



Reflections  
*Spa Institute*



# SEPTEMBER COURSES 2025

ENROLL NOW

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# TEACHER TRAINING CERTIFICATE

**Start Date:** September 9<sup>th</sup>, 2025

**Duration:** 160 hours  
4 months

**Availability:** Online

**Cost:** \$5,300.00

## **COST INCLUDES:**

- Textbooks
- Live Sessions

The CIDESCO Teacher Training Certificate at Reflections Spa Institute is designed to provide knowledge and practical competence in education and training assessment. This program is suitable for individuals currently teaching or training, assessors who would like to obtain a teaching qualification, and for those who have just entered the realm of teaching. Participants will develop all of the necessary knowledge, skills and understanding to work in teaching and training.

## **Syllabus**

Understanding Roles, Responsibilities and Relationships in Education and Training, Understanding and Using Inclusive Teaching and Learning Approaches, Facilitate Learning and Development in Groups, Understanding the Principles and Practices of Assessment.



# HOLISTIC MASSAGE DIPLOMA

**Start Date:** September 17th, 2025

**Duration:** 371 hours

5 months

**Availability:** Part-Time

**Cost:** \$5300.00

## **COST INCLUDES:**

- Professional Training Kit
- Textbooks
- Manuals
- Uniform

The CIDESCO Holistic Massage Diploma at Reflections Spa Institute is a comprehensive program designed to provide learners with the knowledge, skills and understanding to perform Holistic Massage Therapy treatments. This program is suitable for individuals who are new to Holistic Massage Therapy as well as experienced practitioners. Upon completion of the program, learners will have the necessary skills and competence for employment as a massage therapist.

## **Syllabus**

Health, Safety and Hygiene, Client Consultation, Professional Practice Skills, Holistic Massage Therapy, Anatomy and Physiology



# MANUAL FACIAL CERTIFICATE

**Start Date:** September 20<sup>th</sup>, 2025

**Duration:** 300 hours  
5 months

**Availability:** Part-Time

**Cost:** \$4,300.00

## **COST INCLUDES:**

- Professional Training Kit
- Textbooks
- Manuals
- Uniform

The CIDESCO Manual Facial Certificate at Reflections Spa Institute is designed to provide candidates with the necessary skills and qualifications to work efficiently and effectively as skincare therapists specializing in manual facial treatments. This 300-hour course focuses on equipping students with comprehensive knowledge and expertise in facial treatments, including cleansing techniques, skin analysis, deep cleansing with steamers and exfoliation products, facial massage, mask applications, and day care application.

## **Syllabus**

Introduction, Natural Sciences, Anatomy and Physiology, Skin Dermatology, Hygiene and First Aid, Aesthetic Treatments, Cosmetic Products, Cosmetic Surgery, Nutrition and Diet, Professional Ethics, Occupational Health and Safety, Commercial and Business Studies, Retail Development, Project Cases



# BEAUTY THERAPY DIPLOMA

**Start Date:** September 15, 2025

**Duration:** 1200 hours  
1 Year

**Availability:** Part-Time

**Cost:** \$27,030.00

## **COST INCLUDES:**

- Professional Training Kit
- Textbooks
- Manuals
- Uniform

Step into the world of professional Beauty Therapy with the prestigious, internationally recognized CIDESCO Beauty Therapy Diploma. This comprehensive program equips you with advanced knowledge and hands-on skills in skincare, waxing, manicures, pedicures, makeup, massage, facial electrotherapy, body electrical treatments, and heat therapies. You'll also study anatomy and physiology, along with essential business and retail practices to support your career success.

## **Syllabus**

Natural Sciences, Anatomy and Physiology, Skin Dermatology, Hygiene and First Aid, Aesthetic Treatments, Cosmetic Products, Cosmetic Surgery, Nutrition and Diet, Professional Ethics, Commercial and Business Studies, Project with Case Histories, Client Interaction Sessions



# AESTHETICS DIPLOMA

<b>Start Date:</b>	September 15, 2025
<b>Duration:</b>	800 hours 9 months / 1 Year
<b>Availability:</b>	Full-Time / Part-Time
<b>Cost:</b>	\$22,000

## **COST INCLUDES:**

- Professional Aesthetics Training Kit
- Textbooks
- Manuals
- Uniform

The CIDESCO Aesthetics Diploma at Reflections Spa Institute is a comprehensive program designed to equip aspiring aestheticians with the knowledge and skills necessary to succeed in the field of aesthetics. This diploma program covers a wide range of essential areas, including skin care, waxing, manicures, pedicures, anatomy and physiology, skin science, electrotherapy, and makeup. Upon completion of this program, students will be accredited and will leave as highly knowledgeable and qualified aestheticians.

## **Syllabus**

Natural Sciences, Anatomy and Physiology, Skin Dermatology, Hygiene and First Aid, Aesthetic Treatments, Cosmetic Products, Cosmetic Surgery, Nutrition and Diet, Professional Ethics, Occupational Health and Safety, Commercial and Business Studies, Retail Development, Project Cases



# BEAUTY & SPA MANAGEMENT DIPLOMA

**Start Date:** September 10TH, 2025

**Duration:** 300 hours  
4 months

**Availability:** Online

**Cost:** \$4,800.00

## **COST INCLUDES:**

- Textbook
- Live Sessions

The CIDESCO Beauty & Spa Management Diploma at Reflections Spa Institute offers individuals the opportunity to gain a comprehensive understanding of management within the beauty and spa industry. This program is suitable for anyone interested in pursuing a career in beauty and spa management, regardless of prior beauty or spa training. The course covers essential topics such as business planning and marketing, operational management and inventory management.

## **Syllabus**

Introduction, Beauty and Spa Trends and Technology, Operational Management, Leadership, Continued Professional Development, Inventory Control, Marketing and Customer Relations, Human Resources, Finance, Business Plan