



## Sustainable Gardening: Growing a Greener Future

### Planting for the Planet

**Objective:**

Introduce pupils to the basics of gardening and the importance of plants for the environment.

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**Age Group:** Key Stage 1

**Duration:** 1 hour

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**Links to National Curriculum:**

- Science: Identify common plants and describe their basic needs (light, water, soil).
  - Geography: Understand the local environment and how plants support ecosystems.
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**Activity Plan:****1. Nursery Exploration (20 minutes):**

- Visit different plant sections at the nursery. Identify flowers, herbs, and vegetables.
  - Discuss what plants need to grow and how they help the environment.
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**2. Planting Activity (30 minutes):**

- Each child plants a seed or seedling in a biodegradable pot.
  - Discuss how to care for their plant at home (watering, sunlight).
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**3. Reflection (10 minutes):**

Share one thing they learned about plants and why plants are important.

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**Outcome Across All Key Stages:**

- Pupils develop practical gardening skills and a deeper understanding of sustainability.
- Activities encourage curiosity, critical thinking, and actionable steps toward environmental stewardship.