



## ALL DAY BREAKFAST

### BACON & EGG ON TURKISH \$14.50

Double egg, double bacon on turkish bread

### BREKKY BURGER \$16.50

Fried egg, bacon, avocado, hashbrown on brioche bun

### EGGS YOUR WAY \$14.50

with a choice of white or soy linseed sourdough or turkish bread

### VEGETARIAN BREKKY WRAP \$19.50

Scrambled eggs, spinach, mushrooms & avocado

### BIG BREAKFAST \$28.50

Eggs, bacon, chorizo, grilled haloumi, hash brown, grilled tomato & sourdough toast

### SMASHED AVO & FETTA

#### BRUSCHETTA \$23.50

Heirloom medley tomatoes, spanish onion, crumbled fetta & fig glaze on sourdough toast (choice of white or soy linseed) or turkish bread

### ZUCCHINI & CORN FRITTERS \$24.50

Avocado, heirloom medley tomatoes, housemade labne, wilted spinach & fig glaze

### OMELETTE YOUR WAY \$26.50

4 Egg omelette with your choice of up to 4 ingredients

### GRANOLA BOWL \$17.50

Granola, seasonal fruit & vanilla or greek yogurt

### TOAST \$12.50

Sourdough toast (choice of white or soy linseed) with your choice of condiments

### AVOCADO TOAST \$13.50

Sourdough toast (choice of white or soy linseed) or turkish bread

### TOASTED BAGEL \$12.50

with your choice of strawberry jam, vegemite, nutella or cream cheese

### BREKKY BAGEL \$16.50

Bacon, egg, chorizo, and tasty cheese

### GRILLED HALOUMI BAGEL STACK

\$24.50

Fried egg, spinach, grilled haloumi, grilled tomato, avocado & basil pesto

### EGGS BENEDICT BAGEL \$28.50

Choice of bacon or smoked salmon with wilted spinach, 2 poached eggs & hollandaise

### **BREAKFAST SIDES** \$6.50ea

Chorizo, smoked salmon, bacon, avocado, grilled mushrooms, sauteed spinach, hashbrowns, grilled tomato or grilled haloumi

**BAGELS** - CHOOSE BETWEEN SESAME, EVERYTHING OR PLAIN BAGEL



## FROM THE KITCHEN

### PERI PERI GRILLED CHICKEN BURGER \$17.00

Grilled chicken, lettuce, tomato, tasty cheese & peri peri mayo on brioche

### CHICKEN SCHNITZEL BURGER \$17.00

Panko crumbed chicken schnitzel, lettuce, tasty cheese & mayo on brioche

### BEEF BURGER \$17.00

Housemade beef patty, lettuce, tomato, beetroot on brioche

### BEEF TOWER BURGER \$21.50

Housemade beef patty, lettuce, tomato, beetroot, egg, bacon & tasty cheese on brioche

### VEGAN BURGER \$17.00

Zucchini & Corn fritter, lettuce, tomato, beetroot, carrot, spanish onion & sweet chilli sauce on turkish bread

### DOUBLE CHEESEBURGER BAGEL \$22.50

Double housemade beef patty, double american cheese, pickles, American mustard & tomato sauce

### LOADED BAGEL \$18.50

Pastrami, American cheese, organic sauerkraut, sweet & sour pickles & Russian dressing

### PANKO SCHNITZEL BAGEL \$17.50

Crispy panko crumbed chicken schnitzel, American cheese, slaw & Peri Peri mayo sauce

### VEGETARIAN BAGEL \$17.50

Veggie patty, tomato, spanish onion, cucumber, baby spinach, avjar & garlic aioli

### GRILLED CHICKEN PLATE \$28.50

2 x 150gm Grilled chicken breast fillets, chips & salad

### EXTRAS

Bacon, egg, avocado, haloumi, mushrooms - \$3.50ea  
Cheese, lettuce, tomato, grilled onions, beetroot - \$1.50ea

### SIDES

HOT CHIPS \$8.00 / \$12.00

SWEET POTATO FRIES \$9.00 / \$14.00

## SALADS

### FRESH DAILY SELECTION

SMALL \$15.50

MEDIUM \$17.50

LARGE \$19.50

ADD A PROTEIN - See salad board / menu board for daily selection

## FRESHLY SQUEEZED JUICES

### LOVE JUICE

Mango, apple & strawberries

### POWER POTION

Apple, beetroot, carrot & ginger

### BB DETOX

Orange, carrot, lemon & ginger

### GREEN MACHINE

Kale, spinach, apple, cucumber & mint

### FLU FIGHTER

Ginger, orange, lime, coconut water & celery

### MANGO MANIA

Mango, passion fruit, pineapple & coconut water

### WATERMELON BLISS

Watermelon, apple & mint

Small \$9.50 Large \$11.50

## MILKSHAKES & SMOOTHIES

### SMOOTHIES

Strawberry, banana, mango or mixed berry

### MILKSHAKES

Chocolate, strawberry, banana, caramel or vanilla

### ICED CHOCOLATE

Milk, ice cream & whipped cream

Small \$9.50 Large \$11.50 (alternative milk add \$1.00)

## PROTEIN SHAKES & ACAI

### ACAII SMOOTHIE

Acai, banana & watermelon

### MUSCLE SHAKE

Protein (30gm), banana, blueberries & skim milk

### PROTEIN PUNCH

Protein (30gm), banana, peanut butter, cinnamon, honey & full cream milk

Small \$11.00 Large \$13.00 (alternative milk add \$1.00)

## COFFEE / TEA

ESPRESSO	\$4.50	DIRTY CHAI	\$6.00 / \$6.50
MACCHIATO	\$5.00	CHAI LATTE	\$5.50 / \$6.00
PICCOLO	\$5.00	GREEN MATCHA LATTE	\$5.50 / \$6.00
LONG BLACK	\$5.00 / \$5.50	POT OF TEA	\$5.50
CAPPUCCINO	\$5.50 / \$6.00	ICED LONG BLACK	\$6.00 / \$6.50
CAFE LATTE	\$5.50 / \$6.00	ICED MILK COFFEE	\$7.00 / \$8.00
FLAT WHITE	\$5.50 / \$6.00	COFFEE FRAPPE	\$9.50 / \$11.50
MOCHA	\$6.00 / \$6.50	Vanilla, milk, ice cream & ice blended w/whipped cream	
HOT CHOCOLATE	\$5.50 / \$6.00		

EXTRAS - Decaf, extra shot, flavours, soy, almond, oat or lactose free milk \$1.00ea



## ACAI / YOGURT

ACAI CUP - MINI \$11.90 LARGE \$13.90

Soft serve Acai with organic granola, banana & strawberries

ACAI BOWL - \$19.50

Acai, organic granola, coconut, chia seeds, strawberries & banana

FROZEN VANILLA YOGURT - MINI \$11.90 LARGE \$13.90

Soft serve yogurt with granola, strawberry & banana

ADD ON TOPPINGS - \$2.00each

NUTELLA

BISCOFF

PEANUT BUTTER

PISTACHIO

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