



# COMMUNITY RESOURCE GUIDE



Brought to you by  
the **City of Peoria** and the **City of Surprise**




The City of Peoria and City of Surprise collaborated to create this quick reference guide to provide contact information for assistance with food, shelter, homelessness, domestic violence and many other local resources. This guide is intended to provide general information and is not considered to be all inclusive. While every effort is made to ensure the accuracy of the information, we make no guarantees. The inclusion of an organization or service does not imply an endorsement of the organization or service, nor does exclusion imply disapproval. The user assumes the risk related to the use of any of this information.

### Peoria SUPPORT

 **623.773.7070 • TTY/TDD: 623.773.7221**  
**peoriasupport@peoriaaz.gov**

### City of Surprise Human Service & Community Vitality

 **623.222.1600 • TTY: 623.222.1002**  
**surprisecares@surpriseaz.gov**

The most up-to-date version of this guide can be located online at  
**[peoriaaz.gov/peoriaSUPPORT](http://peoriaaz.gov/peoriaSUPPORT) and [surpriseaz.gov/HSCV](http://surpriseaz.gov/HSCV)**

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# City of Peoria Programs

[www.peoriaaz.gov](http://www.peoriaaz.gov)

[www.facebook.com/CityofPeoriaAz](http://www.facebook.com/CityofPeoriaAz)

**Peoria Community Assistance Division .....623-773-7070**

[www.peoriaaz.gov/communityassistance](http://www.peoriaaz.gov/communityassistance)

Emergency Home Repair Program ..... 623-773-7667

(must be an income qualified Peoria homeowner)

HOA contact information and registration..... 623-773-5140

Human Services ..... 623-773-7070

Neighborhood Grant Program..... 623-773-5140

Tool Lending Program (*must be a Peoria resident*) ..... 623-773-7514

Water Payment Assistance Program..... 623-773-7667

(must be an income qualified Peoria resident)

**Peoria Attorney's Victim Assistance Unit .....623-773-7414**

*Provides support services to crime victims*

**Peoria Community Center .....623-773-7436**

[www.peoriaaz.gov/communitycenter](http://www.peoriaaz.gov/communitycenter)

*Active Adult Program: classes, trips, health and fitness, special events, educational courses and lunches served daily M-F.*

*Adaptive Recreation: DES/DDD services (DTA, DTT, DTS, GSE), Special Olympics, bowling, weekly dance, special events, trips and various classes.*

*Food programs: Various food programs for youth, teens and families distributed throughout the week. Call for details.*

*Youth Programs: weekly activities, tournaments and special events.*

**Peoria Community Services.....623-773-7137**

[www.peoriaaz.gov/recreation](http://www.peoriaaz.gov/recreation)

*Before/after school care, preschool, teens, sports, summer programs and reduced fees for qualifying youth. Programs at Rio Vista for all ages (reduced rates for qualifying families/persons).*

**Peoria Dial-A-Ride/Dial-A-Ride Plus.....623-773-7435**

[www.peoriaaz.gov/dialaride](http://www.peoriaaz.gov/dialaride)

After Hours: ..... 623-693-1043

Leave message to reserve an ADA trip.

ADA Service Hrs: M - F 4:30am– 9pm, Sa, Su & Holidays 6 am– 10pm

*Provides curb-to-curb, advance reservation transportation of Peoria residents.*

*Vehicles available that are wheelchair accessible. Trips can be reserved between 1 and 14 days in advance.*

**Peoria Rio Vista Recreation Center .....623-773-8600**

[www.peoriaaz.gov/riovista](http://www.peoriaaz.gov/riovista)

*Silver Sneakers and health programs available.*

**Peoria Fire-Medical Administration Non-Emergency .....623-773-7279**

[www.peoriaaz.gov/fire](http://www.peoriaaz.gov/fire)

[www.facebook.com/PeoriaFireMedicalDepartment](http://www.facebook.com/PeoriaFireMedicalDepartment)

Peoria Fire-Medical Services ..... 623-773-7919

*Lock box program, smoke detector help, home safety visits, car seat inspections, cpr classes and safety education.*

**Peoria Police Non-Emergency .....623-773-8311**

[www.peoriaaz.gov/police](http://www.peoriaaz.gov/police)

[www.facebook.com/PeoriaPoliceDepartmentArizona](http://www.facebook.com/PeoriaPoliceDepartmentArizona)

Peoria Police Victim Assistance ..... 623-773-7019

*Domestic Violence support and meetings.*

# City of Surprise Programs

[www.surpriseaz.gov](http://www.surpriseaz.gov)

## **Surprise Human Services & Community Vitality**

[www.surpriseaz.gov/3320/Human-Service-Community-Vitality](http://www.surpriseaz.gov/3320/Human-Service-Community-Vitality)

[www.facebook.com/surprisecares](https://www.facebook.com/surprisecares)

Neighborhood Services ..... 623-222-3238

Emergency Home Repair Program..... 623-222-3240

Neighborhood Grant Program ..... 623-222-3239

Water Payment Assistance Program ..... 623-222-4673

City of Surprise Resource Center ..... 623-222-1600

Resource Center (CAP Office) ..... 623-222-HOPE (4673)

[www.surpriseaz.gov/3588/ Surprise-Resource-Center](http://www.surpriseaz.gov/3588/ Surprise-Resource-Center)

*Eviction prevention, utility assistance, Medicare benefits counseling, Veteran job club, Veteran homeless services and Veteran employment.*

Surprise Senior Center..... 623-222-1500

[www.surpriseaz.gov/Senior-Services](http://www.surpriseaz.gov/Senior-Services)

15832 N. Hollyhock St. Surprise, AZ 85378

*Active adult program: Congregate Meal Program, classes, trips health and fitness, Silver Sneakers, special events and educational courses.*

## **Surprise Community Recreation Services ..... 623-222-2000**

[www.surpriseaz.gov/17/Community-Recreation-Services](http://www.surpriseaz.gov/17/Community-Recreation-Services)

*Provides adaptive recreation: Special Olympics, bowling and weekly dance classes.*

*Tot time, before/after school care and preschool*

Youth Services ..... 623-222-1033

*Provides Weekly activities, tournaments and special events.*

Aquatics Center ..... 623-222-5000

Countryside Recreation Center ..... 623-222-2626

Sierra Montana Recreation Center ..... 623-222-2600

## **Surprise Fire-Medical Administration Non-Emergency..... 623-222-5000**

[www.surpriseaz.gov/8/Fire-Medical-Department](http://www.surpriseaz.gov/8/Fire-Medical-Department)

## **Surprise Police Non-emergency ..... 623-222-4000**

[www.surpriseaz.gov/882/Police-Department](http://www.surpriseaz.gov/882/Police-Department)

## **Surprise Youth Services ..... 623-222-8336**

## **Surprise City Court ..... 623-222-4800**

[www.surpriseaz.gov/238/City-Court](http://www.surpriseaz.gov/238/City-Court)

# Basic Needs/Multiple Service Offerings

## **Catholic Charities Community Services ..... 602-285-1999**

[www.CatholicCharitiesAZ.org](http://www.CatholicCharitiesAZ.org)

[www.facebook.com/CatholicCharitiesAZ](https://www.facebook.com/CatholicCharitiesAZ)

4747 N. 7th Ave., Phoenix, AZ 85013

*Programs include domestic violence, foster care, youth programs, parenting, immigration and Westside Head Start.*

## **Community Action Program (CAP)**

[www.azdes.gov](http://www.azdes.gov)

[www.facebook.com/OfficialArizonaDES](https://www.facebook.com/OfficialArizonaDES)

Peoria 8335 W Jefferson St, Peoria 85345 ..... 623-979-3911

Surprise ..... 623.222.HOPE(4673)

*Offers assistance with: Utilities, rent, food, referral to senior services and case management.*

**Department of Economic Security (DES).....602-542-4791**

[www.azdes.gov](http://www.azdes.gov)

<https://www.facebook.com/OfficialArizonaDES/>

Peoria Location: 8990 W. Peoria Ave., 2nd Floor ..... 602-771-0014

Hours: M-F 8am – 5pm

Office of Community Engagement (1789 W Jefferson St., Phx)..... 602-542-2274

Aging and Adult Services (DAAS)..... 602-542-4446

Adult Protective Services..... 877-SOS-ADULT (877-767-2385)

Benefits and Medical Eligibility (DBME)) ..... 855-777-8590

Child Care Assistance..... 602-542-4248

Child Support Services (DCSS)..... 602-252-4045

Developmental Disabilities (DDD) ..... 844-770-9500

AZEIP ..... 602-532-9960

Employment and Rehabilitation Services ..... 602-542-4910

Ombudsman ..... 602-364-2860

Tribal Relations ..... 602-542-1290

Volunteer Engagement ..... 602-542-1991

**Dysart Community Center .....623-249-3812**

[www.dysartcommunitycenter.org](http://www.dysartcommunitycenter.org)

*Hours 10:00 - 8:00 Monday through Thursday -GED, ESL, Adult Citizenship classes*

*After School Program ages 4 - 18, Hours: Mon 1-7, Tue - Thurs 3-7*

*First Saturday Mobile Pantry. Hours 9:00 – 11:00*

*Educational programs for disadvantaged children, teens and adults, offering tools and skills to help them improve their lives and build self-sufficiency. Full training and support provided, hours to suit volunteer.*

**Salvation Army Sun City.....623-977-1084**

[suncities.salvationarmy.org](http://suncities.salvationarmy.org)

[www.facebook.com/thesalvationarmy.suncitieswestvalleycorps](http://www.facebook.com/thesalvationarmy.suncitieswestvalleycorps)

[www.needhelppayingbills.com](http://www.needhelppayingbills.com)

17420 N Avenue of the Arts, Surprise, AZ 85378

Hours: M-F 9am-4pm; closed 12pm-1pm for lunch

*Food box assistance line..... 623-977-1084*

*The location listed offers assistance with an emergency food program, utilities and is a hydration station in the Surprise area and provides services to the following cities: Peoria, Youngtown, Sun City, Sun City West, Waddell, El Mirage, Surprise and Wittmann.*

**St Vincent de Paul .....602-266-HOPE (4673)**

[www.stvincentdepaul.net/programs](http://www.stvincentdepaul.net/programs)

[www.facebook.com/StVincentdePaulPhx](http://www.facebook.com/StVincentdePaulPhx)

Food Box Assistance Line/ Financial Assistance..... 602-266-4673

Medical/Dental ..... 602-261-6868

Shelter/Clothing ..... 602-261-6883

Medical Equipment Loan ..... 602-261-6896

Housing Assistance/Utility Assistance/through 211..... 877-211-8661

**Zuri's Circle..... 480-779-ZURI (9874)**

[www.zuriscircle.org](http://www.zuriscircle.org)

<https://www.facebook.com/ZurisCircle/>

*Provide temporary assistance during unforeseen hardship to individuals, families and the homeless. Supporting the need of food boxes, hygiene bags, clothing and furniture.*

## Behavioral Health/Substance Abuse

**Abraham Low Self - Help Systems (Christian Church) .....623-974-0566**

[www.recoveryinternational.org/meetings](http://www.recoveryinternational.org/meetings)

*Weekly group meetings for people with mental health challenges (depression, anxiety, etc) using a self-help method.*

**American Foundation for Suicide Prevention .....888-333-AFSP (2377)**

Crisis Line (24/7) ..... 800-273-TALK (8255)

[www.afsp.org](http://www.afsp.org)

[www.facebook.com/AFSPnational](https://www.facebook.com/AFSPnational)

*Not-for-Profit organization exclusively dedicated to preventing suicide.*

**AZ Youth & Family Services .....602-277-4833**

[www.azyfs.org](http://www.azyfs.org)

*Community mental health agency serving children, adolescents and families.*

**Community Bridges .....623-643-9678**

[www.communitybridgesaz.org](http://www.communitybridgesaz.org)

[www.facebook.com/communitybridgesaz](https://www.facebook.com/communitybridgesaz)

24/7 Access to care line

*Services: Patient-centered medical home, inpatient, outpatient, access point, transition point, crisis mobile teams, stabilization, and recovery unit, opioid treatment and residential treatment.*

