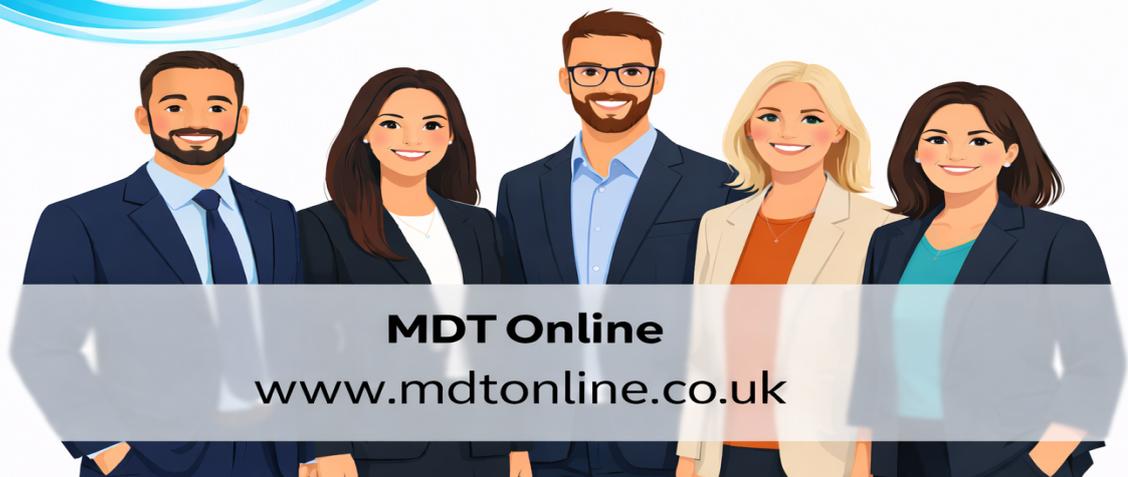


Clinical & Care Home

Training Solutions



Professional eLearning & Workforce Development

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ADHD Awareness

CPD Approved

Course Description

ADHD is a chronic condition that creates a range of persistent symptoms such as difficulty sustaining attention, hyperactivity and impulsive behaviour.

The course covers the definitions of ADHD, the different types of ADHD and how to recognise some key signs and symptoms.

Beyond this the course will look at some of the possible causes of ADHD, how it is diagnosed and how it can be treated, including environmental changes, types of therapy and medication that can be prescribed.

The course concludes with some advice for people living with or caring for those with ADHD and provides some practical advice for supporting children, teenagers and adults with the condition.

Learning Objectives

By the end of this course, you will be able to:

- Define the types of ADHD and recognise the numerous symptoms that need to be exhibited to help with diagnosis.
- Understand that that ADHD is chronic condition that runs from childhood right through to adulthood.
- State the methods of assessment that lead to diagnosis.
- Identify treatment regimes, from therapy to medical intervention.
- Understand how symptoms can be managed and how an individual with ADHD can be helped.

Target Audience

This course will prove useful to anyone who works with or has regular contact with children or adults with ADHD.

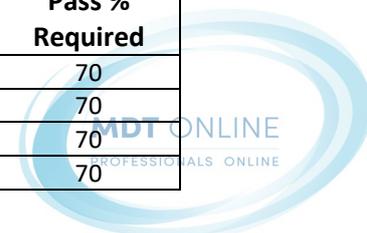
Advantages

Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training in around their work and personal life.

Further Progression

There are a lot of courses in our health and social care suite that would make great follow ups to this course and if you are in the adult social care sector then they would all provide valuable additions to your knowledge.

Course	Module Number	Module Name	Pass % Required
ADHD Awareness	1	Introduction	70
ADHD Awareness	2	Causes and Diagnosis of ADHD	70
ADHD Awareness	3	Treatments	70
ADHD Awareness	4	Managing Symptoms	70



Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 45 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Autism Awareness

CPD Approved

Course Description

Autism is a lifelong developmental disability that affects how a person communicates with and relates to other people around them. According to the National Autistic Society, autism affects about 700,000 people in the United Kingdom, which equates to 1 in 100 of the population and the number of children being diagnosed with the condition is continuing to increase.

This online Autism Awareness E-Learning course will provide you with an understanding of what autism is and how it affects a child's daily life. The Autism Awareness online course will touch on some of the typical behaviours associated with Autism and how you can provide effective support for those with the condition. This online Autism Awareness course also discusses what happens during the diagnosis process, some of the intervention methods that can help manage the condition and suggests some simple adaptations you can make to improve a child with autism's day to day life.

Target Audience

People working in adult and child care environments.

Those working in all areas of care may come into contact with people who has Autistic Spectrum Disorders ASD. Although the course focuses on children with autism, having an awareness of the condition and how best to provide support to someone with ASD will be of use to anyone who interacts with and cares for children and adults as part of their work.

Advantages

Having a knowledge of the typical behaviours and challenges associated with ASD can equip you to identify these and act in a supportive way.

CPD approval means that this course can be used by those that need to prove they are continually developing themselves.

