

Missions for Humanity 2026 Tanzania Mission Trip

Thursday, July 2, 2026– Saturday, July 18, 2026

- **Passport - Required**

If you are interested in coming on a mission trip and either do not have a passport or your passport is not valid for at least 6 months after we return, please **apply for your passport ASAP, as it takes much longer now.** **You need your passport to apply for your Visa. Apply today!**

- **Visa: Required for Tanzania** – You will obtain online ahead of time –I will send you directions and the answers to the questions you will need to answer (probably in January) once tickets are purchased.

- **Register at US Embassy** – Smart Traveler Program

- **Tanzania - Level 2** (Level 1 is life is perfect)
- **United Arab Emirates (Dubai) – Level 2** -Threat of missile and drone attacks

- **Medical Licenses** – All doctors, dentists, PA's, NP's and nurses will need to get a temporary Tanzania medical license to practice in Tanzania. I will email you the documents you need to gather in January. You will need to get the documents, have them notarized then upload and send them to our contact in Tanzania who will fill out the applications for you as they are IMPOSSIBLE!

Tanzania Mission trip

Cost: as of 10/8/25 the cost of the **flight is \$2455.53**. This includes three 50lbs bags free, choose your own economy seat at no additional charge, an overnight in Dubai each direction, and dinner and breakfast at the hotel in Dubai. **Price is subject to change until the flight is booked.**

The flight on July 2nd leaves Boston at 11:05pm and we arrive home on Sunday July 18th at 2:10pm .

There is an overnight in Dubai going in each direction. On our way to Tanzania we arrive in Dubai about 7:20pm which is plenty early for you to go out and see Dubai (either on a tour or on your own). On our return we do not get into Dubai till 9:50pm so that doesn't really give you time for sightseeing.

Proposal 1: Emirates (EK)

Date	Flight	From	To	Departure	Arrival	Class
Thu 2 Jul 2026 ✈	EK 238	Boston General Edward Lawrence Logan Intl	Dubai Dubai Intl	11:05 PM	07:20 PM Fri 3 Jul 2026	Economy (K) Duration: 12:15 Baggage: 3P
Sat 4 Jul 2026 ✈	EK 725	Dubai Dubai Intl	Dar Es Salaam Julius Nyerere Intl	09:30 AM	01:55 PM	Economy (K) Duration: 05:25 Baggage: 3P
Fri 17 Jul 2026 ✈	EK 726	Dar Es Salaam Julius Nyerere Intl	Dubai Dubai Intl	03:25 PM	09:50 PM	Economy (K) Duration: 05:25 Baggage: 3P
Sat 18 Jul 2026 ✈	EK 237	Dubai Dubai Intl	Boston General Edward Lawrence Logan Intl	08:20 AM	02:10 PM	Economy (K) Duration: 13:50 Baggage: 3P

Terms of Purchase | Non-Refundable fees apply. All MNT agency service fees and transaction processing fees shall be fully earned and shall be non-refundable under any circumstance.

Adult Fare incl. taxes and fees per person	\$ 2455.53 USD includes a \$ 0.00 MNT Ticket Fee-Nonrefundable
Changes before departure	\$75.00 USD (applicable fare diff. and tax may apply)
Changes after departure	\$75.00 USD (applicable fare diff. and tax may apply)
Cancellations before departure	\$125.00 USD Should an airline grant a waiver for Coronavirus, acts of God and force majeure, the MNT Refund Fee of \$125.00 applies for processing and is non-refundable.
Cancellations after departure	\$125.00 USD
Baggage allowance	3PC Max 50LBS/40KGS
Ticket deadline	Booking not held
Humanitarian Fare	Humanitarian Identification or letter of purpose is required

Fares, taxes and fees are subject to change without notice until payment has been received and tickets are issued. Ticketing deadline is based on the rules of the fare and can be adjusted by the airline at any given time.

Where we stay

We will be staying at the Mbagala Center in Dar es Salaam, Tanzania, which we have stayed at many times before, and travel each day (about 2 hours) from the Center to the village we will be working at that day. The center is very simple, but clean and safe. You can stay in a single, double or triple depending on how many people are traveling with you. Each room has its own bathroom with a toilet, sink and shower. For the most part the rooms only have cold water although they do supply a bucket so you can get hot water from the sink at the end of each hall. There are a couple of rooms with hot water. We eat breakfast and dinner at the Mbagala Center. **At lunch time we are out in the villages, so each person must bring from home whatever they want to eat for lunch (protein bars etc.)** We will purchase cases of bottled water when we get there for each person so you will always have plenty of fresh water to drink.

