

"Medical" Cannabis by, Tara Brockgreitens

People use medical or even "recreational" cannabis or weed for a variety of reasons; I guess for me even though, I don't want to admit it, I use cannabis more "medically", for several reasons. I use the medical flower to help with my Depression, Social Anxiety, Chronic Pain, migraines, nausea, irritable bowel syndrome, PTSD, Muscle Spasms, Anorexia, Bulimia, improved mood, increased IQ and even better work performance. Medical Cannabis can be used in dried leaves and used to be smoked out of a bong, pipe or joint. "Medical" cannabis also helps with light exercise and can make playing sports fun like soccer or basketball. Medical also helps with cramps, headaches, mental clarity, cancers and bloating. Myself, and other "medical marijuana patients use marijuana, weed, or joint also to relive muscle slams, cramps, and tension. Medical marijuana can allow improve a good mood and over all a good balance and structure. Medical marijuana helps with stress, tension, and makes reading and writing fun for me. Medical cannabis also improves focus and communication skills. Watching Alice in Wonderland was more enjoyable when I used "medical" cannabis. Medical patients also use weed, flower, or cannabis Medical Cannabis is also found in edibles, creams, oils, buds, hemp, lotions, flowers, capsules, brownies, and mucosal sprays. Watching Avatar was even better on CBD oil also. I suggest the CBD oil or even cream to relive stress and tension. Using medical cannabis for me also helped my concentration, math skills, and I feel like has made me a happier healthier person because weed is not really a gateway drug like they say and has a lot of therapeutic benefits. My favorite weed of choice has always been Pineapple Express

, Violet Fog, Strawberry fields, and Popcorn marijuana it is called. For those reasons I use it "medically". It also makes me want to read cool science books like I used too about nice aliens, How to be a good person, How to help children, early, animals and just make the world a better place Jokers Candy is also my favorite kind of "medical" marijuana. My favorite CBD oil

Is Infinity and Strawberry Punch. I also smoke weed to relive back pain, leg and hip muscle spasms and increase my communication skills. Smoking "medically" marijuana also makes singing better even i f you don't sound like the next Selena Gomez or even Rihanna 💙. I use "medical" cannabis sometimes for increased self-esteem, better energy, and just so I don't have to drink as much Monsters, champagne, or energy drinks or even caffeine because that does mess up my nervous condition; using cannabis sometimes medically, I can not drink as much caffeinated drinks, champagne, or smoke cigarettes, with medical cannabis I end up drinking less and not wanting to have as many cigarettes as my mother would have, my cousin would have, my friend would have, a joint is less dangerous than a cigarette. You may also have a friend addicted to harder drugs such as alcohol, heroin, methadone, cocaine, steroids, cigarettes or even paint, with medical marijuana you can help your loved one or friend get off drugs and even alcohol. Medical cannabis can also help with getting rid off an eating disorder which I'm trying to beat I'm not no more I used to have Anorexia and Bulimia when I was the ages ten to twenty four, medical cannabis can help with curing eating disorders and improved mood, cures cancer caused from smoking cigarettes , and better concentration. Medical cannabis can also help cure Severe Depression, Paranoia , Low Self-Confidence, and Extreme PTSD that I suffer from just because of my abusive toxic mother, Aunt and siblings. I really suffer from low-self confidence and low-self esteem and low self/ worry because my Mother was abusive towards me when I was six years old from about twenty four my mom was both physically and verbally abusive. Now that I am a stay at home mother, I'm looking for work I have a family, two children, and a wonderful husband I wished my mother was not so physically and verbally abusive towards me. Growing up my mother would always give me