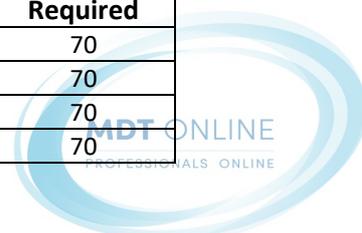
Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training in around their work and personal life.

Further Progression

There are a lot of courses in our health and social care suite that would make great follow ups to this course and if you are responsible for the care of adults or children then a wide range of them would provide valuable additions to your knowledge.

Specific topics that compliment this directly are Introduction to Early Years Foundation Stage, Equality and Diversity and Mental Health Awareness.

Course	Module Number	Module Name	Pass % Required
Autism Awareness	1	Definitions, Context & Background	70
Autism Awareness	2	Understanding Autism Spectrum Disorder	70
Autism Awareness	3	Diagnosing Autism Spectrum Disorder	70
Autism Awareness	4	Testing and Support	70



Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 30 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Children and Young People's Mental Health

CPD Approved

Course Description

It starts by defining mental illness and mental health problems and their impact on children and young people.

There's extensive coverage of the many types of mental illnesses found in this group, and how they can be recognised and treated.

We'll look at attention deficit hyperactivity disorder, depression and self-harm - along with eating disorders, including anorexia, bulimia and binge eating.

Other mental illnesses covered include schizophrenia, autism, learning difficulties, post-traumatic stress disorder, along with bipolar disorder, panic disorder, sleep apnoea and social phobia.

You'll learn about symptoms and causes - and the actions to take if you suspect someone has a mental health condition.

We'll discuss the role of mental healthcare professionals, such as a psychologists, psychiatrists, psychiatric nurses or clinical social workers - and show how parents can become involved.

Treatments covered include psychotherapy, mindfulness, play therapy, cognitive behavioural therapy and medication.

We'll deal with prognosis and prevention – and show how to promote positive mental health and dispel common myths.

Finally, you'll learn practical techniques to help you talk to children or young people about their mental health.

Learning Objectives

By the end of this course, you will be able to:

Define Mental Health and its impact in Children and Young People.

Learn about the common Mental Health issues found in Children and Young People.

Recognise the signs and symptoms found in Children and Young peoples and recognise the causes and risk factors involved.

Understand the treatment and support available and understand the long-term outcomes of Mental Health issues in Children and Young People.

Target Audience

This course is aimed at teachers and youth workers who may work with children who exhibit signs of mental health issues.

Advantages

The course will provide candidates with an awareness of the signs and symptoms of a wide range of conditions and better prepare them to listen to and support young people.

Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training in around their work and personal life.



Further Progression

We have a range of courses focusing on mental health awareness that would complement this one well, these include Mental Health First Aid and Depression Awareness.

Course	Module Number	Module Name	Pass % Required
Children and Young Peoples Mental Health	1	Introduction	70
Children and Young Peoples Mental Health	2	Mental illnesses in children and young adults: Part 1	70
Children and Young Peoples Mental Health	3	Mental illnesses in children and young adults: Part 2	70
Children and Young Peoples Mental Health	4	Mental illnesses in children and young adults: Part 3	70
Children and Young Peoples Mental Health	5	Signs of mental illness in children and young people	70
Children and Young Peoples Mental Health	6	Diagnosis and treatments	70
Children and Young Peoples Mental Health	7	Prognoses and outcomes	70
Children and Young Peoples Mental Health	8	Support	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 90 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Dementia Awareness

CPD Approved

Dementia is used to describe the symptoms that occur when the brain is affected by specific diseases and conditions. Dementia is a chronic progressive problem of cognition - which is failure of the brain's functions. IT affects people at different stages of life, it affects different parts of the brain and it affects it at different speeds.

This course is intended to give you an overview of the common types and symptoms of dementia as well as going into how it can affect the brain in different ways. It also covers strategies to use with clients with dementia and dealing with challenging behaviour. The course is intended for anyone who works with or around people that may be suffering with dementia.

Course	Module Number	Module Name	Pass % Required
Dementia Awareness	1	What is Dementia?	70
Dementia Awareness	2	The Brain	70
Dementia Awareness	3	Types of Dementia	70
Dementia Awareness	4	Strategies to Use with Clients with Dementia, and Dealing with Challenging Behaviour	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 25 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Depression Awareness

Course Description

Over 350 million people in the world are affected by depression.

This online course will raise awareness of depression and how it can be recognised, diagnosed, classified and treated.

It starts by looking at diagnoses before moving on to define the various types of depression, you'll also learn about other disorders.

It then looks at the causes of depression and the everyday factors which can make it more difficult to manage effectively.

You'll learn about depression symptoms in adults, teenagers and children and how to get help.

There'll be information to help you understand how to recognise and psychotic depression and how it can be treated.

The course also looks at the physical and social effects of depression, including on those living with a person who is depressed.

Depression management techniques and treatments will be covered, including Cognitive Behavioural Therapy, Dialectical Behaviour Therapy, Selective serotonin reuptake inhibitors, Relaxation techniques and Mood management.

Finally, we'll feature the roles played by diet, exercise and managing work-life balance and lifestyle.

Learning Objectives

By the end of this course, you will be able to:

Understand what Depression is and have an understanding of the diagnosis process.

