

ELMIRA JACKELS (ECHL)



*CLARKSON
(NCAA D1)*



@tchockeydevelopment

TODD CHRISTIAN

My attention to detail and discipline training habits fueled my hockey journey. Raised in Connecticut, I progressed through the Hartford Junior Wolfpack, spent three seasons with the Notre Dame Hounds (SJHL, Jr. A), then played NCAA Division I hockey at Clarkson University before turning pro with the Elmira Jackals (ECHL, Buffalo Sabres affiliate).

Today, I bring that same high-level experience and passion for development to my coaching. Having been exposed to elite coaching styles and techniques throughout my career, I've built a program that blends the best of what I've learned and applies it directly to real-game situations.

My goal is to deliver high-level, detail-focused, personalized training in a positive, high-energy environment so every player can push their limits and take their game to the next level.



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TRAIN WITH **PURPOSE.** PERFORM WITH **CONFIDENCE.**

My on-ice and off-ice training is designed for players who want to elevate every aspect of their game through high-tempo, detail-oriented skill development. Sessions focus on building complete hockey players by improving skating mechanics, puck control, edgework, shooting, passing, hockey IQ, and decision-making in game-like environments.

Through small group instruction and individualized coaching, players receive high-repetition training, immediate feedback, and the tools needed to develop confidence, creativity, and consistency on the ice.

Whether you are preparing for tryouts, the upcoming season, or looking to take your game to the next level, every session is built to challenge players at game speed while reinforcing proper habits and technique.

THE PHILOSOPHY

Elite development comes from combining proper technique with game application. Every drill is designed with a purpose — helping players not only develop skills, but understand when and how to use them in competition.

The goal is to create confident, intelligent, and complete hockey players who can execute at speed under pressure.

Players can expect:

- High-tempo, structured practices
- Small group instruction
- Maximum puck touches and repetitions
- Individualized coaching feedback
- Game-realistic skill application
- Competitive and positive training environment

TRAINING

SKATING & EDGEWORK

Develop stronger skating mechanics, explosive acceleration, balance, agility, transitions, and edge control to create separation and improve overall mobility on the ice.

STICKHANDLING & PUCK CONTROL

Improve puck confidence through high-repetition puck touches, deception training, puck protection, and handling skills under pressure and at full speed.

SHOOTING & SCORING

Build quicker releases, improved shooting mechanics, accuracy, changing angles, and the ability to generate scoring opportunities in stride and in game like situations.

PASSING & PLAYMAKING

Develop passing accuracy, timing, touch, and puck movement while learning to make smart plays in tight areas and under pressure.

FOOTWORK & MANUEUVERABILITY

Enhance coordination, mobility, lateral movement, body positioning, and overall athletic movement patterns that translate directly into game performance.

HOCKEY IQ & DECISION MAKING

Train players to read pressure, recognize options, process the game faster, and make confident decisions in real-time situations.

GAME SITUATIONS & COMPETE TRAINING

Apply skills in small-area games, reaction drills, battle situations, and competitive scenarios that simulate real game intensity.

WHO I WORK WITH

Designed for:

- Youth hockey players
- Travel & AAA players
- Prep, high school & college athletes
- Players preparing for tryouts
- Off-season development
- In-season skill refinement

Available through:

- Small group sessions
- Private lessons
- Semi-private training
- Off-Ice training