

## Suggestions of Items to Bring

### Clothes

- Flip flops (for the shower and at night)
- Hat
- Long Pants, Capri's
- PJ's
- Poncho
- Shirts (modest- no low cut or spaghetti straps)
- Shorts (for safari and hanging around where we stay-no short shorts)-not worn in villages
- Skirts (modest length)
- Sneakers or something comparable
- Socks
- Underwear

**If you are going on a safari, it is cold at night and in the early morning. You need to bring something warm to sleep in and a sweatshirt**

### Other

- Alarm clock
- Backpack for daily use
- Bag to pack for safari (no hard luggage for safari)
- Batteries
- Book, cards, journal
- Book light?
- Bug repellent
- Camera
- Eye drops
- Feminine products
- Flashlight (some years we lose power often)
- Hand Sanitizer - for your room & one for your work
- Immodium
- Lunch – protein bars/granola bar ???
- Masks?
- Dramamine (or the like) – if you are prone to motion sickness at all
- Personal Medications
- Plastic bags for dirty laundry (you can have clothes washed for a minimal fee – you drop them in a bag in the morning and they will usually be done when we return at the end of the day..... you will need a separate bag for each day you are dropping laundry as they are not returned.)
- Sun block
- Snacks
- Sunglasses
- Toilet Paper – small rolls to carry with you as there is no toilet paper in the villages
- Toiletries (extra tooth brush for when you forget & run it under the water)
- Wash cloth / hand towel /extra bath towel