



SUPERSTAR WISH GUIDE

DEAR SUPER STAR,

Congratulations! You are going to have a wish granted that is just for you!

We have created a special Wish Game that, with the help of your family and other important people in your life, like your physical therapist or teacher, will help you consider all the things you like to do for fun and what makes you happy because those things make for perfect wishes!

Use this guiz and your creativity to create your own unique wish!

Below are tips to help you get started:

- In addition to your family, have your physical, occupational, behavioral therapists and teacher complete the quiz by themselves or with your family.
- Complete the quiz with your family when you are most relaxed, like after a bath or before bed.
- Look at all the different wish categories, especially the ones listed under your favorite activities.
- Have your family write down two to three wish ideas.

Your volunteer wish granters will meet you soon! They want to learn about all your wish ideas and will want to know why they are your favorite.

Your volunteer wish granters will share your wish ideas with Make-A-Wish Southern Florida staff who will help plan your wish. Each wish goes through an approval process* so it might take some time to create your perfect wish!

A wish is filled with fun and excitement, and we are here to help! Happy Wishing!

From,

Your Friends at Make-A-Wish Southern Florida



I wish to go to the Florida Theme Parks

nervous system disorder

*Each wish idea goes through an approval process based on many factors such as safety, medical approval, and age appropriateness. Your Make-A-Wish Southern Florida team will inform you of the approval process and next steps.



THE WISH QUIZ

Choose the answer that best describes you.

1. What makes you the happiest?

- a. Exploring my environment or manipulating toys, objects, etc.
- b. Moving my body (i.e., clapping, dancing, hugging, going for walks, climbing, etc.)
- c. Being read to or talked to by my family, therapists, or teachers
- d. Watching educational videos or playing on a tablet or computer game

2. What experiences/activities do you feel will benefit you the most?

- a. Having a calming or stimulating space at home to relax and learn
- b. Utilizing adaptive equipment to help me move my body indoors or outdoors
- c. Opportunities/devices to work on speech/language/communication
- d. Being introduced to new learning experiences

3. When are you the calmest?

- a. During bath time
- b. After physical, occupational, play, behavioral therapy sessions or after school
- c. When there is music playing or while playing/watching videos, tablet, or computer games
- d. When my teacher or family member is working with me on strengthening a skill or teaching me a new skill

4. When inside, what is your favorite activity?

- a. Manipulating or looking at toys with bright colors and lights
- b. Moving around the house or learning to sit, crawl, climb, or walk on my own
- c. Listening to music or singing with my family, or watching my favorite videos
- d. Playing with electronics, board games, educational toys, or using my imagination while I play

5. When outside, what is your favorite activity?

- a. Feeling the sun and wind, looking at and smelling nature or listening to the birdsand neighborhood sounds
- b. Going for walks, car rides, swinging, swimming, or playing sports
- c. Playing with a tablet, interactive toys, board games or sports with my family
- d. Going to school, visiting museums, camping, or shopping with my family

6. What developmental goal have you been working on with your therapists/teacher?

- a. Providing more sensory experiences with my hearing, touching, smelling, and vision
- b. Positioning, body control, strength building, lexibility, hand or inger control
- c. Speech/language/communication
- d. Educational and play activities that focus on my understanding, memory, recognizing objects, problem solving

Quiz Key:

- If you answered mostly A, go to page 4 to see SENSORY related wishes.
- If you answered mostly B, go to page 5 to see MOVEMENT related wishes.
- If you answered mostly C, go to page 6 to see COMMUNICATION related wishes.
- If you answered mostly D, go to page 7 & 8 to see LEARNING related wishes.
- If you answered a mix of every letter, look at all the wish ideas to see if anything would excite you and bring you joy.



SENSORY STIMULATION, RELAXATION AND SELF-REGULATION WISH IDEAS

I WISH TO...



MEET AN ANIMAL

Have a pet, go on an animal experience, have an animal themed room redo, have dolphin therapy, have equine therapy, have a fish tank, visit a rodeo or farm, be a veterinarian or zookeeper.



I wish to meet Ron Magill at Zoo Miami Jadyn, 8 cancer

I wish to have a Havanese puppy Abram, 6 vascular disorder



HAVE SENSORY OR RELAXATION EQUIPMENT

Have a massage chair, have a medical/massage bed, have a musical instrument, have a home theater, have a themed room redo, have a shopping spree for multi-sensory equipment.

