



# Quick-Start Checklist

Learn, Practice and Teach our simple DMO

## 1. Begin with the Basics

- Download the LifeWave InTouch App...** our FREE powerful smart phone marketing system
- Watch** the short tutorials in the Training Section of the app
- Practice** sharing/sending a video to your sponsor... today!
- Monthly Subscription Order:** Ensures weekly bonus qualification & prevents volume from flushing

## 2. Begin Practicing our simple DMO – (Daily Method Of Operation)

- Connect** with people heart-to-heart... *before* presenting
- Pique** their interest with either...
  - The simple phrase: “I’ve recently learned of an Historic Breakthrough in Affordable Stem Cell Technology”
  - Some relevant X39 success stories
- Offer** them an X39 sample (almost everyone says yes)
- Share** the 3-minute LifeWave X39 video from InTouch *before* sending a sample
  - Say: “First I’d like to send you a 3-minute video, and if that interests you, I’ll be happy to send a sample”
- Alert** will inform you when they watch the video
- Follow-up & Take Appropriate Action**
  - Ask: “What interested you most?”
  - Answer their questions
  - Possibly a 3-Way Call
  - Send Additional video(s) and/or info
  - Enroll as a Customer or Distributor
  - If necessary... send Sample with Card or Flyer

## 3. Explore your websites

- Primary website: [LifeWave.com/UserName](http://LifeWave.com/UserName) (contains opportunity and other product access)
- X39 website: [LifeWaveX39.com/UserName](http://LifeWaveX39.com/UserName) (primary focus on X39)
- Training & Information website: [NittyGritty101.com](http://NittyGritty101.com)

## 4. Subscribe to Newsletters & Text Message Reminders

- Weekly LiveYounger NEWS YOU CAN USE newsletter [LiveYoungerNewsletter.com](http://LiveYoungerNewsletter.com)
- Text LiveYounger to 96000 to get text reminders of upcoming LiveYounger Team Webinars & Calls
- Weekly LifeWave News and Updates (Resources section in your Back Office)
- Dr. Nicholas & Dr. Joan’s Dream Team List (email request to [drjoan9@gmail.com](mailto:drjoan9@gmail.com))

## 5. Learn More

- Watch** replays of [David Schmidt Product Trainings](#) and [Field Leader Business Trainings](#)
  - [youtube.com/user/LifeWaveVideos](http://youtube.com/user/LifeWaveVideos)
- Go To** [NittyGrittyBasics.com](http://NittyGrittyBasics.com) => [Getting Started](#)
  - **Download** the 16-page [Getting Started Guide](#) with additional 10-pages of appendix documents
  - **Watch** the 35-min [New Distributor Orientation & Training](#) with Sr. Presidential, Gregory Mascari
- Schedule** a [Personal Planning Session](#) with your Sponsor or Upline leader

*SUCCESS TIP: Success is not Magical... It’s Mathematical... So practice our DMO Daily!*