

Active bystander & allyship training

Understanding what to do if you witness identity-based prejudice, harassment or violence - and what you can do as a victim

What is it?

An “active bystander” describes somebody taking positive action to prevent harm to others or to actively work to build inclusive, respectful and just communities. Being an active bystander is everyone’s responsibility – whether in acute moments of danger or in the actions we take to tackle systemic injustices.

This interactive online or in-person course is led by identity-based violence prevention charity, Protection Approaches and has been developed in partnership with the British East and Southeast Asian Network (besea.n). The expert-led sessions see up to 25 participants guided through a series of discussions to explore how they can play a role in tackling identity-based prejudice and violence in their community or place of work.

Content

Content is bespoke and tailored to the needs of each organisation. The training has a minimum time of 2.5 hours but can also be delivered over a half or full day. Content includes:

- What it means to be an active bystander or ally: through group discussion the participants explore what being an active bystander means to them, both in the workplace and in the wider community
- Standing up for victims: through a series of discussions centred on different scenarios, participants consider what they can do when they encounter identity-based prejudice, harassment or violence such as a racist attack in a supermarket or an inappropriate comment from a colleague
- What you can do if you are the victim: participants consider some options they may have if they are the victim of identity-based prejudice or violence, and find out where there are support services and resources

Costs

Costs are variable depending on number of trainings booked. If trainings are in-person travel costs from London will be added. The below indicates costs for the standard 2.5 hour training.

- 1 session only for up to 25 participants = £900
- 2 - 10 sessions for up to 25 participants each session = £600 per session
- 11 - 50 sessions for up to 25 participants each session = £550 per session
- 51+ sessions for up to 25 participants each session = £500 per session

