



Sustainable Gardening: Growing a Greener Future

Planting for the Planet

Objective:

Introduce pupils to the basics of gardening and the importance of plants for the environment.

Age Group: Key Stage 1

Duration: 1 hour

Links to National Curriculum:

- Science: Identify common plants and describe their basic needs (light, water, soil).
 - Geography: Understand the local environment and how plants support ecosystems.
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Activity Plan:**1. Nursery Exploration (20 minutes):**

- Visit different plant sections at the nursery. Identify flowers, herbs, and vegetables.
 - Discuss what plants need to grow and how they help the environment.
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2. Planting Activity (30 minutes):

- Each child plants a seed or seedling in a biodegradable pot.
 - Discuss how to care for their plant at home (watering, sunlight).
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3. Reflection (10 minutes):

Share one thing they learned about plants and why plants are important.

Outcome Across All Key Stages:

- Pupils develop practical gardening skills and a deeper understanding of sustainability.
- Activities encourage curiosity, critical thinking, and actionable steps toward environmental stewardship.