



MorphED Co.

TRANSFORMING HEALTH. TRANSFORMING LIVES.

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Health Education Consultant

EQUIPPING STUDENTS. EMPOWERING EDUCATORS. ENGAGING COMMUNITIES.

With more than 30 years of experience in education, curriculum design, and wellness, **MorphED Co.** partners with school districts to create meaningful health education experiences that build knowledge, strengthen skills, and inspire lifelong well-being.



PROFESSIONAL DEVELOPMENT

Empowering educators with practical strategies, evidence-based content, and engaging resources.

- ✓ Standards-aligned health education training
- ✓ Digital wellness & the attention economy
- ✓ Puberty education & adolescent development
- ✓ Classroom management & engagement
- ✓ Inclusive practices & differentiated instruction
- ✓ Program implementation & evaluation
- ✓ Custom workshops for your district's needs



STUDENT PROGRAMS & ASSEMBLIES

Dynamic, age-appropriate presentations that educate, motivate, and inspire students to make healthy choices.

- ✓ Digital safety & responsible technology use
- ✓ Digital dopamine & the attention economy
- ✓ Puberty education & body changes
- ✓ Mental health, stress management & resilience
- ✓ Healthy relationships & decision making
- ✓ Nutrition, physical activity & wellness
- ✓ Custom student assemblies for K-12



PARENT & FAMILY ENGAGEMENT

Strengthening the home-school connection through education, resources, and community partnerships.

- ✓ Parent seminars & workshops
- ✓ Puberty, body image & self-esteem
- ✓ Digital safety & screen time
- ✓ Nutrition & healthy family habits
- ✓ Mental health & emotional wellness
- ✓ Take-home resources & family guides
- ✓ Bilingual materials & family programming



CUSTOMIZED CURRICULUM WRITING & PLANNING

High-quality, standards-aligned curriculum that is engaging, relevant, and ready for your students.

- ✓ Curriculum mapping & scope and sequence
- ✓ Lesson plans & assessments
- ✓ Health & wellness program development
- ✓ Digital safety curriculum
- ✓ Puberty & hygiene curriculum
- ✓ Adapted curriculum for diverse learners
- ✓ Resources aligned to NHES & state standards

Why Partner with MorphED Co.?



EXPERIENCED

30+ years in education with proven impact in schools.



STUDENT-FOCUSED

Engaging programs that meet students where they are.



RESULTS-DRIVEN

Evidence-based strategies that support whole-child well-being.



COLLABORATIVE

A partner dedicated to your district's goals and priorities.



TRANSFORMATIVE

Creating environments where health education transforms lives.

Let's work together to build healthier students, stronger schools, and brighter futures.

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SERVING SCHOOL DISTRICTS ACROSS MASSACHUSETTS AND BEYOND