money. She would give me 100 every two weeks; however she still cussed me out and she was just over all toxic. She called me a whore, when she kinda was the whore, I did the best I could do. I remember writing some short stories and just some romance poems and cool scfy short stories that I thought was cool, I wrote some cute white magic and just short poems about how to sew and make jewelry my own mother threw them away. I was writing my short stories and poems on my phone and I even wrote some on paper, my own mother threw my creative writings away. I wrote them on my phone at the time, she would always delete my short stories, then I would again just write some poems and my own mother would throw away my writings, I had written some short poems on gold lined paper that I got from the time, she just threw them away also. So this time before I die, I'm going to write this novel and I'll make sure it never gets deleted. I still love my mother, because she talks about my family, weight, work performance, she even hates the music I like, medical cannabis, the way that I dress; however she'll give me money then go behind my back and say oh well that blouse or those pants don't fit, that's how I know even though my Mother buys me clothes even for me and my children, husband, why would she go behind my back and say oh that shirt or those pants still don't fit, hoping my Mother isn't controlling. I wonder with her current condition if maybe medical cannabis or oils, creams could help her. I mean I love my Mother even though she gave me money however, I guess she is toxic and abusive if she would criticize my weight, my husbands weight, she even criticized the cat down the streets weight, I'm wondering if marijuana could even help her since I used it more "medically" in the past, I hope someday "recreational", I just have not got my license to cultivate. My own mother did do drugs with me too when she had me, she don't even have me in a hospital, I am happy they legalized cannabis and I hope to grow it maybe or get my license to cultivate so I can make the world a better place without hard drugs or alcohol. I only really like champagne and energy drinks; however now that cannabis is legal I use it to help my severe depression from my Mother and just my life from Saint Louis. I hope to just smoke some cannabis just because I don't like the hard drugs or alcohol. With medical cannabis I can write my poems and concentrate. Now that marijuana is legal medically and recreational, I'm very sorry I use it more "medically" it also helps treats patients with epilepsy, Crohn's, AIDS and HIV, Alzheimer's, Glaucoma, and serious on going pain, Severe Depression, Panic Attacks, Anxiety, Chronic Pain, Fatigue, Seizures, Social Anxiety, Paranoia, Seasonal Affective Disorder which is over sleeping, weight gain, Social withdrawal, over eating, over exercising, Anxiety, and nervousness. Also patients use medical cannabis oils, buds, flowers, creams, and lotions to help treat Schizoaffective Disorder which is entirely different than Seasonal Affective Disorder, Schizoaffective Disorder is more like having a hard time focusing on school and work, Disorganized thinking and speech, hallucinations such as hearing or seeing things that are not there, suicidal thoughts, sleeping more, weight gain, Bizarre and unusual behavior, feeling empty or with less, Anxious, problems in personal grooming, feeling confused or frightened, A lack of motivation or interest in things, Delusions example someone can read your thoughts, difficulty concentrating, low- self esteem, disorganized thoughts, feelings of hopelessness, low energy, inability to perform daily tasks, personal hygiene, bad communication skills, social anxiety, lows, and inability for self esteem or growth. People who experience Schizoaffective use medical cannabis or oils to help cope with their mental disorder. With Seasonal Affective Disorder there are two sub types: SAD: Fall onset: Winter Depression, which began in late fall to the early winter months. They ease during the summer months.

Spring Onset:

This type is called summer depression. Symptoms of depression begin in late Spring to early summer. This type is less common.









These are the most common symptoms of SAD:

Increased and daytime drowsiness, loss of interest in activities, social withdrawal, Anxiety, Feelings of guilt and hopelessness, Excessive sleepiness and tiredness, Weight gain, increased appetite, headaches, inability to think clearly, frightened easily or distracted. Patients who experience SAD or Seasonal Affective Disorder may engage in using medical or recreational cannabis, creams, lotions, or oils. With Schizoaffective is more of a mood disorder in which is

