

## Curriculum Vitae

**Roxane Raffin Chan, PhD, RN, AHN-BC**

### Work Address

Roxane Raffin Chan, PhD, MS, RN, AHN-BC  
Chan Body Energy, LLC  
359 Crestway Court  
Saline, MI 48176

### Education

2013 PhD, Nursing, Health promotion risk reduction  
University of Michigan, Ann Arbor, MI

Dissertation: Chan, R. R. (2010-2013). Respiratory psychophysiology and the measurement of mindfulness in the COPD population. University of Michigan School of nursing, Committee chair Janet L. Larson, PhD, RN, FAAN and dissertation committee, Nicholas Giardino, PhD, Barbara Jean-Sullivan, PhD, RN, Denise Saint Arnault, PhD, RN

1990 MS, Nursing administrative studies  
University of Illinois at Chicago, Chicago IL

Thesis: Chan, R.R. (1990). Educational and psychosocial needs of health care providers caring for HIV positive and AIDs patients in the acute care setting. Policies and procedures following needle stick exposures with known contaminated blood.

1979 BS, Nursing  
Northern Illinois University Dekalb, IL

2003 Therapeutic massage, 650-hour program  
Michigan School of Myomassology

1996 Multi-discipline course in Palliative care  
University of California, Davis, West Coast Center for Palliative Education

### Licenses and certifications

2018 Trained provider and trainer for Transition to Success™

2018 Trained provider TRHT Racial Healing Circles

2016 Trained provider: Mindfulness Self-Compassion  
University of California Center for Mindfulness

Expires 03/31/2021 State of Michigan Registered Nurse

2010 Certificate in Nursing Education  
University of Michigan

Expires 11/30/2023

Advanced Board-Certified Holistic Nurse  
American Holistic Nurses Association

2004

Reiki Master  
Spirit of Wellness and The Reiki Sanctuary

1987

Certified Associate Addictions Counselor  
State of Illinois

### **Professional Employment**

2018 – present

CREDO  
Episcopal Church Wellness Programs  
Health Faculty

2019 – 2020

Cristo Rey Community Center  
Program Integration Specialist

2018- 2019

Michigan State University  
Associate Professor

2013 - 2018

Michigan State University  
Assistant Professor

2004 – present

Chan Body Energy LLC, Saline Michigan  
Owner/Instructor/therapist

2003 – 2004

Michigan School of Myomassology,  
Berkley, Michigan  
Instructor

2000 – 2003

Oakland University, Rochester, Michigan  
Clinical Instructor; School of Nursing

1998 – 2002

Christ Church Cranbrook,  
Bloomfield Hills, Michigan  
Director Parish Nursing Program

1996 – 1997

Saint John's Health Center,  
Santa Monica, California  
Clinical improvement coordinator

1990 – 1995

LAC+USC Medical Center  
Los Angeles, California  
Nursing administration

1994 – 1997

University of Southern California  
Los Angeles, California  
Clinical Instructor and lecturer; School of Nursing

## Research - Funded

Chan, R., Larson, J., (2010) Primary Investigator, Meditation as an intervention for COPD: July NIH F31NRRO12334 (\$81,000.00)

Chan, R., Bay, E. (2012) Co-Primary Investigator Meditation group therapy for traumatic brain injury, Janet Gatherer Boyles Endowment Fund University of Michigan School of Nursing/current intervention research \$10,00 Lehto, R., Smith, B., Chan,R., Lamphere, R. (2015) Co-Investigator. Using heart rate variability to test dose effects during meditation practice. Michigan State University Translational Science Institute Grant ID222. \$5,000.00

Chan, R., Lehto, R., Cummings, T., Maneval, R., Greenberg, M., (2017) PI. Think Tank grant to advance a multidisciplinary culture of compassion in health care. Event scheduled for August 2018 on Michigan State University Campus College of Nursing. Foundation grant: \$5,000.00

Chan, R., Ford, S., Stahl, D (2018) Learning Community Designation Michigan State University Academic Advancement Network: “Consortium for Compassionate Wellbeing” \$500.00 annually

## Research - Unfunded

**ParaCHUTE pilot study:** (2014) Using reflective action participatory research to identify teaching strategies for integrative health care modalities in nursing core curriculum

**Building patient led community meditation resources for adults with chronic disease:** (2014/2015) A focused ethnographic study of advanced meditation practitioners and their ability to build a sustaining meditation community within the health care setting.

