

NANCY DEWHIRST RDH+

- Seminars
- Workshops
- Webinars
- Consulting

*Innovative
Engaging
Rewarding*



TOPICS

Clinical Safety (topics may be combined)

- OSHA Compliance
- Infection Control (State required CE)
- Emerging, Re-Emerging, Resistant, and Biofilm: Diseases
- Hands-On Infection Control Workshop

Ergonomics

Oral Pathology

Instrument Sharpening

Disaster Preparedness

Eco Dentistry

California Dental Practice Act

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BIOGRAPHY

Ms. Dewhirst graduated from and was a clinical instructor in Dental Hygiene at the University of Southern California. She is a member of Sigma Phi Alpha and is adjunct faculty at West Coast University where she has been the course director for Preventative Dentistry, General and Oral Pathology and Infection Control. She is a nationally recognized speaker, author and consultant, focusing on infectious diseases and biofilms, clinical safety, oral pathology, instrument sharpening, ergonomics, disaster preparedness and sustainable dentistry. Ms. Dewhirst presents interactive hands-on workshops, as well as lively seminars that combine science and practical information nationwide. She is consistently listed as one of the nation's "Leaders in CE," presents over 80 seminars yearly, is a member of the California Dental Association Speakers Bureau, and is a California licensed continuing education provider. Hosts include major State Dental Conferences, Dental Universities, and Professional Organizations across the US and in Canada. Ms. Dewhirst is an ANSI/ASA Standards Program Member, an experienced author of journal articles and has contributed to textbook chapters, ADA/ANSI and OSAP position papers and posters, product literature and is Editor-in-Chief of Association for Dental Safety (ADS, formerly OSAP), *Infection Control in Practice* and recipient of OSAP Chairman of the Board Special Citation for Advancing Dental Safety.

next-level
Education

TITLES

- Annual OSHA Training & Update - Are You Safe Enough?
- Hot Topics in Infection Control: & Cool Tips!
- Emerging & Re-Emerging Diseases: Armies (Biofilms) & Rogues
- Hands-On Infection Control Workshop- What Works?
- Ergonomics- It's a Balancing Act! (active participation course)
- Lesions & Lifestyles - Oral Pathology Review for Dental Teams
- Never a Dull Moment: Instrument Sharpening Workshop
- Surprise! It's a Disaster! Now What? (May add Forensics)
- It's Not Easy Being Green! Can Dentistry Be Safe and Sustainable?
- California Dental Practice Act and Ethics- Where's the Line?

California Only:
Board-Required Courses
CA licensed CE Provider # 5565



Participation Workshops:

**Infection Control Workshop:
Team Training, Peer Learning**

**Never a Dull Moment:
Instrument Sharpening**

**Ergonomics:
It's a Balancing Act!**

**Untangling Dental Unit
Waterline Confusion**

COURSE DESCRIPTIONS

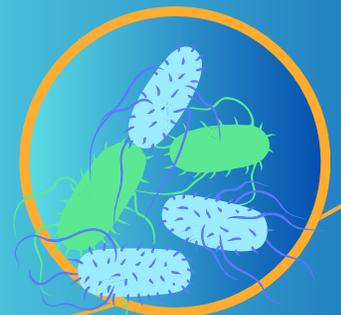
Seminars / Webinars

Annual OSHA Training & Update- Are You Safe Enough? (1-4 hours, AGD code 148)

Review physical and chemical hazards and today's disease transmission risks, considering bloodborne, contact, and airborne pathogens. Nancy's active style keeps you engaged and brings you updated safety information and strategies. Consider your options for managing workplace hazards and controlling infectious disease transmission. Get organized and get some great safety tips!

Learning Objectives:

- Recognize and manage bloodborne, contact, droplet and airborne diseases.
- Identify best practices to protect workers and patients.
- Manage and communicate physical, chemical and biological dental hazards.



Hot Topics in Infection Control- & Some Cool Tips! (1-4 hours, AGD code 148)

Update and review the most important clinical safety concerns and get some cool tips for these hot topics! Optimize the most effective strategies to manage safety challenges. Learn about and apply laws, guidelines, and practices to prevent and control infection.

