



Parent E-News

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Fall 2023

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Dates to Remember

- September 23rd — MY Place Meet Up
- October 31st— Halloween
- November 1-17th— Food Drive
- November 10th— CLOSED
- November 16 & 17th—FLX Gives
- November 23-24- CLOSED Thanksgiving Break

Greetings from the Executive Director

We are off to a great start to a new school year. Last year's preschoolers have made themselves a new home at elementary schools and we still get to enjoy time with many of them at our after-school program. We have welcomed several new families to the center and we are excited to start the journey through these critical years with them. Fun fact, brain growth is most rapid from birth through age 3. By the time a child reaches their fourth birthday their brains will have grown to 90% of its adult size.

We have an exciting fall planned for our little ones and our school age friends so please keep reading. We have some exciting opportunities to gather as a larger community this fall and many more will pop up. We will share the opportunities on our Facebook page so if you haven't already "liked" our page, please do. As a 28-year veteran of motherhood I can confidently share with you that the parents of your children's friends and classmates will become your best friends. Many questions about behavior and development will come up along the way, we are happy to help connect you with resources or other families who are facing the same challenges.

My Place is truly a learning center for all. All of our staff engage in professional development activities all year, and many are enrolled in college classes as well. Please note we will be closed Friday, November 10th so our staff can attend a Conscious Discipline conference. Conscious Discipline is a method of teaching children how to control their actions and make good decisions. I know there is a plethora of parenting materials available and its hard to know which path is best. However, Conscious Discipline was established a few decades ago by Dr. Becky Bailey, it is research based and peer reviewed. To learn more please visit their website: <https://consciousdiscipline.com/> You will recognize some of the materials as you've been seeing them around the center all along.

Ms. Kris

Greetings from the Assistant Director

Welcome friends and families to the My Place Fall Newsletter! Fall is the season of change and my favorite time of year, so many fun activities to do, cooler weather, apple orchards, pumpkin patches, and its Soccer and Football season!

The kiddos will be learning through all kinds of fun fall play that their teachers have planned. Aside from all the fun plans we will continue to have visits from the Watkins Glen Public Library as well as Science and Discovery. Our local Emergency Management Director will be stopping by to teach us about fire safety and we have several upcoming field trips planned around town including the fire station.

Enrollment has been superb this year, we have been full in nearly all classrooms throughout the center and have waitlist for all. Enrollment drives all other components of the center, staffing facilities, and financials, it is your referrals and enthusiasm that keep enrollment thriving. Thank you all for spreading the word!

We said "see you later" to our Preschoolers as we sent them off to "big kids school" we are thrilled that most of them are joining us in our after school My Place program. We are so lucky to be able to provide afterschool care so we can continue to watch them grow.

Be on the look out for Scholastic Book flyers that will be coming home. Every dollar spent gets us points to spend for our center. In the past we have purchased new classroom carpets, cubby bins, manipulative and more. You can also shop online and use our code PFB7T.

We are diligently working on active communication with families, please be sure that all of your information is up to date within our ProCare app. It is important that you have an active and working app, to sign your children in and out daily as well as communicate with the classroom staff, Kris, and I. Kindly let me know if you are having any issues with the app.

We are required to have all up to date physicals and immunizations on file for all children. When your child receives a yearly physical or any immunizations, please provide me with a copy for their file.

With the weather changing be sure that you are sending in weather appropriate clothing (and lots of extras).

Thank you all for your continued support. I am looking forward to a Fun Filled FALL!!

Best,

Ms. Noel





MY PLACE MEET UP

Apple Orchard Tour

**SATURDAY, SEPTEMBER 23
10AM TO NOON**

Come meet up with us at the farm!
Everyone is welcome to join us for a farm
tour, apple tasting and fresh donuts.
Apple picking available for purchase.

