

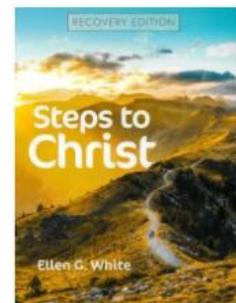
CMATCH

The Role of the Nurse in the Church (Faith Community Nurse)

The FCN has the opportunity to perform a unique and beneficial service to the success of this comprehensive health-restoring program with the following functions:

1. First of all, wholistic support in communication and physical tasks in ministering to members and their families.
2. Throughout the recovery program monitoring physiological parameters for cessation improvements and successful sustainability:
 - a. Weekly in first month
 - i. Cotinine salivary swab test
 - ii. Blood pressure and heart rate
 - iii. Capillary O₂ saturation
 - b. Then continue the above every 2 months X 3
 - c. Then every 3 months X 3
3. A Home Visit for environmental assessment in the first 3 weeks during behavior change adjustments, looking for evidence of:
 - a. 2nd and 3rd hand smoke effects
 - b. Removal of cues and triggers for tobacco product use
 - c. Signs of psycho-social compatibility concerns of family/household members
4. Reinforce the selected strategy(ies) of the individual
5. Foster family/friend support in the cessation effort

The FCN may also aid the individuals to obtain a little book entitled “Steps to Christ” (a recovery edition) from the [Adventist Book Center.com](http://AdventistBookCenter.com).



Steps to Christ Recovery Edition

\$2.99

A Manual for establishing an FCN practice in the church entitled “Empowering the Congregational Nurse” can be obtained as a downloadable paperback at [KDP-Amazon Bookshelf](https://www.amazon.com) under Books and the title.

