GFT OF LIGHT EXPO The Mind Body Spirit Experience

MAY 17 & 18

Free Seminars with Admission!



Psychics - Astrology - Reiki - Holistic Health - CBD - Jewelry - Crystals - Books & More

Warren County Fairgrounds / Welcome Hall 665 N. Broadway St. Lebanon, OH 45036

GIFTOFLIGHTEXPO.COM

Greetings from psychic, medium Kelly Bowman. I am your host and organizer of The Gift of Light Expos. Well, what can I say?... We have lost so many friends, patrons and vendors this past year. These special ones enriched our lives in so many ways, and even though they have gone from this realm, they will meet us in the next. Our expo is designed for the elevation of higher consciousness and personal growth. In sweet memory of our dear friends; may the Grace of the Angels follow you always and welcome to *The Gift of Light Expo's Mind Body Spirit Experience!*

Psychic, Kelly Bowman: "The Psychic Brain" "Manifest it", & Gallery Psychic Readings Messages will be given to all attendees who request. How does your mind work when it comes to your senses? You are able to use your brain waves to get the information you need to help yourself in your daily life. Psychic functions in your brain and how to tap into it. Kelly will show you technique and help you develop your skills. She teaches on the following topics: The Psychic Brain, Past

Lives, Psychic Development, Self Healings and "Pulling", her own personally developed technique. Kelly is an accredited Reiki Master with years of hands-on experience. She has been teaching and doing readings for 30 years since the meeting of her mentor, Bill Mitchell in 1989. She has been heard regularly on QFM96.3 morning show with Torg & Elliott. She has been conducting haunted tours, séance and paranormal investigations for over 26 years.

For bookings: PsychicKellyBowman.com or call or text: 614-436-6555

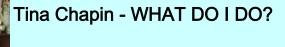
BOOTHS 106 & 107

Patti Lightflower - Hand Analysis

Patti Lightflower is a renowned Hand Analyst and Tarot Reader with over four decades of experience, serving clients both locally in the Greater Cincinnati area and internationally. Known for her scientific curiosity, intuitive depth, and remarkable accuracy, Patti has offered readings at corporate events, social gatherings, private sessions, and through engaging classes. Over the years, she has shared her wisdom on numerous TV and radio talk shows.

and in the late '80s, produced her own public access series, Let's Get Metaphysical. Recently, she was honored as one of the world's top eleven palm readers by the London School of Astrology. A passionate creative, Patti channels her inspirations into tactile arts—working with textiles, beads, threads, and pigments—blending mystical insight with hands-on artistic expression.

See Patti at her booth!

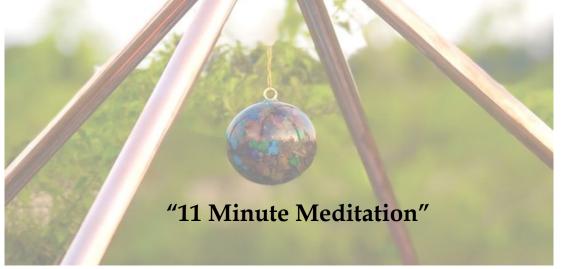


I am a skilled palm reader, specializing in the analysis of hands and fingerprints. This practice combines learned expertise with intuitive insight. As a Reiki Master and energy worker, I believe that the hands serve as a mirror, reflecting our inner selves. Just as we evolve, our hands also reveal subtle changes that mirror our growth. Understanding ourselves is key to unlocking our fullest potential and living a more fulfilling life. Through hand reading, you gain profound insights into the meaning behind your palm lines and discover unique characteristics that are distinctly yours. Your fingerprints, formed before birth and unchanging throughout your life, hold valuable clues to your soul's purpose. By exploring the wisdom of your hands, you can uncover deeper truths about yourself and shine even brighter in the world.

See Schedule

Enjoy FREE sessions in the

HEALING COPPER PYRAMID



The four sides of the pyramid represent the four elements and the four directions. The triangular form that meets at the point, represent the triplicate consciousness such as the Father, Son, Holy Spirit or Mind, Body, Spirit. Pyramids have been found worldwide in Egypt, China, Mexico, Peru, Rome, Chile, and more.

*Reported benefits are many including the blessing of a loving, quiet mind, pain relief and as an aid to surgical healing. The Pyramid can be also used to vitalize food, supplements or plants or together with a picture or name for long distance healing. The Pyramid never needs to be energetically cleared or cleansed.

Also lowering blood pressure, increasing energy levels detoxifying the blood strengthening - overall healing.

Others have claimed Increased energy, enhanced focus, quicker plant growth, stress reduction, enhanced crystal charging. Try infusion for essential oils, crystal healing jewelry and more!

