

ENROLLMENT CLOSES JULY 10 2024

AESTHETICS DIPLOMA

Start Date: September 16, 2024

Duration: 800 hours
9 months / 1 Year

Availability: Full-Time / Part-Time

Cost: \$21,030.00

COST INCLUDES:

- Professional Aesthetics Training Kit
- Textbooks
- Manuals
- Uniform

The CIDESCO Aesthetics Diploma at Reflections Spa Institute is a comprehensive program designed to equip aspiring aestheticians with the knowledge and skills necessary to succeed in the field of aesthetics. This diploma program covers a wide range of essential areas, including skin care, waxing, manicures, pedicures, anatomy and physiology, skin science, electrotherapy, and makeup. Upon completion of this program, students will be accredited and will leave as highly knowledgeable and qualified aestheticians.

Syllabus

Natural Sciences, Anatomy and Physiology, Skin Dermatology, Hygiene and First Aid, Aesthetic Treatments, Cosmetic Products, Cosmetic Surgery, Nutrition and Diet, Professional Ethics, Occupational Health and Safety, Commercial and Business Studies, Retail Development, Project Cases

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BEAUTY THERAPY DIPLOMA

Start Date: September 16, 2024

Duration: 1200 hours
1 Year

Availability: Part-Time

Cost: \$26,730.00

COST INCLUDES:

- Professional Training Kit
- Textbooks
- Manuals
- Uniform

The CIDESCO Beauty Therapy Diploma at Reflections Spa Institute is a comprehensive program designed to equip aspiring beauty therapists with the knowledge and skills necessary to succeed in the industry. This diploma program covers a wide range of essential areas, including skin care, waxing, manicures, pedicures, anatomy and physiology, makeup, massage and body treatments. Upon completion of this program, students will be accredited and will leave as highly knowledgeable and qualified beauty therapists.

Syllabus

Natural Sciences, Anatomy and Physiology, Skin Dermatology, Hygiene and First Aid, Aesthetic Treatments, Cosmetic Products
Cosmetic Surgery, Nutrition and Diet, Professional Ethics, Commercial and Business Studies, Project with Case Histories, Client Interaction Sessions

HOLISTIC MASSAGE DIPLOMA

Start Date: September 18, 2024

Duration: 371 hours

5 months

Availability: Full-Time

Cost: \$5,000.00

COST INCLUDES:

- Professional Training Kit
- Textbooks
- Manuals
- Uniform

The CIDESCO Holistic Massage Diploma at Reflections Spa Institute is a comprehensive program designed to provide learners with the knowledge, skills and understanding to perform Holistic Massage Therapy treatments. This program is suitable for individuals who are new to Holistic Massage Therapy as well as experienced practitioners. Upon completion of the program, learners will have the necessary skills and competence for employment as a massage therapist.

Syllabus

Health, Safety and Hygiene, Client Consultation, Professional Practice Skills, Holistic Massage Therapy, Anatomy and Physiology

BEAUTY & SPA MANAGEMENT DIPLOMA

Start Date: September 25, 2024

Duration: 300 hours
4 months

Availability: Online

Cost: \$4,500.00

COST INCLUDES:

- Textbooks
- Manuals
- Live Sessions

The CIDESCO Beauty & Spa Management Diploma at Reflections Spa Institute offers individuals the opportunity to gain a comprehensive understanding of management within the beauty and spa industry. This program is suitable for anyone interested in pursuing a career in beauty and spa management, regardless of prior beauty or spa training. The course covers essential topics such as business planning and marketing, operational management and inventory management.

Syllabus

Introduction, Beauty and Spa Trends and Technology, Operational Management, Leadership, Continued Professional Development, Inventory Control, Marketing and Customer Relations, Human Resources, Finance, Business Plan

MANUAL FACIAL CERTIFICATE

Start Date:	2025
Duration:	300 hours 5 months
Availability:	Part-Time
Cost:	\$4,000.00

COST INCLUDES:

- Professional Training Kit
- Textbooks
- Manuals
- Uniform

The CIDESCO Manual Facial Certificate at Reflections Spa Institute is designed to provide candidates with the necessary skills and qualifications to work efficiently and effectively as skincare therapists specializing in manual facial treatments. This 300-hour course focuses on equipping students with comprehensive knowledge and expertise in facial treatments, including cleansing techniques, skin analysis, deep cleansing with steamers and exfoliation products, facial massage, mask applications, and day care application.

Syllabus

Introduction, Natural Sciences, Anatomy and Physiology, Skin Dermatology, Hygiene and First Aid, Aesthetic Treatments, Cosmetic Products, Cosmetic Surgery, Nutrition and Diet, Professional Ethics, Occupational Health and Safety, Commercial and Business Studies, Retail Development, Project Cases

TEACHER TRAINING CERTIFICATE

Start Date: June 3, 2024

Duration: 160 hours

4 months

Availability: Online

Cost: \$5,000.00

COST INCLUDES:

- Textbooks
- Manuals
- Live Sessions

The CIDESCO Teacher Training Certificate at Reflections Spa Institute is designed to provide knowledge and practical competence in education and training assessment. This program is suitable for individuals currently teaching or training, assessors who would like to obtain a teaching qualification, and for those who have just entered the realm of teaching. Participants will develop all of the necessary knowledge, skills and understanding to work in teaching and training.

Syllabus

Understanding Roles, Responsibilities and Relationships in Education and Training, Understanding and Using Inclusive Teaching and Learning Approaches, Facilitate Learning and Development in Groups, Understanding the Principles and Practices of Assessment.