Learning Objectives:

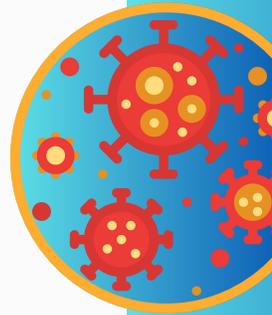
- Review basic infection prevention science.
- Prioritize safety strategies that are most effective.
- Update safety standards for blood borne, contact, droplet and airborne diseases.
- Manage special challenges such as biofilms and related health concerns.

Emerging & Re-Emerging Diseases: Armies (Biofilms) & Rogues (1-4 hours, AGD code 148)

This seminar explores personal health issues such as new and altered diseases of importance to dental professionals, expanding on the topics covered in annual infection control and OSHA training. Attention is given to resistant pathogens, biofilm diseases, and pathogens with pandemic potential, particularly respiratory diseases. Leave with a plan for managing today's microbial challenges using Standard and Transmission-based precautions, including building air safety control.

Learning Objectives:

- Discuss the nature of biofilm diseases, including sources of exposure.
- Explain resistant infectious diseases and discuss how to avoid them.
- Be informed of and prepared for evolving safety challenges.
- Select infection control and safety strategies for usual and unusual disease risks.



Lesions & Lifestyles- Oral Pathology review and update for Dental Teams (3-4 hour, AGD code 730)



Lesions and Lumps tell stories! This is a review of selected types of oral and pharyngeal lesions, considering today's most important trends. Review oral pathology terms, clinical features, and risk factors. Hone your eagle eye and magic touch to perfect your diagnostic technique: practice head and neck exams flawlessly. Save lives by calibrating your team and educating your patients: identify dangerous lesions early!

Learning Objectives:

- Identify and assess clinical variations from normal tissue.
- Assess risk for oral and pharyngeal cancer.
- Identify, evaluate and compare oral soft tissue masses, ulcerations, & papillary lesions.
- Practice head and neck physical exam on colleagues.
- Review and practice precise descriptive terms and methods of recording and criteria for referring to clinical lesions.

Surprise! It's a Disaster!! Now What? (3 hours, AGD code 142, 149)

Let's kick-start your personal and professional readiness. Participants learn how to use their skills, training and experience to prepare for, assess and respond to disasters. Shelter-in-place or evacuation strategies and scenarios are presented for a variety of situations, including weather disasters such as earthquakes, floods and tornados, epidemics, and accidental or purposeful chemical or radiation exposure, terrorist acts, fire and explosions.

Learning Objectives:

- Recognize types of disasters and describe appropriate responses.
- Identify primary and secondary biological/ disease threats related to disasters.
- Learn about options for personal and local planning.
- Begin the process of preparing a survival pack.



it's Not Easy Being Green! (2 hours, AGD code 148)

We want to reduce waste and plastics, but how do we do this without sacrificing our clinical safety standards? Are there steps we can take to practice dentistry in a more environmentally protective way? If so, the right questions must be asked- and answered. Let's explore options that are available now and identify what is needed to create our safer (and greener) future.

Learning Objectives:

- Explain the need to protect the environment without sacrificing clinical excellence and safety
- Identify and evaluate alternatives to environmentally unsustainable practices
- Change practices, reduce harmful waste
- Discuss ideas for innovation and problem-solving that will protect our world.



Required Courses: California Only



California Infection Control- Are We Safe "Enough?" (2 hours, AGD code 148)

Meet the Dental Board of California's requirements for re-licensure and update your knowledge of the most important issues in clinical safety. This class outlines the essentials of infection prevention and control, combining Standard and Transmission-based precautions including airborne risk mitigation. Identify the weakest links in dental safety and plan for the most effective protective strategies based on science and current regulations and guidelines

Learning Objectives:

- Recognize, manage & respond to bloodborne, contact, droplet, and airborne disease risks.
- Understand your most effective safety options and how to select best practices.
- Meet Dental Board of California Infection Control Regulations CCR section 1005 CE requirements.

