



Why Employers Choose Continicare

Mental health challenges are a leading cause of absenteeism, disability claims, & rising benefit costs. Continicare Partners gives employees unlimited access to structured, clinical-grade support to ensure consistency, accountability, & measurable quality at every step.

Built on Clinically Validated Protocols

Unlike programs that rely on informal coaching or unstructured “talk therapy,” the Continicare platform is protocol-driven:

- Every assessment, intervention, and coaching session is grounded in evidence-based, clinically validated frameworks.
- Therapists and Wellness Coaches receive structured, standardized protocols — ensuring quality and fidelity across all client interactions.
- Employees don’t just “talk about” their struggles; they receive measurable, actionable care that aligns with best practices in psychology and behavioral health.

This ensures the highest quality care for employees and confidence for employers and EAPs that every dollar spent delivers real outcomes.

What Employees Receive

✓ Comprehensive Behavioral Health Assessment – Goes beyond symptom checklists to map conditions, personality traits, strengths, and cognitive patterns. Provides a complete mental health profile.

✓ Personalized Reports – Clinical-grade reports reviewed with the employee & securely shared with therapists to accelerate effective care.

✓ Daily Digital Support – Tailored exercises, coping strategies, psychoeducation, and motivational insights. Validates the employee’s experience, teaches coping skills, and promotes lasting change.

✓ Smart Triage & Care Pathways – Severe: Referral to hospital or specialty care. Moderate: Therapist referral with pre-completed reports, eliminating the typical 2–3 session discovery phase (saves time & money). Mild: Option for Wellness Coaching (Behavior Analyst) or Digital-Only Care for further cost savings.

The Digital Front Door to Mental Health Care



Pricing \$6.25 per employee per month

- ☒ Unlimited access to the Partners Program (assessments, daily digital support, wellness coaching, triage)
- ☒ No internal caps on program usage — employees can engage daily
- ☒ Referrals to therapists or hospitals are included, but those services remain subject to employer insurance or EAP coverage limits

By addressing mild and moderate cases early, Continicare reduces the need for capped therapy sessions, stretching insurance coverage and lowering long-term costs.

For Employers and EAPs

Continicare is the bridge between wellness programs and clinical care:

- Engages employees daily
- Enhances productivity and retention
- Reduces insurance costs
- Ensures employees are never left unsupported

Contact us today to bring Continicare to your workforce

Your employees deserve the highest quality mental health support — delivered with compassion, efficiency, and clinical precision.

Contact info@continicare.com 647-255-8173

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