**Family Involvement Center.....602-288-0155 / 877-568-8468**

[www.familyinvolvementcenter.org](http://www.familyinvolvementcenter.org)

[www.facebook.com/FollowFIC](https://www.facebook.com/FollowFIC)

*Support & resources for parents who are navigating behavioral and physical health, schools, developmental disabilities, juvenile justice, child welfare and other systems to meet their child's and family's needs.*

**Marc Community Resources .....480-994-4407**

[www.marccr.com/arizona-mental-behavioral-health-information-resources/](http://www.marccr.com/arizona-mental-behavioral-health-information-resources/)

*Provides information and resources. Helping people navigate the often confusing world of the Arizona mental health system, locating the professionals and organizations best able to assist the individuals.*

**Mercy Maricopa Integrated Care 24/7 .....602-586-1841/ 800-564-5465**

[www.mercymaricopa.org](http://www.mercymaricopa.org)

[www.facebook.com/MercyMaricopa](https://www.facebook.com/MercyMaricopa)

*Helping connect residents in Maricopa County and parts of Pinal County to behavioral health, substance use and crisis care services.*

**MIKID (Mentally Ill Kids in Distress).....602-253-1240**

[www.mikid.org](http://www.mikid.org)

[www.facebook.com/MIKIDarizona](https://www.facebook.com/MIKIDarizona)

Hours: M-F 8am - 4pm

*Provides: case management, individual/group respite, living skills individual/group, youth peer support, family support, chronic disease self-management, safeTALK and signs of suicide training, mental health first aid program and cultural competency training.*

**Mental Health America of Arizona .....480-994-4407 x10**

[www.mhaarizona.org](http://www.mhaarizona.org)

[www.facebook.com/mentalhealthamericaofarizona](https://www.facebook.com/mentalhealthamericaofarizona)

*Promotes mental health and well-being for all Arizonans through education, advocacy and the shaping of public policy.*

- NAMI Valley of the Sun Office..... 602 244-8166**  
[www.namivalleyofthesun.org](http://www.namivalleyofthesun.org)  
5025 East Washington Street, Suite 112, Phoenix, AZ 85034  
*Nami advocates for access to services, treatment, support and research and is steadfast in its commitment to raising awareness and building a community of hope. Also, provides education programs at no cost throughout Maricopa County to qualified individuals.*
- Partners in Recovery .....623-583-0232**  
[www.partnersinrecovery.us.com/WestValley/WestValleyHome.htm](http://www.partnersinrecovery.us.com/WestValley/WestValleyHome.htm)  
*Out-patient mental health provider that assists individuals in becoming healthy and stable as well as achieving personal goals and dreams. A tool on your pathway to recovery. In order for us to assist you in your success, we want to become a partner with you.*
- Recovery Empowerment Network .....602-248-0368**  
[www.renaz.org](http://www.renaz.org)  
[www.facebook.com/renaz.org](https://www.facebook.com/renaz.org)  
*Provides adult behavioral health services.*
- RI International .....866-481-5361**  
[www.riinternational.com](http://www.riinternational.com)  
Peoria Recovery Response Center (RRC).....602-650-1212  
Fax:.....623-972-6173  
11361 N. 99th Avenue, Suite 402, Peoria, AZ 85345  
Crisis Respite .....602-636-4380  
11361 N. 99th Avenue, Suite 107, Peoria, AZ 85345  
*Serving those with mental illness and/or substance abuse through our Crisis Observation and Stabilization Unit, inpatient hospitalization, crisis respite services, as well as out-patient and peer support/educational services for those transitioning back into the community after hospitalization or incarceration.*
- Southwest Behavioral & Health Services.....602-265-8338**  
[www.sbhservices.org](http://www.sbhservices.org)  
[www.facebook.com/SBHServices/?ref=ts](https://www.facebook.com/SBHServices/?ref=ts)  
*Providing integrated behavioral & health services to children, adolescents and adults.*
- STAR (Stand Together and Recover) .....623-882-8463**  
[www.thestarcenters.org](http://www.thestarcenters.org)  
Hours: M – Th 7:30am - 7:30pm, F 7:30am - 3:30pm, Sa 7:30am - 2:00pm  
*Mission is to empower adults diagnosed with a mental illness by providing non-clinical peer-run support services.*
- Terros Health.....602-685-6000**  
[www.terros.org](http://www.terros.org)  
Hours: M – F 8am - 5pm  
*Provides culturally responsive, integrated and evidence-based primary care services, addiction and mental health treatment, mobile psychiatric crisis services, and community prevention and education.*
- Touchstone Behavioral Health .....866-207-3882**  
[www.touchstonehs.org](http://www.touchstonehs.org)  
[www.facebook.com/touchstoneaz](https://www.facebook.com/touchstoneaz)  
*Integrated health providing mental, behavioral health and pediatric medicine for children and youth-birth to 17 years old.*



**Boys and Girls Club Dental Clinic .....602-271-9961**

[www.bgcamp.org/programs/bgcamp-dental-clinic](http://www.bgcamp.org/programs/bgcamp-dental-clinic)

<https://www.facebook.com/BGCMP>

1601 W Sherman St, Phoenix 85007. Hours: Tu- F 7am - 6pm

*Full-service facility for children 5-18 who lack dental insurance and do not qualify for state assistance.*

**First Teeth First .....see various locations below**

[www.maricopa.gov/publichealth/programs/oral/FTF/default.aspx](http://www.maricopa.gov/publichealth/programs/oral/FTF/default.aspx)

Glendale WIC 5141 W. Lamar Rd..... 623-939-0989

St. Mary's WIC 3003 W. Thomas Rd., Phoenix ..... 602-278-3201

Sunnyslope WIC 8828 N. Central Ave., #100, Phoenix ..... 602-331-8311

Thunderbird WIC 5422 W. Thunderbird Rd., #6, Glendale..... 602-993-5010

Constitution WIC 18440 N 15th Ave, Phoenix..... 602-482-7174

*Maricopa County Office of Oral Health provides dental screenings, parent education, fluoride varnish and referrals for children five years of age and younger.*

**Mobile Dentistry of Arizona.....480-313-3310**

[www.mobiledentistryofaz.com](http://www.mobiledentistryofaz.com)

*Provides full dental services for people of all ages, including individuals with physical and cognitive constraints that make it difficult to get to the dentist. This service is provided at your home.*

**Phoenix College Dental Clinic .....602-285-7323**

[www.phoenixcollege.edu/student-resources/campus-resources/dental-clinic](http://www.phoenixcollege.edu/student-resources/campus-resources/dental-clinic)

3144 N 7th Ave, Phoenix, AZ 85013

Hours: M-Th 8:30am - 4:30pm; F 8:30am - 3:30pm (by appointment only)

*Dental hygiene services offered include cleanings, deep scaling, x-rays, sealants and fluoride. \$35 for adults, \$25 for kids (ages 3 to 15) and \$10 per sealant.*

## Employment/Training Resources

**Arizona@Work: Maricopa County .....602-372-4200**

[www.arizonaatwork.com/maricopa](http://www.arizonaatwork.com/maricopa)

<https://www.facebook.com/azatworkmaricopa>

West Valley Career Center: 1840 N 95th Ave, Suite 160, Phx, AZ ..... 602-372-4200

Youth Hub: 8335 W Jefferson St, Peoria, AZ serves ages 16-24 ..... 623-878-0416

*Provides services including job placement, skills assessments, job training, career counseling and resume development.*

**AWEE Advancing Arizona's Workforce .....602-601-7200**

[www.awee.org](http://www.awee.org)

[www.facebook.com/aweeworks](https://www.facebook.com/aweeworks)

4520 N Central Ave, Phoenix, AZ 85006

Hours: M-F 9am - 12pm holiday hours vary

*Provides workforce development strategy and offers tools for change, independence, self-reliance, and community revitalization to Advance Arizona's Workforce.*

**Goodwill of Central Arizona Corporate Center.....602-535-4444**

[www.goodwillaz.org/locations/?filter=career-center](http://www.goodwillaz.org/locations/?filter=career-center)

Career Center: 6750 W Peoria, AZ..... 623-486-4400

Hours: M-Th 9am - 3pm, F 9am - 1pm (Other career centers listed on the website)

*Prepare and connect job seekers to open positions with hundreds of local companies.*

**Hope Women's Center .....623-875-4549**

[www.hopewomenscenter.org/west-valley-center/](http://www.hopewomenscenter.org/west-valley-center/)

Hours: W-Th 9am-2pm

West Valley Center: 12101 Grand Ave, El Mirage, AZ 85335

*Serves women and teen girls facing any difficult life situation such as domestic violence, abuse, poverty, mental health, family conflict, single parenting, job readiness, substance abuse recovery, etc, to move them through crisis and teach the tools needed for long term positive life changes.*

**Jobs for Arizona Graduates .....602-216-9503**

[www.jagaz.org](http://www.jagaz.org)

<https://www.facebook.com/JagArizona/>

*Assists youth to remain in school and acquire the academic, personal and leadership skills required for success after graduation.*

**Phoenix Job Corps .....602-254-5921**

<https://phoenix.jobcorps.gov/>

<https://www.facebook.com/doljobcorps>

*Helps young people ages 16 through 24 improve the quality of their lives through vocational and academic training.*

**St. Mary's Food Bank Alliance's Community Kitchen .....602-343-3183**

[www.firstfoodbank.org/learn/programs/community-kitchen/](http://www.firstfoodbank.org/learn/programs/community-kitchen/)

*Life skills and food service training for those with barriers to employment. Info sessions are held every Wednesday at 10:00am and are mandatory to proceed to the next step in the enrollment process.*

## Family Services

**AASK – Aid to adoption of Special Kids .....602-254-2275**

[www.aask-az.org](http://www.aask-az.org)

<https://www.facebook.com/AidtoAdoptionofSpecialKids/>

*Aid to adoption of special kids by strengthening families for the children in Arizona's foster care system. "Ensuring every child has someone who cares!"*

**Arizona Facts of Life .....602-254-2704**

[www.azfactsoflife.org](http://www.azfactsoflife.org)

<https://www.facebook.com/AzFactsOfLife>

*Provide and nourish an environment where youth and families discover healthy solutions to life situations.*

**Arizonans for Children.....480-838-0085**

[www.arizonansforchildren.org](http://www.arizonansforchildren.org)

<https://www.facebook.com/az4children/>

*Helping abused, neglected and abandoned children.*

**Billy's Place.....623-414-9838**

[www.billysplace.me](http://www.billysplace.me)

<https://www.facebook.com/billysplaceme/>

*Grief support groups for Children ages 3 to 30 and their families.*

**Catholic Charities**

Head Start and Early Head Start.....623-486-9868

Westside Head Start .....623-932-3517

[www.catholiccharitiesaz.org/all-locations/youth-development](http://www.catholiccharitiesaz.org/all-locations/youth-development)

[www.azheadstart.org](http://www.azheadstart.org)

7400 W. Olive Ave. Suite 10, Peoria, AZ 85345

Early Head Start serves children from pregnancy to 3 years and Head Start for children 3 to 5 years. Services available in Peoria, El Mirage, Surprise, Glendale, Tolleson, Avondale, Buckeye and Palo Verde

Pregnancy, Parenting, & Adoption Counseling Hotline ..... 888-818-4445  
[www.catholiccharitiesaz.org/all-locations/pregnancy-counseling](http://www.catholiccharitiesaz.org/all-locations/pregnancy-counseling)  
Free counseling for women and men experiencing an unexpected pregnancy who need help, please call or text.