See for yourself!

^{*}These are not medical claims. It is strictly the opinions of people who have tried copper pyramids.



Debbie Keri - Brown - REIKI WITH CHANTING IN SIX LANGUAGES

Reiki Master, Debbie Keri-Brown, is guided to chant songs of peace and praise from various traditions during her presentation. The vibrational energy in her singing is transmitted from the angelic realms, other light beings and Source to harmonize the body, mind and spirit. The tones shift denser energies and activate higher frequencies within the person receiving the session. The presentation, when combined with the distance Reiki techniques, has the potential to stimulate repressed emotions, activate stagnant energy, bring inner peace, relieve stress, increase stamina, increase mental focus, enhance intuition, reduce anxiety, gain a deeper spiritual awareness and improve health.. She shares channeled messages as they come through and may be guided to sing songs that offer a message which are not part of her typical repertoire. She balances the chakras, clears energetic blockages, conducts a mini soul retrieval to reclaim lost parts of the soul and provides a cord cutting ritual. She will share

inspirational stories from her sessions and the most import lesson she learned which was to trust in herself and follow the guidance she was receiving. Visit Debbie at her booth to experience a private session with her.

Debbie Keri-Brown is a motivational speaker, storyteller, nondenominational minister, Reiki Master who chants in six languages as she shares the sacred energies and she teaches fifteen different classes on esoteric and spiritual topics. She is the 2015 recipient of the spirituality award from Purpose For Women and several community service awards for her work in raising the awareness of the artistic talents of people with disabilities. Debbie is the spiritual advisor for the Spiritual And Miracle Society, working for a man who had spiritually transformative rainbow experiences. She is a published author, intuitive oracle card reader, jewelry artist, antique dealer and conducts ceremonies to heal Mother Gaia through solar light code activations.

At my booth - ALCHEMY FOR THE SPIRIT, DEBBIE KERI-BROWN - I'll help you connect with your authentic self through an intuitive, oracle card reading. I'll guide you through solutions to life's challenges and inspire you to rediscover your magic. You'll experience more clarity, a deeper understanding of your life, choices and options as well as ahhh haaa moments for your journey. As a nondenominational minister with a varied background of life experiences, my journey has provided me with the gift to understand and share from many different perspectives and not from a single minded approach. I'm here to help you with guidance about relationships, work, friendships, dreams, creative endeavors, your spiritual journey, synchronicities and more.

I'll also be sharing Reiki with chanting in six languages, transmitting the vibrational energy from the angelic realms, other light beings and Source to harmonize the body, mind and spirit. The tones shift denser energies and activate higher frequencies within you. Reiki has the potential to stimulate repressed emotions, activate stagnant energy, bring inner peace, relieve stress, increase stamina, increase mental focus, enhance intuition, reduce anxiety, gain a deeper spiritual awareness and improve health. I'll share channeled messages as they come through and might be guided to sing songs that offer a message which are not part of my typical repertoire. I balance the chakras, clear energetic blockages, conduct a mini soul retrieval and provide a cord cutting ritual.

Rebecca Jones

Saturday's class "What is Light Language?" In this class I will teach what Light Language or Frequency Speaking Healing is and how it can help others. I will do demonstrations for the full group utilizing light language and crystals as they work hand in hand as my healing modality.

Sunday's class: "Understanding Spiritual Gifts, from childhood to adulthood." In this class I will discuss how to foster your children's spiritual gifts and how to recognize your own gifts at any age.

Rebecca Jones, owner and creator of Spiritual Healing and Blisteringwood. My unique & diverse history has led me down many pathways. As young as 3.5 years old, I knew I was here to change lives & heal others in new ways. I am a Certified Spiritual Life Coach, about to be an Ordained Holistic Minister (graduating soooooon) Certified Forest Therapy Guide, Full Mesa Carrying PampaMesayoq Shaman for the Q'ero, Frequency Speaking Sound Healer (Light Language), Creator of Gaia Grid Vortex Therapy,



Certified Reiki Master/Teacher, Certified Quantum Healer, Certified Crystal Surgeon & Intuitive Crystal Healer, Intuitive Oracle, Channel & Indigo Rainbow Starseed.

I teach true healing through faith, energy & the 5 fold body.

Modalities Include: Reiki & Quantum Healing, Crystal Surgery, Light Language/Frequency Speaking Healing, Soul Speak & Anchoring, New Earth Codes, Oghams, removing and clearing energy from Gaia and her vortexes, Runes & Symbols, Soul Retrieval, Akasha, Crystal/Tibetan Sound Bowls and Foot Gong Therapy, Art Therapy Techniques, Tuning Forks, Toning, Channeling, Libanomancy/Sage Smoke Readings, Mediumship, Oracle Readings, Essential Oils, Ionic Foot Detox plus many more.