Recognise the causes and symptoms in adults, children and teenagers.

Learn the different management techniques used and the support available.

Recognise the impact of depression on the individual and those around them such as friends and family.

Target Audience

This course is aimed at people in the health and social care sector that would like to increase their awareness of Depression to improve the care they give. It is also written in a way that is accessible to people outside of health and social care and does not assume any prior knowledge of the condition.

Advantages

Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training in around their work and personal life.

Further Progression

Other courses that complement this one could include Developing a Workplace Mental Health Policy, Stress Awareness and Mental Health First Aid.



Course	Module Number	Module Name	Pass % Required
Depression Awareness	1	Introduction	70
Depression Awareness	2	The Causes of Depression	70
Depression Awareness	3	Effects on the Individual, Family and Friends	70
Depression Awareness	4	Depression Management and Support: Part 1	70
Depression Awareness	5	Depression Management and Support: Part 2	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 45 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Diabetes Awareness

CPD Approved

Diabetes is a serious lifelong health condition that occurs when the amount of glucose, or sugar, in the blood is too high. If left untreated, high blood glucose levels can cause serious health complications.

Diabetes can develop in anyone at any point in their life although there are certain groups and age ranges where it is more common. There are a range of symptoms that could indicate that someone had Diabetes, these range from excessive thirst to feeling more tired than usual. It is believed that up to 26% of residential and nursing home residents have Diabetes so being able to recognise the symptoms and knowing how you can help them to manage the condition is essential.

This course is aimed at people working in the health and social care sector and will provide an overview of the condition, the common symptoms that might indicate someone has diabetes, methods of diagnosis, some possible treatments and common complications that can affect those with the condition.

Course	Module Number	Module Name	Pass % Required
Diabetes Awareness	1	Diabetes – What it is and its Prevalence	70
Diabetes Awareness	2	Symptoms, Diagnosis & Treatment	70
Diabetes Awareness	3	Complications	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 45 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Dignity and Privacy

CPD Approved

There are two crucial attributes you must have when working with people in a caring, supportive environment. First, all service users must be treated with dignity and the second crucial attribute is privacy.

The course will start by defining dignity and privacy within the healthcare sector, and will explain how the two are quite often linked. It will then go on to give you a range of useful professional tips about setting up the right working relationship with your service users, and discuss some of the issues that can arise when dignity and privacy are not respected.

Course	Module Number	Module Name	Pass % Required
Dignity and Privacy	1	Overview of the Course	70
Dignity and Privacy	2	Understanding the Principles	70
Dignity and Privacy	3	Dignity - Good Practice Part 1	70
Dignity and Privacy	4	Dignity - Good Practice Part 2	70
Dignity and Privacy	5	Privacy - Good Practice	70
Dignity and Privacy	6	Self-care	70
Dignity and Privacy	7	Overcoming Barriers to Dignity and Privacy	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 50 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Drug and Alcohol Awareness

CPD, IIRSM & Institute of Hospitality Approved

Course Description

This course is aimed at managers and staff in all industries who play a role in reducing drug, alcohol and substance misuse in the UK.

The course starts with official statistics to illustrate the scale of drug and alcohol abuse in the UK. You'll learn in detail about commonly used drugs, including cannabis, cocaine, heroin, LSD, ecstasy and some new designer drugs.

Turning to alcohol abuse, the course will show you how to introduce a 4-stage plan to deal with any problems - including how to write an effective Drug and Alcohol Policy. Beyond this the course will explore best business practice in terms of HR, legislation, spotting signs of drug misuse and the implementation of workplace solutions.

The course also explains how the Advisory, Conciliation and Arbitration Service (ACAS) can help with effective alcohol and drugs policies and the development of related management skills.

Finally, it looks at current drug treatments and the options for outside support available to individuals and organisations.

Learning Objectives

By the end of this course, you will be able to:

- Understand the scale of drug and alcohol abuse and recognise the signs of misuse leading to effects on the employee and the workplace.
- Recognise your legal positions and recognise an effective policy will help to address employees with an addiction problem.
- Define best practice in an effective policy to address your company position on drug and alcohol abuse and what help is available.
- Identify the 4 step process in regards to dealing with individuals with alcohol issues.

Target Audience

This course is aimed at managers and staff in all industries who have a critical role to play in reducing drug, alcohol and substance misuse in the UK.

Advantages

Online training is flexible, efficient and cost-effective, so candidates can progress through the modules at their own pace, in their own time, making it easy to fit the training around their work and personal life.

Further Progression

Other courses that would be useful for candidates taking this one include Conflict Management, and Leadership skills.



Course	Module Number	Module Name	Pass % Required
Drug and Alcohol Awareness	1	Statistics and Signs of Misuse	70
Drug and Alcohol Awareness	2	Illegal Drugs Part 1	70
Drug and Alcohol Awareness	3	Illegal Drugs Part 2	70
Drug and Alcohol Awareness	4	Alcohol Misuse	70
Drug and Alcohol Awareness	5	Company Best Practice Part 1	70
Drug and Alcohol Awareness	6	Company Best Practice Part 2	70
Drug and Alcohol Awareness	7	Company Best Practice Part 3	70
Drug and Alcohol Awareness	8	Drug Treatment Services and Further Support	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 80 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Duty of Care

CPD Approved

A duty of care is the requirement that all health and social care professionals, and organisations providing health and care services, must put the interests of service users first.