Room & Board Costs- Room / Breakfasts & Dinners/ Water etc. for 13 nights per person:

Single room	\$485
Double Room	\$415/person
Triple Room	\$385/person
Quad Room	\$355/person

Approximate Cost Breakdown

(Costs of flights are subject to change and not definite until booked. Room and Board may go up a tiny bit in January, but if so it will be very little)

Airfare as of 10/8/25 \$2455.53
(See separate Flight Information sheet for flight details)

Room, Board, water, etc. 13 nights

- Single room \$485
- Double Room \$415/person
- Triple Room \$385/person

Donation for Caritas staff (per person) \$ 40.00

Total Base Price (depending on room choice) \$2,880.53 - \$2,950.53

Optional Expenses

- Safari depends on what you chose and how many go. \$???
- Zanzibar Weekend –(2 nights/3days)
- Travel Insurance (purchase on your own – cost depends on what you buy)
- Tours in Dubai (Last year the 4-hour city tour was \$50 per person)

Not Included:

- Visa - \$100 US dollars that you purchase on-line ahead of time
- Drinks (other than water) at meals and other times
- Tips on safari (if you go on one)
- Tips at Mbagala Center
- Spending money for gifts

When is money Due?

To give you an idea of what is due when moneywise.....

- Flights must be paid upfront....
- Safari will require a 50% deposit when booked (about December) & the balance in May.....
- Room, Board, etc. expenses will be due in May

To book your flight you need to email me (kcrosson1@comcast.net) the following information:

- Name as it appears on your passport (or as it will appear on your passport if you are renewing it or getting one for the first time.) **Last name/First Name/Middle Name**
- Passport number
- Country Issued
- Date of Birth
- Date issued
- Date of Expiration **(must be more than 6 months or you must renew)**
- Seat Preference (window, aisle, middle, sitting with anyone particular)
- Phone number (mobile)
- Email
- Address

Additional Information

Medical - Vaccinations/Medications for Tanzania

You should all have the following medications/vaccinations before your trip to Tanzania. Some of these you have already had as part of normal life, but check to be sure they are current. **I highly recommend you ask your primary care for prescriptions for the Typhoid and Malaria as the Travel Clinics are very expensive. I put the exact prescriptions you need below.**

Check with your insurance to see what is covered where. **I used GOOD RX and saved a lot of money on those that were not covered by insurance**

- Miriam Hospital Travel Clinic – Providence
- Travel clinic in the Cape
- Travel clinic outside of Boston

1. **Hepatitis A**
2. **Hepatitis B**
3. **Polio Booster**
4. **Tetanus (good for 10 years)**
5. **All Covid Vaccines**
6. **Typhoid**
 - **Typhoid Vaccine live oral Ty21a (VIVOTIF) capsule-** Take 1 capsule by mouth every other day for 4 doses. Take 1 hour before a meal., Disp: 4 capsule
Good to take this at least a month before the trip. – **Good for 5 years.** A shot is also available, but that is only effective for two years.
7. **Malaria Medication**
 - **Atovaquone-proguanil HCl 250-100 MG** per tablet, Take 1 tablet by mouth daily starting day 1 before trip to 7 days after.
8. **Not necessary, but good to have for Travelers Diarrhea**
 - **Ciprofloxacin (CIPRO) 500 MG tablet,** Take 1 tablet (500 mg total) by mouth 2 (two) times a day, Disp: 8 tablet

Clothing – **Modest dress**

- See recommended list of items to bring
- You may have clothes washed while you are there.
- People do not wear shorts in public.
- Spray clothes????

Communication

- Internet available most times
- cell phones services - check with your provider- usually available

Currency – Tanzanian Shillings 2,455 Tz Shillings = \$1.00 (as of 10/8/25)
(fluctuates a lot)

- **Only New Style Money,** American dollars are accepted in Tanzania. **NO TEARS OR RIPS**
- **You receive a better rate of exchange if you exchange large (\$100's, 50's) bills.**

Current - **220V**

- You need a 3 prong plug (UK size) Adaptor.
- You need a current converter if the items you will be charging don't state that they work on both currents.
- A 220 V power strip is great if you have a lot to plug in. Can purchase online.

Benefit Dinner Auction Fundraiser (Saturday, March 21, 2026): This is the main fundraiser that Missions for Humanity has. The money raised through this fundraiser pays for in country transportation, translators, doctor, dentist & nurse licenses, medications, supplies, Etc. etc. etc. . **Last year's Tanzania mission trip costs MFH over \$34,000 See attached Auction information.**

We need each family going on a mission trip to support the fundraiser. Each family is asked to sell at least 10 books of raffle tickets, donate one item for the live or silent auction or raffle and, if at all possible, come to the dinner with all your friends.

Contact:

Kathy Crosson

- Home 508-672-7996
- Cell 508-972-2979
- kcrosson1@comcast.net

If you have any questions, please feel free to email or call me.

Kathy