I specialize in surviving extreme childhood trauma, abuse, addiction, bullying, PTSD, OCD, Neurodiversity, depression, anxiety, grief, loss, narcissistic relationships & removing self sabotaging cycles through "letting go" techniques. Besides helping others heal, I strive to create a community that is self sustaining & that teaches how to live naturally and is a safe place for those in need, so we all can love and leave this place better than we found it. I am also a 5 time Award Winning Artist in Pyrography, Painting & Sculpting as well as a Graphic Designer. I have a 30ft purple skoolie and I love to spread my wings and fly! Rebecca Jones- Aka Indigo Rainbow

Blisteringwood.com

HEATHER

FOUNDER OF HEART ALCHEMY WELLNESS FOUNDER OF CHAKRA WAVE TUNING

SOUND HEALER, OHHT SPECIALIST, ENERGETIC GUIDE

Introducing Heather, a sweet soul who truly understands the depth of working in the bluecollar world and still needing the fuel of energetic practices to remain grounded and balanced. Through finding ways to maintain inner balance, Heather inspires others to be true to what their heart calls them to do, even though duty calls.



WHAT IS IT ALL ABOUT

Heather conjures a potent blend of sound, cupping, and somatic releases, deftly clearing energetic blockages and restoring harmony. In her immersive explorations of vibrational sound healing, she intertwines fascia release and breathwork, guiding you into profound relaxation for your highest and greatest good.

HOW CAN THAT HELP ME

Within these tranquil domains, moments arise when you may encounter profound emotional release, guiding you toward complete bodily alignment. In her uniquely crafted method, Heather's Chakra Wave Tuning flows with harmonious frequencies, inviting you to ride a wave of healing that synchronizes your body, mind, and spirit.

THE INTENTION

Within the embrace of her Divine
Alignment workshop, this celestial guide
will illuminate your understanding of
frequency, revealing the harmonious
vibrations suited for every
circumstance. Be it a whisper of
imbalance, the echo of ailments, or the
quest for equilibrium, her enchanting
tuning forks shall aid you in reclaiming
your radiant energetic wholeness.

A LITTLE DEEPER

When Heather's intuition takes the wheel, her ambition happily rides shotgun. She's not just created her own special way of doing things—she's turbocharged with a passion for guiding others to their personal oasis. Bridging wisdom and intuition through sound, movement, and self-

discovery will always be a destination on her road atlas.



Dorie Galactic Guide - "Clearing Past-Life Ties"

A Crystal-Assisted Journey through Multidimensional Soul Constellations & Quantum Regressions

Free yourself from unseen karmic soul entanglements and open the door to the life your spirit truly came here to live. This talk offers a chance to move energy through the soul field—releasing grief, fear, and physical or emotional pain—while reconnecting with your authentic path and inner light. Through the lens of

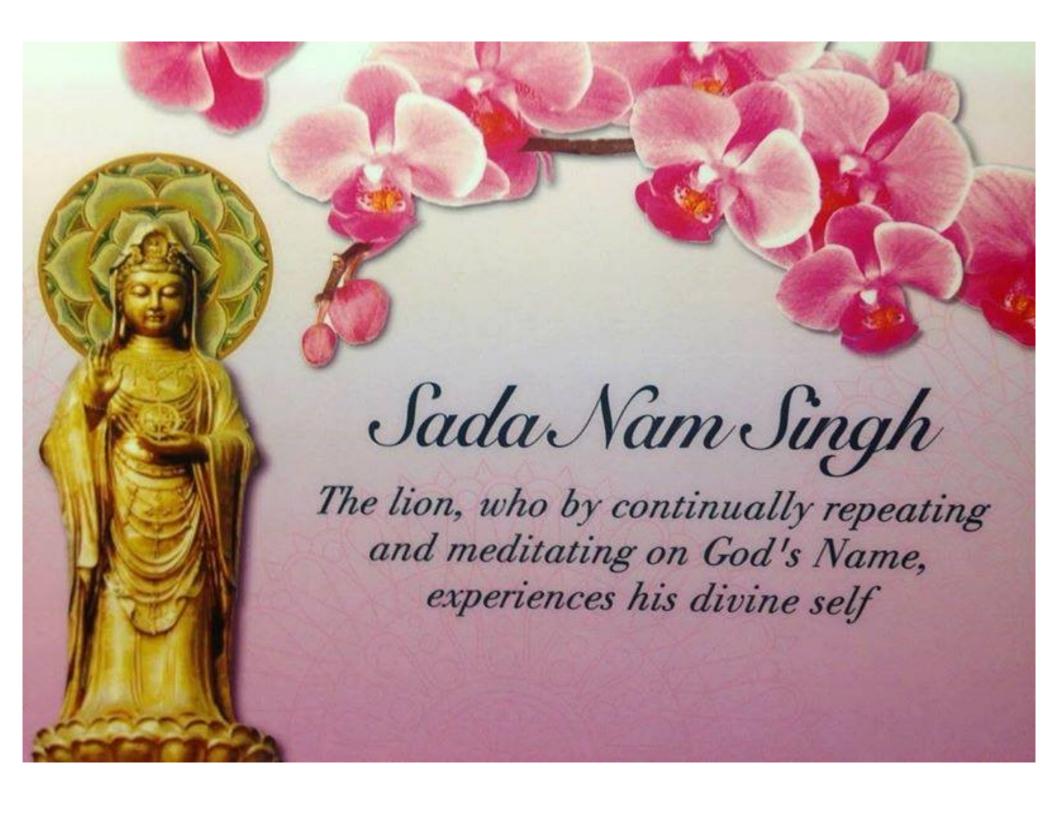
Multidimensional Family Constellations, Crystal Consciousness, and Quantum Regression principles, you'll learn how to identify and dissolve the energetic imprints that keep you tethered to outdated timelines.