entirely different than Seasonal Affective Disorder, in which each patient may try cannabis, flowers, buds, edibles, brownies, lotions, oils or creams to help their mental and nervous disorders. Also even patients with schizophrenia or bipolar could also use medical cannabis to help them from not drinking alcohol or abusing harder substances or drugs like pills, meth, heroin or alcohol, medical cannabis is a healthier alternative than hard drugs and it's NOT the gateway way drug. Another reason why I use medical cannabis medically and I tried using the oils medically is because it helps with my back pain and headaches. Other patients may use cannabis recreational to help concentrate, have better work and school performance, and just alleviate chronic pain do they can be better socially, physically, mentally, emotionally and spiritually. Medical cannabis is also used to treat chronic pain, depression, vomiting, nervous conditions, eating disorders, nausea, weight gain, increase appetite, muscle spasms, Severe Depression and even schizophrenia and bipolar. Another thing that can help Anorexia, Bulimia and Body Dysmorphia is "medical cannabis", so patients experiencing this such as myself because of my own Mother in which I'm just trying to love and forgive her. I use to have Bulimia; however today because of my own Mother and my upbringing I still experience Anorexia and Body Dysmorphia, medical cannabis helps me get better with that because I know deep down I need to gain weight and NOT feel so bad about my stretch marks and my nose in which my own Mother did break, and some little boy at school. Deep inside, I try to smoke "medical" cannabis to help me get over my now stupid Anorexia and my body dysmorphia along with my Seasonal Affective Disorder, Social Anxiety, I use to struggle with Bulimia, I don't anymore and my nervous condition, "medical cannabis" helps to reassure me that I don't need to blame my Mother, Aunt, my past bullies and trauma from my public school, nor myself for having those stretch marks and that I no longer need to have Anorexia, Bulimia or this stupid body dysmorphia I have about myself. I feel like patients struggling with all eating disorders, Anorexia, binge eating or Bulimia, and even body dysmorphia; "medical" cannabis can help them accept their bodies and appreciate their weight and bodies regardless if they struggle with an eating disorder such as myself, "medical" cannabis helps me get over my stupid Anorexia and my body dysmorphia along with my stretch marks because of my mother just making me from a normal weight to a over weight I guess because my Mother was jealous of my youth. Medical cannabis helps me accept my body and just accept it for what it can do and NOT for what my body can NOT do. With smoking "medical cannabis" in a "controlled" environment, I can eliminate my own Post-traumatic stress, Social Anxiety, Neurological condition, Anorexia and I know for a fact just because of my own Mother and just my overall childhood; I now experience body dysmorphia, Seasonal Affective Disorder, Severe Depression and just low self-esteem, "medical cannabis" can help me feel a little bit better about myself and know that I can always live and appreciate my own Mother from a distance. I just have to learn how to be a better Wife, and Mother if I just can't make my own Mother happy with me, she is so frustrated with me because I'm a true democrat. She is voting for Trump because she says women have no rights, no freedom. On the other hand, I'm voting for Kamila Harris because I feel like our country could benefit from a woman president and maybe women could have more votes. I know what I'm talking about makes no sense; however since I been using some "medical" cannabis now that it's legalized; my own Mother got upset because she said it won't help my Social Anxiety, My Anorexia, and my Severe Depression because she said basically medical cannabis was a band aid; however I'm going to just experiment with "medical cannabis" sometimes because maybe it's NOT a band aid and maybe it will help me to be a better wife, and Mother since maybe I can't always be a great daughter, sister, or even a neighbor, maybe oneday I can be a better role model then, with medical cannabis I just feel a little bit better about myself so I don't always have to be so focused on my weight or my personal flaws like my nose, boobs, stretch marks, and my feet. I always hated my weight. My own Mother and just my over all childhood and through out my adult years I always struggled with my weight, I was either way too skinny or over weight. I know for a fact, I probably am taller than 5'7, I know I'm around 5'8 almost 5'9 if I wore  heels, and because of my stupid and ridiculous Anorexia and low-self esteem, with "medical" cannabis I should gain weight and