Working in the health and social care sector involves working with lots of different people with a variety of needs, dependencies, backgrounds and wishes. As a care worker, you have a duty of care towards all the people you are involved with, during your working hours. This means you have to employ a reasonable level of care, to ensure they are kept safe from harm, abuse and injury.

This course will give you an introduction to the concept of duty of care, cover how duty of care affects your work, what to do if you come across a duty of care dilemma and where to go for support or advice along with some practical examples of duty of care situations.

Course	Module Number	Module Name	Pass % Required
Duty of Care	1	The Course Structure	N/A
Duty of Care	2	The Implications of Duty of Care	70
Duty of Care	3	How Duty of Care Affects Your Work	70
Duty of Care	4	Duty of Care Dilemmas	70
Duty of Care	5	Resolving Dilemmas: Support and Advice	70
Duty of Care	6	How to Respond to Complaints	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 50 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



End of Life Care

CPD Approved

End of life care should be several things, compassionate, cost effective, holistic and effective. There are usually a number of people involved in the care of people at the end of their life and it can be a difficult process to be part of.

This course will provide you with information about what to expect, how to handle some of the emotions associated with this time, and working with the other professionals involved in end of life care.

Course	Module Number	Module Name	Pass % Required
End of Life Care	1	End Of Life Care	70
End of Life Care	2	Feelings And Emotions	70
End of Life Care	3	Patterns Of Dying	70
End of Life Care	4	The Dying Process	70
End of Life Care	5	Support And Aftercare	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 25 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Epilepsy Awareness

CPD Approved

Course Description

When introducing epilepsy, we must first recognise that there are around 40 different types of seizures. Statistics show that one in five people will have a seizure at some time in their life although only some of these will be caused by epilepsy.

Epilepsy is a neurological condition that affects the brain and the nervous system and is covered by the Equality Act 2010. The condition can affect people for only a portion of their life, or it can be lifelong. Because of the varied nature of the condition an awareness of epilepsy and the actions you can take if you are present during a seizure is incredibly useful for those who work in health and social care.

This course will give you an overview of epilepsy. It lists the methods of diagnosis, what a seizure is and how the brain can be affected. It will introduce some possible seizure triggers and describe what to do when someone has a seizure. It will also discuss some of the treatments offered to people with epilepsy and provide practical advice on what you can do if you witness someone having a seizure.

Target Audience

This course is aimed primarily at people working in the care sector with children or adults however anyone who would like to expand their knowledge or understand what to do if they see someone have a seizure should take this course.

This course is also a great one to do alongside first aid training as it expands on the information relating to seizures that is usually taught as part of first aid.

Advantages

Having a knowledge of Epilepsy and the different types of seizure and the actions you can take if you are present during a seizure will allow you to take a proactive role in ensuring the person is kept safe and as comfortable as possible.

CPD approval means that this course can be used by those that need to prove they are continually developing themselves.

Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training in around their work and personal life.

Further Progression

If you would like to further your skills and be prepared for situations that might require a first line response, then our Emergency First aid in the workplace or Paediatric First Aid courses are both great next steps from this one.

For those people that have already completed First Aid training then another course that can complement your knowledge is Diabetes Awareness.



Course	Module Number	Module Name	Pass % Required
Epilepsy Awareness	1	What Is Epilepsy?	70
Epilepsy Awareness	2	Types Of Seizure	70
Epilepsy Awareness	3	What To Do	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 30 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Fire Marshal for Care Homes

CPD, IIRSM & Gatehouse Awards Approved

Current legislation, The Regulatory Reform (Fire Safety) Order 2005, applies to all workplaces regardless of the number of employees and requires employers to provide adequate training in fire awareness for all members of their staff.

Our online fire safety training courses are aimed at all employees to assist them in identifying and reducing the risk that fire presents in the workplace.

This course covers the same content as the Fire Marshal course with additional content tailored specifically for employees that work in care homes.

Course	Module Number	Module Name	Pass % Required
Fire Marshal for Care Homes	1	Chemistry of Fire	70
Fire Marshal for Care Homes	2	Common Causes of Fire	70
Fire Marshal for Care Homes	3	Basic Safety Features in Buildings	70
Fire Marshal for Care Homes	4	Introduction to Fire Extinguishers	70
Fire Marshal for Care Homes	5	What to do in Cases of Fire?	70
Fire Marshal for Care Homes	6	Fire Statistics	70
Fire Marshal for Care Homes	7	Current Fire Safety Legislation	70
Fire Marshal for Care Homes	8	Fire Risk Assessment	70
Fire Marshal for Care Homes	9	Preventative Measures	70
Fire Marshal for Care Homes	10	Safety Features within Buildings	70
Fire Marshal for Care Homes	11	Role of the Fire Marshal	70
Fire Marshal for Care Homes	12	Action on Fire Discovery	70
Fire Marshal for Care Homes	13	Fire Drills and Evacuation	70
Fire Marshal for Care Homes	14	Fire Extinguishers	70
Fire Marshal for Care Homes	15	Pre-Engagement Action	70
Fire Marshal for Care Homes	16	Using a Fire Extinguisher	100

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)



Duration: 220 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Handling Information in a Care Setting

CPD Approved

When working in a care setting it is so important to build positive relationships with care users. Confidentiality and the correct handling of personal information are vital for trusting relationships and a breach in this may lead to a service user becoming unwilling to cooperate with their care providers.