Dorie is a PsychoSpiritual Therapist, Guide, Cosmic Code Activator, and a published author of The Holographic Multidimensional Soul. As a Doctoral Candidate in the field of Psychology, her exploration of the human psyche is comprehensive, expanding across many scientific and metaphysical disciplines. Dorie integrates her expertise as a Family Constellation Coach, Clinical Hypnotherapist, Spirit Medium, Crystal Healer, Reiki Master, Light Language Channel, and Galactic Akashic Lives Reader. Her work empowers individuals to heal across dimensions, awaken their purpose, and embody their highest potential.



Hi my name is **Kevin Rolph**. I'm a Psychic/Medium and Intuitive Empath. I like to use my gifts. To prepare people for the future, deal with the past and present. If there's a loved one or Spirit who would want to communicate I'm able to give that message. My mission is to give peace and hope through the use of my abilities.

Booth #115





Speaker Annette Noyes - "How to choose the perfect Psychic"

Choosing a psychic can be confusing when attending a metaphysical expo. This lecture will explain the differences between the many psychics you may encounter and who will be best suited to answering your questions.

Just as each of us is blessed with different talents and skills, so are psychics. When choosing what type of psychic one engages with, knowing what skills to seek is important. Join Annette as she teaches what tools are most commonly used by psychics and how the information derived from those divinatory methods can guide you

toward career advancement, better relationships, or greater spiritual understanding. Annette Noyes specializes in Tarot card readings and she shares her knowledge of that particular tool.

-- See schedule

The Emerald Box Turtle
Annette Noyes
Intuitive Tarot Card Reader
Vintage and Modern cards
TheEmeraldBoxTurtle.com





Marcus (ChristoLight) Robbins

Day 1 - "The Journey of Christ consciousness within" community building with Sacred Light's Marcus (Christolight)

Day 2 - "7 Chakra lesson" create your own Ancient Egyptian chakra totem w/ Meditation (beginners + advanced)

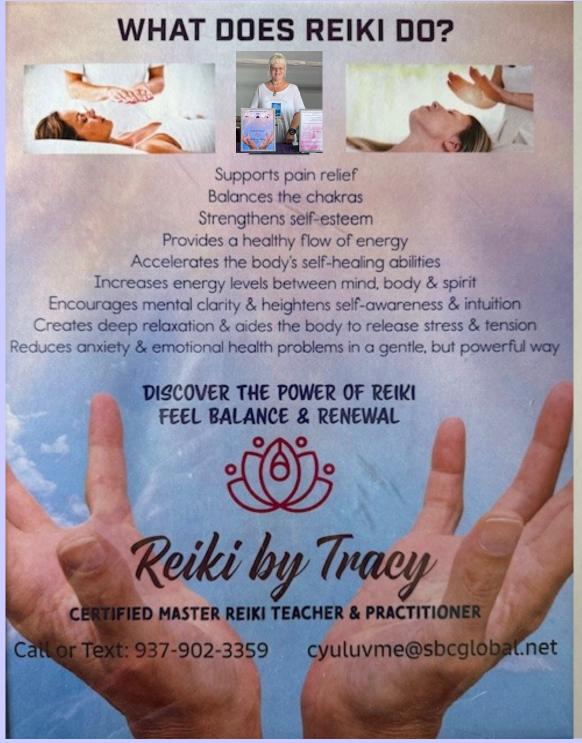
Marcus (ChristoLight) Robbins... founder of Sacred Light Healing and Wellness. A relatable journey of a soul transforming his life from surfing in the streets addicted to selling & using substances, partying at festivals & being a hurt teen experiencing his mother abused by partners after his parents divorced & going to prison in 2017; into a daily devoted shamanic space holder & conscious psychic medium bringing groundedness & healing support to many online & in the