I NEVER should let myself get down to ninety pounds at my lowest. I did measure myself with a tape measure, you can also do it I think in Apple phone, I found a tape measure, and it said I was actually 5'9, I could NOT believe it. Often times when I do hop on the scale, it says 120-137 and I need to remind myself that's okay because I probably should NOT weight ninety pounds or over one sixty five because that would NOT go well with my height. When I was a adolescentI weighed about two hundred and twelve pounds, with "medical" cannabis I NEVER experienced extreme weight gain nor loss. I think it helps me maintain my weight and have better body acceptance and appreciation towards myself. I also read that medical cannabis is hated by the republicans. I also red that weed is for African Americans, or just for gays or lesbians, Indians, Hawaiians and Indians; however now that medical cannabis is legalized it's for all races, parties, genders, sexual orientation and even for people experiencing physical, emotional, mental, and spiritual issues medical cannabis can help everyone it does NOT matter if your purple, white, black, pink, orange, blue, green or whether, medical cannabis can help everyone. Even a veteran, foreigner, prostitute, handicap, disabled, are experiencing severe Depression, I feel like medical cannabis can help you get better and maintain a great over all height, weight, and you can also get rid of your bad eating disorders and habits because "medical" cannabis reminds you that you are important and that you do deserve to eat! Marijuana helps me and other medical patients eliminate bad eating disorders, body habits and bad body dysmorphia like I still experience on a regular basis. I need to remind myself it's okay to wake up, was a good book, do yoga, study for a math test, watch a good movie, paint a picture, color, do a crossword puzzle, play animal crossing, play your favorite video game, listen to a song, try to sing, take a shower or bath, tell yourself that you are important and that you do matter! On the other hand with medical cannabis can also have some consequences; however NOT yet determined, can impair physical and cognitive development when driving or using heavy machinery, Lower IQ, learning disabilities, I don't agree with this the internet said this along with my Mother and even others, I feel like medical cannabis does NOT make you stupid or cause learning disabilities, cognitive or physical impairment, bad choices, or mental disorders though. I feel like maybe it can help others to even stop drinking alcohol, abusing harder drugs, and engaging in risky behavior. Medical cannabis can also help you if you want to learn how to yoga, take a warm shower or bath, read a book, write a book, or color medical cannabis can help you or maybe help you feel confident so you can feel better if you want to sing a song quietly or enjoy a good shower, bath, sewing, cooking or maybe even pottery lessons, or sports. Medical cannabis can help you learn how to cook, sew or pottery so you can have better hobbies again or just have a good social life or work life again. Everyone needs balance, love, work, and structure. Sometimes in moderation, "medical" cannabis can help regulate high blood pressure and increase blood circulation, and help maintain diabetes and maintain a healthier lifestyle. Also, with "medical" marijuana a patient or individuals can also just learn how to utilize their time, health, blood pressure, weight, productivity, priorities, goals, social settings, dynamics, cardiovascular, tuberculosis, AIDS or HIV, Cancer, malnutrition, malaria, Dermatology conditions, carcinogenesis, pathogens, concentration, cancer, fungal infections, heart disease, stroke, malignant tumors, colon cancer, Osteoporosis, hypotension, hyper cholesterol, education, studies say your IQ goes down however; medical marijuana may make you smarter. Marijuana can also help with regular exercise, muscle tension, muscle dystrophy, relaxation, stress management, yoga, meditation, Obsessive Compulsive Disorder, Social Anxiety, Suicidal thoughts, Glaucoma, Certain Cancers, Severe Depression, Seasonal Affective Disorder, Clinical Depression, and Anxiety. Medical Cannabis also helps with severe seizures, epilepsy episodes, Depression, Parkinson's disease, PTSD, Chrohns disease, Cancer, Migraines, eating disorders, nervous conditions or neurological disorders, multiple sclerosis, schizophrenia, bipolar, even patients experiencing Tourette's syndrome, ADHD, ADD, ODD, hypertension, High blood pressure, Cardiovascular disease , Concentration, time management, sleep habits, hygiene habits, heart, and even with better physical and mental functioning. On the other hand; some patients also use CBD oil which is completely different that "medical" or "recreational" cannabis, CBD oil is completely different than medical or recreational cannabis and just improves your concentration, arthritis pain, Chronic pain, PTSD, Neurological


Disorders again, eating disorders, Severe Depression, Social Anxiety, Alcoholism, Severe Acne, Irritable Bowel Syndrome, Opioid Use Disorder, Autoimmune Diseases, Migraines, headaches, Hypertension, cognitive and physical disorders and impairments. CBD oil can also be found in creams, makeups, soaps, Lotions, edibles, lip balms, Roll- ons, Body oils, and patches. I guess for me I personally love "medical" marijuana or cannabis because it relaxes my mind, heart, body, soul, it makes me want to become a better creative writer or maybe even learn to paint.




