

## Skin Typing Matrix

Please answer the following questions by circling the number which best describes you. Your clinician will total your score during the consultation.

My ethnic origin is closest to:	Very fair (Celtic and Scandinavian)	___
	Fair-skinned Caucasians with light hair and light eyes	___
	Pale-skinned Caucasians with dark hair and dark eyes	___
	Olive-skinned (Mediterranean, some Asian, some Hispanic)	___
	Dark-skinned (Middle Eastern, Hispanic, Asians, some Africans)	___
	Very dark-skinned (African)	___

My eye Color is:	Light Blue	0
	Blue/Green	1
	Green/Gray/Golden	2
	Hazel/Light Brown	3
	Brown	4

My natural hair color at age 18 was:	Red	0
	Blonde	1
	Light Brown	2
	Dark Brown	3
	Black	4

The color of my skin that is not normally exposed to sun is:	Pink to reddish	0
	Very pale	1
	Pale with a beige tan	2
	Light brown	3
	Medium to dark brown	4
	Dark brown – black	5

If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:	Burn, Blister and peel	0
	Burn, then when burn resolves there is little or no color change	1
	Burn, but then turns to tan in a few days	2
	Get pink, but then turns to tan quickly	3
	Just tan	4
	Just gets darker	5
	My skin color is so dark I can't tell	6

When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?	Longer than one month ago	0
	Within the past month	1
	Within the past two weeks	2
	Within the past week	3

<b>Score</b>	<b>Skin Type</b>		Total Score: _____
0-3	I		
4-7	II		
8-11	III		
12-15	IV		
16-19	V		
20-24	VI		

If you sustain an injury to your skin such as a cut, burn, or bruise, how long does it take to fully resolve without any hyperpigmentation? \_\_\_\_\_

To avoid hyperpigmentation, Please list your nationality\_\_\_\_\_