**Family Bridges.....877-412-7434**  
[www.familybridgesusa.com](http://www.familybridgesusa.com)  
<https://www.facebook.com/familybridges>  
*Provides resources, workshops and events to strengthen marriages and families.*

**First Things First.....602-771-5100**  
[www.firstthingsfirst.org](http://www.firstthingsfirst.org)  
<https://www.facebook.com/AZFirstThingsFirst/>  
*First Things First is a voter-created organization dedicated to helping Arizona kids five and younger receive the quality early learning, healthcare and family support they need to arrive at kindergarten healthy and ready to succeed.*

**Helping Families in Need.....800-298-4346**  
[www.hfinaz.com](http://www.hfinaz.com)  
<https://www.facebook.com/Hfinaz/>  
*Program which seeks to improve early education and health services for children.*

**Jewish Family & Children's Service (JFCS) .....602-279-7655**  
[www.jfcsaz.org](http://www.jfcsaz.org)  
<https://www.facebook.com/JFCSAZ>  
*Provides behavioral health services for children, youth and adults; services for victims of domestic violence; foster care youth transitioning to adulthood; older adult case management and counseling and services for the Jewish Community. Services are provided with a goal of improving coping skills and emotional health while encouraging self-determination, independence and resiliency.*

**Peoria Unified School District Family Resource Center .....623-773-6679**  
[www.peoriaunified.org/Page/490](http://www.peoriaunified.org/Page/490)  
*email: PUSDFamilyResourceCE@pusd11.net*  
Sky View Elementary School, 8624 W. Sweetwater Avenue, Peoria, AZ 85381  
Hours: M-F 8am - 4pm  
*Helps families with children 0-5 years identify available resources to support children in their earliest years.*

**Southwest Human Development**  
Birth to Five Helpline..... 877-705-KIDS (5437) call or text  
[www.birthtofivehelpline.org](http://www.birthtofivehelpline.org)  
[www.swhd.org/helpline](http://www.swhd.org/helpline)  
[www.facebook.com/SouthwestHumanDevelopment](https://www.facebook.com/SouthwestHumanDevelopment)  
Hours: M-F 8am - 8pm  
*Assist with questions or concerns about children birth to five years of age.*

**Teen Challenge.....800-346-7859**  
[www.tcaz.org](http://www.tcaz.org)  
<https://www.facebook.com/TeenChallengeArizona>  
*Faith-based solutions for youth, adults and families struggling with life controlling problems.*

**West Valley Child Crisis Center .....623-848-8863**  
[www.wvccc.org](http://www.wvccc.org)  
<https://www.facebook.com/WestValleyChildCrisisCenter/>  
*Provides counseling services, supervised visitation of minors that are court ordered in addition to foster care and adoption services.*

## Food/Meals Assistance

**Animals in Disasters, Empty Bowl Pet Food Pantry .....602-909-7153**

[www.emptybowlpetfoodpantry.org](http://www.emptybowlpetfoodpantry.org)

<https://www.facebook.com/emptybowlpetfoodpantry/>

*Helps owners facing financial challenges with dog and cat pet food.*

*Helps Veterans and disaster victims providing supplies for all pet species with pet food and pet items.*

**Association of Arizona Food Banks .....602-528-3434**

[www.azfoodbanks.org](http://www.azfoodbanks.org)

<https://www.facebook.com/azfoodbanks>

*Online resource to find a food bank closest to you by zip code, city or title.*

**Community Hope Center at Fresh Start Church .....623-979-4392**

[www.freshstartaz.com](http://www.freshstartaz.com)

<https://www.facebook.com/freshstartchurchaz>

*Utility assistance on Wednesday is at 10am. Mobile food pantry is the 1<sup>st</sup> Thursday of the Month at 8am, closed during holiday weeks.*

**Harvest Compassion Center .....602-788-2444**

[www.harvestcompassioncenter.org](http://www.harvestcompassioncenter.org)

<https://www.facebook.com/MitchellSwabackCharities>

4744 E Thunderbird Rd, Suite 9, Phoenix 85032

Hours: M&W 9am - 11:30am, Sa 2pm - 4:30pm

*Bring 2 forms of ID. Local food and clothing bank to serve families in need*

*Guests may visit once every 30 days for free groceries, hygiene, baby and clothing items.*

**Hope for Hunger Food Bank .....602-773-4344**

[www.hopeforhungerfb.org](http://www.hopeforhungerfb.org)

<https://www.facebook.com/hopeforhunger>

5605 N 55th Ave, Glendale 85301

Hours: M–Th; 8am - 12pm

*Committed to feeding families.*

**ICM Food & Clothing Bank .....602-254-7450**

[www.icmaz.org](http://www.icmaz.org)

<https://www.facebook.com/ICMFoodandClothingBank>

Hours: M-Sa 9am – 11am

*Services: Food boxes, clothing, toiletries and household goods.*

*Mission: Providing an immediate response to basic human need.*

**Operation Care Food Bank .....602-866-0135**

[www.operationcarefoodbank.org](http://www.operationcarefoodbank.org)

1827 W Grovers, Phoenix 85023

Hours: Tu&Th 9am - 11:30am

*Food and clothing to help those in need.*

**St Charles Borromeo.....623-979-8059**

<https://scbpeoria.org/>

<https://www.facebook.com/scbpeoria/?fref=ts>

8615 W Peoria Ave, Peoria, AZ

Hours: Open to serve the community Tu&Th; 6pm-8pm

*Food box assistance - Serves zip codes: 85345, 85351 and 85381.*

*The Pantry is in St. John's Room at St. Charles Borromeo Church.*

**St Mary's Food Bank Alliance .....602-242-FOOD (3663)**

[www.firstfoodbank.org](http://www.firstfoodbank.org)

<https://www.facebook.com/firstfoodbank>

*Programs designed to help those in need receive food and other types of assistance and offer opportunities for individuals and organizations to get involved, make financial donations, and volunteer their time, effort and resources.*

**St Vincent de Paul**

[www.stvincentdepaul.net](http://www.stvincentdepaul.net)

<https://www.facebook.com/StVincentdePaulPhx>

*Provides food via charitable dining rooms and a food bank to those who need help.*

El Mirage Dining Room ..... 602-850-6746

14013 N Verben St, El Mirage 85335

Hours: M-F 10am - 11:30am

Sunnyslope Dining Room ..... 602-944-0139

9227 N 10th Ave, Phoenix 85021

Hours: M-F 11am - 12:30pm, 4:30pm - 5:30pm, Sa-Sun 4:30pm - 5:30pm

Family Dining Room ..... 602-254-3338

420 W Watkins Rd, Phoenix 85003

Hours: M-F 4:45pm - 6pm, activities and tutoring are available after dinner. Free shuttle is available.

Human Services Campus Dining Room ..... 602-850-6746

1075 W Jackson St, Phoenix 85007

Hours: Weekdays 7am-8am, 11am-12:45pm; open weekends 11am-12:45pm

**United Food Bank .....480-926-4897**

[www.unitedfoodbank.org](http://www.unitedfoodbank.org)

<https://www.facebook.com/UnitedFoodBank>

*Food distribution warehouse serving almost 200 agencies in a five county service area. Our agency partners provide direct client service providing emergency food boxes and other services to those in need.*

**Valley View Food Bank .....623-933-3358**

[www.yourfoodbank.org](http://www.yourfoodbank.org)

<https://www.facebook.com/YourFoodBank>

12321 NW Grand Ave, El Mirage, AZ 85335

Hours: M-F; 9am - 1pm

*Provides the resources for wholesome, nutritious food for those seeking help.*

**Vineyard Church .....623-934-4000**

[www.vineyardnorthphoenix.com/foodbank](http://www.vineyardnorthphoenix.com/foodbank)

<https://www.facebook.com/vineyardnorthphoenix/>

6250 W Peoria Ave, Glendale, AZ 85302

Hours: Sa, Su & W 9am; M, Tu, & Th 7pm; F closed

*Provides clothing and food boxes.*

**West Valley Community Food Pantry .....623-848-8278**

[www.stchurchaz.org](http://www.stchurchaz.org)

<https://www.facebook.com/stchurchaz>

7205 N 51st Ave, Glendale 85301

Hours: M, W, Th 9am - 12:00pm

*Emergency food pantry, providing up to 5 boxes per year to each household.*

*Accepting appointments for possible utility assistance: Call 480-654-4539*

## Health and Welfare/Medical Assistance

### **Adelante Healthcare.....877-809-5092**

[www.adelantehealthcare.com](http://www.adelantehealthcare.com)

[www.facebook.com/AdelanteHealthcare/](https://www.facebook.com/AdelanteHealthcare/)

Peoria Location: 15525 N 83<sup>rd</sup> Ave #104

Hours: M-F 8am – 5pm, closed during lunch

*Offers primary medical care for the whole family, including family and internal medicine, pediatrics, on-site lab, WIC/nutrition and help applying for AHCCCS and other assistance. Additional locations may also provide dental.*

### **American Cancer Society.....800-227-2345**

[www.cancer.org](http://www.cancer.org)

[www.facebook.com/AmericanCancerSociety](https://www.facebook.com/AmericanCancerSociety)

Cancer Resource Center: .....623-832-5682

*Provides personalized cancer information, wigs, head coverings, support groups and community resource referrals to cope with cancer. Assists cancer patients, their caregivers and/or their family members at no cost.*

### **Prescription Assistance Program (PAP)**

provided through Safeway and CVS/Pharmacy

<https://www.arizonarxcard.com/>

*As a resident of Arizona, you and your family have access to a statewide Prescription Assistance Program (PAP). Create and print your FREE discount prescription drug card from the website listed above.*

### **Arizona Department of Child Safety (DCS) .. Abuse Hotline 888-767-2445**

Local number for general information .....602-255-2500

[dcs.az.gov/](http://dcs.az.gov/)

[www.facebook.com/arizonadcs](https://www.facebook.com/arizonadcs)

### **AZ Dept of Public Health .....602-542-1025**

[www.azdhs.gov](http://www.azdhs.gov)

[www.facebook.com/azdhs](https://www.facebook.com/azdhs)

*To promote, protect and improve the health and wellness of individuals and communities in Arizona.*

### **Arizona Division of Problem Gambling.....602-542-8998**

Helpline .....800-Next Step (639-8783)

[www.problemgambling.az.gov](http://www.problemgambling.az.gov)

[www.facebook.com/Arizona-Office-of-Problem-Gambling-431670023533035](https://www.facebook.com/Arizona-Office-of-Problem-Gambling-431670023533035)

*Provide and support effective problem gambling prevention, treatment and education programs.*

### **AZ Health Care Cost Containment System (AHCCCS).....855-432-7587**

[www.azahcccs.gov](http://www.azahcccs.gov)

Hours: M-F 8am - 5pm

*Arizona's Medicaid agency that offers health care programs to serve Arizona residents.*

### **Brain Injury Alliance.....602-508-8024**

[www.biaaz.org](http://www.biaaz.org)

*Provides support, resource and referrals to children, adults and families with any type of brain injury.*

**Cancer Support Community Arizona .....602-712-1006**

[www.cscaz.org](http://www.cscaz.org)

[www.facebook.com/CSCArizona](https://www.facebook.com/CSCArizona)

*Provides psychosocial support and services to people diagnosed with cancer and their friends and families in Arizona. Services include: support services, healthy lifestyle activities, educational seminars, social connections and resources and referrals.*

**Care 1st Resource Center.....623-333-2703**

[www.avondaleaz.gov/government/departments/neighborhood-family-services/family-services/resource-center](http://www.avondaleaz.gov/government/departments/neighborhood-family-services/family-services/resource-center)

328 W Western Ave, Avondale 85323 Hours: M-Th 8am - 7pm; F 9am - 5pm

*Offers a variety of human services; from programs for parents with children 0-5, to assistance with applying for AHCCCS.*

**Family Assistance Administration (FAA) .....602-771-0011**

[des.az.gov/services/basic-needs/family-assistance](http://des.az.gov/services/basic-needs/family-assistance)

[www.facebook.com/OfficialArizonaDES](https://www.facebook.com/OfficialArizonaDES)

Peoria Location: 8990 W Peoria Hours: M-F 8am - 5pm

*Family assistance – possible nutrition, cash and/or medical assistance benefits.*

**Health-e-Arizona ..... 855-432-7587 /855-HEAPlus**

[www.healthearizonaplus.gov](http://www.healthearizonaplus.gov)

*Single on-line application for medical and nutrition assistance.*

Statewide Fax Queue: ..... 602-257-7031

**Maricopa County Dept of Public Health (MCDPH) .....602-506-6900**

[www.WeArePublicHealth.org](http://www.WeArePublicHealth.org) (English)