This course provides an introduction to the concept of handling information in care settings. At the end of the course you will understand the need for secure handling of information and you will know how to access support if you have any questions regarding access to information. The course will cover the important role confidentiality plays in developing trusting relationships with the people in your care and it will define key terms such as 'need to know' and 'consent'. It also touches on the legislation that is in place relating to the handling and storing of information and the obligations each person has under these laws.

Course	Module Number	Module Name	Pass % Required
Handling Information in a Care Setting	1	Legislation	70
Handling Information in a Care Setting	2	Putting it Into Practice	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 20 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Health and Safety in a Care Setting

CPD & IIRSM Approved

Course Description

Care homes are owned and managed by a wide range of organisations, including local authorities, the NHS, and organisations from the private and voluntary sectors.

They differ from other workplaces because they are not only places of work; they are also homes for their residents.

They should be places where the dignity and freedom of the residents is respected, and where everyone's health and safety is managed effectively.

To achieve this, everyone involved must understand their responsibilities.

This course discusses the legislation that applies to care homes, the responsibilities of management and employees and looks at developing systems of work.

It also covers what to do in some common hazards you might encounter as well as some Emergency situations.

It concludes by discussing some aspects of the work environment and staff welfare.

Learning Objectives

By the end of this course, you will be able to:

- Understand that a Care home is both a home for residents and a work environment.
- Define the legislation involved in health and safety in this home and work environment.
- Recognise both employer and employee responsibilities in regard to maintain health and safety.
- Identify potential risks and illnesses that can affect the welfare of employees and residents.
- Explain and understand risk assessments and other safety policies that the home will employ to ensure safety.

Target Audience

This course is aimed at anyone working in the care sector and should act as an introduction to health and safety in their place of work.

Advantages

As this course covers a wide range of health and safety situations the course provides a strong basis to further build on with more training.

CPD approval means that this course can be used by those that need to prove they are continually developing themselves.

Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training in around their work and personal life.

Further Progression

Other courses in our Health and Social Care suite compliment this one and when combined can form the basis for the candidates work towards achieving their Care Certificate.



Course	Module Number	Module Name	Pass % Required
Health and Safety in a Care Setting	1	Introduction	70
Health and Safety in a Care Setting	2	Responsibilities	70
Health and Safety in a Care Setting	3	Systems	70
Health and Safety in a Care Setting	4	Accidents and Illness Part 1	70
Health and Safety in a Care Setting	5	Accidents and Illness Part 2	70
Health and Safety in a Care Setting	6	Moving and Handling	70
Health and Safety in a Care Setting	7	General Hazards: Fires, Gas and Electricity	70
Health and Safety in a Care Setting	8	Aggression, Violence, Security and Stress	70
Health and Safety in a Care Setting	9	Work Environment and Welfare	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 80 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Infection Control

IIRSM & CPD Approved

Infection prevention and control measures aim to ensure the protection of those who might be vulnerable to acquiring an infection.... Ok but why is this important?

Well every year at least 300,000 people develop a Health Care Associated Infection. This has a huge impact on the patient, the staff and the institution it occurs in. Whereas if there is good infection prevention and control, patients will have better health and more independence.

This course will start by defining infection prevention and control and explaining the impact of good and bad infection control. It then goes into detail about, the legislation that applies to infection control, the different types of microorganisms, how bacteria are transmitted, the chain of infection, and much more.

Course	Module Number	Module Name	Pass % Required
Infection Control	1	The course structure	70
Infection Control	2	Infection prevention and control, and the impact of infection	70
Infection Control	3	The different microorganisms	70
Infection Control	4	How bacteria are transmitted	70
Infection Control	5	The Chain of Infection	70
Infection Control	6	The control and prevention of infection	70
Infection Control	7	Cleaning & Decontamination	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 60 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Introduction to Early Years Foundation Stage

CPD Approved

The Early Years Foundation Stage, commonly referred to as the EYFS is a framework that all Early Years providers, including childminders, must follow.

This course aims to provide a gentle introduction to the expectations of the Early Years Foundation Stage and it can also act as a refresher for those wanting to update their knowledge. It will introduce you to some of the key documents and legislation that relate to Early Years providers, the process for registering with Ofsted and the various policies and procedures that need to be in place. It also covers learning and development requirements, how to observe and assess the progress of children in your care and the safeguarding and welfare requirements laid out in the EYFS Framework.

