



## West High School 2024-2025 Cross Country Schedule

<b>Date</b>	<b>Event</b>	<b>Location</b>	<b>Race Time</b>
8/23	Flame Invitational	Lodi Lake	3:00pm
8/31	Oakmont Invitational	Johnson Springview Park	9:00am
9/14	Kim Duyst Invitational	River Oaks Golf Course Ceres	7:30pm
9/21	Bret Hart Frogtown Invitational	Calaveras County Fairgrounds Angels Camp	9:00am
9/25	TCAL League Meet	Lodi Lake	3:30pm
10/5	Tom Laythe Cross Country Inv.	Willow Hills Reservoir Course Folsom	9:00am
10/11- 12	ASICS Clovis Invitational	Woodward Park Fresno	7:30am
10/19	Hughson Supercross Invitational	Hughson Country Arena	9:00am
10/30	TCAL League Championships	Lodi Lake	3:30pm
11/9	Subsections	Angels Camp	TBD
11/16	Sections D-1	Willow Hills Reservoir Course Folsom	TBD
11/30	CIF State Championships	Woodward Park Fresno	TBD

**Varsity Head Coach** TJ Williams

**Assistant Coach** Tida Hupman

**Volunteer Assistant** Frank Lozano

**Volunteer Assistant** David Renshaw

**Volunteer Assistant** John Morris

**Athletic Director** Derek Solano

**Principal** Gary Henderson

**School Address** 1775 W Lowell Ave

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