[www.SomosSaludPublica.org](http://www.SomosSaludPublica.org) (Spanish)

[Facebook.com/MCDPH](https://www.facebook.com/MCDPH) (English)

Main Number ..... 602-506-6767

West Valley Immunization Clinic..... 623-474-2290

1850 N 95th Ave, Suite 184, Phoenix 85037

Hours: M-F 8am - 4:30pm (closed 12pm-1pm and every fourth Wednesday morning of the month, to reopen at 1 p.m. that day)

**Maricopa County Dept of Public Health (MCDPH)(cont) .....602-506-6900**

Immunization Clinic..... 602-506-8815

1645 E Roosevelt St, Phoenix 85006

Other locations in Maricopa County ..... 602-839-2289

*Provides free immunizations to children age 0-18 years old. Educates parents, guardians, day care and school staff to reduce/eliminate the transmission of vaccine preventable diseases.*

Nurse-Family Partnership program ..... 602-224-1740 / 602-359-7083

*Provides a nurse to visit you in your home throughout your 1<sup>st</sup> pregnancy and until your child is 2 years of age. Working together to have a healthy pregnancy and child, become a better parent, make your home a safe place, get referrals to support services and set goals for your future.*

**Maricopa Integrated Health System Family Health Centers (MIHS)**

[www.mihhs.org/family-health-center](http://www.mihhs.org/family-health-center)

[www.facebook.com/mihhs.az](https://www.facebook.com/mihhs.az)

Avondale Family Health Center 950 E Van Buren..... 623-344-6800

Hours: M-F 8am - 6pm; Sa 8am - 12pm

Adult Dental ..... 623-344-6809

Hours: 7:30am - 4:00pm

Glendale Family Health Center ..... 623-344-6700

5141 W. Lamar Glendale, AZ 85301

Hours: M-F 7am - 5pm

Adult Dental.....623-344-6789  
 Hours: 7:30am - 4pm  
 Pendergast Family Health Center.....602-344-2520  
 10550 W Mariposa St, Ste 1, Phoenix, AZ 85037  
 Hours: M-F 7am - 6pm,  
 Pediatric Dental.....602-344-2522  
 Hours: 7:30am - 4:30pm  
*Routine exams and cleanings, oral hygiene, instruction for young patients and parents, digital x-rays, fluoride treatments, restorative treatments and emergency (pain relief) treatments, Family Medicine and lab services.*

### **Literacy Volunteers of Maricopa County**

[www.literacyvolunteers-maricopa.org](http://www.literacyvolunteers-maricopa.org)  
 1616 E Indian School Rd, Suite 200, Phoenix 85016 .....602-274-3430  
 Office Hours: M-F 8am - 4pm  
 Class hours: M-Th, 8am - 8pm; F 8am - 4pm  
 729 E Hatcher Rd, Phoenix 85020 .....602-943-7332  
 Office Hours: M-Th, 8am - 4pm  
 Class hours: M-Th, 8am - 8pm; F 8am - 4pm  
*Improve adult reading, writing and mathematical skills to prepare for the GED; English language acquisition classes for adults.*

### **Mountain Park Health Center.....602-243-7277**

[www.mountainparkhealth.org](http://www.mountainparkhealth.org)  
[www.facebook.com/MountainParkHealthCenter](https://www.facebook.com/MountainParkHealthCenter)  
 6601 W Thomas Rd, Phoenix 85033  
 Hours: M-F 8am - 8pm; Sa 7:30am - 4:30pm  
*Can schedule appointments 24/7  
 Provides Women's Healthcare, Pediatrics, Internal/Family Medicine, Dental, Labs, Pharmacy, WIC and more!*

### **Medical Lending Center (Youngtown Community Fund) .....623-977-4661**

[www.youngtowncommunityfund.com](http://www.youngtowncommunityfund.com)  
*Short-term loan of medical equipment.*

### **Mission of Mercy.....(602) 861-2233**

[www.amissionofmercy.org/arizona](http://www.amissionofmercy.org/arizona) *(Other locations listed on website)*  
[www.facebook.com/missionofmercyaz/](https://www.facebook.com/missionofmercyaz/)  
 Avondale Appointment Line .....623-932-2723  
 Appointment Line Hours Tu & Th; 9am - 2pm.  
 First Southern Baptist Church, 1001 N. Central Ave, Avondale  
 Clinic open on Mondays, 8am-2pm  
 Maryvale & Central Phoenix Appointment Line.....602-486-7798  
 Appointment Line Hours Tu 1pm-6pm and Th 9am - 2pm.  
 Maryvale - Church of the Nazarene, 3201 N. 51st Ave, Phoenix, AZ  
 Clinic open on 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays, 8am - 2pm  
 Murphy Education & Health Center, 3140 W Buckeye Rd. Phoenix, AZ  
 Clinic open on 2<sup>nd</sup> and 4<sup>th</sup> Friday  
 Central Phoenix - Shepherd of the Valley Lutheran Church, 1500 W Maryland  
 Clinic open on Wednesdays, 8am - 2pm  
*All locations provide free healthcare and free prescription medications to the uninsured, underinsured and those who "fall through the cracks" of the healthcare system. Appointment lines and locations also offer bi-lingual assistance.*



**Native Health Centers ..... afterHours:602-787-3352**

[www.nativehealthphoenix.org](http://www.nativehealthphoenix.org)

[www.facebook.com/nativehealthphoenix](https://www.facebook.com/nativehealthphoenix)

4041 N Central Ave Building C, Phoenix ..... 602-279-5262

Hours: M – F 7am - 6pm

2423 W Dunlap Ave, Suite 140, Phoenix..... 602-279-5351

Hours: M – F 8am - 7pm

*Full medical and dental services, WIC, HIV testing and AHCCCS enrollment assistance. Free transportation may be available.*

**Neighborhood Outreach Access to Health (NOAH)**

**Central scheduling phone number for all locations .....480-882-4545**

[www.Noahhelps.org](http://www.Noahhelps.org)

Copperwood Center: 6677 W Thunderbird, Ste A124, Glendale, AZ 85306

Hours: M–Th 7am - 7pm; F 7am-5pm

Desert Mission Community Health Center: 9201 N 5th St, Phoenix, AZ 85020

Hours: M–F 8am - 5 pm

Sierra Health Center: 6206 W Bell Rd, Glendale, AZ 85308

Hours: M-F 8am - 5pm

Venado Health Center: 20440 N. 27th Avenue, Phoenix, AZ 85027

*Services may include medical, dental, pediatric, behavioral health and psychiatric, nutrition services, prenatal and community resources. Additional locations listed online.*

**Nutritional Services (WIC).....800-252-5942**

[www.azdhs.gov/prevention/azwic/families/index.php](http://www.azdhs.gov/prevention/azwic/families/index.php)

[www.facebook.com/azdhs/](https://www.facebook.com/azdhs/)

Peoria Mobile (WIC) through Adelante Healthcare..... 623-236-4622

8335 W Jefferson St, Peoria

Hours: Tu & W 8am - 5pm

*Supplemental nutrition program for low income women.*

**Social Security.....800-772-1213**

[www.ssa.gov](http://www.ssa.gov)

[www.facebook.com/socialsecurity](https://www.facebook.com/socialsecurity)

*Official Social Security website online services and retirement estimator.*

**Solecito Services .....623-876-5331**

*Medical equipment rental.*

**Southwest Lending Closet.....623-932-1016**

[www.southwestlendingcloset.org](http://www.southwestlendingcloset.org)

[www.facebook.com/SouthwestLendingCloset](https://www.facebook.com/SouthwestLendingCloset)

*Lends home health equipment.*

**Young Adult Transitional Insurance (YATI).....623-977-4661**

[www.healtharizonaplus.gov](http://www.healtharizonaplus.gov)

Signup through Phoenix Day HealthLinks Program ..... (602) 252-4911, ext. 104

*Provides health insurance for youth formerly in foster care.*

## **Housing Rehabilitation**

**Ability360 ..... main office 602-256-2245**

Glendale Office ..... 602-424-4100

[www.ability360.org](http://www.ability360.org)

[www.facebook.com/Ability360](https://www.facebook.com/Ability360)

*Provides removal of architectural barriers in the homes of residents with disabilities.*

**Maricopa County Housing Programs .....602-506-5911**  
[www.maricopa.gov/faq.aspx?qid=254](http://www.maricopa.gov/faq.aspx?qid=254)  
*Provides weatherization for homes owned by low-income persons, particularly the elderly, the disabled and persons with minor children. The goal of weatherization is to increase energy efficiency by reducing energy usage and improving the health and safety of the home. You can complete an inquiry form at [www.maricopa.gov/4119](http://www.maricopa.gov/4119)*

## Housing Assistance

**Administration of Resources and Choices (ARC) .....602-374-2226**  
[www.arc-az.org/housing-counseling/](http://www.arc-az.org/housing-counseling/)  
*HUD Certified agency providing a path to successful home ownership through Mortgage Readiness Review and Assistance. Also, providing foreclosure prevention counseling for principal reduction, monthly mortgage subsidy assistance to qualified Arizona homeowners, Reverse Mortgage Counseling, assisting homeowners 62 or older.*

**Arizona Attorney General .....602-542-5025**  
Consumer Information and Complaints .....602-542-5763  
Task Force Against Senior Abuse (TASA).....602-542-2124  
[www.azag.gov/seniors/TASA](http://www.azag.gov/seniors/TASA)  
Resources for Seniors ..... [www.azag.gov/seniors](http://www.azag.gov/seniors)

**Arizona Department of Housing (ADOH) .....602-771-1000**  
[www.housing.az.gov](http://www.housing.az.gov)  
[www.facebook.com/azhousing/](https://www.facebook.com/azhousing/)  
*Programs include: Foreclosure and homeless assistance, fair housing, affordable housing, Section 8, rentals and housing counseling.*  
Save Our Home AZ (foreclosure assistance) .....602-771-1000  
Housing Counselor.....877-448-1211  
*Offers principal reduction assistance, monthly mortgage subsidy assistance for underemployed and unemployed Arizonans, second lien elimination and short sale assistance to qualified Arizona homeowners.*

**Arizona Fair Housing Center.....602-548-1599**  
[www.azfairhousing.net](http://www.azfairhousing.net)  
[www.facebook.com/pg/Arizona-Fair-Housing-Center-265710680205759/](https://www.facebook.com/pg/Arizona-Fair-Housing-Center-265710680205759/)  
*Mission is to eliminate housing discrimination and fair housing/civil rights complaints. Individuals who believe they are victims of discrimination should submit a complaint.*

**Catholic Charities Affordable Housing .....602-285-1999**  
[www.housingforhopeaz.org](http://www.housingforhopeaz.org)  
[www.CatholicCharitiesAZ.org](http://www.CatholicCharitiesAZ.org)  
Phoenix (2 locations) .....602-840-0898 and 602-290-0459  
Glendale .....623-934-7579  
*Offers affordable housing for qualifying families in three housing communities throughout the Valley.*

**Habitat for Humanity Central Arizona.....623-583-2417**  
[www.habitatcaz.org](http://www.habitatcaz.org)  
[www.facebook.com/HabitatCAZ](https://www.facebook.com/HabitatCAZ)  
Peoria Location: 9133 NW Grand Ave, Suite 1, Peoria, AZ 85345  
*New home construction, home repairs, neighborhood revitalization and contract services for public and nonprofit industries.*

## **Housing Authority of Maricopa County**

[www.maricopahousing.org/programs/](http://www.maricopahousing.org/programs/)

Peoria Property: 10950 N 87th Ave ..... 602-744-4590

Hours: M-F 8am - 5pm

*Providing HUD affordable housing for low-income eligible families and/or single persons.*

Housing Choice Voucher-Section 8 ..... 602-744-4500

Location: 8910 N 78<sup>th</sup> Ave, Building D, Peoria

Hours: M-F 8am - 5pm

*Provides rent subsidy to income eligible individuals and families.*

## **Save the Family**

[www.savethefamily.org](http://www.savethefamily.org)

