**Welcome to Equine Facilitated Learning**

**Unbridled Occupational Therapy, LLC**

Thank you for your interest in Equine Facilitated Learning with Unbridled Occupational Therapy, LLC. Please feel free to reach out, we would love to answer any questions you may have.

**What is Equine Facilitated Learning (EFL)?**

EFL is an evidence-based approach that partners with horses in their natural environment to develop life skills for educational, professional and personal goals. Through purposeful engagement, EFL can help promote:

* Improved Communication (verbal and non-verbal)
* Team Building and Collaboration
* Self-Awareness and Mindfulness
* Enhanced Interpersonal Relationships
* Trust and Empathy

Prior to participation, you must complete the attached intake documents, also listed below. Please fill them out and scan/email them to Joan Eckrich at:

[**JEckrich@unbridledoccupationaltherapy.com**](mailto:JEckrich@unbridledoccupationaltherapy.com)

* **Client Info Sheet:** Short document with all necessary information such as phone,

address, payor sources, goals

* **Service Provider Agreement:** Clarifies fees, cancellation policy, breaks, goals and

HIPAA compliance

* **Release & Waiver of Liability Assumption of Risk:** A general statement accepting that

the benefits outweigh the risks for Participation in an equine/animal-assisted

environment

* **Photo and Video Release:** Permission for Unbridled Occupational Therapy, LLC to use photos and videos of clients
* **Credit Card Information:** Payment to hold schedule date

**If you have any questions, please don’t hesitate to email us or call. We’re happy to help!**

**Joan Eckrich - (Owner, Unbridled Therapy, LLC)**

[**JEckrich@unbridledoccupationaltherapy.com**](mailto:JEckrich@unbridledoccupationaltherapy.com) **/303-883-5031**

**Location:**

**Elizabeth Farm**

**2088 Woodpecker Lane**

**Elizabeth, CO 80107**