physical over the last 11 years, now at 29. He is a intuitive holistic life guide/practitioner specializing in multiple Reiki forms, crystal healing (CHH), psychic medium readings, akashic records therapy, chakra balancing, inner child healing, subconscious reprogramming, guided meditations for 9+ years & weekly life guidance for shadow work & pattern building. He's also a worlwide community host at the Sacred Kingdom, holds holistic healing retreats nationwide & facilitate various workshops online, along with editing/producing his own lives, podcasts & online show series while founding/running a global broadcast network for community to bridge & share knowledge/wisdom for empowerment that you can find on youtube "Sacred Light Broadcast Network". Christo offers 1on1 services, as well as couples services. You can find these services, youtube network, retreat tickets, reishi coffee + more at li.sten.to/sacredlight33

Vending

- 11min light language activations
- 11min guided energy clearing
- Oracle card readings
- Reishi coffee
- Crystals







About Me:

I discovered the beauty of Reiki in 2021 as an alternative method to support my long-term anxiety & depression. Since then, I have completed all levels of the Usui & Holy Fire III Reikl methods as well as implementing courses in Environmental Reiki & Master Animal Reiki. I continue to work closely with my Reiki Master Sensei by assisting during Reiki classes as well as frequently participating in Reiki shares. Often, Lassist in providing Reiki to her clients as well. In 2023,1 branched out & began my own Reiki business out of my own home. Reiki is such a phenomenal & wonderful aspect of my life. I practice Reiki on a daily basis & will further expand my studies on this energy technique as well as teach and certify others who wish to become practitioners & teachers.

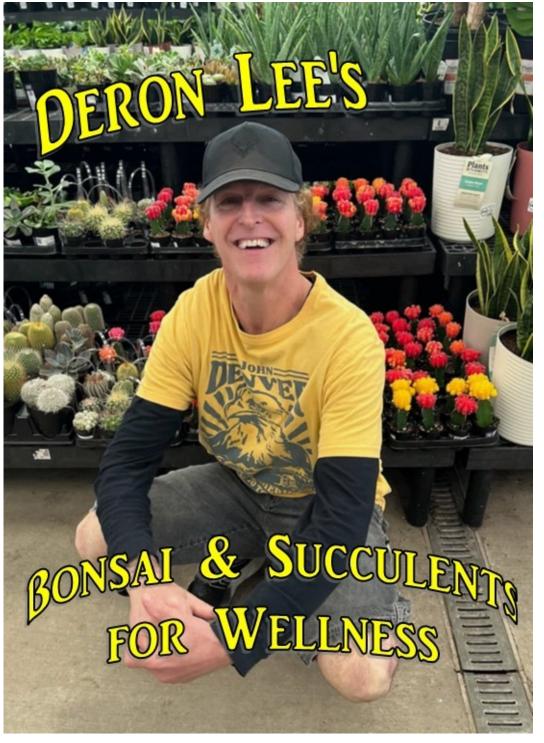
- 1.937.902.3359
- cyuluvme@sbcglobal.net
- 1103 Woodley Rd, Dayton, OH 45403





Samantha Samb - Teaching "Past Lives"



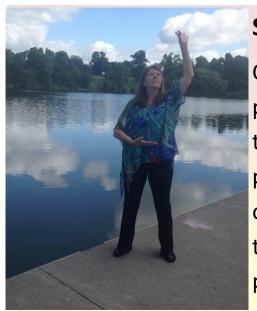




Astro Carol Ruth - "Astrology & Natal Charts"

For over 45 years, Carol Ruth has read for thousands of people who needed guidance in their lives. She studied many areas of the Psychic Realms, in order to help others. These tools and knowledge are necessary for a good counselor to possess. As a Professional Astrologer (PMAFA), she holds an Accreditation Certificate awarded in 1986, that's recognized in the World. She is a graduate of "Silva Mind Control", a Life Coach and Past Life Regressionist. Sessions are not only about the future, but

may reference the path an individual may follow in order to see and complete their lifes purpose. Most of her clients do realize this, when Carol Ruth who is a Wayshower, has revealed personal information and timing to them. Most importantly, in a persons life, are the cycles that indicate challenges for each soul. Within a persons Natal Chart is a Road Map of their Life. Once there is a greater understanding of what Astrology really represents, an individual can be aware of endless possibilities and potential.



