



Today's Date: _____

Adult Patient History Form

Name _____ Date of Birth _____ Sex: M ___ F ___

Present Complaints _____

Currents Medical Conditions _____

Preferred Pharmacy (please include address) _____

Current Medications and Dosages (including vitamins/nonprescription drugs/herbs/laxatives etc. You may attach list or write on back): _____

Allergies: (Medication, Foods, Pollen, Etc) _____

Past Medical History: Have you ever had the following:

- | | | | |
|--|---|---|---|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Asthma | <input type="checkbox"/> Stomach Ulcers | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Heart Attack/Angina | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Heart Murmur | <input type="checkbox"/> Phlebitis | <input type="checkbox"/> Thyroid Disease | <input type="checkbox"/> Glaucoma |
| <input type="checkbox"/> Crohn's Disease | <input type="checkbox"/> Bleeding Disorder | <input type="checkbox"/> Cancer | <input type="checkbox"/> Cataracts |
| <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Sickle Cell Anemia | <input type="checkbox"/> Sexually Transmitted Disease | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Blood Transfusion | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Trouble achieving and/or maintaining an erection |
| <input type="checkbox"/> Emphysema | <input type="checkbox"/> Gallstones | <input type="checkbox"/> Stroke | |
| <input type="checkbox"/> Prostate Trouble | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Migraine headaches | |
| <input type="checkbox"/> HIV Disease | <input type="checkbox"/> Hepatitis | | |
| | <input type="checkbox"/> Kidney Disease/Stone | | |

Other Serious Illnesses/Hospitalizations/Injuries:

Surgical History: Please list all prior surgeries and dates:

Immunizations (Please list date of last vaccination)

- Hepatitis A _____ Hepatitis B _____ Pneumovax (pneumonia) _____
 Influenza (flu) _____ Tetanus _____ Other _____

Health Maintenance Screening Tests: Please list the date and indicate if results were abnormal

- Lipid (cholesterol) _____ Abnormal? Yes No
 PSA(prostate) _____ Abnormal? Yes No
 Colonoscopy _____ Abnormal? Yes No DEXA Scan _____ Abnormal? Yes No
 Mammogram _____ Abnormal? Yes No Pap Smear _____ Abnormal? Yes No

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Name _____ Date of Birth _____

Family History:

	Age:	Alive:	Deceased:	Health Problems:
Father				
Mother				
Sister				
Brother				
Paternal Grandparents				
Maternal Grandparents				
Children				
Other:				

Habits:

	Yes	No	Amount/Type
Use Drugs (marijuana, cocaine, etc.)			
Use Tobacco: (Cigarettes, Pipe, Cigar, Snuff, Chew)			
Use Alcohol: (Beer, Wine, Liquor)			
Use Caffeine: (Coffee, Tea, Soda)			
Diet: (Restrictions, Special Diet)			
Exercise Regularly			
Wear seat belts?			
Bike Helmet			

Sexual Activity: Yes No Not Currently Current sex partner(s) are: Male Female

Birth Control Method: _____ None Needed

Have you ever had any sexually transmitted diseases (STD's)? No Yes

Are you interested in being screened for sexually transmitted diseases? No Yes

Other Concerns:

Are you satisfied with your weight? No Yes

How do you rate your diet? Good Fair Poor

Do you eat or drink four servings of dairy or soy daily or take calcium supplements? No Yes

Is violence at home a concern? No Yes Have you ever been abused? No Yes

Do you have a gun in your home? No Yes

Do you have a living will or durable power of attorney for your healthcare? No Yes

Do you have a living will or advance directive? No Yes

Are you interested in information about this? No Yes

Socioeconomics: Occupation: _____ Employer: _____

Years of education/highest degree: _____ Spouse/partner's Name: _____

Number of children/ages: _____ Who lives in the home with you? _____

Women's History: # Pregnancies _____ # Deliveries _____ # Abortions _____ # Miscarriages _____

Regular Periods No Yes Age at start of periods: _____ Age at end of periods: _____

Age of Menopause: _____ Do you perform monthly self breast exams: No Yes