BUILD IN THE BACKYARD

Have a backyard renovation with a sensory area, have a hot tub, have a pool lift, have have a shopping spree for backyard items, have a playset.



EXPLORE TECHNOLOGY

Have an electronic item that focuses on stimulation or relaxation, have an adaptive gaming system, have a home theater, have an iPad, have a computer, have a gaming system, have a sensory room redo, have a shopping spree for multi-sensory equipment.

TRAVEL SAFELY

Go to a museum, go on a beach vacation, have a staycation, stay in a cabin in the mountains, see snow, have a local spa day.



MOVEMENT WISH IDEAS



I WISH TO...

BUILD IN THE BACKYARD

Have a backyard renovation with sensory area, have a hot tub, have a pool lift, have a shopping spree for backyard items, have a playset.



I wish to have a backyard playset
Serafina, 3

GO OUTDOORS

Have an all-terrain or beach wheelchair, have a specialty stroller or walker, have an adaptive bike/tricycle, have an adaptive swing, have a rocking chair, have an activity/positioning chair, have a golf cart.

I wish to have an adaptive stroller

Owen, 4 nervous system disorder



EXPLORE TECHNOLOGY

Have an electronic item that focuses on movement, have an adaptive gaming system, have an iPad, have a computer, have a gaming system, have a virtual reality system.

CUSTOMIZE MY INDOOR SPACE

Have therapy equipment, have an indoor home gym, have a shopping spree for movement items.

HAVE A SPORTS WISH

Have sports equipment, be an athlete, participate in a sporting event, have a car riding experience, have dance lessons, have horseback riding lessons, have a sports themed shopping spree, have sports lessons, have equine therapy, swim with dolphins.

TRAVEL SAFELY

Go to a museum, go on a beach vacation, have a staycation, swim with dolphins, go to the Orlando theme parks.



SPEECH, LANGUAGE AND COMMUNICATION WISH IDEAS

I WISH TO...





I wish to be a pirate
James, 7
malignant brain tumor

CHARACTERS

Have a character room redo, have items to cosplay, have a mermaid tail, have a party with characters, have a favorite character themed shopping spree, virtually meet a character or actor.

CUSTOMIZE MY INDOOR SPACE

Have a home library, have a home theater, have a room redo.

I wish to have a bedroom makeover

Cavion, 9
endocrine disorder



BE PHILANTHROPIC

Support a charity, school, organization or hospital that is important to you.





EXPLORE TECHNOLOGY

Have an electronic item with speech/language/communication activities, have a communication device, have a braille computer, have an iPad, have a computer, have a virtual reality system, have a home theater, have a smart home.



I wish to have a guitar Bryce, 15 leukemia

PLAY MUSIC

Have a music studio, have a musical instrument, be a musician, virtually meet a musician or band, have an iPad or a computer with downloaded music activities, have a music themed shopping spree, have musical instrument lessons, have music therapy sessions, have season tickets to a local orchestra.

LEARNING WISH IDEAS

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I WISH TO...

BE A CREATOR

Virtually meet an animator, be an animator, be a LEGO builder, write a book, have an art or craft studio, have a creator themed shopping spree.

BE A SCIENCE EXPERT

Be an astronomer, be an astronaut, have a telescope, visit an observatory, have a space themed room redo, have a space themed shopping spree, virtually meet a space hero, be an archaeologist, go on a dinosaur dig.

BE ARTISTIC

Be an artist, have an art room, have an iPad or computer with downloaded art activities, have art lessons, have art therapy sessions, virtually meet an artist, have an art supply shopping spree.

EXPLORE TECHNOLOGY

Have a braille computer, have a home theater, have a YouTube Studio, have an iPad or a computer with downloaded learning programs, have a smart home, have a virtual reality system, have an adaptive gaming system, have a gaming system, virtually meet a gamer, have a technology themed shopping spree.

HAVE FUN WITH FASHION

Virtually meet a fashion designer, be a model, be a fashion designer, have a sewing studio, have a fashion themed shopping spree.

I wish to have a shopping spree
Katelynn, 18
genetic disorder



PLAY WITH FOOD

Have a chef experience, take cooking or baking classes, have a cooking or baking shopping spree, be a chef, be a pastry chef, virtually meet a celebrity chef or baker.





I wish to have college tuition

Athena, 18 cancer

FOCUS ON EDUCATION

Receive tuition, have a home classroom, have educational resources, have a home library, have a learning themed shopping spree, have a room redo.