



Certified Fall Prevention Competent Person - Trainer

Course Credential: CFPCP-T or IASHEP Certified Instructor (CI-T)

Course Length: 5 Day's

Course Fees: \$2595.00

IASHEP Member Fee: \$2195.00

CEU's: 5.00

Continuing Education Units:

Five CEUs are offered for this course. As an IACET Accredited Provider, IASHEP offers IACET CEUs for its learning events that comply with the ANSI/IACET Continuing Education and Training Standard. CEUs will be reflected on the certificate upon completion of the course and examination. Partial credit or adjusted CEUs will not be awarded for individuals who do not successfully meet the IACET requirements for issuing CEUs

Course Overview: This 40-hour course provides in-depth training for individuals who are already familiar with fall protection and rescue systems.

The goal is to develop or improve the administration and management of a comprehensive fall protection program according to ANSI/ASSE standards, particularly Z490.1, Z359, and A10.32. The course focuses on adult

learning principles, online delivery strategies, and management criteria for creating compliant fall protection programs.

Learning Outcomes: By the end of the course, participants will be able to:

- Understand the essential elements of ANSI Z490.1, ANSI Z359, and ANSI A10.32 standards.
- Develop and implement a comprehensive fall protection program that aligns with ANSI Z359.2.
- Design and deliver effective online training, including compliance with ADA and OSHA guidelines.
- Teach adult learners using appropriate methods and technologies.
- Evaluate fall prevention equipment and manage fall protection programs.
- Meet safety, health, and environmental training standards as specified by ANSI/ASSE Z490.1.
- Present and defend a short fall protection training program.

Module 1: Introduction to Fall Prevention Standards and Program Management (6 hours)

- Overview of ANSI Z359.2: **Minimum Requirements for a Comprehensive Managed Fall Protection Program**
- Introduction to ANSI Z490.1: **Criteria for Accepted Practices in Safety, Health, and Environmental Training**
- Understanding ANSI A10.32: **Fall Protection Systems in the Construction Industry**
- OSHA Regulations Overview and Compliance for Fall Prevention Programs

- Application of Standards to Program Administration and Management
- Key Responsibilities of a Competent Person in Fall Protection

Workshop 1: Reading and Interpreting Standards

- Activity: Group review of ANSI Z359.2 with focus on real-world program management scenarios.
-

Module 2: Teaching Adult Learners in Fall Protection (6 hours)

- Adult Learning Theories and Their Application in Safety Training
- Adapting Fall Protection Training to Different Learning Styles
- Best Practices for Delivering Safety Training to Adult Learners
- Interactive Teaching Techniques and Engagement Strategies
- Evaluating Adult Learner Progress in Safety Training

Workshop 2: Instructional Design

- Activity: Design an instructional module on fall protection equipment for adult learners.
-

Module 3: Online Training and ADA Compliance (6 hours)

- Designing Online Fall Protection Training Programs
- Evaluating Delivery Technology and Learners' Technological Skills
- Ensuring Compliance with the Americans with Disabilities Act (ADA)
- Best Practices for Online Learning Environments in Safety Training

- Methods for Assessing Learner Engagement and Knowledge Retention Online

Workshop 3: Online Training Development

- Activity: Create and present an online fall protection training module, incorporating ADA-compliant principles.
-

Module 4: ANSI Z359 and A10.32 Fall Protection Standards (8 hours)

- Detailed Overview of ANSI Z359 Fall Protection Standards
- Key Requirements of ANSI A10.32 for Construction Industry Fall Protection
- How to Implement Standards in Fall Prevention Program Management
- Understanding the Legal and Regulatory Aspects of Fall Protection
- Inspection and Maintenance of Fall Protection Equipment: What the Administrator Must Know

Workshop 4: Case Studies in Fall Protection Program Management

- Activity: Analyze case studies on fall protection program implementation and discuss challenges and solutions.
-

