Reflections

Spa Institute

CIDESCO – COMITÉ INTERNATIONAL DE COSMÉTOLOGIE ET DE ESTHÉTIQUE

SCHOOL

EST. 1946

SEPTEMBER / OCTOBER COURSES 2026

ENROLL NOW

+1246-247-0196

+1246-622-1778

reflectionsspainstitute.office@gmail.com

reflectionsspainstitue.net



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CIDESCO – COMITÉ INTERNATIONAL DE COSMÉTOLOGIE ESTHÉTIQUE – SCHOOL

EST. 1946

HOLISTIC MASSAGE DIPLOMA

OCTOBER 7TH, 2026

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HOLISTIC MASSAGE DIPLOMA

Start Date: October 7th, 2026

Duration: 371 hours
5 months

Availability: **Part-Time**

Cost: $7,000.00 BBD

COST INCLUDES:

- **Professional Training Kit**
- **Textbooks**
- **Manuals**
- **Uniform**

The CIDESCO Holistic Massage Diploma at Reflections Spa Institute is a comprehensive program designed to provide learners with the knowledge, skills and understanding to perform Holistic Massage Therapy treatments. This program is suitable for individuals who are new to Holistic Massage Therapy as well as experienced practitioners. Upon completion of the program, learners will have the necessary skills and competence for employment as a massage therapist.

Syllabus

Health, Safety and Hygiene, Client Consultation, Professional Practice Skills, Holistic Massage Therapy, Anatomy and Physiology

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MANUAL FACIAL CERTIFICATE

OCTOBER 10TH, 2026

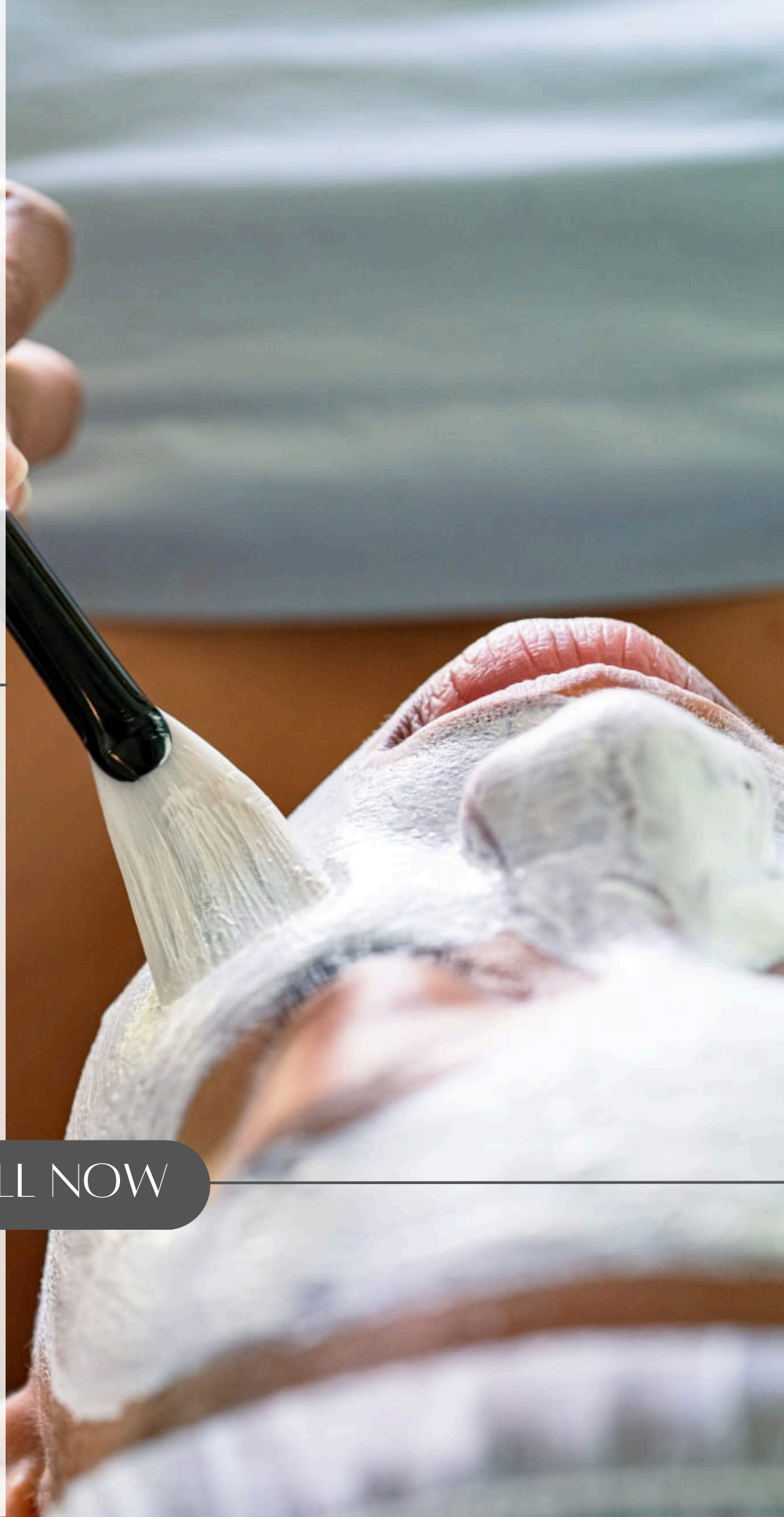
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MANUAL FACIAL CERTIFICATE

