



MIAMI VALLEY MEALS 2023 ANNUAL REPORT

mise en place

[mē-zān-'pläs] / noun

a culinary process in which ingredients are prepared and organized before cooking

also: putting in place, to set up

Quick Glance at 2023

Thanks to your support, we were able to serve in the following ways:

235,123

meals distributed*

137,686

pounds of food recovered

78

partners served

27

zip codes served

**includes prepared meals and direct donations of bulk food*

From the Director



Mise en place—a concept used in kitchens around the world. At Miami Valley Meals (MVM), this practice can be seen day in and day out, both in our daily kitchen tasks and in our strategic plan.

As we grow toward the future and "*put things into place*," we focus on all the ingredients that come together to make Miami Valley Meals a well-rounded, robust organization: our food donors, volunteers, donors, staff, distribution partners, and everyone in between. The coordination of people, processes, partners, and planning were an essential focus in 2023.

All of these components require care and consistency in order to make something impactful and beautiful. As innovators bridging the gap between food waste and hunger in Dayton, we believe that everyone deserves nourishment and dignity. The recipe to achieve this is built on love, culinary talent, and community, and is made stronger with your support. Thank you for being a key ingredient to our past, present, and future, and for nourishing our neighbors.

A handwritten signature in black ink, appearing to read "Amanda DeLotelle".

Amanda DeLotelle
Executive Director

Our Mission

Chefs transforming donated food into nutritious meals

Our Vision

To be an essential collaborator in the development of a food-secure future

Our Purpose

Serving those who serve the hungry

Our Team

Our Staff - Back of House

- Angie Abnett, Executive Chef
- Laura Cotton, Executive Chef
- Patricio Andrade, Chef
- Marilyn Britt, Chef
- Julisa Candelaria, Chef
- Dan August, Facilities Assistant

Our Staff - Front of House

- Amanda DeLotelle, Executive Director & Co-Founder
- Taylor Naragon, Marketing & Development Director
- Tahler Robbins, Logistics Director
- Nick Testa, Program Assistant
- Tracey VanDewerker, Development Assistant
- Carolyn Meininger, Bookkeeper

Thank you to our former 2023 staff members who have taken the next step in their journeys: Tonya Dangerfield, Anedra Dunn, Cheryl Robinson, and Sean Sibbing

Mise en Place in Action

When the right people and resources are in place, it becomes much easier to create and distribute meals to those who need them. Everyone plays a key role in making meals complete.



Miami Valley Meals

Food Donors

are the raw ingredients, providing the key components needed to prepare a balanced meal

- Bulk suppliers
- The Foodbank
- Farms & urban gardens
- Restaurants
- Food pantries

37 food donors in 2023

Staff & Volunteers

are the chefs in the kitchen, executing the cooking process and transforming food into nutritious meals

Educational & Workforce Partners

are the spices and seasonings, adding flavor, depth, and strength to take us to the next level

- Goodwill
- Easterseals
- URS Dayton
- University of Dayton
- Sinclair Community College
- Wright State University

Meal Distribution Partners

are the service staff and expeditors, getting meals where they need to go and providing hospitality and resources to recipients

- Food pantries
- Social service organizations
- Churches
- Recovery houses
- and more

78 partners served in 2023

Backbone Support

Other partners in the community provide the framework and the means to get the work done.

Regional Partners

are the recipes and cooking methods that guide our process, providing structure and knowledge

- Montgomery County Food Equity Coalition
- Rescue Kitchen Network, powered by La Soupe

Donors & Funders

are the building blocks of the kitchen, providing the financial resources necessary to meet our community's needs



Because everyone deserves a meal made with love.

Testimonials

“Sometimes I am physically unable to stand for longer than a minute or two which makes it extremely hard to prepare a meal. If I didn't have something quick and easy to make, I would be unable to eat and I'd go hungry. They have good variety and are tasty while still covering healthy nutritional needs.”

Anonymous Meal Recipient

“If we didn't have [meals] on hand, we would have to turn many of our neighbors away when they come in hungry. Having to break the news to someone that we can't feed them in that moment, a most basic need, is heartbreaking for all involved. We are so grateful that we can help fulfill that need through our partnership.”