 When I was younger about seventeen I would just paint cool shapes like hearts, diamonds, and flowers  in glitter paints! I don't even use it "recreationally" I feel like I guess sometimes I need to smoke occasionally "Medically" because it helps me relax, have better concentration skills, communication skills, and just a better well being. I'm glad "medical" marijuana is how legalized to help me and other potions with Severe Depression, Social Anxiety, Eating disorders, PTSD, Stress, exercise management and sometimes I use "medical" marijuana for personal reasons like CBD body oil creams, relaxation, heart spasms, migraines, headaches, muscle spasms Charlie horses, and it helps my neurological condition and my yoga time also. I been doing yoga just for ten minutes a day. I even try to go on fifteen minute walks to stretch and help my heart muscles. Medical marijuana helps me exercise and want to walk outside for a good fifteen minute walk to spend time in the fresh air even! I love looking at the flowers,  However; smoking cannabis has helped my over all Severe Depression, PTSD, Nervous Neurological Social Anxiety, Panic Attacks, Epilepsy, heart attacks, reduced my nicotine cigarettes  I take, reduced my caffeine soda and coffee intake. I feel bad however; "Medical cannabis" has helped me extremely with my Severe Depression and my eating disorders, PTSD and nervous Disorders. I also would hate to be on really hard drugs; I feel like "medical" flower  is safe and I'm embarrassed I use it; however it just helps me to relax, love my family, myself, others, animals, I also play piano I bought from Goodwill. and I also struggle with epilepsy and seizures so "medical" cannabis helps straighten my fingers so I can play piano on the keyboard again! Oneday I'll have good nice girlfriends. Become that creative writer I always wished too be, get into Painting, journalism, cosmology, cultivation "medical marijuana" or sometimes "medical" CBD oil I can learn how to make lip balms or even creams found in beauty products! Smoking pot or "medical" marijuana I also have clarity, peace, better school and work performance, eat healthy, and have better social skills to help me and all medical marijuana patients both physically, mentally, emotionally, and spiritually. I also use "medical" cannabis or marijuana to help my stress, anxiety, and also because I don't want to vape as much either. I tried strawberry vape sticks; however in excessive they can be bad and damage your heart and lungs; so I feel like "medical" weed or marijuana is just better for me verses vaping in excessive, one vape stick pen lasts me about four weeks. I also tried the electronic cigarette; medical marijuana is more enjoyable still for me and I still manage to cut down on my vaping, cigarette smoking, caffeine, tv addiction, and my shopping addiction. I feel like medical marijuana just makes me and other medical patients better people because it just relaxes our bodies and hearts, helps with Severe Depression, Social Anxiety, PTSD, emotional, spiritual, mental and physical needs. Medical marijuana also allows me to write my short stories and my poems about romance, exercise, meditation, nature, animals, children, culture, science, science fiction, art and my calligraphy I do that sometimes on "medical" flower  or "medical" marijuana because it makes the art work, shapes, and colors more enjoyable! I love to paint   rose paintings and the weed just helps me appreciate God, my Wonderful husband two children, , even my Mother, My past animals, relatives, ancestors, and just appreciate the small things and blessing I have. When I use "medical" cannabis I end up using my electronic cigarettes and my vaping less also. I also started using "medical" marijuana to help me stay off toxic young channels, social media, and use it to help me try to bring more positivity into this world instead of toxicity, negativity, hate, fear, sadness, anger, and stressful


traumatic events. "Medical" marijuana also helps my redness, inflammation, blood pressure, Crohn's, Stupid Anorexia, Body Dysmorphia, Social Anxiety and my Severe Depression and nervous condition just because of my own Mother and my over all life; however I been smoking "medical" marijuana to eliminate my stress and have better emotional, mental, physical and spiritual practices; "medical" weed or marijuana helps with all that. Smoking it occasionally, also helps me to do chores like dishes, and laundry. Some people think pot or flower or medical marijuana is the Gateway drug; I don't think it's true. If anything medical marijuana helps regulate body temperature, weight, strengths mobility, blood pressure, posture, physical stamina, and Severe Depression or even fatigue. Of anything I also believe that God or Jesus Christ himself smoked "medical" cannabis and even CBD oils. Sometimes I don't understand why it hated other than it may smell bad or it's for a different race, or minority; medical cannabis actually smells good, I tried fruity and garlic. I also tried CBD oils in creams, lotions, and beauty skin care creams products and balms. Medical Marijuana can also help you to love yourself and accept yourself, others, and become the best that you can be for yourself, Your family and for God, I believe he would want his people to smoke medical cannabis or at least smoke the CBD oils if you don't like that they have pot brownies and edibles, even CBD oil for your back to help you relax and to remind yourself to love yourself. Family, and God. Smoking cannabis also decreases suicidal thoughts. I struggle with suicidal thoughts; however I'm trying to always get better. My favorite movies are Harry Potter 1 Peanuts Movie and The Wizard Of Oz, Ariel, Sleeping Beauty, Cinderella, Shrek, while sometimes smoking I can enjoy those movies because it makes the movie better. In summary since I'm a proud democrat and I vote For Kamila Harris, I'm so happy that weed or "medical" cannabis and CBD oil is now legalized because it helps me and I believe it just makes patients feel better about themselves when they struggle with their own personal Demons and Angels. It also brings me a better feeling of self control and self confidence. Medical cannabis also helps mentally and physical impairment and just relaxes you. I'm so happy it was legalized. I did t mean to write always about my Mother however; maybe she would be nice if she would try smoking a joint, or bowl or even tried CBD oil. Maybe her personality would change and she'd be nice not for money just for love and happiness, I only met my real father twice, My Step Dad passed away. In the end I'm glad "medical" marijuana is now legalized so it can help me become the best version of myself. I know God would have smoked a joint, bowl or even used CBD lip oil soaps or creams. If you are pregnant you should not use medical or recreational cannabis or so I have read because it may cause side effects. If your pregnant and breastfeeding, you still should avoid medical and recreational cannabis because I read it may not be good for the baby or if you do breast feed; however if your not pregnant occasionally "medical" or even "recreational" marijuana is NOT bad in moderation or CBD oils, or even brownies or edibles. It could cause low birth weight or disabilities in children if you are pregnant or smoke around children. You need to consider your child's development and growth and not smoke weed while pregnant or cigarettes and you can smoke after. Medical cannabis just help me and other medical patients relax though, better breathing, heart, social, and better physical and emotional and mental needs! I don't think weed or pot is bad in moderation as long as your not pregnant and do t smoke around children or others if they do not like the smoke. Respect an individuals boundaries. Respect a ghost or alien boundaries, don't show into fear. Medical cannabis can also help people with disabilities, and special needs also. It's not like hard drugs like heroin, meth, alcohol, crack, steroids and pills, if anything using both "medical" and "recreational" marijuana can be a safer alternative or option verses harder drugs. Harder drugs can be dangerous. They also say you should not smoke and drive; I do t know if that is true; however I feel like "Medical marijuana" won't impair your driving or mobility like they say. If anything it helps all medical marijuana patients, health brain, heart and soul. Medical marijuana can also improve your self esteem like it does for me; even though my own Mother was nice and payed for my tooth and gave me more money for clothes and food; I wish she would just love herself and love me. She still criticizes my body today. I have to remind myself I can love my own Mother from a distance; however, I can't let her judge my body and criticize my stretch marks that she gave me in childhood. I can let her talk about my wonderful husband and children. I have to love her from a distance, and know

