



# SPA SERENE

MASSAGE & FACIAL

## Massage Consent Form

Name: \_\_\_\_\_

### Medical Information

Are you taking any medications? ☐ yes ☐ no  
If yes, please list name and use: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you currently pregnant? ☐ yes ☐ no  
If yes, how far along? \_\_\_\_\_

Any high risk factors? \_\_\_\_\_

Do you suffer from chronic pain? ☐ yes ☐ no  
If yes, please explain \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What makes it better? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What makes it worse? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you had any orthopedic injuries? ☐ yes ☐ no  
If yes, please list: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please indicate any of the following that apply to you.

- |  |   |
|--|---|
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Fibromyalgia       |
| <input type="checkbox"/> Headaches/Migraines     | <input type="checkbox"/> Stroke             |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Heart Attack       |
| <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Kidney Dysfunction |
| <input type="checkbox"/> Joint Replacement(s)    | <input type="checkbox"/> Blood Clots        |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Numbness           |
| <input type="checkbox"/> Neuropathy              | <input type="checkbox"/> Sprains or Strains |

Explain any conditions you have marked above:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Massage Information

Have you had a professional massage before? ☐ yes ☐ no

What pressure do you prefer?

☐ Light ☐ Medium ☐ Deep

Do you have any allergies or sensitivities? ☐ yes ☐ no

Please explain \_\_\_\_\_  
\_\_\_\_\_

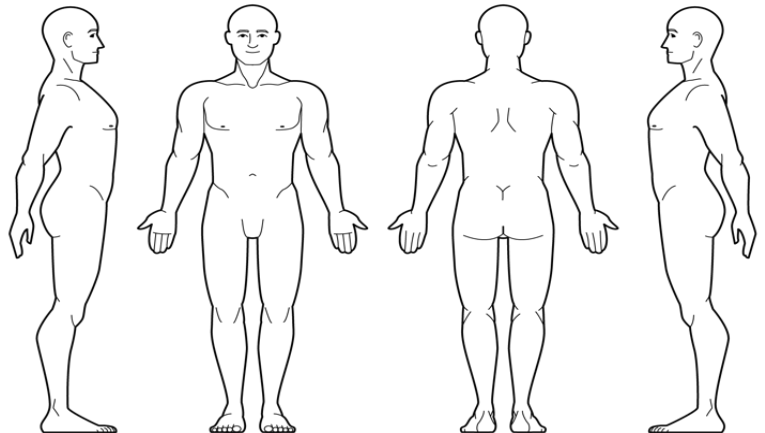
Are there any areas (feet, face, abdomen, etc.) you do not want massaged? ☐ yes ☐ no

Please explain \_\_\_\_\_  
\_\_\_\_\_

What are your goals for this treatment session?

\_\_\_\_\_  
\_\_\_\_\_

Please circle any areas of discomfort



By signing below, you agree to the following:

Sexual misconduct will not be tolerated and will result in immediate termination of session and client will be liable for full payment of the scheduled appointment.

I understand that the massage I receive is provided for the purpose of relaxation and relief of muscular tension. I also understand that my massage therapist is not qualified to diagnose, prescribe, or treat any physical or mental illness.

I have completed this form to the best of my ability and knowledge and agree to inform my therapist of any changes to the information I provided. I agree to waive all liabilities toward my massage therapist and the employer for an injury or damages incurred due to any misrepresentation of my health history.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_