## Program funding

Chan, R., Warren, K., Chan, K. Co-developer. (2005 – Present) Organ donation in the faith communities, American Lung Association program grant \$ 5,000.00 yearly (2003-2013)

Chan, R., Developer, (2002) Gymboree for teen mothers and their toddlers, Nancy Boykin Continuing Education Center. Detroit MI Episcopal women’s fund, \$1,000.00

## Publications – referred journals

Bay, Esther H. and **Chan, Roxane, R.** (2019). Comparison of two group therapies: Mindfulness-based versus active control group interventions after traumatic brain injury. *Journal of Psychosocial Nursing and Mental Health Services* 57(1) (IF 0.77)

**Chan, R.,** Beaulieu, J. and Pickering, C.E.Z. (2018). Building Sangha in the American Healthcare Setting for persons with chronic disease. *Explore Journal of Science and Healing*. 14(2) (IF 1.01)

Choi, S, **Chan, R.**, Lehto, R., (2018) Relationships Between Smoking Status and Psychological Distress, Optimism, and Health Environment Perceptions at Time of Diagnosis of Actual or Suspected Lung Cancer, *Cancer Nursing* (E-pub ahead of press) (IF 1.66)

Hao, T., Bi, C., **Chan, R.**, and Xing, G. (2017). MindfulWatch: Extracting Real-time Respiratory Information from Smartwatches during Meditation. *Pervasive and Ubiquitous Computing*. 1(3)

Olsen, D., Lehto, R., and **Chan, R.**, (2017). Ethical nursing care when the terminally ill patient seeks death, *American Journal of Nursing*. 117(7), 55-55 (IF 1.38)

**Chan, R.**, and Schathraff, M., (2016). Participatory action inquiry using nursing students: The inclusion of integrative health care modalities in nursing core curriculum. *Nurse education in practice*, 22, 66-72. (IF 0.964)

Lehto, R., Olsen, D., and **Chan, R.**, (2016). When a patient discusses assisted suicide: Nursing Considerations. *Journal of Hospice and Palliative care* 18 (3), 184-191 (IF 0.47)

Olsen, D., Lehto, R., and **Chan, R.**, (2016). When a participant in end-of-life research asks to discuss assisted suicide: Ethical analysis of the nurse researcher role. *Western Journal of nursing*, 38(9). 1205-1220 (IF 1.29)

**Chan, R.**, and Lehto, R., (2016). The experience of learning meditation and mind/body practices in the COPD population. *Explore Journal of Science and Healing*. 12 (3), 171-179 (IF 1.01)

Bay, E., Grimm, C., **Chan, R.**, (2016). Development and testing of two lifestyle intervention programs for persons with chronic mild-to-moderate traumatic brain injury: Acceptability and feasibility. *Journal of Applied Nursing Research* 93(3), 90-93 (IF 1.04)

**Chan, R.**, Larson, J.L. (2015). Meditation interventions for chronic disease populations: A systematic review. *Journal of Holistic Nursing*. 33(4), 351-65. (H factor, 31)

**Chan, R;** Giardino, N.; Larson, J.L. (2015). Modified mindfulness meditation intervention in COPD. *International journal of chronic obstructive pulmonary disease*. 10 (1), 445-454 (IF 3.41)

**Chan, R.** (2014) Mantra meditation as a spiritually based nursing intervention. *Med/surg Journal of adult health*, 23(2), 84-8 (IF 0.52)