[www.facebook.com/SavetheFamilyAZ](https://www.facebook.com/SavetheFamilyAZ)

Affordable Rental Movement ..... 480-898-0228 ext 100

*Transitional housing and supportive services for homeless families with children.*

**Trellis.....602-258-1659**

[www.trellisaz.org](http://www.trellisaz.org)

[www.facebook.com/TrellisAZ1](https://www.facebook.com/TrellisAZ1)

*Pre and post-purchase, reverse mortgage housing counseling; financial coaching, money management and budget workshops; homebuyer education; down payment assistance and flexible lending products; and affordable single-family homes.*

## **Legal/Financial Services**

**ACESDV.....602-279-2900**

Toll-free ..... 800-782-6400

[www.acesdv.org](http://www.acesdv.org)

[www.facebook.com/ACESDV](https://www.facebook.com/ACESDV)

*Information, publications and resources related to legal issues and areas of State and Federal law.*

**Arizona Center for Disability Law .....602-274-6287**

[www.azdisabilitylaw.org](http://www.azdisabilitylaw.org)

[www.facebook.com/Arizona-Center-for-Disability-Law-134193483284046](https://www.facebook.com/Arizona-Center-for-Disability-Law-134193483284046)

*Protect and advocate for individuals with disabilities.*

**CASA of Arizona.....602-506-4083**

[www.azcourts.gov/casa](http://www.azcourts.gov/casa)

[www.facebook.com/CASAofArizona](https://www.facebook.com/CASAofArizona)

*Court appointed special advocates; adult volunteers appointed by judge to advocate for abused and neglected children in court.*

**Catholic Charities Community Services, Familias Unidas Legal Services, Immigration and Family Reunification .....602-749-4415**

[www.catholiccharitiesaz.org/all-locations/immigration](http://www.catholiccharitiesaz.org/all-locations/immigration)

*Provides various legal services including immigration and family reunification.*

*NOTE: Leave a message and someone will return your call. NOTA: Deje mensaje y alguien le regresara su llamada.*

**Community Legal Services .....602-258-3434 x 2150**

[www.clsaz.org](http://www.clsaz.org)

[www.facebook.com/communitylegalservicesarizona](https://www.facebook.com/communitylegalservicesarizona)

*Non-profit, civil, Arizona law firm providing legal services to program eligible residents living with lower incomes and experiencing legal problems with our practice areas: Family Law, Housing Law, Consumer Law, Farm Worker, Employment & Tax Law, and Health and Economic Stability. Works to ensure access to justice for all.*

**Internal Revenue Service (IRS) Volunteer Income Tax Assistance (VITA)**

[www.irs.gov](http://www.irs.gov)

*Offers free tax help.*

**Lawyer Referral Service .....602-257-4434**

[www.maricopalawyers.org/about-us/](http://www.maricopalawyers.org/about-us/)

*Services meeting the legal needs of our community.*

**Maricopa County Attorney**

[www.maricopacountyattorney.org/serving-victims/brochures-forms-information](http://www.maricopacountyattorney.org/serving-victims/brochures-forms-information)

Maricopa County Victim Compensation .....602-506-4955

*Assists victims and their families dealing with the financial harm caused by crime.*

**Take Charge America.....866-750-9612**

Additional toll free number listed on website .....866-528-0588

[www.takechargeamerica.org](http://www.takechargeamerica.org)

[www.facebook.com/TakeChargeAmerica](https://www.facebook.com/TakeChargeAmerica)

*Guidance with credit, bankruptcy, housing, student loans and debt management.*

*HUD certified.*

**Valley of the Sun United Way (VITA)**

[www.unitedway.org/myfreetaxes](http://www.unitedway.org/myfreetaxes)

[www.facebook.com/MyFreeTaxes](https://www.facebook.com/MyFreeTaxes)

*The Volunteer Income Tax Assistance program offers free tax help.*

## Miscellaneous Services

**Bureau of Vital Records.....602-364-1300**

[www.azdhs.gov/licensing/vital-records](http://www.azdhs.gov/licensing/vital-records) (only Arizona)

[www.Vitalchek.com](http://www.Vitalchek.com) (paid service for most states and some international agencies)

**Homeless ID Project..... 211 or 877-211-8661**

[www.azhomeless.org](http://www.azhomeless.org)

[email: info@azhomeless.org](mailto:info@azhomeless.org)

206 S 12<sup>th</sup> Avenue, Phoenix, AZ 85007

Cross Streets: 12th Avenue and Madison Street

Hours: M-F 7:30am – 9:00am (20 individuals will be served at each sign up time and on a first come, first serve basis)

*Provides help to men, women, and children experiencing homelessness to rebuild their lives by obtaining their identification.*

**Safelink Wireless Service through TracFone.....800-Safelink (723-3546)**

[www.safelinkwireless.com/Enrollment/Safelink/en/NewPublic/index.html](http://www.safelinkwireless.com/Enrollment/Safelink/en/NewPublic/index.html)

Technical Support ONLY: .....800-378-1684

*Provides households a wireless phone, eligibility requirements must be met, which are set by each State where the service is provided. This service is limited to one person per household.*

**Science Care .....800-417-3747**

[www.sciencecare.com](http://www.sciencecare.com)

*Hope Program is a no cost pre-screening program that allows patients, families, and healthcare providers to know with certainty if a donor meets current research criteria before the time of passing.*

## Referral Services

**2-1-1 Arizona Services ..... 211 or 877-211-8661**

[www.211arizona.org](http://www.211arizona.org)

*Community information and referral service.*

**Affordable Housing Online**

[affordablehousingonline.com/](http://affordablehousingonline.com/)

[www.facebook.com/AffHsgOnline/](https://www.facebook.com/AffHsgOnline/)

*Provides ability to search for affordable housing in a specific area by City, County or Zip code and also allows individuals to sign up for waitlist alerts.*

**AZCaregiver Coalition.....888-737-7494**

[www.azcaregiver.org](http://www.azcaregiver.org)

[www.facebook.com/azcaregiver/](https://www.facebook.com/azcaregiver/)

*Supports family caregivers.*

**Arizona Community Action Association**

[www.azcaa.org](http://www.azcaa.org)

[www.facebook.com/ArizonaCommunityActionAssociation/](https://www.facebook.com/ArizonaCommunityActionAssociation/)

*Comprehensive listing of free and low-cost services and programs for low-income families and individuals.*

North West Area Utility Assistance Line ..... 602-372-0728

*(Serving Peoria, El Mirage, Sun Cities and surrounding area)*

Hours: M-F 8am–5pm, Please call to make an appointment.

Peoria: 8335 W Jefferson St, Peoria 85345 ..... 623-979-3911

Surprise ..... 623.222.HOPE(4673)

**Arizona Self Help (Benefit referral)**

[www.ArizonaSelfHelp.org](http://www.ArizonaSelfHelp.org)

[www.arizonaselfhelp.org/programs/](http://www.arizonaselfhelp.org/programs/)

*Free and easy way to find out if your family can get help from several different health and human services programs.*

**BenefitsCheckUp®**

[www.benefitscheckup.org](http://www.benefitscheckup.org)

*Free service that helps find benefit programs based on your needs.*

*(ex: medication, food, utility, legal, health care, housing, etc)*

**Child Care Resource and Referral .....800-308-9000**

[www.arizonachildcare.org](http://www.arizonachildcare.org)

[www.facebook.com/pg/arizonachildcare](https://www.facebook.com/pg/arizonachildcare)

*Referrals to families who need assistance locating regulated childcare.*

**Crisis Response Network**

[www.crisisnetwork.org](http://www.crisisnetwork.org)

[www.facebook.com/CrisisNetworkAZ/](https://www.facebook.com/CrisisNetworkAZ/)

Central Arizona warm Line..... 602-347-1100

Central Arizona crisis Line..... local 602-222-9444

Central Arizona crisis Line ..... 800-631-1314

Central Arizona crisis Line ..... (TTY) 800-327-9254

SMI determination ..... 855-832-2866

*24/7 crisis response network to assist children and adults connect with the help they need for qualifying individuals and families looking for services: medical, legal, affordable housing and more.*

**Find Help Phoenix**

[www.findhelpphx.org](http://www.findhelpphx.org)

[www.findhelpphx.org/es](http://www.findhelpphx.org/es) *(Spanish language partner site)*

*Free and low-cost services in Maricopa County.*

**Senior Guidance.org**

[www.seniorguidance.org/assisted-living/arizona/](http://www.seniorguidance.org/assisted-living/arizona/)

*Provides resources on senior living options, including: assisted living facilities, senior living communities, nursing homes, independent living communities, continuing care retirement communities (CCRC) and other long term senior care options, including memory care such as Alzheimer's or Dementia.*

# Senior Services

- About Seniors .....602-772-6490**  
[www.aboutseniorsaz.com](http://www.aboutseniorsaz.com)  
[www.facebook.com/aboutseniorsaz](https://www.facebook.com/aboutseniorsaz)  
*Provides seniors and their families assistance in finding quality communities and/or care in Arizona. In addition, offers Grief Support Services and Support Group Facilitation to clients, organizations and those in need.*
- Alzheimer's Association.....602-528-0545**  
 Helpline 24/7 .....800-272-3900  
[www.alz.org](http://www.alz.org)  
[www.facebook.com/actionalz](https://www.facebook.com/actionalz)  
*Purpose is to empower and support individuals, families, care partners and communities affected by dementia.*
- Area Agency on Aging .....602-264-2255**  
 Helpline 24/7 .....602-264-HELP (4357)  
 Toll free Helpline .....888-264-2258  
[www.aaaphx.org](http://www.aaaphx.org)  
[www.facebook.com/Area-Agency-on-Aging-Region-One-146471192043056/](https://www.facebook.com/Area-Agency-on-Aging-Region-One-146471192043056/)  
*Advocate for older adults and senior help line.*
- Beatitudes Campus.....602-995-6100**  
[www.beatitudescampus.org](http://www.beatitudescampus.org)  
[www.facebook.com/BeatitudesCampus](https://www.facebook.com/BeatitudesCampus)  
*Not-for-profit life plan community for active independent senior living in Phoenix, Arizona, plus a full spectrum of health services.*
- Foundation for Senior Living .....602-285-1800**  
[www.fsl.org](http://www.fsl.org)  
[www.facebook.com/FSLhelps](https://www.facebook.com/FSLhelps)  
*In-home care, adult day care, affordable housing and senior centers.*
- Benevilla .....623-584-4999**  
[www.benevilla.org](http://www.benevilla.org)  
[www.facebook.com/Benevilla.org](https://www.facebook.com/Benevilla.org)  
 Hours: M-F 8am - 4:30pm  
*Life Enrichment Adult Day Programs for older adults and adults with intellectual and developmental disabilities, free caregiver support groups, resources and educational events, free home services such as grocery shopping, transportation, friendly visitors, phone pals and home delivered meals.*
- Duet .....602-274-5022**  
[www.duetaz.org](http://www.duetaz.org)  
[www.facebook.com/DuetAZ](https://www.facebook.com/DuetAZ)  
 Hours: M-F 8am - 4:30pm  
*Support groups, workshops, group activities, respite, legal guidance and information and referral for grandparents raising grandchildren. Transportation, friendly visits, grocery shopping to or from and paperwork assistance for the elderly and /or disabled.*
- Hospice of the Valley .....602-530-6900**  
[www.hov.org](http://www.hov.org)  
<https://www.facebook.com/HospiceoftheValley/>  
*Provides compassionate end-of-life care, relieving suffering in all realms—physical, emotional and spiritual.*
- Senior Citizens Law Project.....602-252-6710**  
[www.azlawhelp.org/resourceprofile.cfm?id=12](http://www.azlawhelp.org/resourceprofile.cfm?id=12)  
*Provides legal services.*

**Sun Health.....623-832-5350**

[www.sunhealthwellbeing.org](http://www.sunhealthwellbeing.org)

[www.facebook.com/sunhealth](http://www.facebook.com/sunhealth)

Center for Health and Wellness.....623-832-9355 (WELL)

