

Pre-Procedure Instructions for micro-needling:

Avoid corticosteroid medications for 2 to 3 weeks prior to the procedure. Stop taking non-steroidal anti-inflammatory drugs (NSAIDs), such as aspirin or ibuprofen, or arthritis medications such as Celebrex, a week prior to the procedure. Do not take anticoagulation medication for 5 days before the procedure.

Discontinue the use of Retin A, Retinols, Vitamin A creams and other topic medications for **3-5** days before your micro needling treatment.