**Raffin (Chan) R,** Gillies, DA, Hough EE, Biordi DL. (1993) Managing HIV-positive and AIDS risks: educational and psychosocial resource assessment. *Nursing Management*, 24(2): 48-53 (IF 1.72)

## **Presentations - referred**

*Embodied Nursing Curriculum*

American Holistic Nurses Association International Conference

Niagra Falls, NY: June 2018

Roxane Raffin Chan, PhD, RN, AHN-BC

Emily McIntire, MSN, RN

Podium presentation

*Self-compassion for nurses; Becoming the wise nurse*

Michigan Chapter of the American Psychiatric Association, April 14, 2018

Lansing, MI

Roxane Raffin Chan, PhD, RN, AHN-BC

*Mindfulness Self-Compassion for Nurses and caregivers*

Michigan State University March – May 2018

Eight weekly sessions

Roxane Raffin Chan, PhD, RN, AHN-BC

*Nursing Care Management Conference*

Novi, IL November 1, 2018

Podium presentation and experience

Roxane Raffin Chan, PhD, RN, AHN-BC

*Embodied Nursing Pedagogy: Walking a mile in the patient's shoes*

Association of Contemplative Mind in Higher Education Annual National Conference

Radicalizing Contemplative Education

Santa Clara, California: November 2017

Roxane Raffin Chan, PhD, RN, AHN-BC

Emily McIntire, MSN, RN

Podium presentation

*Teaching Resiliency using a retreat format in the Baccalaureate nursing Curriculum*

Association of Contemplative Mind in Higher Education Annual National Conference

Radicalizing Contemplative Education

Santa Clara, California: November 2017

Roxane Raffin Chan, PhD, RN, AHN-BC

Karla Palmer, MS, RN

Donna Moyer, PhD, RN

Poster presentation

*Coaching Love*

American Holistic Nurses Annual International Conference June 2017

Roxane Raffin Chan, PhD, RN, AHN-BC

Podium presentation

*Self-compassion skills for pediatric nurses: Loving me, loving the child*

Facets of Pediatric Care Conference University of Michigan May 19<sup>th</sup>, 2017

Roxane Raffin Chan, PhD, RN, AHN-BC

Podium presentation

*The Feasibility of Heart Rate Variability to Test Dose Effectiveness of Home-based Meditative Practices in Lung Cancer Patients*

Midwest Nursing Research Society Annual Conference April 17<sup>th</sup>, 2017

Roxane Raffin Chan PhD, RN, AHN-BC

Rebecca Lehto, PhD, RN

Podium/poster presentation

*Integrative Therapies in Pain & Stress Management*

2017 Conference on PAIN February 7, 2017

Roxane Chan, PhD, RN, AHN-BC  
Podium Presentation

*The process of emotional awakening in the beginning meditator with chronic disease.*

International symposium of contemplative science. November 2016

Roxane Raffin Chan, PhD, RN, AHN-BC

Rebecca Lehto, PhD, RN

Poster presentation

*Expert meditators in the chronic disease population: Building Sangha in the American health care setting.*

International symposium of contemplative science November 2016

Roxane Raffin Chan, PhD, RN, AHN-BC

Jamie Beaulieu BSN Student

Carolyn Z. Pickering, PhD, RN

Poster presentation

*The Primary Health Care Curricular Pathway: An innovative model for fostering dynamic and integrative approaches to population health nursing*

American Association of Colleges of Nursing 2016 Baccalaureate Education Conference (Nov)

Rhonda Maneval, D. Ed, RN

Roxane Raffin Chan, PhD, RN, AHN-BC

Poster presentation

*Expert meditators in the COPD population: Building Sangha in the American health care setting*

Council for the Advancement of Nursing Science October 2016

Roxane Raffin Chan, PhD, RN, AHN-BC

Jamie Beaulieu BSN Student

Carolyn Z. Pickering, PhD, RN

Podium presentation

*Feasibility of heart rate variability to test dose effectiveness of Home-based meditative practices in lung cancer patients*

18<sup>th</sup> international Psycho-oncology society world congress. October 2016