maybe I can see and talk to her some other day when my mother gets help for her schizophrenia, she don't have bipolar it's more schizophrenia and narcissistic disorder. I know I'm not like her. In conclusion I hope medical and recreational marijuana just stays legalized so it can help myself, even my husband and other medical patients; I'm embarrassed he knows I use the pot more "medically" until I can handle my Severe Depression, Body Dysmorphia, self-control (over the years I guess I have become addicted to medical cannabis and occasionally I do try the CBD oil, dabs, and vape sticks., they all help my stress management m, time management Seasonal Affective Disorder and my low self confidence, and my Anorexia. Medical marijuana helps me appreciate my body, and My wonderful husband, two children and God. I know I no longer need the harder drugs I did in my past, medical marijuana is not really a drug. It's more like a herb. 🌿 I'm glad it's legalized now and I use it more "medically" to help me with my day so I can get closer and a better relationship with both God, myself, my husband and two wonderful children I pray when I smoke so I can one day cultivate and pay to even get them into a private or public school if they want! Medical marijuana also improves confidence, enhances memory and improves relaxation. I don't think medical marijuana is a gateway drug if anything it helps me, veterans, and other individuals struggling with a mental, physical and emotional even a spiritual illness! Smoking weed can help you feel better and relax you. Next time just smoke and listen to a song, medical cannabis can improve your soul, heart and body. It's not for any particular race, political party, race, religion or sexual orientation, weed is for anyone struggling like myself with a mental, emotional, and physical illness! Smoking can also increase mood and mobility! Smoking weed can also help you to relax and calm down so that you can be a healthier person and smoke to alleviate your pain Depression, or muscle spasms or Charlie horses, tension, depression, social anxiety, PTSD, or neurological conditions, even traumatic nightmares or fear of spiders or heights. 💙❤️ or whatever even Adele, Your favorite country songs, or just whatever music that you like weed helps you to relax while enjoying soft music, and smoke "medically" cannabis to help you to sing your favorite song again while high or even watch Cinderella again, I feel like it was great that they finally Legalized weed even for the veterans, or anyone like me who uses it medically. also so they no longer have to abuse alcohol, cigarettes or harder drugs. I feel like medical cannabis should be legalized to help everyone regardless of race, religion, weight, political, work ethic or gender "medical" cannabis can help everyone in pain or just suffering from severe depression, eating disorder, or mental and psychological illness. Maybe my Mother, other mothers and fathers can try "medical" marijuana to help them become better people, caregivers and role models. I also hope to learn how to make weed coffee or edibles to help other medical patients suffering like myself from a mental, emotional and physical illness! My Mother bought me earrings too; however she put my brother on the watch which he yelled at me and blamed me because he just got open heart surgery. I still have to remind myself I can always love my Mother at a distance however after ten days after NOT doing her drugs which I am not do doesn't in saying; she probably does crystal meth and drinks a lot of coffee and soda and alcohol, I know she should smoke cannabis to help regulate her body temperature, "establish" better healthier boundaries with both God, my husband, children and myself and even my fellow neighbors and maybe normal girlfriends nice friends who can smoke with me more of a healthier relationship with God that way my Mother does Not have to worship Satan or the devil. I try to be a good Lutheran Wife, Daughter, Mother, friend and over all person, individual, neighbor and over a good person. I probably won't be the next Angelina Jolie, I probably mood, soul, heart, well being and health! , I wish my mother would stop and she smokes a lot of cigarettes. I did at the time because I was trying to kill myself; however I realize that's probably a sin and I should just smoke the "medical" marijuana instead or the CBD oil. I called my own Mother a couple of times on my Apple phone she just screamed at me because she was mad I got married and invited his Mother instead, she said my bedroom and basement was dirty, she said I love you Tara I'll pay for your tooth; however she screamed at me after paying for my tooth and said she worships Satan the devil. I also don't need to blame myself,