Susi Rosinski - "Introduction to Qigong Energy Healing"

Qigong is the fastest growing holistic healing modality in the West. Most people are aware of the movements, but few know that there is energy healing treatments as well. In this interactive talk we will explore these healing principles. Come and Play with Qi. Organ Strengthening Qigong is a simple method of both clearing the major organs as well as strengthening them! Qigong is the fastest growing holistic modality in the world currently! Simple to do, with powerful results!



Dr. Catherine E. McNabb D.Div. (Catie Singing Eagle) "Tapping into your Divine Energy"

Dr. Catherine E. McNabb... AKA Catie SingingEagle, A long time Minister and Teacher with over 40 years of experience and on Pastoral staff at over 10 churches, Temples and Synagogues over the years in counseling, family services, and alter ministry. Spiritual Teacher: Teaching in the ways of all major religions. Teaching specialties being in Indigenous Ceremonies of North American Indians, East Indian Bhakti Yoga meditation, and Ancient Spiritual gifts of the Spirit. She travels to small events, groups and venues teaching prayer, meditation and healing crafts, and offering medicinal products. Minister and Medicine Woman: Reiki practitioner, Intuitive readings (words of knowledge and wisdom), Counseling, makes jewelry, signature perfume oil

blending, work with essential oils, medicinal herbs, teas, and salves. Does ceremonies of House blessing, commitment, soul retrieval, release spirit attachments, exorcisms, counseling of all types (spiritual, mental, and nutritional), preaching, teaching, and motivational speaking (just to name a few things). Given the gift of healing and sight as a child, which was developed by Appalachian Cherokee grandmother Odessa and Apache Blackfoot grandfather JC Foster along with much prayer and guidance from the Great Spirit. Much everything else fell into place with knowledge, wisdom and experience of life.

She is a survivor: Healed of Paralysis, Cancer 2x, and Deep Depression. Education · Columbus State Community College (Ohio), Business · Bowling Green State University (Ohio), Psychology · Lutheran Theological Seminary (Ohio) Theology, Contemporary Christian Literature · Valor Christian University (Ohio), Pastoral Counseling and Theology, NYU (New York) - Master of Fine Arts · University of Nemenhah, (Missouri), Indigenous Spirituality · Jewish Theological Seminary (New York) Theology, Rabbinical studies, Dar Us Salam, (NYC) Clerical Iman Studies, Theology · ISKCON Bhakti Yoga, Krishna Consciousness (New Vrindavan, WV) Theology. Reiki Master Reiki Center for the Healing Arts (Columbus, OH). A life long student always taking classes and keeping mind active.

BOOTHS LISTINGS

99/100 - Spirit Peace & Harmony

101/102/103 - A Design by Lindaa

104/105 - Just Sage It

106/107 - Handprint Energy Palmistry

108/109 - Readings by Vincent

110/111/112 - Angela Boley Psychic Art

113/114 - Energy Healings by Jessica

115 - Psychic Kevin Rolph

116 - Spiritual Art

117 - Readings by James Burke

118 - TBA

119 - RavenWolf

120- The Saffron Books

121 - Activated Oracle

122 - Good Journeys

123/124 - Awaken Boutique

125 - Readings by Dana

126 - Heart Alchemy Wellness/Higher Self Healing Energy

127/128 - Lifewave

129 - Bronwyn Blanc

130 - Reiki by Tracy

131 - Alchemy for the Spirit

132 - Readings 4 You

133 - The Emerald Box Turtle

134 - doTerra

T135 - Enchanted Gardens

T136 - Sandy Stephenson Shaman

T137 - Calico Crafter

T138 - Spiritual Healing & Blisteringwood

T139 - Do Rei Me Tarot

T140 - Deron Lee's

T141 - Christolight Robbins

T142 - Catie Singing Eagle

T143 - Doma LeSieur psychic

T144 - TWIN FLAMES - Lee & Sherry Patterson

T145 - Sada Nam Singh YOGI

SATURDAY Workshops

Don't miss a Seminar!