Rebecca Lehto, RN, PhD

Roxane Raffin Chan, RN, PhD

Poster presentation

*Mind/Body self-care for stressful situations*

Sparrow / AWHONN perinatal mental health conference Nov 30, 2016

Roxane Raffin Chan, RN, PhD, AHN-BC

Rebecca Lehto, RN, PhD, AHN-BC

Podium presentation with CNE

*The parachute program: Bringing integrative therapies into Baccalaureate curriculum*

American Holistic Nursing International Conference June 2016

Roxane Raffin Chan, PhD, RN, AHN-BC

Michelle Schathraff, DNP, RN, BSW

Oral presentation

*Grief Awareness Week*

Presentation and two group support sessions for ICU and Labor and delivery nursing teams  
Department of Decedent Affairs, University of Michigan Medical Center, Ann Arbor, MI  
Podium presentation/Group sessions  
May 17<sup>th</sup>, 2016

*Nursing integrative interventions for patients with chronic pain*  
Michigan State University Alpha Psi Chapter meeting, January 18<sup>th</sup>, 2016  
Roxane Raffin Chan, RN, PhD, AHN-BC  
Podium presentation

*Integrative health care for pain and stress*  
CNE on-line course February 2016  
MSU College of Nursing web site.  
Self-paced CNE video

*Integrative therapies in Pain Management: Mindfulness for chronic pain*  
The 2015 conference on Pain, Oct 20, 2015  
Roxane Raffin Chan, RN, PhD, AHN-BC  
Podium presentation

*Mindfulness and integrative therapies for chronic disease and stress*  
Michigan Center for Rural Health, September 3,  
2015 Roxane Raffin Chan, RN, PhD, AHN-BC  
Podium Presentation

*Mindfulness-based meditations versus health living after traumatic brain injury: A pilot RCT to treat post-TBI depressive symptoms*  
Sigma Theta Tau 26<sup>th</sup> Annual International Nursing research congress July 26, 2015  
Esther Bay, PhD, RN  
Roxane Raffin Chan, PhD, RN, AHN-BC  
Poster presentation

Mindfulness-based stress reduction versus healthy living after TBI: A pilot RCT examining their effects on symptoms, chronic stress and psychological functioning.  
12th North American Brain Injury Conference, San Antonio, Texas, May 2, 2015.  
Esther Bay, PhD, RN  
Roxane Raffin Chan, PhD, RN, AHN-BC, LMT  
Poster presentation

*ParaCHUTE program for the delivery of integrative care in the acute care setting*  
Community Nursing Research Day March, 19 2015  
Roxane Raffin Chan, RN, PhD, AHN-BC, LMT  
Poster presentation

*Mindfulness-based stress reduction versus healthy living after TBI control group interventions: A pilot RCT examining their effects on depressive symptoms, chronic stress, and psychological functioning.*  
10th World Congress on Traumatic Brain Injury: San Francisco California, March 2014  
Roxane Raffin Chan, RN, PhD, AHN-BC, LMT  
Esther Bay, RN, PhD

Janet Larson, RN, PhD, FAAN  
Poster presentation

*Shining a light on complexity: Researching complex interventions*

Annual Conference: Portland Oregon, June 2014

Roxane Raffin Chan, RN, PhD, AHN-BC, LMT

Anne Vitale, RN, PhD

American Holistic Nurses Association

Podium presentation

*Mindfulness-based group therapy versus healthy-living after TBI: Results from a pilot RCT.*

University of Michigan Center for Injury Prevention 1rst Annual Research Symposium: Ann Arbor, MI September 2014