neighbor, husband, God, firefighters and all people for my actions because I know I'll get my karma, however I still want to be a better Wife and Mother to my children and husband if I can't be a good daughter, neighbor, friend, I feel like a "loser". While also using "Medical" cannabis I can also watch good movies like Beetle Juice or Ariel's in all the pretty colors! Smoking medical marijuana can increase your mood, mobility and also make colors around you more fun, neon, sparkling or bright! Even if I can't be a good wife, mother, or sister anymore, one day I hope not to live off my disability or my wonderful husband's money, one day take care of him. Maybe I can get into the weed business or fashion, or still creative writing and journalism. I always loved writing. I know if I write on my phone I can always have it forever. She told me that on the phone and said she wanted to see me more alone without the children until they were more grown because they threw food everywhere and got her favorite purse and pants dirty with mash potatoes and Mac and cheese; I told her they are children. I want to someday be a better person if anything a better, Wife, Mother, and daughter even friends, neighbor eventually I want to go back to school so I can write my books in creative writing, and journalism. I Never was a good model, actress, singer or the next Lacey Sturm, Amy Lee from Evanescence or Avril Lavigne; however, I was always great with creative writing, short stories, poetry, tv watching, jewelry making, one day cultivating so I can help other "medical" marijuana patients like myself. Thank you for reading and I hope more people at least try "medical" marijuana to help them cope with their stress, health and mental, emotional and physical well being! Thank you and have a nice day. For those reasons me I believe medical marijuana should be legalized both medically and recreationally even though I do it more medically to help me with my personal stress, time management, mental health, physical and mental well-being. Those reasons I smoke occasionally "medical" cannabis to help me with my life, social anxiety, stress, time management, writing, and work and maybe school. I hope medical patients smoke because I feel like it helps me and others thanks and have a nice day smoke more  in moderation less cigarettes less vaping less caffeine less alcohol less

profanity and cuss, less stress just smoke more plants  thank you have a good day. Or even try CBD oils, lotions or creams in moderation to help blood pressure, and heart muscle. Use weed to help anxiety, depression, mental clarity, exercise and yoga! Try weed with cool meditation practices. You can even try weed edibles to relieve your stress also and just help straighten your mood and health, mental, emotional, physical and spiritual

Smoke weed  in moderation   maybe I can cultivate with my wonderful husband, children, God so we can help others who need it too "medically" and help animals everyone a better place mood and stress management, health, and mental and emotional and physical and seizures, panic attacks, extreme PTSD, I also fear spiders and heights. Smoking even helps me oh maybe one day I can ride a mini roller coaster and I'll ask my son to help me kill a spider, about her day and just thank God that I'm alive. Medical marijuana should be legalized to help patients with medical conditions such as heart problems, cancer and diabetes. Medical marijuana also improves cardiovascular health and exercise. Medical marijuana also helps ease stress and anxiety, mental and physical chronic pain, depression and neurological issues, communication, and concentration even spiritual and growth because every human should

smoke more  for better health, peace of mind and just think like a hippy because we all deserve love, compassion, kindness, happiness and mental well-being, good health and good socialization, and confidence, time and stress management skills, hobbies and tests, even weed helps me try to relax and listen to Adele and make a cup of coffee with my husband and a good medical plant helps because it's just a plant from God that helps medical patients with their mental and physical problems, and emotional. In addition; "medical cannabis" can also help individuals experiencing cutting or hurting themselves, manic episodes, procrastination, self-confidence, self-esteem, and can also help victims of violence, abuse and even medical patients like myself and veterans. I suffer from my Mother's toxic abuse; sometimes I use medical marijuana to help me cope with my pain and so I can be a better person. Medical

