

# Missions for Humanity

## Honduran Mission Trip

### 2020

**Dates:** Sunday, June 21, 2020, to Saturday, June 27, 2020

**Where:** Guaimaca Mission in the Archdiocese of Tegucigalpa  
St. Rose Lima Parish, Diocese of Fall River  
Started in 2000

**Cost:** Approximately \$1600 for flight and room & board. Exact amount will depend on the cost of the flight when plane tickets are purchased.

**Not Included:**

- Travel Insurance
- Airport Transportation (optional) - \$40 roundtrip
- Drinks and snacks, you may opt to purchase at the local store
- Spending money for gifts

**Lodging& Meals:** \$30 per night x 6 nights = \$180  
St. Rose Lima Parish - Dorm Style set-up

**Flights:** **Price as of 10/31/19 is** Round trip fare -- **\$1345** per person ---  
Change fee -- \$75 plus any fare difference  
Cancel fee - \$375  
3 free checked bags (This usually changes to two free bags)

**Total Cost** \$1345 + \$180 = **\$1525 (as of 10/31/19)**

**Passport:** Required

**Visa** Not required

**Medical:** **Vaccinations** (check with your insurance to see what Travel Clinic you are covered for)

**Recommended:**

- Hepatitis A
- Hepatitis B
- Malaria – (specific for Honduras) pills that you must start before you go
- Tetanus
- Typhoid (1 shot or pills that you must start a month or so before you go
- Recommends taking 300mg vitamin B1 for a couple of weeks before you go

**Money** Conversion \$1.00 = 24.12 Lampere **Must Bring New Money - CANNOT HAVE ANY RIPS/TEARS**  
Exchange money at the airport when you arrive

**Baggage Allowance:** 1 - Carry-on for your clothes & personal items. (You can have clothes washed there for a minimal fee.)  
2 - Large checked bags for supplies (MFH will pay the fee)

**Clothing**

- See recommended list of items to bring
- You may have clothes washed while you are there.
- Women (and usually men) do not wear shorts in public, but ok for hanging around in the evening at the mission. Dress modestly... no spaghetti straps or low cut clothes
- Spray clothes????

**Daily Routine: You DO NOT go anywhere alone..... DO NOT wander off to explore on your own**

<b>Morning</b>	Make your own breakfast
<b>8:00am</b>	Work at the medical/dental clinic or for the “extras,” on jobs Sr. Maria has arranged for us to do (painting, or whatever)
<b>Lunch Break</b>	Eat lunch at the mission.... It will be cooked for you, but the team cleans up
<b>Afternoon</b>	Continue working till dinner time
<b>Dinner</b>	Eat dinner at the mission..... It will be cooked for you, but the team cleans up
<b>After Dinner</b>	Free time.... Some days there is Mass for those who want to go..... Bring cards, games

**Airfare:** I will book first batch November 20th for those who are ready....for best prices. I will need a \$1500 deposit to have your flight booked. **You will need to email me the following info:**

- Name as it appears on your passport (or as it will appear on your passport if you are renewing it or getting one for the first time.)
- Passport number
- Date of Birth
- Date issued
- Country Issued
- Date of Expiration (**must be more than 6 months or you must renew**)
- Phone number (cell and home)
- Address
- Seat Preference (window, aisle, middle, sitting with anyone particular)
- Occupation & for how long (this is not for the flights, but so I can keep track of who is coming, profession wise)

**Contact:**

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