Memory Care Navigator.....623-832-9300

14719 W Grand Ave, Surprise, Arizona

Hours: M-F 8:30am – 5pm

*Nonprofit center providing education on diabetes, nutrition, weight loss, physical fitness and improving strength and balance. Individual counseling available with registered dietitians, certified diabetes educators, exercise physiologist and health coach. Acupuncture and massage therapy also available. Provides support and resources for patients and families dealing with Alzheimer's disease and dementia.*

## **Services For Persons With Disabilities**

**AZ Assist.....480-779-0899**

[www.facebook.com/azassist](http://www.facebook.com/azassist)

West Valley Contact ..... 602-615-9473

*West Valley Support Group meetings are held at the Peoria Community Center on the 1st Thursday of every month from 6:30pm-8:30pm.*

*Provides social activities for the teens and young adults on the autism spectrum, and information on autism topics related to these age groups, for parents and guardians.*

**Ability360 .....602-256-2245**

Glendale Office ..... 602-424-4100

[www.ability360.org](http://www.ability360.org)

[www.facebook.com/Ability360](http://www.facebook.com/Ability360)

*Programs to empower people with disabilities.*

**ACCEL (Education & life skills school) .....602-995-7366**

[www.accel.org](http://www.accel.org)

[www.facebook.com/ACCELArizona](http://www.facebook.com/ACCELArizona)

10251 N 35th Ave, Phoenix, AZ 85051

**Arizona Center for the Blind & Visually Impaired.....602-273-7411**

[www.acbvi.org](http://www.acbvi.org)

[www.facebook.com/acbvi](http://www.facebook.com/acbvi)

3100 E Roosevelt St, Phoenix 85008

Hours: M-F 8am - 4:30pm

*Membership fee based on ability to pay; charges for some special events.*

**AZ Developmental Disabilities Planning Council .....602-542-8973**

[addpc.az.gov](http://addpc.az.gov)

[www.facebook.com/ADDPC](http://www.facebook.com/ADDPC)

*Provides research and financial support to innovative projects focusing on employment opportunities, self-advocacy and promoting inclusion for people with developmental disabilities.*

**AZ Disability Coalition.....602-262-2900**

[www.azdisabilitycoalition.org](http://www.azdisabilitycoalition.org)

[www.facebook.com/Arizona-Disability-Coalition-ADC-109920866153575/](http://www.facebook.com/Arizona-Disability-Coalition-ADC-109920866153575/)

*ADC advances the rights, choices and value of people with disabilities through their individual and collective advocacy and education efforts.*

**AZ Recreation Center for the Handicapped (ARCH).....602-230-2226**

[www.archaz.org](http://www.archaz.org)

[www.facebook.com/ARCHAZ.ORG](https://www.facebook.com/ARCHAZ.ORG)

1550 W Colter St, Phoenix, AZ 85015

*Provides services to enable handicapped individuals to obtain higher levels of physical well-being, pride, independence and self-esteem.*

**AZ Spinal Cord Injury Association.....602-507-4209**

[www.azspinal.org](http://www.azspinal.org)

[www.facebook.com/AZSCIA/](https://www.facebook.com/AZSCIA/)

5025 E Washington St, Suite 110, Phoenix, AZ 85034

*Provides education, socialization, support and lends durable medical equipment.*

**Civitan Foundation, Inc.....602-953-2944**

[www.civitanfoundationaz.org](http://www.civitanfoundationaz.org)

[www.facebook.com/CivitanFoundationInc](https://www.facebook.com/CivitanFoundationInc)

12635 N 42nd St, Phoenix, AZ 85032

*Provides respite, habilitation, attendant care, day treatment for adults (DTA), home and community based services, (HCBS), group supported employment (GSE), recreational events such as CAMP in Williams, Arizona and weekend social events in Phoenix. Transportation is offered to and from services.*

**DES Developmental Disabilities (Peoria) .....602-771-0012**

[des.az.gov/services/disabilities/developmental-disabilities](http://des.az.gov/services/disabilities/developmental-disabilities)

Peoria location: 8990 W Peoria Ave, 2nd Floor, Peoria, AZ 85345

**Developmental Enrichment Center .....602-314-4214**

[www.dec-az.org](http://www.dec-az.org)

[www.facebook.com/decnaz](https://www.facebook.com/decnaz)

16809 N 53rd Ave Suite 1-3, Glendale, AZ 85306

*Provides Life Skills training programs for children and adults with developmental disabilities which includes fixed route transportation to and from the Day Program facility. In addition, we offer in-home care services of Habilitation hourly support, attendant care and respite services.*

**Gompers**

[www.gompers.org/programs](http://www.gompers.org/programs)

[www.facebook.com/gompersaz](https://www.facebook.com/gompersaz)

Blythe Center Campus .....623-245-8332 ext 305

7565 W Peoria Avenue, Suite A Peoria, AZ 85345

Hours: M-F, 7:30am-5:00pm

*Provides individuals ages 5 through 85 educational, adult day programming, employment training and in-home programs. Also, provides accessible vehicles to transport individuals to and from Gompers and to various community activities.*

**One Step Beyond ..... 623-215-2449**

After Hours on call phone.....623-760-6487

[www.osbi.org](http://www.osbi.org)

9299 W Olive Ave, Suite 311, Peoria 85345

15527 N Reems Rd., Surprise 85374

*Provide Intellectual Disabilities training on how to live independently, seek employment and participate in their communities. Engaging their talents and interests by empowering them to set and achieve personal goals. OSBI may provide transportation from home to program and vice versa.*

**Raising Special Kids.....800-237-3007**

[www.raisingpecialkids.org](http://www.raisingpecialkids.org)

[www.facebook.com/raisingpecialkids/](https://www.facebook.com/raisingpecialkids/)

*Provides information, training, resources and support to families of children with disabilities and special health care needs.*



**The Children's Center for Neurodevelopment Studies.....623-915-0345**

[www.thechildrenscenteraz.org](http://www.thechildrenscenteraz.org)

[www.facebook.com/TheChildrensCenterAZ/](https://www.facebook.com/TheChildrensCenterAZ/)

5430 West Glenn Dr, Glendale, AZ 85301

*Non-profit school and therapy center for children with autism and other developmental delays.*

**VALLEYLIFE .....602-371-0806**

[www.ValleyLifeAz.org](http://www.ValleyLifeAz.org)

[www.facebook.com/Valleylifeaz/](https://www.facebook.com/Valleylifeaz/)

*Provides group homes, home and community based services, day programs and vocational programs for developmentally disabled individuals who are placed in our care by the State of Arizona. Shelters - Emergency/Domestic Violence/Homeless Services*

## **Shelters -Emergency/Domestic Violence/Homeless Services**

**A New Leaf .....480-969-4024**

[www.turnanewleaf.org](http://www.turnanewleaf.org)

[www.facebook.com/anewleaf](https://www.facebook.com/anewleaf)

Faith House crisis shelter for women and children ..... 623-939-6798

24-hr emergency shelter for women in crisis

Domestic Violence Centralized Screening hotline ..... 480-890-3039

24/7 English/Spanish resource ..... 844-SAFEDVS (723-3387)

*The 7 days a week, 24-hour English/Spanish bilingual resource connects people in crisis with domestic violence shelters throughout Maricopa County. If a shelter bed is not available, the Domestic Violence Safe Temporary Overflow Program provides short-term emergency shelter and services to victims of domestic violence and their children while they await the availability of beds in domestic violence shelters countywide.*

**2-1-1 Toll free in Maricopa County ..... 1-800-799-7739**

Brian Garcia Welcome Center ..... 602-759-5356

*Assist in finding housing for homeless*

**Central Arizona Shelter Services (CASS) .....602-256-6945**

[www.cassaz.org](http://www.cassaz.org)

[www.facebook.com/CentralArizonaShelterServices](https://www.facebook.com/CentralArizonaShelterServices)

230 S 12th Ave, Phoenix, AZ 85007

*Emergency shelter and supportive services for homeless persons.*

**Chrysalis .....602-955-9059**

[www.noabuse.org](http://www.noabuse.org)

[www.facebook.com/chrysalisaz/](https://www.facebook.com/chrysalisaz/)

*Comprehensive services for women, men and children impacted by domestic violence. Programs include shelter, transitional housing, adult and child counseling, court victim advocacy and offender treatment.*

**Community Care Emergency Shelter .....623-755-2284**

*Provides free emergency shelter for women and children, including meals and supportive services. Fee based transitional and permanent housing available for families. Program for Homeless to Home Owner.*

- Deep Within Rehab.....623-334-6813**  
[www.DeepWithinRehab.com](http://www.DeepWithinRehab.com)  
[www.facebook.com/DeepWithinRehab/](https://www.facebook.com/DeepWithinRehab/)  
11773 N 91st Ave, Peoria, AZ 85345  
*Drug/Alcohol recovery program that provides clean and sober living environment; including basic hygiene items, shelter, 3 meals a day, 12 step/life skills meetings.*
- Eve's Place.....623-537-5380**  
Outside Maricopa County: .....844-301-7908  
[www.evesplace.org](http://www.evesplace.org)  
[www.facebook.com/Eves-Place-Inc-163364277014297/](https://www.facebook.com/Eves-Place-Inc-163364277014297/)  
*NOT a shelter. Provides supportive mobile services to victims of domestic violence & sexual abuse.*
- Family Housing Hub .....602-595-8700**  
[www.fhhub.org](http://www.fhhub.org)  
*Screens individuals for emergency shelter at UMOM, Watkins, CASS-Vista Colina and Salvation Army family shelters. Families will be screened for shelter and placed on service priority list. Intake will contact family when shelter is available.*
- Gift of Mary Women's Shelter .....602-254-8424**  
1406 S 17th Ave, Phoenix, AZ 85007  
*Provides emergency shelter for women age 18 and older and women with girls age 1 to 12 or boys age 4 and younger who are homeless. Night Shelter only, opens at 3:30pm daily.*
- Home Assist Health .....602-795-7620**  
[www.homeassisthealth.org](http://www.homeassisthealth.org)  
[www.facebook.com/homeassisthealth/](https://www.facebook.com/homeassisthealth/)  
*Provides home care assistance for the elderly and/or disabled adults and children with long-term illnesses. Approved to provide DDD (Division of Developmentally Disabled) services as well as Arizona Long Term Care System (ALTCS).*
- Homeward Bound.....602-263-7654**  
[www.homewardboundaz.org](http://www.homewardboundaz.org)  
[www.facebook.com/homewardboundaz/](https://www.facebook.com/homewardboundaz/)  
*Transitional housing for homeless families with children.*
- House of Refuge Sunnyslope.....602-678-0223**  
[www.refugeandhope.com](http://www.refugeandhope.com)  
*email: info@refugeandhope.com*  
[www.facebook.com/House.of.Refuge.Sunnyslope/](https://www.facebook.com/House.of.Refuge.Sunnyslope/)  
9835 N. 7th St., Phoenix, AZ 85020  
*Transitional housing for single women, single men and mothers with children.*
- National Homeless Veterans Resource Line..... 877-4AID-VET (424-3838)**  
[www.va.gov/homeless/nationalcallcenter.asp](http://www.va.gov/homeless/nationalcallcenter.asp)  
*Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters can call trained counselors to talk confidentially 24 hours a day, 7 days a week.*
- National Violence Hotline.....800-799-SAFE (7233)**  
[www.thehotline.org](http://www.thehotline.org)  
[www.facebook.com/NationalDomesticViolenceHotline](https://www.facebook.com/NationalDomesticViolenceHotline)  
*Trained advocates are available 24/7 to talk confidentially with anyone experiencing domestic violence or seeking resources.*
- New Life Center .....623-932-4404**  
[www.newlifectr.org](http://www.newlifectr.org)  
[www.facebook.com/NewLifeCtr](https://www.facebook.com/NewLifeCtr)  
*Domestic Violence crisis shelter for women and children fleeing domestic abuse. Provides emergency shelter, transportation, childcare, domestic violence education,*

*safety planning, lay-legal advocacy, case management, 24-hour crisis hotline, referral services and community education.*

**Phoenix Rescue Mission .....602-233-3000**

[www.phoenixrescuemission.org](http://www.phoenixrescuemission.org)