**JOIN US AT 2750 APPLY LANE IN
WATKINS GLEN
APPLE AND MOORE (FORMERLY
REISINGER'S APPLY COUNTY)**

Classroom Happenings

Infant Team - Lead Teacher, Miss Mary
Assistant Teachers— Miss Ashley
Teacher Aide- Miss Lily & Miss Savannah



This month in the infant classroom we have some exciting things to explore!! We plan to learn about ourselves, our families, and our friends in our All About Me week! Exploring pictures of our family and friends, as well as the importance of self-care and what emotions we may feel. Along with this, we plan to explore apples, weather, and colors. In our classroom, we have many eaters. This is a very exciting part of our day for many of us. We enjoy sitting with our friends, exploring the foods we are eating, and when we may want more or are all done using sign language! Throughout our day we enjoy listening to music, going on our daily buggy rides, and playing with our friends.



**Preschool Team - Lead Teacher, Miss Tee
Assistant Teacher— Miss Mikayla
Teacher Aide- Miss Maddy & Miss Kim**



Welcome to all our families that are new to the Preschool classroom. We are looking forward to a great year! During Fall we will be getting to know each other, introducing classroom expectations, and begin our learning through play with fun activities and field trips planned. In October we will have Science and Discovery join us every other Wednesday to instruct different activities, this takes place October-May! Every Thursday afternoon Miss Alexandria from the library joins us and does a story time. On Tuesday, October 31st we will be having a costume party!

- October 3rd we will have Fall picture day, let's see all the cute fall outfits :)
- October 9th – 13th Fire Prevention Week
- Tuesday, October 31st we will be having a costume party!

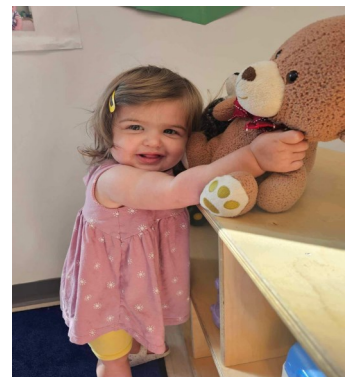
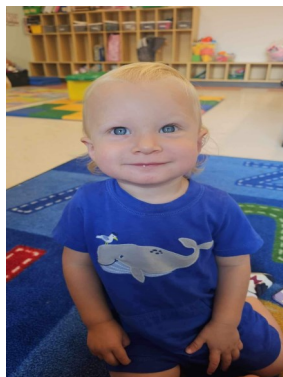
Please reach out if you have any questions and/or concerns. The best way to contact me is Pro-Care, but my email is tristine.carocci@myplace-aplc.org.



**Waddler Team - Lead Teacher—Miss Jess
Assistant Teacher—Miss Mady & Miss Amber**



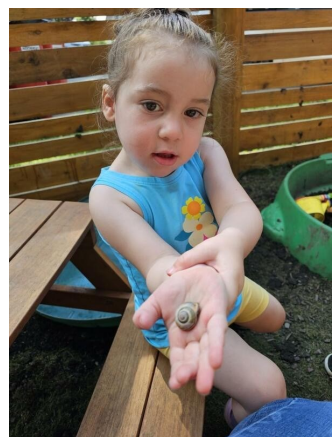
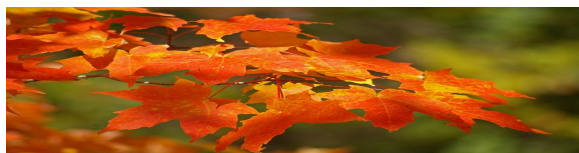
This time of year is always full of big changes and new beginnings and this year is no different. We have a lot of new faces in the waddler room but we are all settling in wonderfully. A big concept in the waddler room is for us to help with social emotional skills. Throughout the day we encourage sharing during both free play and planned activities. We also have phrases we say such as "nice hands" to stay consistent. The next few months are usually busy ones with getting back into the swing of things after summer, holidays and lots of family time! We will take time to learn about most of the things going on around us while also incorporating other learning. For example, around Halloween we will have a skeleton week which we will also take as an opportunity to learn about body parts. I can't wait to see what the year has in store for us and look forward to watching these kiddos grow and learn new things!