California Dental Practice Act (DPA) and Ethics- Where's the Line... And why? (2 hours, AGD code 148)

This seminar reviews and updates the required DPA topics & regulations, including scope of practice, drug prescribing, licensure and qualifications, supervision of auxiliaries, professional conduct, mandated reporting, and consent. Codes and Principles of Ethics are reviewed. Examples of law violations, unprofessional conduct, and difficult legal challenges will be discussed.

Learning Objectives:

- Be familiar with the scope of DPA regulations.
- Relate Dental Codes of Ethics to professional standards and rules.
- Discuss how DPA regulations define dental practice limits.
- Understand how the California Dental Board enforces the DPA.
- Learn how to locate information and resources related to the DPA.

INTERACTIVE WORKSHOPS

Infection Control Workshop- What Works? (3 hours, AGD code 148, up to 60 attendees)

A variety of infection control products and approaches are presented in this lively and interactive hands-on workshop. Basic disease transmission and infection control are explored while using products as instructional tools. Misconceptions and common problems will be discussed, along with potential implications and consequences. See (with glow-germs and other activities) how different techniques and products work! Attendees will leave with samples of products that will allow them to apply what they have learned.

Learning Objectives:

- Explain and apply evidence-based infection control principles.
- Compare best practices in hand hygiene, surface disinfection, instrument processing, dental waterlines, sharps safety and PPE.
- Maximize the margin of safety by combining infection prevention practices.



Ergonomics: It's a Balancing Act! (3 hour, AGD code 010, 150, up to 200 attendees) Wear comfortable clothes for stretching!

Be ready to move! This active class invites attendees to get up, stretch, and practice activities that lead to a long dental career with improved clinical precision while avoiding injury and pain! The causes, physiology, and prevention of various cumulative trauma disorders are shown, focusing on upper extremity, spinal and joint pathologies. Evaluate preventative strategies, including equipment design, body positioning and conditioning, and enhanced visualization. Practice stretching and strengthening exercises to reduce pain, preserve range of motion, and optimize personal career excellence and longevity!

Learning Objectives:

- Recognize signs, symptoms, and physiology of cumulative trauma disorders commonly found in dental workers.
- Practice stretching and strengthening exercises to reduce risk of work-related injuries and to promote greater clinical control and efficiency.
- Compare ergonomic features of dental equipment that benefit workers and patients.
- Consider options to avoid eye-damage and protect optimal vision.



Never a Dull Moment: Instrument Sharpening (3 hours, AGD code 010, up to 40 attendees)

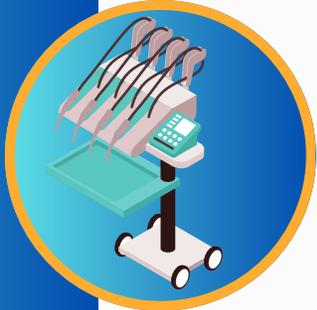


This workshop demonstrates how to preserve the original instrument design and shape while creating sharp edges, using a variety of hand and mechanical techniques and devices. Nancy uses images, interactive dialogue, and clinical instruction to guide attendees in hand and mechanical instrument sharpening techniques. Participants should bring their loupes.

Learning Objectives:

- Understand how to recognize and preserve optimal instrument design while sharpening.
- Practice with and compare various hand sharpening techniques.
- Practice with and compare various mechanical sharpening technologies and techniques.

Untangling Dental Unit Waterline Confusion (2 hours, AGD code 148, up to 60 attendees)



Clinicians are required to meet safe water standards, rules and guidelines. This interactive workshop untangles dental unit waterline (DUWL) confusion. Attendees review DUWL infection risks, and methods to reduce the risks by controlling biofilms, and options to monitor microbial levels. After considering various options to treat, shock, and test DUWL, attendees practice techniques and create a written Standard Operating Procedure.

Learning Objectives:

- Understand the microbial and physical nature and risks of biofilms.
- Explain the key components of DUWL management programs.
- Practice training, shocking and testing DUWL.
- Personalize a written DUWL standard operating procedure.