Esther Bay, RN, PhD,

Roxane Raffin Chan, RN, PhD, AHN-BC, LMT

Janet Larson, RN, PhD, FAAN

Poster presentation

*Research on Meditation for Persons with Chronic Lung Disease*

American Holistic Nurses Association

Annual Conference: Snowbird, UT June 2013

Roxane Raffin Chan, PhD, RN, AHN-BC

Podium presentation

*Modified mindfulness-based stress reduction intervention in COPD*

American Thoracic Society

Annual Research Conference: Philadelphia, PA May 2013

Roxane Raffin Chan, MS, PhD ( c), RN, AHN-BC

Podium Presentation

*The Impact of Meditation on Breathing Timing Parameters in the COPD Population*

International Society for the Advancement of Respiratory

Psychophysiology Annual Research Conference: Orlando, FL September 2012

Podium presentation

*Defining the Nurse Managed Unit within a Teaching Medical Center*

Organization of Nurse Executives San Francisco and Los Angeles, California

Sixth annual ONE-C Invitational, 1994

Poster Presentation

*Impact of Nurse pulmonary specialty care within a Teaching Medical Center*

Respiratory Nursing Society: Los Angeles, CA February 1994

Oral presentation

*Nurses Helping Nurses: Coping with the Challenges of AIDS*

Sigma Theta Tau International State of the Sciences Congress: Washington D.C.

August 1992

Symposium Presentation

*Educational and Support Needs of Care Givers of HIV Positive Patients*



Midwest Nursing Research Society: Cleveland, Ohio March 1992  
Poster Presentation

### **Presentations – invited**

Healing with self-compassion  
Women 2 women  
Regional one day event November 2020  
Roxane Raffin Chan, PhD, RN, AHN-BC

*Our Journey of Self-Care*  
Ann Arbor women in recovery  
Two-day retreat, August 2020  
Roxane Raffin Chan, PhD, RN, AHN-BC

*Mindfulness and wellness techniques*  
Nursing grand rounds Michigan Center for Rural Health  
December 2019  
Roxane Raffin Chan, PhD, RN, AHN-BC

*Transition to success: How to help people out of poverty*  
Lansing public health workers  
Three day program, September 2019  
Roxane Raffin Chan, PhD, RN, AHN-BC  
Debra Springer, MSW

*Meditation on Self-Compassion*  
University of Michigan Day of Woman's Health January 12, 2019  
Roxane Raffin Chan, PhD, RN, AHN-BC

*Resilient Me*  
Michigan State University September 15<sup>th</sup>, 2018  
East Lansing, MI  
Roxane Raffin Chan, PhD, RN, AHN-BC

*Doula Love*  
End of Life Doula sharing circle  
Ann Arbor, MI  
November 14<sup>th</sup>, 2017  
Presentation and discussion

*Mindfulness and self-compassion for self-care*  
Lung transplant Support group University of Michigan September 16<sup>th</sup>, 2017  
Roxane Raffin Chan, PhD, RN, AHN-BC  
Group discussion

*Joyful teachers: Self-compassion for educators*  
Lansing Department of Public Schools PEACE PROJECT August 16<sup>th</sup> and 17<sup>th</sup> 2017  
Roxane Raffin Chan, PhD, RN, AHN-BC  
Debbie Wollard  
Two-day retreat

*Mindfulness Self-Compassion workshop*  
Meridian Senior Center December 15, 2016  
Roxane Raffin Chan, RN, PhD, AHN-BC

*Integrative therapies in health care*  
Senior Living Episode #83 HOMTV Lansing MI  
Filmed November 2016  
Roxane Raffin Chan, RN, PhD, AHN-BC  
BSN Students: Hannah Hammond and Jennifer Wilt

*Prayer and meditation*  
Catholic Women's group Lansing,  
MI: October 10<sup>th</sup>, 2015 and  
October 11<sup>th</sup>, 2016

*Self-Compassion and chronic lung disease*  
Better Breathers Club  
Beaumont Health System, Pulmonary Rehabilitation  
March 18<sup>th</sup>, 2016

*Integrative care for chronic disease in the community*  
Panel discussion  
MSU extension fall conference  
Lansing, MI October 13<sup>th</sup>, 2015

*The Mindful Heart*  
Pre-post heart transplant and LVAD support group  
Ann Arbor, MI: May 4, 2015

