

# May 2026

## Monday - Friday: Afternoon(P.M.) Practice Only

6&U Group: 3:30pm - 4:15pm (45min Swim)

1<sup>st</sup> Group: 3:15pm - 4:30pm (15min DryLand 1hr Swim)

2<sup>nd</sup> Group: 4:15pm - 5:30pm (15min DryLand 1hr Swim)

1<sup>st</sup> Senior Group: 4:00pm - 5:30pm (15min DryLand 1hr 15min Swim)

2<sup>nd</sup> Senior Group: 5:30pm - 6:45pm (15min DryLand 1hr 15min Swim)

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 First Day	5	6	7	8 Gear Swap Day	9
	Welcome Week					
10	11	12	13	14	15 Abby Mini Meet	16
17	18 Victoria Day NO PRACTICE	19	20	21	22	23 Mission Meet
24 Mission Meet	25	26	27	28	29	30 Haney Meet
31 Haney Meet						

# May 2026 Information

May.4th:

First Day

May.8th:

Gear Swap

May.15th:

Abby Mini Meet

May.18th:

Victoria Day

May.23rd-24th:

Mission Meet

May.30th-31st:

Haney Meet

## Notes:

Gear Swap

- Bring old gear that doesn't fit your swimmer and trade for gear that fits!(Fins, Paddles, Suits, etc...)

Abby Mini Meet

- Come to your regular scheduled practice and experience a Mini Meet. Coaches will go over the ins and outs of a Swim Meet!

Victoria Day

- No Practice

Mission Meet

- The Mission Meet will be hosted at the Mission Leisure Centre. Look out for registration 1-2 weeks before.

Haney Meet

- The Haney Meet will be hosted at the Maple Ridge Leisure Centre. Look out for registration 1-2 weeks before.

# June 2026

## Monday - Friday: Regular Afternoon(P.M.) & Tuesday/Thursday Morning(A.M.) Practices

NO 6&U at the Morning Practices (additional supports will not be available for them at this time)

1<sup>st</sup> Group Div 1-3: 6:00am - 7:00am

2<sup>nd</sup> Group Div 4+: 6:00am - 7:30am

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6 Aldergrove Meet
7 Aldergrove Meet	8	9	10	11	12	13 Hope Meet
14 Hope Meet	15 Team Colour Day Spirit Week	16 Twin Day	17 Team Photos Team Gear Day	18 Crazy Cap Day	19 Team BBQ Swim-a-thon Day	20
21	22	23	24	25	26	27 Langley Meet
28 Langley Meet	29	30				

# June 2026 Information

June.6th-7th:

**Aldergrove Meet**

June.13th-14th:

**Hope Meet**

June.15th-19th

**Spirit Week**

June.17th:

**Team Photos**

June.17th:

**Team BBQ**

**Swim-a-thon**

June.27th-28th

**Langley Meet**

## Notes:

**Aldergrove Meet**

**Hope Meet**

**Spirit Week**

**Team Photos**

**Team BBQ**

**Swim-a-thon**

**Langley Meet**

- The Aldergrove Meet will be hosted at the Aldergrove Community Pool. Look for registration 1-2 weeks before.
- The Hope Meet will be hosted at the Dan Sharrers Aquatic Centre. Look out for registration 1-2 weeks before.
- Team Colour Day, Twin Day, Team Gear Day, Crazy Cap Day, Swim-a-thon Day. Participation is tracked.
- Team Photos will be held on Wednesday.17<sup>th</sup>. Look out for more details closer to the date.
- Only Athletes choosing to participate in the swim-a-thon will attend practice. Afterwards there will be a team BBQ(more details closer to the date).
- The Langley Meet will be hosted at the Al Anderson Pool. Look for registration 1-2 weeks before.

# July 2026

## Monday - Thursday: New Afternoon(P.M.) & Tuesday-Friday Morning(A.M.) Practices

NO 6&U at the Morning Practices (additional supports will not be available for them at this time)

1<sup>st</sup> Group Div 1-3: 6:00 am - 7:00am

2<sup>nd</sup> Group Div 4+: 7:00 am - 8:00am

6&U : 4:15 pm - 5:00 pm

1<sup>st</sup> Group: 4:00 pm - 5:15 pm (15min DryLand 1hr Swim)

2<sup>nd</sup> Group: 5:00 pm - 6:15 pm (15min DryLand 1hr Swim)

1<sup>st</sup> Senior Group: 4:45 pm - 6:15 pm (15min DryLand 1hr 15min Swim)

2<sup>nd</sup> Senior Group: 6:00pm - 7:30pm (15min DryLand 1hr 15min Swim)

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Canada Day NO PRACTICE	2	3	4 Chilliwack Meet
5 Chilliwack Meet	6 Junior Whalers	7	8	9	10	11 Agassiz Meet
12 Agassiz Meet	13	14	15	16	17	18 Abby Meet
19 Abby Meet	20	21	22	23	24	25
26	27	28	29	30 Junior Whalers	31 Regionals Loc: Centennial Pool	

# July 2026 Information

July.1st:

Canada Day

July.4th-5th:

Chilliwack Meet

July.6th-30th:

Junior Whalers

July.11th-12th:

Agassiz Meet

July.18th-19th:

Abby Meet

July.31st-

August.2nd::

Regionals

## Notes:

Canada Day

- No Practice

Chilliwack Meet

- The Chilliwack Meet will be hosted at the Chilliwack Landing Leisure Centre. Look out for registration 1-2 weeks before.

Junior Whalers

- Junior Whalers Starts(3:30pm-4:15pm) This is the cause for our July Schedule Change.

Agassiz Meet

- The Agassiz Meet will be hosted at the Ferny Coombe Pool. Look out for registration 1-2 weeks before.

Abby Meet

- The Abbotsford Meet will be hosted at Centennial Pool. Look out for registration 1-2 weeks before.

Regionals

- Regionals will be hosted by Abbotsford Whalers, located at Centennial Pool.

# August 2026

Practices will only have space for Provincial Qualifiers and Provincial Alternates

Practice Schedule will be posted closer to the Start Date

SUN	MON	TUE	WED	THU	FRI	SAT
						1 Regionals Loc: Centennial Pool
2 Regionals Loc: Centennial Pool	3	4	5	6	7	8
9	10	11	12	13	14 Provincials Loc: Kamloops	15 Provincials Loc: Kamloops
16 Provincials Loc: Kamloops	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5 Award Night / AGM

# August/September 2026 Information

July.31st-  
August.2nd::

**Regionals**

August 14th-16th:

**Provincials**

September.5th:

**Award Night / AGM**

## Notes:

**Regionals**

- Regionals will be hosted by Abbotsford Whalers, located at Centennial Pool.

**Provincials**

- Provincials will be held over 14th-16th in Kamloops.

**Award Night / AGM**

- Annual General Meeting will be hosted on September 5<sup>th</sup>, this is also known as our Awards Night/Ceremony. Further details and address will be sent closer to the date.