



# T.A.P. PROGRAM OVERVIEW

---

AUDIBLE COACHING AND CONSULTING, LLC





# TARGET.AIM.PURSUE. LEADERSHIP PROGRAM

## PROVEN PROCESS

Through a system that delivers 100% client satisfaction, the T.A.P. Leadership Program helps participants identify purposeful targets, develop effective plans, and align their actions with their personal and professional goals.

First, we take an in depth look at each participant's journey to identify desired outcomes that are aligned with their skill and passion. We then identify patterns over the course of their lives that speak to their most effective style of planning. Through each step of the process, we are completing action items and developing habits that will allow participants to effectively pursue their goals for the rest of their lives!

## KEY TAKEAWAYS

- Clarity and Focus Around One's Life Purpose and How to Best Utilize Strengths
- Improved Communication and Decision Making Skills
- Improved Ability to Build More Meaningful Relationships
- Enhanced Awareness and Desire to Honor Personal and Company Values
- Career Advancement/Promotions
- Strengthened Ability to Adapt and Succeed Through Change
- Improved Health and Energy Levels
- **A MORE FULFILLED LIFE!**

# PROGRAM OPTIONS



## T.A.P. 1:1 EXECUTIVE COACHING

- A minimum of six 1:1 coaching sessions that follow T.A.P.'s proven process which helps participants identify their purpose and live more fulfilled personal and professional lives
- Ideal for leaders at all levels within an organization

## T.A.P. / PATERSON LIFE PLAN

- 2-day, 1:1 retreat that strategically guides participants to their purpose using Paterson Center's transformational LifePlan process
- Great option for experienced managers and executive leaders

## T.A.P. GROUP COACHING / TRAINING

- Four 2-hour sessions that help participants gain clarity around how to maximize their strengths personally and professionally
- Ideal for groups of up to 20

## T.A.P. WORKSHOP

- 4-hour workshop tailored for employees at all levels within an organization
- Great option for groups of all sizes ranging from 10-100+

# TESTIMONIALS



"Nate has been a coach of mine for over a year and a half. Accountability is one of the tenants of executive coaching and working with Audible Coaching and Consulting has focused me on being more accountable and achieving results both personally and professionally. Our relationship with Audible Coaching and Consulting has expanded to my team as well. Audible Coaching and Consulting has coached key leaders at my operations, and we are seeing tangible results. We are continuing the relationship as we develop more leaders in the organization. Working with Audible Coaching and Consulting has grown my team and improved the bottom line!"

**Kenya Moses**

**General Manager, Norton Door Controls (Assa Abloy)**

"To whom it may concern,

I had the pleasure of going through Nate's T.A.P. Program. I played sports my entire life and even into college, so I've had my fair share of coaching. Nate does an incredible job of relating to whoever he is working with and putting things into perspective.

My goal coming into this program was to put my goals into perspective. I am 29 and have felt a little bit like "what's next?" for the past few years. This program really helped me hone in on what my short term/long term goals would be and the next steps to obtain those goals.

I would recommend this program to almost everyone. If you are feeling lost and not where you want to be in your current stage of life, Nate is the coach for you. Even if you feel like you have it all figured out, I also recommend this program, to push yourself even further.

Give this program a 10/10!"

**Alex B.**

**Account Manager**

"If you feel you're in a rut and need some fresh well-rounded perspective on life, business, faith, etc. I can't think of anyone I could recommend more. Nate recently took our real estate firm through his T.A.P. program and he knocked it out of the park! I recommend for individual, group, and corporate coaching."

**John Costello**

**President-Costello Real Estate Investments**