Course	Module Number	Module Name	Pass % Required
Introduction to the Early Years Foundation Stage	1	Introduction to EYFS	70
Introduction to the Early Years Foundation Stage	2	Observations & Assessment	70
Introduction to the Early Years Foundation Stage	3	Safeguarding and Welfare Requirements	70
Introduction to the Early Years Foundation Stage	4	Ofsted	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 60 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Introduction to the Safe Handling of Medicines

CPD Approved

This Introduction to the Safe Handling of Medicines course will start by explaining the key terminology used when handling medicines. It then goes into detail about the roles of the people involved, some of the different groups of medicines, providing different levels of support to patients, infection control, label interpretation and much more.

Course	Module Number	Module Name	Pass % Required
Introduction to Safe Handling of Medicines	1	Introduction to the course	70
Introduction to Safe Handling of Medicines	2	Terminology explained	70
Introduction to Safe Handling of Medicines	3	The roles of those involved, legislation and licensing	70
Introduction to Safe Handling of Medicines	4	Groups of medicines	70
Introduction to Safe Handling of Medicines	5	Levels of support and routes of entry	70
Introduction to Safe Handling of Medicines	6	Infection Control and equipment for dispensing	70
Introduction to Safe Handling of Medicines	7	Label interpretation, record keeping and The Seven Rights	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 60 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Learning Disability Awareness

CPD Approved

Learning disabilities, however they are acquired, are lifelong. They are neurological disabilities and as such affect how an individual understands and remembers information, how they learn and communicate. People can be born with learning disabilities or they may acquire them later in life.

There are many differing types of learning difficulty and they can exhibit in many different ways and with many different characteristics.

This course will start by giving you an overview of some of the common types and causes of learning disabilities and how they affect people. It will touch on how a person centred approach to care will get the best results and look at how management must perform, and at the needs of the individual. It will also discuss overcoming the stigma attached to learning disabilities and much more.

Course	Module Number	Module Name	Pass % Required
Learning Disability Awareness	1	Introduction	70
Learning Disability Awareness	2	Learning Disabilities: the Basics	70
Learning Disability Awareness	3	New Understanding	70
Learning Disability Awareness	4	Person-centred Approach	70
Learning Disability Awareness	5	Meeting Needs - Part 1	70
Learning Disability Awareness	6	Meeting Needs - Part 2	70
Learning Disability Awareness	7	Meeting Needs - Part 3	70
Learning Disability Awareness	8	Legal Framework, Opportunities and Safeguarding	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 50 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Mental Capacity Act and Deprivation of Liberty Safeguards

CPD Approved

This course describes in detail the many facets and procedures of the Mental Capacity Act. This includes who the act affects, when it applies, how to assess capacity and the procedures that can be put in place in the home or workplace to ensure best practices are followed and people are treated fairly at all times.

It also introduces the deprivation of liberty safeguards. These safeguards provide a framework for approving the deprivation of liberty for people who lack the capacity to consent to treatment or care in either a hospital or care home setting.

Course	Module Number	Module Name	Pass % Required
MCA and DOLS	1	Introduction	70
MCA and DOLS	2	What is the Mental Capacity Act?	70
MCA and DOLS	3	Assessing Capacity	70
MCA and DOLS	4	The Deprivation of Liberty Safeguards	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 75 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Mental Health Awareness

CPD Approved

People often equate the words mental health with mental illness and there are many definitions of what mental health actually is. Mental health issues can happen to anyone despite social background, intelligence, gender or other factors.

This course explains the difference between mental health and mental illness. It covers the symptoms of a number of the most common mental illnesses so you will know what to look out for or what to expect if you are working with someone with one of these conditions. As well as providing some practical advice on how you can work effectively with those affected by these conditions.

Course	Module Number	Module Name	Pass % Required
Mental Health Awareness	1	What is mental illness and prevalence rates	70
Mental Health Awareness	2	Symptoms of Bi-Polar, depression, psychotic disorders and schizophrenia	70
Mental Health Awareness	3	Symptoms of anxiety, personality disorder, self-harming	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 25 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Moving and Handling People

Course Description

This Moving and Handling People eLearning course is aimed at people working in health and social care who have people in their care that have mobility issues. The course outlines the dangers and legislation that applies to moving and handling people as well as showing a range of techniques and equipment that can be used. The course also highlights the importance of proper risk assessments and care plans.

Learning Objectives

By the end of this course, you will be able to:

- Understand the principles of good and safe patient handling.
- Create and identify risk assessments.
- Understand the skills required for each manoeuvring situation and how they are successfully applied.
- Recognise the equipment that can be used.

Target Audience

People working in Health and Social care roles including health care and residential or nursing homes.

Advantages

Having training in moving and handling people can ensure that you do not injure yourself or someone in your care.

Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training in around their work and personal life.

Further Progression

There are a lot of courses in our health and social care suite that would make great follow ups to this course and if you are in the adult social care sector then they would all provide valuable additions to your knowledge.

Specific topics that compliment this directly are Stroke Awareness and Dementia Awareness.



