pyramid can be also used to vitalize food, supplements or plants or together with a picture or name for long distance healing. The Pyramid never needs to be energetically cleared or cleansed.**

Also lowering blood pressure, increasing energy levels detoxifying the blood strengthening - overall healing.

Others have claimed Increased energy, enhanced focus, quicker plant growth, stress reduction, enhanced crystal charging. Try infusion for essential oils, crystal healing jewelry and more!

See for yourself!

***These are not medical claims. It is strictly the opinions of people who have tried copper pyramids.**



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Vending

- Crystal sound healing Reiki
- Oracle Reading
- Clinical grade reishi coffee
- Shungite water kit





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FOR NEW LIFE



The center for new life team is a group of trained, experienced, and highly gifted practitioners. We offer many services for your wholistic wellness and spiritual evolution journey. Our robust and comprehensive offerings include:

*Astrology consultations *Ayurvedic treatments *Energy medicine (multi-dimensional healing, reiki, theta/belief healing, light body activations/ascension support, zeb healing, & more) *EFT (tapping) *Flower essence therapy *FIR Dome services (infrared) *Frequency testing before & after energy medicine treatments via applied kinesiology *Homeopathy consultations & supportive strategies (supplemental/nutritional) *Life coaching, counseling, couples counseling/coaching, *Massage & cranial sacral therapy *Qigong *Meditation instruction and meditation initiations & groups *Reflexology *Somatic & trauma release therapy *Sound healing & vibrational healing *Spiritual guidance (includes psychic & mediumship readings) *Spiritual psychology & energy psychology *Spiritual unfoldment consultations *Supplemental support via applied kinesiology *Wellness assessments In addition, we offer many classes, groups, and events including: *Gene keys sequence groups *Embodied wisdom & profound healing *Qigong *Cultivating authentic & soulful relationships *Music & meditation events *New life initiation & meditation technique *Sacred sisterhood full moon group *New Year's Eve event We are so excited to meet you soon and welcome you to The Center!

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CenterforNewLife.org



THE CENTER
FOR NEW LIFE



The Center for New Life is an organization committed to the global upliftment of humanity.

We are an organization that exists to be of service to humanity and alleviate suffering through the path of omnipresent Love. We offer supportive services within the global and local communities. We endeavor to integrate transformative liberation, healing, wellness, spiritual unfoldment to all sincere individuals seeking truth.

We embrace and operate through the truth of divinity in many different forms, in whatever way we can perceive divinity at that moment. We offer many different pathways to assist in breaking down barriers, which allows for the experiencing of wellness, wholeness, and the fullness of the true self. The Center for New Life team offers comprehensive spiritual and wellness services in Worthington, Ohio as well as virtually. Visit centerfornewlife.org for more information.



Ammatara Noel - Somatic Healing & Energetic Hygiene: Releasing Patterns, Returning to Love

So often we carry unresolved experiences in our bodies — tension, anxiety, or heaviness that lingers long after the moment has passed. In this experiential talk, Ammatara will guide you to tune into your body as you bring to mind something unresolved, and then gently release what is ready to be let go. You'll also learn practical tools to keep your nervous system calm, your energy field clear, and your spirit grounded in daily life. Together we will explore how every situation in life is happening for you, not to you — as part of your soul's evolution. This session closes with a collective healing, leaving you lighter, clearer, and reconnected to the truth that the answer is always more love.



Cultural Humility & Shedding Old Programming: Pathways to Spirit's Guidance With Guadalupe & Ammatara

Join Guadalupe and Ammatara for a heart-opening and insightful talk on how Spirit meets us where we are — across every background, every story, and every layer of our being. • Guadalupe will share on cultural humility, reminding us that each person carries wisdom, and healing begins when we honor that diversity of experience. • Together, we will explore how we also carry layers of programming — old patterns, inherited beliefs, and fears that dim our true essence. • Ammatara will guide us into understanding how these layers can be shed through Spirit's tools — including energy medicine, somatic healing, light body activation /soul embodiment— allowing our authentic selves to shine more fully. We'll close with a reminder that each soul's path is unique, yet Spirit always reveals the next step. If you feel called to experience this work, visit us at our booth and discover what message or healing Spirit has for you.

The Mind Body Spirit Experience

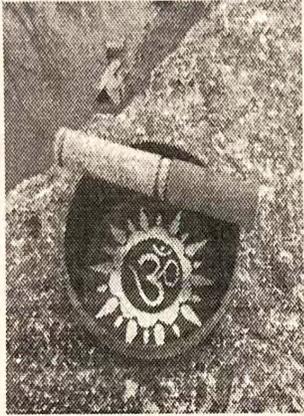
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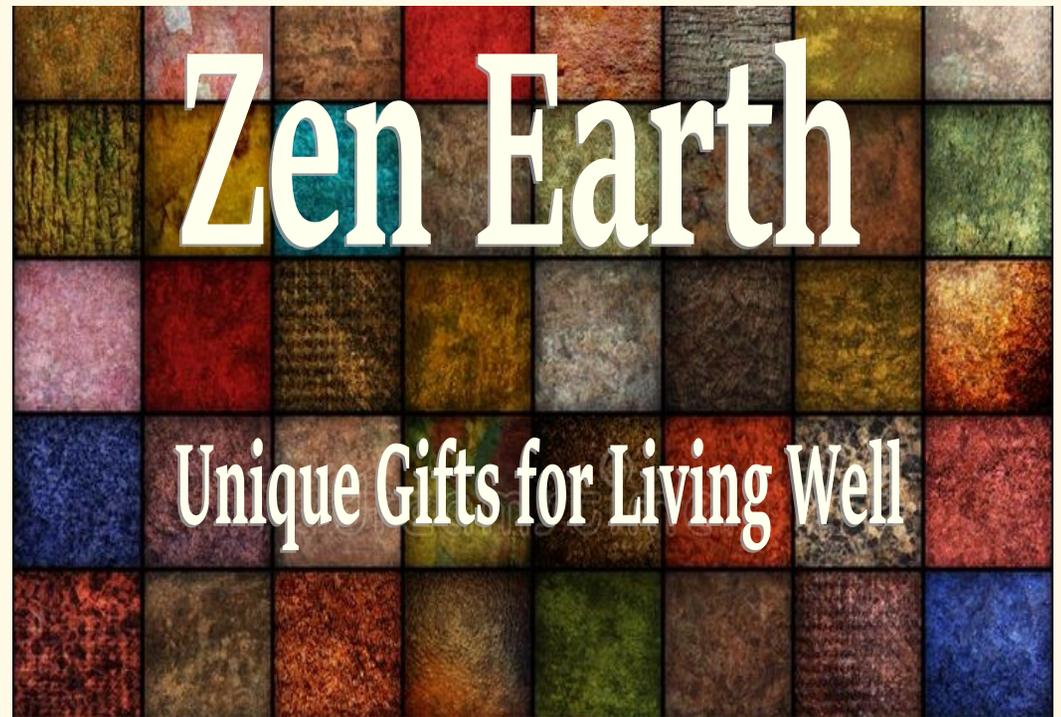
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*The lion, who by continually repeating
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