Libby Freeze, East End Community Services

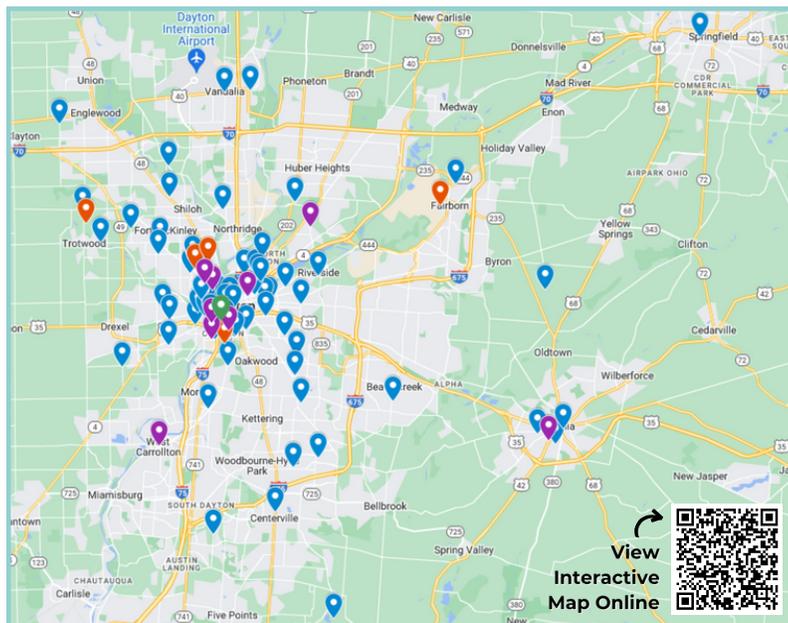


“Many of our patients come to us from challenging situations ... Thanks to MVM, when these patients come in for appointments and meet with our dietitians, they are sent home with food for themselves and their families. We have helped hundreds of our patients have food to eat!”

Kim Bramlage, Five Rivers Health Center

“Many of our clients are seeking delicious , nutritious meals that are easy to prepare. Some have only a microwave to cook and MVM provides them with a solution to both these needs! We have had several clients that are homebound and these meals make a tremendous difference [and] allows them to be more independent.”

Kathy Batts, Belmont United Methodist Church



Visit www.miamivalleymeals.org/our-partners or scan the code for a full listing

Our Reach

Thanks to our incredible meal distribution partners, we are able to feed people all across the Greater Dayton area, reaching 27 zip codes.

Map Legend

- Miami Valley Meals
- Meal Distribution Partner
- Turkey Takeaway Site
- Bulk Food Donations Only

Volunteers are an integral piece of the puzzle here at Miami Valley Meals, especially in the kitchen. **In 2023, we doubled our volunteer capacity, and are now hosting up to eight volunteers per day.** They help ensure that each and every meal is created with care and efficiency.



376
volunteers



2,100
hours served



\$66,780
economic
value*



Volunteer Honor Roll

Volunteers who served the most hours in 2023

- Kristofer McClintick
- George Sideras
- Richard Freudenberger
- Viree McQuay
- Susan McAllister
- Jon Lane
- Cherie Kuhn
- Mary Tarlano
- Brenda Kremer
- Cara Grunenwald



21 groups donated their time



Special Thank You to Our Board of Directors!

Our volunteer board of directors contributed **261 hours** of time in the kitchen, at events, in advisory roles, and at board and committee meetings. Their expertise and guidance makes our entire team stronger. Thank you, board members!

Board Members: Bonnie Baker-Tattershall, Chair, Stan Troha, Vice Chair, Troy Lindo, Treasurer, Daryl Adkins, Ricia Ballas, Dr. Rachelle Dulan-Hood, Lisa Grigsby, Bill Sibbing, Lisa Wagner

Honorary Board Member: Bill Evans, former Chair & Miami Valley Meals Co-Founder



*Source: Independent Sector estimates the value of volunteer hours in 2023 to be \$31.80 per hour.



Expanding capacity

In October, we celebrated the arrival of our long-awaited **new walk-in freezer**. The freezer provides an additional 180 square feet of freezer space for meals and bulk items.

The freezer was the first of many steps our team is taking to expand and grow. Our partnership with the **Rescue Kitchen Network, powered by La Soupe** has continued, allowing our teams to connect with and learn from similar organizations. A significant funding opportunity from the State of Ohio, via La Soupe, will support further expansion of the kitchen and other facility upgrades.



Garden & Composting

In the summer, we revived our **composting program**. Thanks to our partnership with The Foodbank, we can compost our food scraps. We also began growing fresh herbs on our **patio garden** to give our meals an extra burst of flavor.



Staff Development

Our team spent **236 hours on training and development** in 2023. Topics included racial equity, fundraising, board development, strategic planning, Neighborhood Leadership, physical and mental health first aid, and more.





In the community

2023 Highlights cont.

Raising Awareness

We collaborated with numerous local businesses to host four **food drives**, which collected a total of 6,833 pounds of food, and nine **fundraising events**, which raised more than \$33,000 to support our mission.

(see next page)



A Taste of MVM

In March, we launched a line of **spice blends**, specially crafted by three of our chefs. These blends are produced and sold by Big Axe Spice to raise additional funds for our mission.

You can purchase them on our website!

www.miamivalleymeals.org/shop



Global Cuisine, Local People

In an effort to better serve the **diverse communities** of Dayton, our team spent time learning about global cuisines and cooking techniques, including African, Ahiska Turkish, Korean, and Ecuadorian cuisines. Welcome Dayton guided this effort.



Diced in Dayton: Chef's Challenge

Our **signature fundraiser**, Diced in Dayton, was held in September, raising more than \$31,000.