Course	Module Number	Module Name	Pass % Required
Moving and Handling People	1	The Principles of Safer Patient Handling	70
Moving and Handling People	2	Moving and Handling Assessments	70
Moving and Handling People	3	Practical Skills	70
Moving and Handling People	4	Transferring and Walking	70
Moving and Handling People	5	Avoiding and Dealing with Patient Falls	70
Moving and Handling People	6	Fitting and Using A Flat or Tubular Slide Sheet	70
Moving and Handling People	7	Bed Mobility	70
Moving and Handling People	8	Other Patient Manoeuvres	70
Moving and Handling People	9	Sitting a Patient Up	70
Moving and Handling People	10	Hoisting	70
Moving and Handling People	11	Checking the Hoist	70
Moving and Handling People	12	More Hoisting Practicalities	70
Moving and Handling People	13	More Hoisting Techniques	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 150 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Nutrition and Hydration

CPD Approved

If you are part of a team responsible for people's nutrition and hydration, it's important that you understand the terms that are being used, the nutritional requirements of the service users and the possible consequences of getting it wrong.

This course will start by defining the various terms used when talking about nutrition and hydration in care environments, the basic elements of nutrition and eating a healthy balanced diet, identify the reasons why vulnerable people might suffer with dehydration and the tools you can use to identify people that are at risk of malnutrition and the steps you can take to deal with this condition.

Course	Module Number	Module Name	Pass % Required
Nutrition and Hydration	1	The Course Structure	70
Nutrition and Hydration	2	Defining the Terms	70
Nutrition and Hydration	3	The Eatwell Plate	70
Nutrition and Hydration	4	Hydration	70
Nutrition and Hydration	5	Through-life Nutrition	70
Nutrition and Hydration	6	Malnutrition and Overnutrition	70
Nutrition and Hydration	7	The 'Malnutrition Universal Screening Tool'	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 65 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Person-Centred Care

CPD Approved

What do we mean by Person Centred Care, well the term originated in the 1940s and proposed taking a holistic view of service users in care settings. This means getting to know the person and then tailoring their care as much as possible to meet their specific needs. Person centred care is now a key principle outlined in current legislation and it plays an important part in the standards that they set out which must be followed by all care professionals working in this country.

This course will give you an understanding of person centred approaches for care and support, and how to implement a person-centred approach in an adult social care setting.

It starts by explaining what we mean by person centred care and where this term originated. It then goes on to analyse the values represented by person centred care and explains why care should be as much as possible tailored to each service user. Finally it will give you an overview of care plans, daily reports, the importance of obtaining consent and much more.

Course	Module Number	Module Name	Pass % Required
Person Centred Care	1	Course Overview	70
Person Centred Care	2	Definitions and Values	70
Person Centred Care	3	Care Plans and Consent	70
Person Centred Care	4	Daily Reports	70
Person Centred Care	5	Example Care Plans	70
Person Centred Care	6	Case Study	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 45 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



Sharps Awareness

CPD, IIRSM & IOSH Approved

Course Description

There is a common misconception that sharps injuries are only of concern to medical and care staff. However it is not uncommon for people in other industries such as waste disposal to come into contact with used sharps.

In this course we'll start by looking at some statistics relating to discarded needles, then define 'sharps' and look at the different types that can be found in 'sharps litter', ranging from needles, syringes and scalpel blades to broken glass, knives, scissors and nails.

It then covers the primary and secondary risks from sharps. It'll look at the responsibilities of employers and how they must use risk assessment to ensure workers safety, as much as possible.

Then, the course will take a detailed look at Hepatitis B, Hepatitis C, HIV and Tetanus

There'll be a section on the Chain of Infection, helping you to understand how an infection gets passed on, and what steps can be taken to break the chain and stop the process.

It'll look at the probability of picking up an infection from a needlestick injury, and the factors that can affect this.

It's important to always handle discarded sharps safely so the course will take you through the equipment you need, including litter pickers, forceps, disinfectant sprays and gloves, along with the correct techniques you should employ to avoid injury. This subject will be further expanded on by detailing the correct sharps handling procedures, including how to dispose of discarded sharps safely, how to remove disposable gloves to minimise cross-contamination, and correct hand washing procedures.

Finally, it'll cover how to report discarded sharps and the correct procedures to follow if you're unlucky enough to receive a sharps injury.

Learning Objectives

By the end of this course, you will be able to:

- Recognise the safety implications of using Sharps, whether clinical or non-clinical.
- State the associated injuries and infections associated with usage of sharps. Understand employer risk assessments regarding sharps and what to do if you are injured.
- Define the chain of infection from a sharps injury.
- Identify susceptible employees and the chance of injury resulting in infection.
- Demonstrate understanding of the effective use of equipment for the safe handling and disposal of sharps.

Target Audience

This course is aimed at anyone who may come into contact with sharps waste whilst performing their day to day working activities. This includes people working in healthcare, waste disposal and a wide range of other industries.



Advantages

Knowledge of the dangers associated with sharps, safe handling techniques and use of appropriate PPE will help you to protect yourself from the dangers.

CPD approval means that this course can be used by those that need to prove they are continually developing themselves.

Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training in around their work and personal life.

Further Progression

There are a lot of courses in our health and safety and health and social care suites that would make great follow ups to this course and if you are in the adult social care sector then they would all provide valuable additions to your knowledge. Specific topics that compliment this directly are Diabetes Awareness and Introduction to Personal Safety for Lone Workers.

