

LINDSAY MAZZEO, MS, LPC

Individual, Marriage and Family Therapist

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## Confidentiality

Privacy and confidentiality of information obtained from persons in the course of treatment is respected. Respect for privacy and all group members in group treatment also uphold confidentiality. No confidential information shall be released without prior knowledge and informed consent. Parents sending their children for treatment should note that the child is entitled to these same privacy and confidentiality.

Exceptions:

- ☐ Ham to self. If there is reason to believe you are in danger of physically harming yourself and/or you are unwilling or unable to follow treatment recommendations, the therapist may seek your admission to a hospital and/or contact a family member or another person who may be able to help protect you.
- ☐ Ham to others. If there is reason to believe you are threatening physical violence against another person and/or there is reason to believe you are a threat to the safety of another person, the therapist is required to take action (such as contacting the police, notifying the potential victim, securing hospitalization, or some combination of these actions) to insure the other person is protected.
- ☐ Abuse of child or dependent adult. If there is reason to believe a child or dependent adult is being abused, the therapist is legally obligated to report the situation to the appropriate state agency.
- ☐ Consultation with other professionals
- ☐ Courts. A therapist may be ordered to testify in legal proceedings and or turn over records of lawfully issued by a court order.
- ☐ Insurance. If you choose to work with your insurance company for out-of-network reimbursement, they may require confidential information for billing purposes.
- ☐ Minors/Guardianship. Parents or legal guardians of non-emancipated minor clients have the right to access the client's records.
- ☐ The client expressly gives permission when informed consent is given. Information released is limited to what is necessary to answer the request. The nature of the information to be released is discussed beforehand.

Signature: \_\_\_\_\_  
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Date: