Missions for Humanity 2027 Tanzania Mission Trip

- **Passport - Required**
  If you are interested in coming on a mission trip and either do not have a passport or your passport is not valid for at least 6 months after we return, please **apply for your passport ASAP, as it takes much longer now**. **You need your passport to apply for your Visa. Apply today!**

- **Visa: Required for Tanzania** – Cost $100 - You will **obtain the VISA online ahead of time** –I will send you directions and the answers to the questions you will need to answer (probably in January).

- **Mandatory Tanzania Travel Insurance** – **(new this year)** Cost $44 – Purchase online ahead of time. Must purchase through National Insurance Company at https://inbound.nicinsurance.co.tz/

- **MFH is requiring all participants to be fully vaccinated for COVID** as we work and travel in VERY close quarters. Other necessary vaccinations are listed below.

- **Register at US Embassy –** Smart Traveler Program
  - Tanzania - Level 3 (Level 1 is perfect)

Tanzania Mission trip

Dates: Wednesday, June 30th, 2027– Friday, July 16, 2027

Cost: as of 10/19/26 the cost of the **flight is $1,871.49** which includes three 50lbs bags free. One will be for your personal items and the other two for medications and supplies. **Price is subject to change until the flight is booked.**

The flight on Wednesday, June 30th leaves Boston at 7:00pm and we arrive home on Friday, July 16th at 4:40pm . We will have a bus to get us and all the luggage back and forth from the airport. The bus will leave from here in the afternoon….time to be determined soon.

Where we stay

We will be staying at the Mbagala Center in Dar es Salaam, Tanzania, which we have stayed at many times before, and travel each day (about 2 hours) from the Center to the village we will be working at that day. The center is very simple, but clean and safe. You can stay in a single, double or triple depending on how many people are traveling with you. Each room has its own bathroom with a toilet, sink and shower. For the most part the rooms only have cold water although they do supply a bucket so you can get hot water from the sink at the end of each hall. There are a couple of rooms with hot water. We eat breakfast and dinner at the Mbagala Center. **At lunch time we are out in the villages so each person brings protein bars etc…whatever you want to eat for lunch from home.** We will purchase cases of bottled water when we get there for each person so you will always have plenty of fresh water to drink.

Room & Board Costs- Room / Breakfasts & Dinners/ Water, tip, etc. for 14 nights per person:

Single room	$615
Double Room	$545/person
Triple Room	$515/person
Quad Room	$485/person

Approximate Cost Breakdown

(Costs of flights are subject to change and not definite until booked. Room and Board may go up a tiny bit in January, but if so it will be very little)

Airfare as of 10/19/26 is $ 1791.49 + ~$80 if want to choose seat from Amsterdam to Dar roundtrip) = $1,871.49
(See separate Flight Information sheet for flight details)

Room, Board, water, tip, etc. 14 nights

Single room	**$615**
Double Room	**$545/person**
Triple Room	**$515/person**
Quad Room	**$485/person**

Donation for Caritas staff (per person) **$ 40.00**

Total Base Price (depending on room choice) **$2,396.49 - $2,526.49**

Optional Expenses

- **Safari** depends on what you choose and how many go. $???
- **Zanzibar -** if you go ????
- **Travel Insurance** other than the mandatory Tanzanian insurance (purchase on your own – cost depends on what you buy). If you have a pre-existing condition most require you purchase within 14 days of trip deposit. I **Highly recommend you add the following options:**
  - Cancel for Any Reason
  - Fly you to a hospital of your choice

Not Included:

- Visa - $100 US dollars that you purchase online ahead of time
- Mandatory Tanzania Travel Insurance – Cost $44 – Purchase online ahead of time.
- Drinks (other than water) at meals and other times- They sell soda and beer at Mbagala Center
- Tips on safari (if you go on one)
- Tips in Zanzibar (if you go)
- Spending money for gifts

When is money Due?

To give you an idea of what is due when moneywise……

- Flights must be paid upfront….
- Safari will require a 50% deposit when booked (about December) & the balance in May……
- Zanzibar?
- Room, Board, etc. expenses will be due in May

To book your flight you need to email me (kcrosson1@comcast.net) the following information:

- Name as it appears on your passport (or as it will appear on your passport if you are renewing it or getting one for the first time.) **Last name/First Name/Middle Name**
- Passport number
- Country Issued
- Date of Birth
- Date issued
- Date of Expiration **(must be more than 6 months or you must renew)**
- Seat Preference (window, aisle, middle, sitting with anyone particular)
- Phone number (mobile)
- Email
- Address

Additional Information

Medical - Vaccinations/Medications for Tanzania

You should all have the following medications/vaccinations before your trip to Tanzania. Some of these you have already had as part of normal life, but check to be sure they are current.

1. **Hepatitis A**
2. **Hepatitis B**
3. **Polio Booster**
4. **Tetanus (good for 10 years)**
5. **All Covid Vaccines**
6. **Typhoid**
   - **Typhoid Vaccine live oral Ty21a (VIVOTIF) capsule**- Take 1 capsule by mouth every other day for 4 doses. Take 1 hour before a meal., Disp: 4 capsule
     Good to take this at least a month before the trip. – **Good for 5 years.** A shot is also available, but that is only effective for two years.

7. **Malaria Medication**
   - **Atovaquone-proguanil HCl 250-100 MG** per tablet, Take 1 tablet by mouth daily starting day 1 before trip to 7 days after.

8. **Not necessary, but good to have for Travelers Diarrhea**
   - **Ciprofloxacin (CIPRO) 500 MG tablet**, Take 1 tablet (500 mg total) by mouth 2 (two) times a day, Disp: 8 tablet

Travel clinics are very expensive! The specifics of each prescription needed is listed above. Bring the info to your PCP and ask for the scripts.

Check with your insurance to see what is covered where. **I used GOOD RX and saved a lot of money on those that were not covered by insurance.**

Travel Clinics if you want one:

- Miriam Hospital Travel Clinic – Providence
- Travel clinic in the Cape
- Travel clinic outside of Boston

Clothing – **Modest dress**

- See recommended list of items to bring
- You may have clothes washed while you are there.
- Women (and usually men) do not wear shorts in public.
- Spray clothes????

Communication

- Internet available most times
- cell phones services - check with your provider- usually available

Currency – Tanzanian Shillings 2,649 Tz Shillings = $1.00 (as of 10/19/26)
(fluctuates a lot)

- **Only New Style Money,** American dollars are accepted in Tanzania. **NO TEARS OR RIPS**
- **You receive a better rate of exchange if you exchange large ($100's, 50's) bills.**

Current - 220V

- You need a 3 prong plug (UK size) Adaptor.
- **Current is 220V not 110V like here.** You need a current converter if the items you will be charging don't state that they work on both currents.
- A 220 V power strip is great (Can purchase online).if you have a lot to plug in as there is one outlet per room.

Benefit Dinner Auction Fundraiser (Saturday, March 20, 2027): This is the main fundraiser that Missions for Humanity has. The money raised through this fundraiser pays for in country transportation, translators, doctor, dentist & nurse licenses, medications, supplies, Etc. etc. etc **A typical Tanzania mission trip costs MFH $35,000- $50,000.** **See attached Auction information.**

We need each family going on a mission trip to support the fundraiser. Each family is asked to sell at least 10 books of raffle tickets, donate one item for the live or silent auction or raffle and come to the dinner (if at all possible) with all your family and friends.

Contact:

Kathy Crosson

- Cell 508-972-2979
- kcrosson1@comcast.net

If you have any questions, please feel free to email or call me.

Kathy