[www.facebook.com/phoenixrescuemission/](https://www.facebook.com/phoenixrescuemission/)

Community Services Center

1801 S 35th Ave, Phoenix, AZ 85008

*Emergency shelter and recovery program for men; community services (meals, food boxes, clothing and case management) for men, women and families.*

Changing Lives Center

338 N 15th Ave. Phoenix, AZ 85007

*Recovery program for women and mothers with children.*

**Salvation Army**

[www.salvationarmyphoenix.org/domestic-violence-shelter](http://www.salvationarmyphoenix.org/domestic-violence-shelter)

ELIM House ..... 602-267-4143

*Domestic violence shelter; supports women and children by providing safety, shelter and comprehensive services.*

Crisis Line..... 602-267-4111

Homeless Outreach to place & empower .....602-302-8862/602-263-8861

*Provides medical care and preventive education.*

**Shelter Listing**

[www.shelterlistings.org](http://www.shelterlistings.org)

*Provides a website that will show shelter locations close to a specific address.*

**Shoebox Ministry.....480-905-1610**

[www.shoeboxministry.org](http://www.shoeboxministry.org)

[www.facebook.com/pg/shoeboxministry/about/](https://www.facebook.com/pg/shoeboxministry/about/)

13645 N 32<sup>nd</sup> St, Phoenix, AZ 85032

*Agencies serving local homeless and working poor can apply to receive toiletry kits and undergarments.*

**St Vincent de Paul ..... 602-266-4673**

[www.stvincentdepaul.net/programs/ozanam-manor](http://www.stvincentdepaul.net/programs/ozanam-manor)

Ministry to the Homeless - FOR REFERRALS..... 602-261-6883

Ozanam Manor -calls for intake/prescreening/eligibility, Criteria below 602-850-6900

1730 E Monroe, Phoenix 85034

*Serving homeless men and women who are 50 and older or 18 and older with a disability, either mental and/or physical, move into permanent housing while providing temporary shelter.*

**Sojourner Center .....602-244-0089**

[www.sojournercenter.org](http://www.sojournercenter.org)

[www.facebook.com/SojournerCenter](https://www.facebook.com/SojournerCenter)

*Provides domestic violence crisis shelter, transitional housing, case management, safety planning, trauma education, 24-hour crisis hotline, lay legal advocacy, referral services, on-site health clinic and behavioral health services, child development center and pet companion shelter. Also, community-based prevention/awareness activities, and all above services, available to community-based participants.*

**Streetlight USA.....623-435-0900 ext 8102**

[www.streetlightusa.org](http://www.streetlightusa.org)

[www.facebook.com/StreetLightUSA](https://www.facebook.com/StreetLightUSA)

*Provides housing and coordinated care services for adolescent females who are victims of child sex trafficking and sexual trauma.*

**Tumbleweed a service of umom .....602-271-9904**  
[www.tumbleweed.org/programs](http://www.tumbleweed.org/programs)  
[www.facebook.com/TumbleweedCenter](https://www.facebook.com/TumbleweedCenter)  
*Provides immediate aid such as safety, shelter and food to homeless and at-risk youth, as well as long term assistance through case management services such as education, life skills, counseling, transitional housing and job placement.*  
24/7 Crisis Line Intake/Referral .....602-841-5799

## Transportation Services

**AZ Spinal Cord Injury Association ..... 602-507-4209**  
[www.azspinal.org](http://www.azspinal.org)  
5025 E Washington St, Suite 110, Phoenix, AZ 85034  
*Rents out fully accessible vans.*

**Benevilla .....623-584-4999**  
[www.benevilla.org](http://www.benevilla.org)  
[www.facebook.com/BenevillaFamilyResourceCenter](https://www.facebook.com/BenevillaFamilyResourceCenter)  
Hours: M-F 8am - 4:30pm  
*Adult day centers, caregiver support groups, in-home services, home delivered meals and assistance to developmentally disabled. Two adult day centers and two resource offices located in Peoria.*

**City of Peoria Dial-A-Ride/Dial-A-Ride Plus .....623-773-7435**  
[www.peoriaaz.gov/dialaride](http://www.peoriaaz.gov/dialaride)  
After Hours: .....623-693-1043  
ADA Service Hours: M - F 4:30am – 9pm, Sa, Su & Holidays 6am –10pm  
Leave message to reserve an ADA trip.  
*Provides curb-to-curb, advance reservation transportation of Peoria residents with wheelchair accessible vehicles.*

**Crisis Response Network.....602-222-9444**  
[www.crisisnetwork.org](http://www.crisisnetwork.org)  
[www.facebook.com/CrisisNetworkAZ/](https://www.facebook.com/CrisisNetworkAZ/)

**ComTrans.....602-231-0102**  
[www.qocomtrans.com](http://www.qocomtrans.com)  
*Special needs, non-emergency medical transportation and private pay.*

**National Kidney Foundation of Arizona.....602-840-1644**  
[www.azkidney.org](http://www.azkidney.org)  
[www.facebook.com/azkidney](https://www.facebook.com/azkidney)  
*Provides free transportation to and from dialysis treatments in Maricopa County.*

**Northwest Valley Connect .....623-282-9300**  
[www.NorthwestValleyConnect.org](http://www.NorthwestValleyConnect.org)  
[www.facebook.com/nvconnect](https://www.facebook.com/nvconnect)  
*Assists seniors and people with disabilities in finding public, private and volunteer transportation resources based on individual need.*

**Quality Transport Services of Arizona.....602-371-1000**  
[www.qtsaz.com](http://www.qtsaz.com)  
[www.facebook.com/QTSaz](https://www.facebook.com/QTSaz)  
Available 24/7  
*Non-emergency transportation for wheelchair, stretcher & ambulatory needs, available 24 hours, 7 days a week, servicing the entire valley.*

**St Vincent de Paul Transient Aid.....602-261-6852**

[www.stvincentdepaul.net/programs/aid-to-stranded-travelers](http://www.stvincentdepaul.net/programs/aid-to-stranded-travelers)

420 W Watkins Rd, Phoenix 85003

Hours: M-F 9am - 12pm

*Travel assistance to non-residents who find themselves in crisis, stranded in the Phoenix area.*

**Valley Metro Public Transportation.....602-253-5000**

..... TTY 602-251-2039

[www.valleymetro.org](http://www.valleymetro.org)

*Reduced fares on local bus routes and light rail are available to youth ages 6-18, seniors age 65 and older, people with disabilities and Medicare clients.*

**Valley Metro Dial-a-Ride**

[www.valleymetro.org/accessibility/dial\\_a\\_ride](http://www.valleymetro.org/accessibility/dial_a_ride)

Transportation Hours: 5am - 10pm, Reservation Hours: 6am - 7:30pm

Regional ADA Paratransit Service ..... 602-716-2200

Application for ADA ..... 602-716-2100

Eligible residents may travel beyond the area served by the local Dial-a-Ride provider without making a transfer. Reservations can be made every day.

## Utility Assistance/Discount Programs

**APS Energy Support Program .....844-309-5655**

Main office..... 602-371-7171

[www.aps.com/e3](http://www.aps.com/e3)

*Limited income programs.*

**Community Action Program (CAP)**

[www.azdes.gov](http://www.azdes.gov)

[www.facebook.com/OfficialArizonaDES](https://www.facebook.com/OfficialArizonaDES)

Peoria: 8335 W Jefferson St, Peoria, AZ 85345 ..... 623-979-3911

Surprise ..... 623.222.HOPE(4673)

*Offers assistance with: Utilities, rent, food, referral to senior services and case management.*

**Community Hope Center at Fresh Start Church.....623-979-4392**

[www.freshstartaz.com/](http://www.freshstartaz.com/)

14185 N 83rd Ave, Peoria 85381

*Food Boxes on Wednesday and utility assistance starting at 10am.*

**Cox Internet Connect2Compete .....623-979-4392**

[www.cox.com/aboutus/connect2compete.html?sc\\_id=cr\\_dm\\_camp\\_z\\_c2c\\_vanity](http://www.cox.com/aboutus/connect2compete.html?sc_id=cr_dm_camp_z_c2c_vanity)

*Program offers low-cost home internet for families that have a K-12 student and receive government assistance.*

**Lutheran Social Services of the Southwest .....480-654-4539**

[www.lss-sw.org](http://www.lss-sw.org)

*No walk-ins, appointments only. Offer assistance with utilities, employment and Supplemental Nutrition Assistance Program (SNAP) sign-up.*

**Salvation Army - Sun Cities/West Valley Corps.....623-977-1084**

[www.uswsalvationarmy.org](http://www.uswsalvationarmy.org)

17420 N Ave of the Arts Blvd, Surprise 85378

Hours: M-F 9am - 11:30am; M - Th: 1pm - 4pm

*This location offers assistance with APS, SRP & SW Gas utility bills and limited rental assistance.*

**Southwest Gas .....877-860-6020**

[www.swgas.com/en/az-special-programs](http://www.swgas.com/en/az-special-programs)

*Arizona special programs & assistance.*

**SRP Discount Plan .....602-236-8888**  
[www.srpnet.com/prices/economy.aspx](http://www.srpnet.com/prices/economy.aspx)  
*Enrollment line open 24 hours a day, there are eligibility requirements to participate in the program.*

## Veteran Services

**American Legion Department of AZ .....602-264-7706**  
[www.azlegion.org](http://www.azlegion.org)  
[www.facebook.com/ArizonaLegion](https://www.facebook.com/ArizonaLegion)  
*Disability claims and rental/utility assistance.*

**AZ Chapter, Paralyzed Veterans of America, Inc .....602-244-9168**  
Toll Free number .....800-621-9217  
[www.azpva.org](http://www.azpva.org)  
[www.facebook.com/AZPVA](https://www.facebook.com/AZPVA)  
Hours: M–F; 8am - 4:00pm  
*Non-profit veteran service organization.*

**AZ Coalition for Military Families .....602-753-8802**  
[www.arizonacoalition.org](http://www.arizonacoalition.org)  
[www.facebook.com/ArizonaCoalition/](https://www.facebook.com/ArizonaCoalition/)  
*Information includes a starting point for key military, government and community resources available to service members, veterans and family members in each county. Programs may have eligibility guidelines.*

**AZ Dept of Veterans' Services .....602-255-3373**  
[www.dvs.az.gov](http://www.dvs.az.gov)  
*Assists veterans and their dependents.*

**Disabled American Veterans, Glendale Chapter 20 ..... 623 931-7320**  
[email:dav20glendale@gmail.com](mailto:dav20glendale@gmail.com)  
*Provides free professional assistance to veterans and their families with claims.*

**Cutrano AZ Troop Run .....602-577-9789**  
[www.aztrooprun.com](http://www.aztrooprun.com)  
[www.facebook.com/cutranoaztrooprun](https://www.facebook.com/cutranoaztrooprun)  
*Provides extra curricular educational funding to children of Arizona's fallen military heroes.*

**Catholic Charities MANA House.....602-254-6785**  
**(formerly Madison Street Veterans Assoc.)**  
[www.manahouseaz.org](http://www.manahouseaz.org)  
[www.facebook.com/pg/MANAHouseAZ/](https://www.facebook.com/pg/MANAHouseAZ/)  
400 East Willetta Street, Phoenix, AZ 85006  
*Provides transitional living center for veterans experiencing homelessness offering personal, individualized basic resources, community and advocacy for all veterans.*

**Military and Veteran Success Center – Luke Air Force Base. 480 384 9874**  
1532 North Commissary Road, Glendale, AZ 85307  
*MVSC is the nation's first community supported, case-managed, holistic support center for transitioning service members, veterans and their dependents. Services offered by the MVSC are free of charge.*

**Military Assistance Mission .....602-246-6429**  
[www.azmam.org](http://www.azmam.org)  
[www.facebook.com/pg/azmam.org](https://www.facebook.com/pg/azmam.org)  
*Provides financial and morale aid to our current Arizona active duty military, their families and wounded warriors regardless of overseas deployment status.*

**Pets for Patriots .....877-473-8223**

[www.petsforpatriots.org](http://www.petsforpatriots.org)

