

# FROM THE KITCHEN

## PERI PERI GRILLED CHICKEN BURGER \$16.00

Grilled chicken, lettuce, tomato, tasty cheese & peri peri mayo on brioche

CHICKEN SCHNITZEL BURGER \$16.00 Panko crumbed chicken schnitzel, lettuce, tasty cheese & mayo on brioche

#### BEEF BURGER \$16.00

Housemade beef patty, lettuce, tomato, beetroot on brioche

## BEEF TOWER BURGER \$21.50

Housemade beef patty, lettuce, tomato, beetroot, egg, bacon & tasty cheese on brioche

### **VEGAN BURGER \$16.00**

Zucchini & Corn fritter, lettuce, tomato, beetroot, carrot, spanish onion & sweet chilli sauce on turkish bread

## DOUBLE CHEESEBURGER BAGEL \$19.50

Double housemade beef patty, double american cheese, pickles, American mustard & tomato sauce

## LOADED BAGEL \$18.50

Pastrami, American cheese, organic sauerkraut, sweet & sour pickles & Russian dressing

### PANKO SCHNITZEL BAGEL \$16.50

Crispy panko crumbed chicken schnitzel, American cheese, slaw & Peri Peri mayo sauce

#### **VEGETARIAN BAGEL \$16.50**

Veggie patty, tomato, spanish onion, cucumber, baby spinach, avjar & garlic aioli

GRILLED CHICKEN PLATE \$26.50 2 x 150gm Grilled chicken breast fillets, chips & salad

#### **FXTRAS**

Bacon, egg, avocado, haloumi, mushrooms - \$3.00ea Cheese, lettuce, tomato, grilled onions, beetroot -\$1.50ea

## **SIDES**

HOT CHIPS \$7.00 / \$11.00 SWEET POTATO FRIES \$8.00 / \$13.00

# **SALADS**

FRESH DAILY SELECTION SMALL \$14.50 MEDIUM \$16.50 LARGE \$19.50

ADD A PROTEIN - See salad board / menu board for daily selction



# **ALL DAY BREAKFAST**

BACON & EGG ON TURKISH \$12.50 Double egg, double bacon on Turkish

BREKKY BURGER \$15.50 Fried egg, bacon, avocado, hashbrown on brioche bun

EGGS YOUR WAY \$13.50 with a choice of white or soy linseed sourdough

VEGETARIAN BREKKY WRAP \$18.50 Scrambled eggs, spinach, mushrooms & avocado

BIG BREAKFAST \$26.50 Eggs, bacon, chorizo, grilled haloumi, hash brown, grilled tomato & grilled pita bread

SMASHED AVO & FETTA BRUSCHETTA \$19.50

Grape tomatoes, spanish onion, fetta & fig glaze on sourdough toast (choice of white or soy linseed)

ZUCCHINI & CORN FRITTERS \$22.50 Avocado, grape tomatoes, labne, wilted spinach & fig glaze

OMELETTE YOUR WAY \$24.50 4egg omelette with choice of up to 4 ingredients

GRANOLA BOWL \$14.50
Granola, vanilla yogurt & seasonal fruit

**TOAST \$8.50** 

Sourdough toast (choice of white or soy linseed) with your choice of condiments

AVOCADO TOAST \$13.00

Sourdough toast (choice of white or soy linseed)

TOASTED BAGEL \$10.50 with your choice of strawberry jam, vegemite, nutella or cream cheese

BREKKY BAGEL \$15.50 Bacon, egg, chorizo, and tasty cheese

GRILLED HALOUMI BAGEL STACK \$21.50

Fried egg, spinach, grilled haloumi, grilled tomato, avocado & basil pesto

EGGS BENEDICT BAGEL \$24.50 Choice of bacon or smoked salmon with wilted spinach, 2 poached eggs & hollandaise

**BREAKFAST SIDES** \$5.50ea

Chorizo, smoked salmon, bacon, avocado, grilled mushrooms, satueed spinach, hashbrowns, grilled tomato or grilled haloumi

BAGELS
CHOOSE BETWEEN SESAME,
EVERYTHING OR PLAIN BAGEL



## **FRESHLY SQUEEZED JUICES**

## | SMOO

**LOVE JUICE** 

Mango, apple & strawberries

POWER POTION

Apple, beetroot, carrot & ginger

**BB DETOX** 

Orange, carrot, lemon & ginger

**GREEN MACHINE** 

Kale, spinach, apple, cucumber & mint

FLU FIGHTER

Ginger, orange, lime, coconut water & celery

MANGO MANIA

Mango, passion fruit, pineapple & coconut water

WATERMELON BLISS

Watermelon, apple & mint

Small \$9.00 Large \$11.00

## **MILKSHAKES & SMOOTHIES**

**SMOOTHIFS** 

Strawberry, banana, mango or mixed berry

**MILKSHAKES** 

Chocolate, strawberry, banana, caramel or vanilla

ICED CHOCOLATE

Milk, ice cream & whipped cream

Small \$9.00 Large \$11.00 (alternative milk add \$1.00)

### **PROTEIN SHAKES & ACAI**

**ACAI SMOOTHIE** 

Acai, banana & watermelon

MUSCLE SHAKE

Protein (30gm), banana, blueberries & skim milk

PROTEIN PUNCH

Protein (30gm), banana, peanut butter, cinnamon, honey

& full cream milk

Small \$11.00 Large \$13.00 (alternative milk add \$1.00)

## **COFFEE / TEA**

ESPRESSO	\$4.50	DIRTY CHAI	\$6.00 / \$6.50
MACCHIATO	\$4.50	CHAI LATTE	\$5.50 / \$6.00
PICCOLO	\$4.50	GREEN MATCHA LATTE	\$5.50 / \$6.00
LONG BLACK	\$5.00 / \$5.50	POT OF TEA	\$5.50
CAPPUCCINO	\$5.00 / \$5.50	ICED LONG BLACK	\$6.00 / \$6.50
CAFE LATTE	\$5.00 / \$5.50	ICED MILK COFFEE	\$7.00 / \$8.00
FLAT WHITE	\$5.00 / \$5.50	COFFEE FRAPPE	\$9.00 / \$11.00
MOCHA	\$5.50 / \$6.00	Vanilla, milk, ice cream & ice blended	w/whipped cream
HOT CHOCOLATE	\$5.00 / \$5.50		

EXTRAS - Decaf, extra shot, flavours, soy, almond, oat or lactose free milk \$0.50ea



# **ACAI / YOGURT**

ACAI CUP - MINI \$11.90 LARGE \$13.90

Soft serve Acai with organic granola, banana & strawberries

ACAI BOWL - \$18.50

Acai, organic granola, coconut, chia seeds, strawberries & banana

FROZEN VANILLA YOGURT - MINI \$11.90 LARGE \$13.90

Soft serve yogurt with granola, strawberry & banana

ADD ON TOPPINGS - \$2.00each

**NUTFLLA** 

**BISCOFF** 

PEANUT BUTTER

**PISTACHIO** 

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