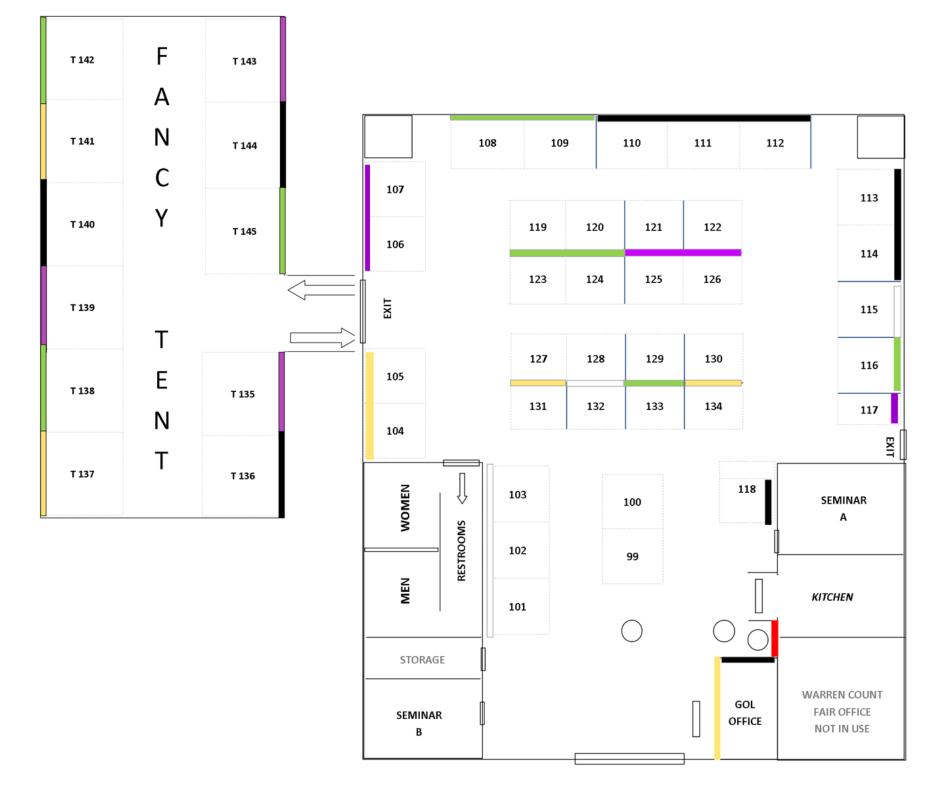
Come Both Days with a

SUNDAY Workshops

weekend pass

Time	SEMINAR A	SEMINAR B
10AM	Charissa Pack	
	"Secret Holistic	
	Remedies"	
11AM	Samantha Samb	Rev. Jimmie Burke
	Past Lives	"Lets Talk ANGELS"
	-	Angels Blessings given
12PM	Tina Chapin	Annette Noyes
	What do I do? Exploring the wisdom	"How to choose the
	of your hands	perfect Psychic"
1PM	SadaNam Singh	Kelly Bowman:
	"Reducing Strees	"The Psychic Brain"
	Sound Bath"	"Manifest it", & Gallery
		Psychic messages
2PM	Jack Abram	TWIN FLAMES
	"Animal and Plant	Lee & Sherry
	Medicine"	What is a Soul Connection, and How Do You Let
		Yourself Have True Love?
3РМ	Marcus (ChristoLight) Robbins	Rebecca Jones
	"The Journey of Christ consciousness within"	"What is Light
		Language?"
4PM	SadaNam Singh	Dr. Catherine E. McNabb
	"Meditation Gong"	"Tapping into your
	_	Divine Energy"

Time	SEMINAR A	SEMINAR B
11AM	Rev. Jimmie Burke "Lets Talk ANGELS" Angels Blessings given	Heather Thomas "Shadow Work Integration & Crystal Healing"
12PM	Susi Rosinski "Introduction to Qigong Energy Healing"	Marcus (ChristoLight) Robbins " 7 Chakra Lesson"
1PM	Astro Carol Ruth "Astrology & Natal Charts"	Rebecca Jones Understanding Spiritual Gifts, from childhood to adulthood."
2PM	Kelly Bowman: "The Psychic Brain" "Manifest it", & Gallery Psychic messages	
ЗРМ	YOGI Sada Nam Singh "Total Rest Gong Bath"	Jack Abram "Animal and Plant Medicine"
4PM	Debbie Keri - Brown REIKI WITH CHANTING IN SIX LANGUAGES	TWIN FLAMES Lee & Sherry What is a Soul Connection, and How Do You Let Yourself Have True Love?



