



ALL DAY BREAKFAST

BACON & EGG ON TURKISH \$13.50

Double egg, double bacon on Turkish

BREKKY BURGER \$15.50

Fried egg, bacon, avocado, hashbrown on brioche bun

EGGS YOUR WAY \$13.50

with a choice of white or soy linseed sourdough

VEGETARIAN BREKKY WRAP \$18.50

Scrambled eggs, spinach, mushrooms & avocado

BIG BREAKFAST \$26.50

Eggs, bacon, chorizo, grilled haloumi, hash brown, grilled tomato & grilled pita bread

SMASHED AVO & FETTA

BRUSCHETTA \$19.50

Grape tomatoes, spanish onion, fetta & fig glaze on sourdough toast (choice of white or soy linseed)

ZUCCHINI & CORN FRITTERS \$22.50

Avocado, grape tomatoes, labne, wilted spinach & fig glaze

OMELETTE YOUR WAY \$24.50

4egg omelette with choice of up to 4 ingredients

GRANOLA BOWL \$16.50

Granola, vanilla yogurt & seasonal fruit

TOAST \$10.50

Sourdough toast (choice of white or soy linseed) with your choice of condiments

AVOCADO TOAST \$13.00

Sourdough toast (choice of white or soy linseed)

TOASTED BAGEL \$11.50

with your choice of strawberry jam, vegemite, nutella or cream cheese

BREKKY BAGEL \$15.50

Bacon, egg, chorizo, and tasty cheese

GRILLED HALOUMI BAGEL STACK \$21.50

Fried egg, spinach, grilled haloumi, grilled tomato, avocado & basil pesto

EGGS BENEDICT BAGEL \$24.50

Choice of bacon or smoked salmon with wilted spinach, 2 poached eggs & hollandaise

BREAKFAST SIDES \$5.50ea

Chorizo, smoked salmon, bacon, avocado, grilled mushrooms, satueed spinach, hashbrowns, grilled tomato or grilled haloumi

BAGELS

CHOOSE BETWEEN SESAME,
EVERYTHING OR PLAIN BAGEL



FROM THE KITCHEN

PERI PERI GRILLED CHICKEN BURGER \$17.00

Grilled chicken, lettuce, tomato, tasty cheese & peri peri mayo on brioche

CHICKEN SCHNITZEL BURGER \$17.00

Panko crumbed chicken schnitzel, lettuce, tasty cheese & mayo on brioche

BEEF BURGER \$17.00

Housemade beef patty, lettuce, tomato, beetroot on brioche

BEEF TOWER BURGER \$21.50

Housemade beef patty, lettuce, tomato, beetroot, egg, bacon & tasty cheese on brioche

VEGAN BURGER \$17.00

Zucchini & Corn fritter, lettuce, tomato, beetroot, carrot, spanish onion & sweet chilli sauce on turkish bread

DOUBLE CHEESEBURGER BAGEL \$21.50

Double housemade beef patty, double american cheese, pickles, American mustard & tomato sauce

LOADED BAGEL \$18.50

Pastrami, American cheese, organic sauerkraut, sweet & sour pickles & Russian dressing

PANKO SCHNITZEL BAGEL \$17.50

Crispy panko crumbed chicken schnitzel, American cheese, slaw & Peri Peri mayo sauce

VEGETARIAN BAGEL \$17.50

Veggie patty, tomato, spanish onion, cucumber, baby spinach, avjar & garlic aioli

GRILLED CHICKEN PLATE \$28.50

2 x 150gm Grilled chicken breast fillets, chips & salad

EXTRAS

Bacon, egg, avocado, haloumi, mushrooms - \$3.00ea
Cheese, lettuce, tomato, grilled onions, beetroot - \$1.50ea

SIDES

| | |
|--------------------|------------------|
| HOT CHIPS | \$7.00 / \$11.00 |
| SWEET POTATO FRIES | \$8.00 / \$13.00 |

SALADS

FRESH DAILY SELECTION

SMALL \$15.50
MEDIUM \$17.50
LARGE \$19.50

ADD A PROTEIN - See salad board / menu board for daily selction



FRESHLY SQUEEZED JUICES

LOVE JUICE

Mango, apple & strawberries

POWER POTION

Apple, beetroot, carrot & ginger

BB DETOX

Orange, carrot, lemon & ginger

GREEN MACHINE

Kale, spinach, apple, cucumber & mint

FLU FIGHTER

Ginger, orange, lime, coconut water & celery

MANGO MANIA

Mango, passion fruit, pineapple & coconut water

WATERMELON BLISS

Watermelon, apple & mint

Small \$9.00 Large \$11.00

MILKSHAKES & SMOOTHIES

SMOOTHIES

Strawberry, banana, mango or mixed berry

MILKSHAKES

Chocolate, strawberry, banana, caramel or vanilla

ICED CHOCOLATE

Milk, ice cream & whipped cream

Small \$9.00 Large \$11.00 (alternative milk add \$1.00)

PROTEIN SHAKES & ACAI

ACAII SMOOTHIE

Acai, banana & watermelon

MUSCLE SHAKE

Protein (30gm), banana, blueberries & skim milk

PROTEIN PUNCH

Protein (30gm), banana, peanut butter, cinnamon, honey & full cream milk

Small \$11.00 Large \$13.00 (alternative milk add \$1.00)

COFFEE / TEA

| | | | |
|---------------|-----------------|--|------------------|
| ESPRESSO | \$4.50 | DIRTY CHAI | \$6.00 / \$6.50 |
| MACCHIATO | \$4.50 | CHAI LATTE | \$5.50 / \$6.00 |
| PICCOLO | \$4.50 | GREEN MATCHA LATTE | \$5.50 / \$6.00 |
| LONG BLACK | \$5.00 / \$5.50 | POT OF TEA | \$5.50 |
| CAPPUCCINO | \$5.50 / \$6.00 | ICED LONG BLACK | \$6.00 / \$6.50 |
| CAFE LATTE | \$5.50 / \$6.00 | ICED MILK COFFEE | \$7.00 / \$8.00 |
| FLAT WHITE | \$5.50 / \$6.00 | COFFEE FRAPPE | \$9.00 / \$11.00 |
| MOCHA | \$6.00 / \$6.50 | Vanilla, milk, ice cream & ice blended w/whipped cream | |
| HOT CHOCOLATE | \$5.50 / \$6.00 | | |

EXTRAS - Decaf, extra shot, flavours, soy, almond, oat or lactose free milk \$1.00ea



ACAI / YOGURT

ACAI CUP - MINI \$11.90 LARGE \$13.90

Soft serve Acai with organic granola, banana & strawberries

ACAI BOWL - \$18.50

Acai, organic granola, coconut, chia seeds, strawberries & banana

FROZEN VANILLA YOGURT - MINI \$11.90 LARGE \$13.90

Soft serve yogurt with granola, strawberry & banana

ADD ON TOPPINGS - \$2.00each

NUTELLA

BISCOFF

PEANUT BUTTER

PISTACHIO

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