Thanksgiving Turkey Takeaway

In November, we hosted our fourth Thanksgiving Turkey Takeaway, presented by Feast of Giving, an MVM tradition in which we distribute **homemade turkey dinners** to residents the week of Thanksgiving. In 2023, we distributed **10,478 Thanksgiving meals** across six distribution sites and via our network of partners.



Community Events Spotlight

This year was filled with community collaborations and fun events. We are grateful for all of the local businesses who hosted events on our behalf and partnered with us to raise awareness and funds to support our mission.

Thank you for helping us *Serve Those Who Serve the Hungry!*

Food Drives

- **WHIO-TV 7 Circle of Kindness** spring food drive, sponsored by Morris Home and Ashley, in collaboration with Dot's Market
- **St. Charles Borromeo Parish** Lenten Almsgiving
- **Dot's Market** Stuff the Van Thanksgiving food drive
- **Omega Music** Black Friday Record Store Day food drive



6,833 total pounds of food collected

Fundraisers

- **St. Charles Borromeo Parish** Lenten Almsgiving
- **American Legion Post 668** Putt-Putt tournament
- **Elements IV Interiors** golf outing
- **Sound Valley Music Festival**
- **Tender Mercy** cocktail sale
- **Cavalier Distributing's** Zombie Crawl in collaboration with Dayton Silent Disco
- **Scarlett Moon Events** drag brunch
- **Dayton Dragons Professional Baseball**
- **Santa's Silent Disco**



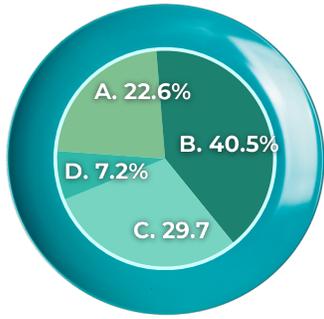
\$33,276 total funds raised



Diced in Dayton: Chef's Challenge

- **Sponsors:** Hall Hunger Initiative, Henny Penny, PNC, Miller Valentine Construction, Day Air Credit Union, Oakwood Plumbing Company, Public Health Dayton & Montgomery County, expRealty - Dawna Elko, Anonymous, Foos & Lentz LLP, Omega Music, Skyline Chili by the Dayton Mall, TriMark
- **In-Kind Sponsors:** Dayton937, Liffott Entertainment, Joui Wine
- **Participating chefs:** Ashley Ashbrook, Jasmine Brown, Chris Coherd, Gail Corrado Okafor, Waver Howard, Santiago Herrera, Nate Lansangan, Gerald Richardson, Chris Spirtos, Gavin St. Denis (champion), Matt Thomas, Patrick Thompson

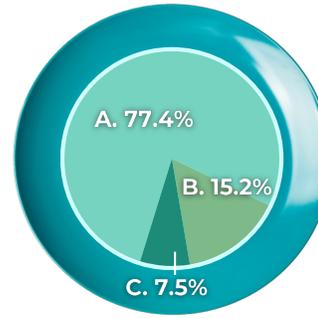
Financial Summary



2023 Revenue

\$897,264

- A Individual donations
- B Public & private grants
- C In-kind donations (food & materials)
- D Earned income & other revenue



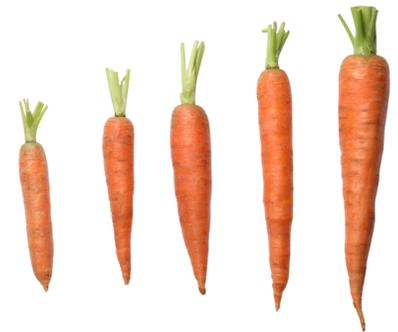
2023 Expenses

\$1,025,553

- A Programs & services
- B Administrative expenses
- C Fundraising expenses

Financial information is current as of March 2024 and will be professionally audited in fall 2024. Assets which are to be reclassified in this audit are not present in the calculation. Additionally, in early 2024, we received reimbursement for \$76,000 in expenses covered by a grant in 2023. Please refer to our website for our most recent audited financials.

What's Next



To better meet the needs of our community, we are:

- Further **expanding our facility** to provide more storage space, including re-orienting our back dock to better accommodate food rescue deliveries
- **Installing new equipment** and upgrading current equipment to increase productivity in the kitchen
- **Onboarding new partner organizations** who were previously on our waitlist
- **Diversifying our food sources** to support increased meal production
- Continuing to **strengthen processes and procedures** to be more efficient
- Empowering our staff through **cross training and leadership development**
- **Growing our team** by welcoming new board members, staff, and interns
 - New board members welcomed in 2024: Evelyn Ritzi and Tif Huber
 - New staff member welcomed in 2024: Irv Engle



Thank You

As we reflect on the year, we'd like to extend our deepest thanks to our hardworking nonprofit partners, our dedicated volunteers, and generous donors and funders. Through your support, we can provide nutritious meals made with love to residents across the Miami Valley.

Please continue the journey with us by making a gift, volunteering, or sharing.

Stay in Touch:

www.miamivalleymeals.org