*Mind/Body practices for better breathing*  
Beaumont Rehabilitation Lecture series  
Royal Oak, MI: March 13, 2015

*A holistic approach to self-care and nursing*  
Guest lecture  
University of Michigan School of Nursing  
Ann Arbor, MI: February 27<sup>th</sup>, 2014

*Mind/Body health care*  
Idiopathic pulmonary fibrosis support group  
Ann Arbor, MI October 2013

*Developing a Holistic Plan of Care with Your Health Care Team*  
University of Michigan, Ann Arbor, MI  
Regional Patient meeting: Ohio, Michigan and Indiana: October 2008

*Spirituality of Organ Donation*  
Workshop developer and coordinator, Detroit Area Parish Nurses: August 2005  
Expanded to cities throughout Michigan with further grant funding: September (2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014 and 2015)

*Mind, Body and Spirit Connection and Meditation*

Better Breathers Support Group, Beaumont Hospital Royal Oak, MI, September 2008  
Myasthenia Gravis Support Group, St. Joseph Medical Center, Ypsilanti, MI, September 2008  
LAM Support Group, University of Michigan, Ann Arbor, MI, October 2008  
Neuropathy Support Group, Southfield MI, June 2007  
Pulmonary Hypertension Support Group, University of Michigan; Ann Arbor, MI, November, 2006  
Hepatitis C Support Group, Henry Ford Medical Center, Detroit, MI, May 2005  
Lung Transplant Support Group, Henry Ford Medical Center, Detroit, MI, October 2004  
Milford Presbyterian Church Parish Group, Milford, MI, October 2004

*Body Prayer: Mind, Body and Spirit Wellness*

Christ Church Grosse Pointe, January 2006  
St. Clare's Church, Ann Arbor, April 2007  
Nativity Church, Bloomfield Hills, April 2007  
St. Philips Church, Rochester Hills, November 2008

*Foundations of Health: Meditation, Movement and Touch*

Ecumenical Theological Seminary, Locations varied each year within Michigan  
Developed and presented a three-day retreat, April 2005, May 2006, May 2007, May 2008  
Part of a four-year ongoing quality development program for multi-denominational ordained clergy throughout the state of Michigan.

*Healthy Touch*

Common Ground Counseling Center Bloomfield Hills, MI  
Workshop leader  
Young Women's Rape Recovery Group September 2004  
Teen Girls Counseling Group November 2004

*What is a Therapeutic Massage?*

Mom's and More Metro Oakland Chapter, Bloomfield Hills, MI, May 2003

*Benefits and Techniques for Massage in the Acute Care Setting*

Wayne State University School of Nursing, Detroit MI, March 2003  
Guest lecturer

*Nutrition: A Key to Good Health*

Episcopal Women's Annual Weekend Retreat: Mind-Body-Spirit Connection  
State of Michigan Conference 2001

*Overview of Hospice care and Parish Nursing*

Oakland University School of Nursing, Rochester Hills, MI  
January 2000/January 2001/January 200

**Honors and awards**

2019

Billie Gamble Undergraduate Teaching  
Excellence/Enrichment award  
Michigan State University College of Nursing

2009	New Investigator award University of Michigan Class of 1959 \$3,000.00
2006	Donate Life Coalition of Michigan Visionary Award
1995	Nurse Week -Top Ten Nurses in the State of California, Nursing Excellence
1994	Los Angeles Department of Health Services Innovation Award; Outstanding leadership, innovation and contributions to promoting excellence in nursing practice

### **Professional memberships**

2009-present	International Society for the Advancement of Respiratory Psychophysiology
2004-present	American Holistic Nursing Association
2003-present	Michigan Holistic Nursing Association
1978-present	Sigma Theta Tau (Current; Alpha Psi Chapter) 2014-present: Grant review committee