cannabis also helps me eat and beat my Anorexia. Medical cannabis helps me relax. I can now enjoy music, books, and t. Again because medical marijuana makes me enjoy hobbies again. Eventually I want to get back into sewing, painting art work and journalism, medical cannabis, and reading photography of flowers or animals or even pottery making or jewelry making or whatever "medical cannabis helps me enjoy hobbies again. Medical marijuana also helps regulate body temperature, stress and rest. Medical marijuana also helps relieve pain and inflammation. Medical marijuana also helps alleviate chronic mood disorders, anxiety and also reduces stress and time management skills or even helps with yoga, exercise, and stress management. or exercise painting or meditation singing or whatever ur hobbies are watching tv etc basketball, or playing cards, crossword puzzles, vacuuming and studying for a test, recipe or reading a book, or writing a poem, short story or 🧩 puzzle, making tacos or just trying to make the world a better place, with people struggling with mental disorders, even helping a cat or a dog or the elderly, friend or a relative, neighbor or whatever Also, "medical" marijuana social, cognitive and mental clarity and better over all health amen. Also, medical cannabis can help with mental clarity, physical and mental and with certain 🧠, neurological and mental issues. 🙏 Tara

Tara Brockgreitens yes on medical cannabis 💙🧐🎨🎵 creative writing, art and music 🎵🍀
Smoke medical cannabis to help relive stress or depression, suicidal thoughts, arthritis, eating disorders, back pain, Alzheimer's disease, intelligence and IQ, and bad alcohol or replace substance abuse or prescription medications, cancer, social anxiety, eating disorders and just smoke to ease your mind. Medical cannabis also helps me feel better about my body and give me the confidence that I need to love God, My wonderful husband, two beautiful children, still my own Mother, even my wonderful husband and his mother too, myself, and One-day positive, nice influence friends or nice pets. I need positive role models who won't break my heart; even thought my mom broke my heart and has schizophrenia I know I don't. I love her from a distance, or just see my Mother after I smoked "my" stupid "medical" marijuana as the "republicans", unfortunately my mother is a republican I am a proud democrat, I can still codify my Mother after I smoked in a controlled environment on my birthdays, Thanksgiving and Christmas I guess my Mother in a way kind of scared me and I'll see her sometimes. I just hate when she talks about their education; I feel like right now I can home school my kids, then public school. I smoke, "medical cannabis" away from children and pets, do it in a more, controlled environment. Medical cannabis also helps with stress management, my seasonal affection disorder, PTSD, Chronic Pain, Anorexia and Social Anxiety, Low- Self Confidence, Body, Severe Depression, high blood pressure, Nervous Condition, Low-energy levels, History of bulimia not anymore, and low blood pressure. dysmorphia and my bad eating and exercise habits. ❤️ Tara Brockgreitens vote yes for Kamila Harris💙 I also want to vote yes for "Medical" marijuana to cure your mental or emotional pain, because in my opinion weed is NOT a "gateway" drug. It's God made from The Ground and is made for everyone of all races, genders, political parties, sexual orientation, religion preference, physical appearance, spirituality and to maintain a healthy lifestyle 🌹💙 In conclusion, those are the reasons why I smoke occasionally medical marijuana and I have tried CBD oils creams in the past to help me with my Severe Depression, Social Withdrawal, Neurological, Severe Chronic pain, Low- blood pressure, high blood pressure, or when diabetics or muscular dystrophy. Medical marijuana also helps improve circulation, heart and muscle flow and also better over all function and mental and physical well-being. Medical cannabis also helps relieve stress management, improves posture, helps with writing skills even so I can write because I think medical cannabis allows me to

Think and want to start writing my poems again and my romance and scfy novels. Medical cannabis also allows me to relax and listen to music. I still like Demi Lavato, so medical cannabis allows me to even hear music better. I also love to read while high including about

Harry Potter, Aliens, and about Post-traumatic stress and high blood pressure, exercise, yoga, singing or even physical exercise. meditation and just to give me an over all sense of clarity and peace, I have too vote yes for "medical marijuana" to help everyone in life and not feel bad for a God made drug, Have a good day medical cannabis growers and pot users ✨👠🌸😊

🌹🙏🎵 The end. ❤️💙🌹 Thank you 😇 smoke more medical cannabis 😊😍💙 for a better lifestyle and healthier life and better physical, emotional and better relationship with God. It's not a hard drug or the "gateway" drug. ❤️👠💙❤️🌹😊👠😇🌸 Tara Brockgreitens ❤️