



Merrill West 2025 Track & Field Schedule

Day	Date	Visitor	vs	Home	@	Location	Girls Time	Boys Time
Thu	2/27	West		Cal/O'Dowd		**California HS**	4pm	4pm
Sat	3/1	West		Viking Invitational		Edison HS	8:30a	8:30a
Wed	3/5	West		TCAL Center #1		*Tracy HS*	2pm	2pm
Sat	3/8			Wolf Pack Relays		Merrill West	9am	9am
Sat	3/15	West		Eddie Hart Inv		Pittsburg HS	9am	9am
Fri-Sat	3/21-22	West		Dublin Distance Festival		Dublin HS	TBA	TBA
Sat	3/22	West		Jaguar Inv		Kimball HS	8:30a	8:30a
Sat	3/29	West		Bay Area Relays		Foothill HS	9am	9am
Sat	4/5	West		West Coast Relays		Buchanan HS	10am	10am
Wed	4/9	West		TCAL Center #2		*Kimball HS*	2pm	2pm
Fri-Sat	4/11-12	West		Arcadia Inv/Tiger Inv.		Arcadia/ S. Pasadena HS	TBD	TBD
Fri-Sat	4/18-19	West		Mt Sac Relays		Mt San Antonio College	TBD	TBD
Sat	4/26	West		Sacramento Meet of Champions		American River College	10am	10am
Wed Fri	4/30 5/2	*TCAL League Championships* @ Merrill West HS					2pm	2pm
Tue Thur	5/13 5/15	Sac-Joaquin Division I Playoffs @ Folsom HS					TBD	TBD
Fri Sat	5/23 5/24	Sac-Joaquin Masters Playoffs @ Davis Sr. HS					TBD	TBD
Fri Sat	5/30 5/31	CIF State Finals @ Buchanan HS					TBD	TBD

* Denotes League Meet

** Denotes Scrimmage

Varsity Head Coach TJ Williams

Assistant Coach

Frank Lozano

Assistant Coach Tida Hupman

Assistant Coach

David Renshaw

Volunteer Coach Phil Williams

Assistant Coach

Warren Williams

Athletic Director Derek Solano

School Address

1775 W. Lowell Ave

Principal Gary Henderson

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