### **National professional organizations and offices**

2021 – present	American Holistic Nurses Association President-elect
2018-2021	American Holistic Nurses Association Elected board member
2016-present	American Holistic Nurses Association Educational committee chair
2015-present	Reviewer: International journal of Chronic Obstructive Pulmonary disease
2015-present	Reviewer: International Journal of Stress Management
2014-present	Reviewer: Heart and Lung Journal of Critical Care
2015-present	Reviewer: Journal of the American Psychiatric Nursing Association
2015-present	Content Reviewer: AHNCC Advanced Holistic

	Nursing Board Certification exam
2014-2016	Member 2015 American Holistic Nurses annual international conference planning committee Nurse planner for 2016 American Holistic Nurses international conference
2010-2014	Michigan Holistic Nurses Association Education committee 2011-2014  Nurse planner annual retreat: <i>Discovering compassion through forgiveness: Becoming sanctuary</i> Kalamazoo, MI October 2012  Nurse planner annual retreat: <i>Back to nature</i> Howell, MI September 2013
2010-present	Educational reviewer American Holistic Nurses Association
2013-2014	Research committee, American Holistic Nurses Association
1994-1996	Respiratory Nursing Society Vice president Southern California Chapter, 1995 Program chairperson, 1995

### **State and local professional committees and boards**

2019 – present	Board Member Global Alliance: Support for refugee women in Michigan
2017- 2019	Board Member Forster Woods adult day-care program Williamston, MI
2016- 2020	Board Member League of Women Voters Ann Arbor
2016-2020	Saline Farmers Market Committee
2006-2009	Board Member Quest for Breath; Idiopathic Pulmonary Fibrosis Research, University of Michigan
2008-2009	Support group coordinator; IPF Quest for breath
1996-1997	Los Angeles County Ethics Committee
1991-1996	American nurses Association of California Member founding taskforce, 1996

1996 Member CAL/NOC nursing outcomes task force

1994-1996 California Thoracic Society  
Professional nurse committee chair-elect 1996

### **Community service**

2018 – present One Love Global, Truth, Racial Healing  
And Transformation: Racial healing group  
Facilitator and Ambassador

2008-2012 Meditation classes, Bi-monthly  
Saline Public library

2006-2016 Women’s meditation circle, bi-monthly  
Saline, MI

### **University service**

2010-2011 Curriculum committee, University of Michigan  
School of Nursing

2011-2012 CASS committee, University of Michigan  
School of Nursing

2013-present Undergraduate curriculum committee,  
Chair: 2015/2016  
Michigan State University, College of Nursing

2014-present Undergraduate curriculum refreshment committee.  
Michigan State University College of Nursing

2016-present University Office of Outreach and Engagement awards  
committee

2016-present MSU CON Bylaws committee

2016-present Office of Outreach and Engagement awards selection  
committee, Michigan State University

2017-present University Library Committee, Michigan  
State University

2017-present Faculty Advisory Committee, Michigan State  
University

2018-present Ombudsman search committee, Michigan State  
University

## Other

### FILMS

"A Celebration of Caring, LAC+USC Medical Center", 1993 Writer and Producer  
Documentary on the Medical Center recovery from the 1992 riots and shooting in the  
Emergency Department

### Teaching

2016- present	Health promotion and health risk reduction in the community NUR324 Course developer and coordinator Michigan State University
2015-present	Nursing Scholarship NUR220 Michigan State University
2013-present	Nursing foundations NUR330 Nursing integrative seminar NUR450 Michigan State University
2010-2013	Complementary therapies and alternative healing Nurs 516; University of Michigan
2005-2007	Beginning meditation Saline Community Education program
2004-2005	Anatomy and physiology Michigan School of Myomassology
2000-2003	Health promotion in community, Nurs 340 On-line/BSN completion Oakland University  Vulnerable populations (clinical) Nurs 213/303 Oakland University
1994-1997	Senior Med/surg Nurs 410 Leadership seminar Nurs 450 NCLEX review University of Southern California
1980-1982	Basic Clinical competencies Nurs 160 Medical/surgical clinical Psychiatric clinical Joliet Junior College

