

Discover how MCCS can help you bring your NDIS plan to life and connect you to supports

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NDIS
Support Coordination
and Psychosocial
Recovery Coaching



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Helping you get the most out of your NDIS plan

Registered NDIS Provider

What is Support Coordination?

Support Coordination is an NDIS funded support designed to assist you to better understand your NDIS plan and how you can best use it to put the supports and services you need to live your best life in place.

At My Care Coordination Services (MCCS) we are experts at helping you understand your plan, activate it and find the right service providers to help you achieve your goals.

We do the groundwork for you, happily researching new and existing providers that will meet your specific needs.

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What is Recovery Coaching?

Recovery Coaching combines the principles of recovery-orientated practice with coaching principles with the aim of assisting you to take more control of your life and to better manage the complex challenges of day-to-day living.

Your MCCS Recovery Coach will work with you collaboratively to assist you to live a full and meaningful life, and to build capacity and resilience through strong and respectful relationships.

This mental health service is designed to be able to maintain engagement through periods of increased support needs due to the episodic nature of mental illness.

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