Module 5: Developing a Fall Protection Training Program (8 hours)

- Steps to Develop a Comprehensive Fall Protection Training Program
- Integrating ANSI Z359.2 into Fall Protection Training
- Assessing Risk and Creating Safety Protocols for Various Work Environments

- Writing and Reviewing Fall Protection Program Documents
- Answering Administrative and Management Questions Related to Fall Prevention Equipment
- Program Documentation and Record-Keeping for Compliance

Workshop 5: Creating a Fall Protection Training Program

- Activity: Participants develop a fall protection training program that meets the requirements of ANSI Z359.2, focusing on management and administration.
-

Module 6: Presentation of Training Programs and Q&A (6 hours)

- Participants present their short training programs on fall protection equipment.
- Q&A: Participants will answer questions from their peers on administration, management criteria, and compliance with OSHA, ADA, and ANSI standards.
- Peer and Instructor Feedback: Assessing effectiveness of the program design and delivery.

Workshop 6: Peer-to-Peer Evaluation

- Activity: Each participant will present a short training module and answer peer questions related to their program's fall protection administrative strategies.
-

Final Project: Program Administration Presentation and Defense

- Participants must design, present, and defend a fall protection training program that complies with ANSI Z359.2, Z490.1, and other applicable regulations.

Course Evaluation and Certification (2 hours)

- Review of Key Learning Outcomes
- Course Feedback and Assessment
- Certification Requirements and Criteria

Assessment Methods:

- Practical exercises (workshops)
- Short training program presentation and defense
- Peer-to-peer feedback and Q&A sessions
- Final exam on ANSI standards and program management

Course Delivery:

- Online and in-person hybrid model
- Interactive virtual sessions for workshops
- ADA-compliant online resources and platforms

This course is not intended to certify participants as fall protection trainers but to provide them with the skills to develop, manage, and oversee a comprehensive fall protection program for their organization.

Audience

- Construction & General Industry personnel
- Safety Supervisors
- Anyone Who Has To Work From Heights
- Building Inspectors
- Small Business Owners
- Safety Committee Representatives
- Industrial Hygienist

Prerequisites:

Education:

Bachelor's degree in engineering, chemistry or physics OR a bachelor's degree in a closely related biological or physical science from an accredited college or university. Three (3) years of acceptable work experience may be substituted for each year of an academic degree program (i.e. Twelve years of experience is equivalent to a bachelor's degree).

Work Experience:

Three (3) years of experience directly related to industrial hygiene. Education cannot be substituted for work experience. Please note: This requirement is in addition to the expertise used in lieu of education.

Other Experience:

Documented GED / Apprentice Certificate Completion / On-The-Job / Skills Training / or AA / BSc / BA in safety management or similar field. Certificates in occupational health and safety from OSHA or an authorized OSHA Training Institute Education Center (OTIEC), NEBOSH, National Safety Institute, Military Specialty Ratings (ARMY, NAVY, Marines, Coast Guard, Air Force, Space Force, & Reserves, National Guard, or similar training organizations from other countries will be considered.

Recertification:

A refresher examination is required every three (3) years to maintain certification. The cost for recertification is \$395.00

It's crucial to understand that this course is not just any course. It's aligned with the highest industry standards. As an IACET Accredited Provider, IASHEP offers Continuing Education Units (CEUs) for its learning events that comply with the ANSI/IACET Continuing Education and Training Standards.

Because the ANSI/IACET Standard focuses on how continuing education and training programs are developed - not what they cover - it provides a

certifiable framework of researched and proven best practices that can be applied across disciplines and industries. It measures all aspects of a CE/T provider's program development across nine nationally recognized categories. This has allowed for the ANSI/IACET Standard for Continuing Education and Training to be recognized as the official standard for CE/T in the world.

For more information or to register for this course, please visit www.iashep.org and complete the course enrollment form. If you have any questions, please contact the IASHEP Training Administrator at (612 - 801-1032).