Rev. Jimmie Burke: Saturday Open talk - "Angel Blessings" Sunday Service Angels Prayers and Blessings

Join Rev. Jimmie for this wonderfully relaxing and calming angel blessing to begin your day at Gift of Light Expo! Jimmie is a Reiki Master that holds much knowledge about healing and asking angels for guidance. I am an Intuitive

Medium, Psychic, Angel Communicator, Reiki Master, Animal Communicator, Ordained Minister, Writer, Life Coach and Spiritual Artist. Connecting the World with the Otherworldly. Jimmie has effected our community in the most open and loving way by offering classes on musical and dance expression, angels, and hosts yearly "clean" New Years celebrations. He has been a beacon in our community with hosting community healing sessions and Reiki nights. He has dedicated his life to this mission.

http://www.ReadingsbyJimmie.net

For Bookings or more information call or text: 614-370-8838

Charissa Pack - "Secret Holistic Remedies"

I come from a family of holistic healers. My father was a chiropractor and my mother is a Master Gardener with The Ohio State University. My education started in Bio Chemistry at Capital University and continued through a journey to a Masters in Special Education through Muskingum University. I have traveled through different parts of the world to experience and explore different cultures of healing.

As a perpetual learner and teacher, I want to inform people of holistic remedies that are tried and true. Help your body to detox and feel fantastic with simple solutions. As part of my session I will provide additional resources for

your holistic healing journey.

^{*}Please note that I am not a doctor and you should consult your doctors for any health concerns.

Lee and Sherry Patterson - *"What is a Soul Connection, and How Do You Let Yourself Have True Love?"*



Who Are We? We are Sherry and Lee Patterson, the founders of Relationship Reinvented LLC, and we are honored to join you today as your guest speakers at this transformative spiritual event. In a world where genuine human connection has become increasingly rare, we have dedicated our lives to uncovering the truth behind this disconnect—and we are here to change that.

Through our platform, Relationship Reinvented LLC, we offer guidance, inspiration, and practical tools to support individuals and couples on their path to meaningful and fulfilling

relationships. Our website and YouTube channel are filled with resources, insights, and heartfelt discussions designed to empower you on your journey toward *connection healing* and love. Today, we are excited to share a beautiful and exciting announcement with you as we dive into the topic of *"What is a Soul Connection, and How Do You Let Yourself Have True Love?"* Together, we will explore the depths of spiritual bonds, the power of vulnerability, and the steps to opening your heart to the love you truly deserve. In 2025, the world has become more connected digitally, yet true human connection feels harder to find than ever. We believe this is because many of us have lost touch with our authentic selves and the courage to be vulnerable. Our mission is to reignite the spark of genuine connection by helping people understand the beauty of soul connections and the transformative power of love. Join us as we embark on this journey of discovery, growth, and transformation. We invite you to connect with us further through our website and YouTube channel, where you can continue to explore the magic of soul connections and the art of reinventing relationships through *connection healing*. Thank you for allowing us to be a part of your spiritual journey. Let's dive in and uncover the beauty of true love together!

With love and light, Sherry and Lee Patterson Relationship Reinvented LLC



SadaNam Singh - Gift of Light's Personal YOGI!

"Elevate Your Energy with Kundalini Yoga "Vibrational Shift for those who struggle with seasonal change. "Chakra Balancing Meditation & Gong Bath"

SadaNam became a devoted yogi in 2007 when he started taking yoga courses at the Ohio State University. He attended 4 years of level 1, level 2, and 600 level courses covering many branches of yoga and including asanas, pranayama, meditation, history, anatomy, and Ayurvedic medicinal practices. Since 2012, he has taught yoga and well-being workshops at festivals and conventions around Ohio, Indiana, Kentucky, and Georgia. He teaches Kundalini Yoga in the tradition of Yogi Bhajan with the goal of uplifting, energizing,

and healing people through the realization of our true potential. Sada Nam is a 220-hour KRI-certified yoga teacher, Reiki Master, and gong sound healing therapist trained by Crown of Eternity. He has also completed level 2 Conscious Communication training with Gurmukh in Rishikesh in 2016, and another 200-hour kundalini training by Yogi Amandeep in India in 2017. He strives to share the gifts and benefits that yoga has given him with the world and to clear the clouds of doubt and limitation that prevent us from realizing our true self, which is absolute bliss!

Sada Nam is also a lover of devotional music from different cultures, playing guitar, drums, and singing bowls with local kirtan groups. In 2008, he attained his Bachelor of Fine Arts in Art and Technology and a Philosophy minor from the Ohio State University where he worked for 7 years creating videos and other multimedia and managing a media services team. Recently, he has taught workshops, teacher trainings, and classes throughout Ohio in order to share the wisdom of these teachings and uplift the spirit of every being.

Sada will be offering herbal remedies and lifestyle practices from the yogic traditions as well as the meditation.

Find SadaNam Singh at: Heal.me