Course	Module Number	Module Name	Pass % Required
Sharps Awareness	1	Sharp Safety, the Basics	70
Sharps Awareness	2	Needlestick Injuries	70
Sharps Awareness	3	The Chain of Infection	70
Sharps Awareness	4	Chances of Infection	70
Sharps Awareness	5	Equipment	70
Sharps Awareness	6	Safe Handling Procedures	70
Sharps Awareness	7	Final Assessment	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 55 minutes *(Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions).*



Stroke Awareness

CPD Approved

Summary

Strokes are the fourth single leading cause of death in the UK, as well as a leading cause of disability. Being aware of the causes and symptoms will help you act fast in a situation where you suspect someone is having a stroke and provide them with the best chance of receiving the treatment they need and minimising the long term impact of the condition.

This course will cover the types of strokes, the symptoms, and risk factors. It will also cover the treatment options and the longer term impact of the condition.

Target Audience

This course is aimed primarily at people working in adult care as they are likely to be working closely with people that are most at risk of having a stroke.

Advantages

Having a knowledge of the symptoms of stroke can equip you to identify these and act quickly if you are in contact with someone who has a stroke. The quicker medical treatment can be administered to the person suffering a stroke the better the outcome is likely to be.

Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training in around their work and personal life.

Further Progression

There are a lot of courses in our health and social care suite that would make great follow ups to this course and if you are in the adult social care sector then they would all provide valuable additions to your knowledge.

Specific topics that compliment this directly are Diabetes Awareness, Dementia Awareness and Epilepsy Awareness as these are all conditions that can either increase the risk of having a stroke or develop after someone has had a stroke.

Course	Module Number	Module Name	Pass % Required
Stroke Awareness	1	Signs and Symptoms	70
Stroke Awareness	2	Types of Stroke and Their Causes	70
Stroke Awareness	3	Diagnosis, Treatment and Recovery	70
Stroke Awareness	4	Post Stroke Problems and Care	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 55 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)



The Care Certificate

Course Description

The Care Certificate is a nationally agreed set of standards that detail the learning outcomes and requirements that health and social care support workers are expected to be trained in before they can work unsupervised.

The Care Certificate ensures that all health and social care professionals have a consistent set of introductory skills, behaviours, and knowledge, enabling them to provide high-quality, compassionate care and support, and to understand their roles within their specific workplace settings.

This online training program offers a collection of Interactive courses that will provide you with the knowledge components needed to complete the Care Certificate.

You will learn about the theory and skills that you need to demonstrate when you are being assessed for the Care Certificate, and will learn how to deliver high-quality, person-centred care. To fully implement the learning outcomes of the certificate, your employer must also assess your skills practically in your workplace against the Care Certificate Standards.

Target Audience

This course is tailored for newly hired professionals in health and social care roles. It will equip you with the vital skills needed to deliver high-quality care.

Advantages

Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training around their work and personal life.

- ✓ 100% online.
- ✓ Access anywhere on any device.
- ✓ Instant digital CPD accredited certificate.
- ✓ 18 CPD points awarded on completion.
- ✓ Developed in partnership with Healthcare Professionals.
- ✓ Immediate enrolment and course access available.
- ✓ Enjoy unlimited access to the course on a renowned, award-winning Learning Management System.



Modules

Course	Module Number	Module Name	Pass % Required
The Care Certificate	1	Understanding Your Role in Care	70
The Care Certificate	2	Your Personal Development	70
The Care Certificate	3	Duty of Care	70
The Care Certificate	4	Equality and Diversity	70
The Care Certificate	5	Work in a Person-Centred Way	70
The Care Certificate	6	Communication	70
The Care Certificate	7	Privacy and Dignity	70
The Care Certificate	8	Fluids and Nutrition	70
The Care Certificate	9	Mental Health Awareness	70
The Care Certificate	10	Dementia Awareness	70
The Care Certificate	11	Disability Awareness	70
The Care Certificate	12	Safeguarding Adults	70
The Care Certificate	13	Safeguarding Children	70
The Care Certificate	14	Emergency First Aid at Work	70
The Care Certificate	15	Health and Safety	70
The Care Certificate	16	Handling Information	70
The Care Certificate	17	Infection Prevention and Control	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 17 hours (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions*).



Understanding your Role in Care

CPD Approved

Social care is the provision of social work, personal care, protection or social support services to children or adults in need, or at risk, or adults with needs arising from illness, disability, old age or poverty.

Choosing a job in health and social care means you want to make a difference to other people's lives by supporting and caring for them, so they can thrive and their quality of life is enhanced.

To work in a professional manner and provide the best quality of care, you need to know the duties, responsibilities and boundaries of your job.

This course will define social care and talk about why people choose it as a career and what its goals and objectives are. It will also cover job descriptions, person centred care, understanding code of practices and the basics of government legislation. Finally it will touch on dealing with conflicts at work.

Course	Module Number	Module Name	Pass % Required
Understanding your Role	1	The course structure	70
Understanding your Role	2	Understanding social care	70
Understanding your Role	3	Relationships	70
Understanding your Role	4	Agreed ways of working	70
Understanding your Role	5	Keeping up-to-date	70
Understanding your Role	6	Working in partnership	70
Understanding your Role	7	Resolving conflicts	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 40 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)