Tiny Tots Team - Lead Teacher, Miss Mattie Assistant Teacher— Miss Bria



Throughout this summer Tiny Tots has grown so much! We had so much fun enjoying summer and all that comes with it. Going on field trips to the splash pad, enjoying sweet treats and healthy treats from our garden, picnics, and LOTS of water play are just a few of the amazing things we did this summer while soaking up every bit of sunshine! We've talked a lot about our emotions and what to do when we are feeling them. Having calm down corners certainly help by having a space to freely express those big emotions we all feel. Although summer has been so much fun! Its time for fall which will bring so much joy! Costumes for Halloween, feasts for Thanksgiving, leaf piles to jump in, and so much more! Now who's ready to begin the holiday season? I know I am!

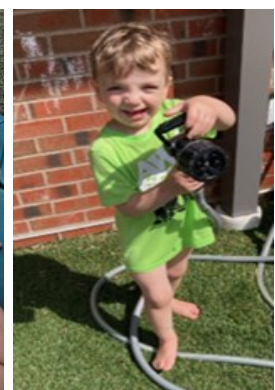
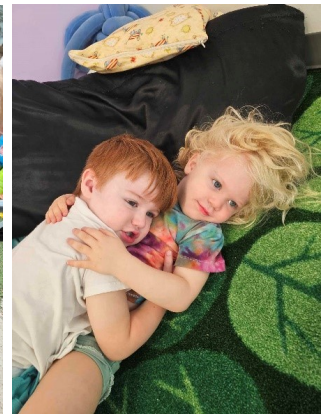


Toddler Team - Lead Teacher -Miss Taylor
Assistant Teacher—Miss Kelly
Teacher Aide— Miss Bre



Toddlers had such a great summer! We loved soaking up the sun and playing in the water! Talking about our emotions and what we can do to help express them was the main topic of our summer! We added some cool new toys and calm down tools to our calm down area to help! We have been doing a lot of sensory play, and this will continue into the fall time. We love messy play!

It was very bitter-sweet saying goodbye to our friends who moved up into preschool! We got to say hello to new friends who moved up to us! We are looking forward to all that fall brings! Changing leaves, pumpkins and Halloween are always great topics for the toddlers to explore!



**School Age Team - Program Director—Miss Cass
Lead Teacher's— Ms. Dazi, Ms. Niki, Miss Sarah
Assistant Teachers—Miss McKenna, Miss Savannah
Mr. Josh & Miss Trista**



The My Place School Age Program had a wonderful summer! Our run club ran 300+ miles, and to say I'm proud is an understatement! We also strived to eliminate summer reading loss by reading 800+ books. Some other favorites of the summer were exploring the Gorge, running the Catherine Valley Trail, weekly Library field trips, and last, but certainly not least, a summer picnic at Clute Park. We stayed busy and having fun!

These upcoming months, we plan to fall back into the routine of school. We will be scheduling our next fun run, enjoying the last days of the warm weather, as well as provide fun autumn enrichment activities for all age groups involved.



National Fire Prevention Month

Here are some ways that you can participate in National Fire Prevention Month:

Develop a fire escape plan with everyone in your household and practice it at least twice a year. Install smoke alarms in your home, on every level, and outside each sleeping area.

Test them once a month and replace the batteries at least once a year if required. Teach children what smoke alarms sound like and what they should do if they hear one. Make sure all household members know two ways to escape from every room.

Establish a family meeting spot outside. You can also help others understand this tips by sharing this holiday on your favorite social media websites using the hashtag #firepreventionmonth.





AN ANNUAL DAY OF GIVING FOR THE SOUTHERN FINGER LAKES

FLXGives is a 24-hour online celebration of the Finger Lakes region. It connects generous community members with the causes they care most about. It is a day to celebrate all that the Finger Lakes are and the critical role nonprofits play in making our community great. FLXGives helps build awareness and support for nonprofits like nothing else. In 2022, nearly \$225,000 was raised through 1,476 donors benefiting over 90 local nonprofits.

With the help from our wonderful community, families and friends, My Place was the recipient of \$9,995 last year.

Mark your calendars for November 16-17th and watch our Facebook page for instructions on how you can donate.





Congratulations to Miss Kayley and Ms. Dazi on the arrival of their precious babies over the summer.

We would also like to congratulate Miss Makenna, Miss Amber & Miss Savannah on the announcements of them expecting their first babies this winter.