Start Date: October 10th, 2026

Duration: 300 hours
5 months

Availability: Part-Time

Cost: $6,500.00 BBD

COST INCLUDES:

- **Professional Training Kit**
- **Textbooks**
- **Manuals**
- **Uniform**

The CIDESCO Manual Facial Certificate at Reflections Spa Institute is designed to provide candidates with the necessary skills and qualifications to work efficiently and effectively as skincare therapists specializing in manual facial treatments. This 300-hour course focuses on equipping students with comprehensive knowledge and expertise in facial treatments, including cleansing techniques, skin analysis, deep cleansing with steamers and exfoliation products, facial massage, mask applications, and day care application.

Syllabus

Introduction, Natural Sciences, Anatomy and Physiology, Skin Dermatology, Hygiene and First Aid, Aesthetic Treatments, Cosmetic Products, Cosmetic Surgery, Nutrition and Diet, Professional Ethics, Occupational Health and Safety, Commercial and Business Studies, Retail Development, Project Cases

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TEACHER TRAINING CERTIFICATE

OCTOBER 6TH, 2026

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TEACHER TRAINING CERTIFICATE

Start Date: October 6th, 2026

Duration: 160 hours
4 months

Availability: 100% Online every Tuesday 7:00 pm

Cost: $5,300.00 BBD

COST INCLUDES:

- **Textbooks**
- **Live Sessions**

The CIDESCO Teacher Training Certificate at Reflections Spa Institute is designed to provide knowledge and practical competence in education and training assessment. This program is suitable for individuals currently teaching or training, assessors who would like to obtain a teaching qualification, and for those who have just entered the realm of teaching. Participants will develop all of the necessary knowledge, skills and understanding to work in teaching and training.

Syllabus

Understanding Roles, Responsibilities and Relationships in Education and Training, Understanding and Using Inclusive Teaching and Learning Approaches, Facilitate Learning and Development in Groups, Understanding the Principles and Practices of Assessment.

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CIDESCO – COMITÉ INTERNATIONAL DE COSMÉTOLOGIE ESTHÉTIQUE ET SCHOOL

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BEAUTY & SPA MANAGEMENT DIPLOMA

OCTOBER 7TH, 2026

ENROLL NOW

+1246-247-0196

+1246-622-1778

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Reflections
Spa Institute

CIDESCO
EST. 1946

BEAUTY & SPA MANAGEMENT DIPLOMA

Start Date: October 7th, 2026

Duration: 300 hours
4 months

Availability: 100% Online every Wednesday 7:00 pm

Cost Now: $5,300.00 BBD

COST INCLUDES:

- **Textbook**
- **Live Sessions**

The CIDESCO Beauty & Spa Management Diploma at Reflections Spa Institute offers individuals the opportunity to gain a comprehensive understanding of management within the beauty and spa industry. This program is suitable for anyone interested in pursuing a career in beauty and spa management, regardless of prior beauty or spa training. The course covers essential topics such as business planning and marketing, operational management and inventory management.

Syllabus

Introduction, Beauty and Spa Trends and Technology, Operational Management, Leadership, Continued Professional Development, Inventory Control, Marketing and Customer Relations, Human Resources, Finance, Business Plan

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COMITÉ INTERNATIONAL DESTHÉTIQUE ET DE COSMÉTOLOGIE – CIDESCO SCHOOL

EST. 1946

BEAUTY THERAPY DIPLOMA

SEPTEMBER 14TH, 2026

ENROLL NOW

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BEAUTY THERAPY DIPLOMA

Start Date: September 14th, 2026

Duration: 1200 hours
1 Year

Availability: Full Time / Part-Time

Cost: $27,030.00 BBD

COST INCLUDES:

- **Professional Training Kit**
- **Textbooks**
- **Manuals**
- **Uniform**

Step into the world of professional Beauty Therapy with the prestigious, internationally recognized CIDESCO Beauty Therapy Diploma. This comprehensive program equips you with advanced knowledge and hands-on skills in skincare, waxing, manicures, pedicures, makeup, massage, facial electrotherapy, body electrical treatments, and heat therapies. You'll also study anatomy and physiology, along with essential business and retail practices to support your career success.

Syllabus

Natural Sciences, Anatomy and Physiology, Skin Dermatology, Hygiene and First Aid, Aesthetic Treatments, Cosmetic Products Cosmetic Surgery, Nutrition and Diet, Professional Ethics, Commercial and Business Studies, Project with Case Histories, Client Interaction Sessions