

# Why Become a Certified Tobacco Treatment Specialist?

Certified Tobacco Treatment Specialists (CTTS) are professionals specially trained to provide treatment for individuals seeking to stop using tobacco

Certified Tobacco Treatment Specialists:

1. Understand the science behind tobacco addiction, nicotine withdrawal symptoms, and effective treatments for tobacco use
2. Provide clear and accurate information about the consequences of tobacco use
3. Develop individualized treatment plans using comprehensive, evidence-based assessments and treatment strategies including effective medications and cognitive-behavioral strategies for quitting and staying quit
4. Provide effective treatment for all forms of tobacco and nicotine use
5. Work with a variety of specific populations including those with specific health issues
6. Use specific, well-accepted methods for tracking individual progress and outcomes
7. Serve as educational resources for organizations, healthcare providers, and the general public regarding tobacco use treatment issues

## What does Certification mean?

Certification establishes a professional standard by validating individuals' qualifications and knowledge. Certification promotes specialized training, competence, and professionalism. The CTTS credential is awarded to individuals who meet a set of specific standards agreed upon by a multidisciplinary panel of experts in the field of treating tobacco use and dependence.

### Advantages of certification

For individuals:

- Acknowledgement of having acquired a recognized, comprehensive skill-set
- Improved employability and career advancement opportunities
- Prestige for certified individuals
- Competitive advantages over non-certified individuals

For employers:

- A more productive, efficient, and effective tobacco treatment workforce
- Assurance that individuals' have acquired the necessary skill-set to perform their job duties
- Assistance with making informed employment and career advancement decisions

For the public:

- Assistance with making informed decisions about treatment
- Protection of the general public from incompetent and unfit practitioners

Training Programs accredited by the Council for Tobacco Treatment Training Programs (CTTTP) provide the training necessary to become eligible for TTS certification.