



Certified Ergonomics Safety Technician For Nursing Home & Healthcare Workers Course

Course Length: 1 Day CEU's 0.6

Course Fees: \$295.00

Course Credential: Certified Ergonomics Safety Technician For Nursing Homes & Healthcare Workers (CEST - Nursing Homes & Healthcare)

Note: Refresher certification is required every three years to maintain professional credential.)

Course Overview

Providing care to nursing home residents is physically demanding work. Nursing home residents often require assistance to walk, bathe, or perform other normal daily activities.

In some cases residents are totally dependent upon caregivers for mobility. Manual lifting and other tasks involving the repositioning of residents are associated with an increased risk of pain and injury to caregivers, particularly to the back. These tasks can entail high physical efforts. The technical term for these injuries is "work related musculoskeletal disorders." They are defined as disorders of the muscles, nerves, tendons, ligaments, joints, cartilage, or discs that reflect a gradual, cumulative, or chronic development.

Nursing homes can more successfully recognize problems by establishing systematic methods for identifying ergonomics concerns in their workplace. Information about where problems or potential problems may occur in nursing homes can be obtained from a variety of sources, including OSHA 300 and 301 injury and illness information, reports of workers' compensation claims, accident and near-miss investigation reports, insurance company reports, employee interviews, employee surveys, and reviews and observations of workplace conditions. Once information is obtained, it can be used to identify and evaluate elements of jobs that are associated with problems.

This safety training program will discuss those work-related factors that may pose a risk of musculoskeletal disorders and recommendations to alleviate them.

Learning Objectives

In this Certified Ergonomics Safety Technician Course for Nursing Homes and Healthcare Workers. We will teach you about ergonomics safety and health techniques and how to recognize and prevent ergonomic injuries and illnesses.

Course Topics

- Introduction to Ergonomics
- Patient Lifting & Moving
- Ergonomic Injuries and Illnesses
- Hazards Recognition
- Hazards Evaluation
- Hazard Control
- Ergonomics at the Computer Work Station
- Ergonomics: Summing Up

Intended Audience

Nursing Home & Healthcare Managers and Supervisors
Human Resource Professionals
Safety & Health Professionals
Risk Managers
Insurance Carrier Risk Managers
And Others who are exposed to Risk

Test :

Students completing the course must take a proctored final exam. A score of 80% on the final exam is necessary to receive your personalized certificate of completion. The student gets three (3) attempts to pass the course.