Phoenix Chapter

<https://petsforvets.com/phoenix>

[www.facebook.com/PetsforVetsAZ](https://www.facebook.com/PetsforVetsAZ)

*Nationally helps veterans adopt shelter dogs and cats for companionship.*

**Soldier's Best Friend..... 623-218-6486**

[www.soldiersbestfriend.org](http://www.soldiersbestfriend.org)

[www.facebook.com/SoldiersBestFriend](https://www.facebook.com/SoldiersBestFriend)

*Provides US military veterans living with combat-related Post Traumatic Stress Disorder (PTSD) or Traumatic Brain Injury (TBI) with Service or Therapeutic Companion Dogs, most of which are rescued from shelters.*

**The Ripple Effect- Helping Veterans and Families Heal.....260-312-3756**

[www.therippleeffectaz.com](http://www.therippleeffectaz.com)

[www.facebook.com/therippleeffectaz](https://www.facebook.com/therippleeffectaz)

*Services and resources to assist veterans and their families with reintegration into civilian life.*

**The Veterans Directory**

[www.theveteransdirectory.org](http://www.theveteransdirectory.org)

[www.facebook.com/theveteransdirectory/](https://www.facebook.com/theveteransdirectory/)

*Provides a comprehensive, user-friendly, web-based directory of services that benefits military Veterans and their families.*

**Tragedy Assistance Program for Survivors.....800-959-TAPS (8277)**

[www.taps.org](http://www.taps.org)

[www.facebook.com/TAPSOrg/](https://www.facebook.com/TAPSOrg/)

*24/7-Providing services to those who have lost a loved one in the military.*

**Surprise VA Outpatient Clinic.....623-251-2884**

13985 W. Grand Ave Surprise AZ 85374

*Provides primary Care, Mental Health, Physical Therapy, X-Rays. Other services offered, please call. There is also an enrollment office on-site. Must bring DD-214 to enroll.*

**United States Veterans Initiative.....602-717-6682**

[www.usvetsinc.org/phoenix](http://www.usvetsinc.org/phoenix)

[www.facebook.com/usvetsinitiativephoenix](https://www.facebook.com/usvetsinitiativephoenix)

3507 North Central Avenue, Suite 302, Phoenix, AZ 85012

Veterans Seeking Housing ..... 602-757-9723

Veterans Seeking Employment Assistance..... 602-717-6682

Veterans Seeking Other Services..... 602-757-9723

*Provides housing, employment assistance, access to veterans benefits and treatment for mental and physical health problems and substance abuse. Also counseling services to our nation's veterans from all branches of the armed forces who have served from World War II to the current conflicts.*

**Veteran Tickets Foundation .....602-314-8414**

[www.vettix.org](http://www.vettix.org) (must create a free online account to get tickets)

[www.facebook.com/VetTix](https://www.facebook.com/VetTix)

*Provides veterans, service members, and immediate family of those killed in action with free tickets to sports events, concerts, family events as well as a diverse mix of other ticketed events, supporting community reintegration and personal health and happiness.*

- Vet's Community Connections ..... 602-324-2817**  
Veterans, Military and Spouses ..... 211/844-VET-CONX  
(838-2669)  
[www.vetscommunityconnections.org](http://www.vetscommunityconnections.org)  
*Connecting those who have served with other community members for answers to questions about life in Maricopa County.*
- Vets4Warriors..... 24/7/365 peer support 855-838-8255**  
[www.vets4warriors.com](http://www.vets4warriors.com)  
[www.facebook.com/Vets4Warriors/](https://www.facebook.com/Vets4Warriors/)  
*24/7 Provides personalized peer support services for Veterans , soldiers and their families via phone, chat, social media and texting. Live answer by another Veteran.*
- Vet Center Combat Call Center..... 877-WAR-VETS (927-8387)**  
[www.facebook.com/VAVetCenters/](https://www.facebook.com/VAVetCenters/)  
*24/7 - Call-in counseling services for veterans. Beneficial for after-hours: crisis calls and other mental health related calls*  
*West Valley Vet Center ..... 623-398-8854*  
14050 N 83rd Ave Suite 170, Peoria 85381  
[www.facebook.com/pages/West-Valley-Vet-Center/](https://www.facebook.com/pages/West-Valley-Vet-Center/)  
*Confidential Readjustment Counseling services for active duty combat veterans and separated combat veterans, veterans subjected to military sexual trauma, UAV pilots, mortuary affairs, veterans who served in conflict zones and their family members. Please call with any questions.*
- Veterans Crisis Line ..... 800-273-8255 press 1**  
Text.....838255  
[www.veteranscrisisline.net](http://www.veteranscrisisline.net)  
[www.facebook.com/pg/veterans.crisisline.1/](https://www.facebook.com/pg/veterans.crisisline.1/)  
*Free, confidential help for veterans available*

## Volunteer Opportunities

NOTE: Most organizations listed in this guide welcome volunteers

### City of Peoria Neighborhood Pride

e-mail [communityassistance@peoriaaz.gov](mailto:communityassistance@peoriaaz.gov)

*Designed to help established neighborhoods maintain their appearance and value through exterior maintenance. Large projects held two to three times annually.*

### Hands on Phoenix

[www.HandsOnPhoenix.org](http://www.HandsOnPhoenix.org)

[www.facebook.com/HandsOnGreaterPhoenix](https://www.facebook.com/HandsOnGreaterPhoenix)

*A nonprofit volunteer management organization.*

### Just Serve

[www.JustServe.org](http://www.JustServe.org)

[www.facebook.com/JustServe.org](https://www.facebook.com/JustServe.org)

*Matches faith, nonprofit, community and governmental organizations with volunteers.*

### Volunteer Match

[www.VolunteerMatch.org](http://www.VolunteerMatch.org)

[www.facebook.com/VolunteerMatch](https://www.facebook.com/VolunteerMatch)

*Listing of volunteer opportunities.*



## Youth/Teen Programs

**A Mighty Change of Heart.....623-308-5428**

[www.amchaz.org](http://www.amchaz.org)

*Foster youth support organization in Surprise, AZ providing individualized duffle bags, school supplies, and more for foster kids.*

**AGUILA Youth Leadership Institute.....602-518-0612**

[www.aguilayouth.org](http://www.aguilayouth.org)

[www.facebook.com/AGUILAYouth](https://www.facebook.com/AGUILAYouth)

*Provides youth (grades 9-12) with a comprehensive program in preparation for success in college, career and life.*

**Arizonans for Children.....602-252-2270**

[www.arizonansforchildren.org](http://www.arizonansforchildren.org)

[www.facebook.com/groups/az4children/?ref=bookmarks](https://www.facebook.com/groups/az4children/?ref=bookmarks)

*Facilitates opportunities that provide effective solutions to alleviate hardships and improve fragile lives of abused, abandoned and neglected children in foster care.*

**Big Brothers Big Sisters of Central AZ .....602-264-9254**

[www.facebook.com/BBBSAZ/](https://www.facebook.com/BBBSAZ/)

*Matches youth in the community ages 6 to 18 with caring, supportive adult mentors who help them realize their potential. Families and youth can enroll online. Volunteers are needed in the Peoria area.*

**BLOOM 365.....888-606-HOPE (4673)**

[www.bloom365.org](http://www.bloom365.org)

[www.facebook.com/uprootabuse](https://www.facebook.com/uprootabuse)

*Provides healthy relationship education in K-12 schools, trains teens as peer educators/advocates and offers crisis counseling, interventions and ongoing support to teens experiencing dating abuse or sexual violence.*

**Boys and Girls Clubs.....623-979-3559**

[www.bgcmp.org](http://www.bgcmp.org)

[www.facebook.com/BGCMP](https://www.facebook.com/BGCMP)

11820 North 81st Avenue, Peoria 85345

*Provides after-school, summer programs, tutoring, sports, arts, health, life skills and character building activities.*

**Dysart Community Center .....623-249-3812**

[www.dysartcommunitycenter.org](http://www.dysartcommunitycenter.org)

*Hours 10:00 - 8:00 Monday through Thursday -GED, ESL, Adult Citizenship classes*

*After School Program ages 4 - 18, Hours: Mon 1-7, Tue - Thurs 3-7*

*First Saturday Mobile Pantry. Hours 9:00 – 11:00*

*Educational programs for disadvantaged children, teens and adults, offering tools and skills to help them improve their lives and build self-sufficiency. Full training and support provided, hours to suit volunteer.*

**Dysart Unified School District (DSD).....623-876-7072**

[www.dysart.org](http://www.dysart.org)

*Homeless Education Liaison – 623-876-7072*

*School provided staff person to serve as a liaison for students experiencing homelessness.*

**Eve's Place.....623-537-5380**

Outside Maricopa County:..... 844-301-7908

[www.evesplace.org](http://www.evesplace.org)

[www.facebook.com/Eves-Place-Inc-163364277014297](https://www.facebook.com/Eves-Place-Inc-163364277014297)

*Teen dating violence awareness and resources.*

- Florence Crittenton .....602-274-7318**  
[www.flocrit.org](http://www.flocrit.org)  
[www.facebook.com/FlorenceCrittentonofArizona/?fref=ts](https://www.facebook.com/FlorenceCrittentonofArizona/?fref=ts)  
*Offers a comprehensive continuum of care designed to help at-risk girls ages 10 to 25 overcome issues of abuse, neglect, teen pregnancy, teen parenting, behavioral and mental health problems.*
- Free Arts of Arizona.....602-258-8100**  
[www.freeartsaz.org](http://www.freeartsaz.org)  
[www.facebook.com/freeartsaz](https://www.facebook.com/freeartsaz)  
*Healing abused and homeless children through artistic expression.*
- Friends of Peoria Public Library**  
[www.facebook.com/FPPLibrary](https://www.facebook.com/FPPLibrary)  
*Inspires passion for literacy by supporting Peoria's Libraries through assistance programs & outreach.*
- Hart Pantry .....252-259-5331**  
[www.facebook.com/HARTPantry/](https://www.facebook.com/HARTPantry/)  
*Provides food, clothing, school supplies and toiletries for at-risk/homeless teens*
- Heart for the City.....602-499-5059**  
[www.heartforthecityaz.org](http://www.heartforthecityaz.org)  
[www.facebook.com/heartforthecityaz/](https://www.facebook.com/heartforthecityaz/)  
*Free after-school, summer and sports programs, job skills training for teens and community gardening.*
- Homeless Youth Connection (HYC).....623-374-3747**  
 After Hours Phone ..... 602-633-4844  
[www.hycaz.org](http://www.hycaz.org)  
[www.facebook.com/HomelessYouthConnectionAZ/](https://www.facebook.com/HomelessYouthConnectionAZ/)  
*Provides homeless youth ages 13-19 with resources so they can stay in school and graduate. Assistance includes case management, necessities, life skills training, mentors and housing assistance for homeless youth.*
- Kaity's Way .....602-740-2734**  
[www.kaitysway.org](http://www.kaitysway.org)  
[www.facebook.com/kaitysway.org](https://www.facebook.com/kaitysway.org)  
*Healthy relationship education and teen dating violence awareness and prevention.*
- Kickstart Mentorship Academy .....623-217-5284**  
[www.Kickstartmentorshipacademy.org](http://www.Kickstartmentorshipacademy.org)  
[www.facebook.com/1kickstartma](https://www.facebook.com/1kickstartma)  
*Community based organization with emphasis on challenging and inspiring youth to become self-sufficient and goal oriented through life skills training and education.*
- Ombudsman Charter School.....800-833-9235**  
[www.arizonadiploma.com](http://www.arizonadiploma.com)  
 Arizona Charter ..... 602-317-0837  
 Peoria Location: 9516 W. Peoria Ave., #18-21 ..... 623-878-4503  
*Provides an alternative to traditional high school for those at risk of dropping out or who have dropped out of school and want to return and earn their diploma. Their four-hour school day allows time for family, friends, work and school and prepares students for college, career – for life – after high school. They "re-engage the disengaged." At no cost to the kids or parents.*

<b>One-n-Ten.....</b>	<b>602-400-2601</b>
<i><a href="http://www.onenten.org">www.onenten.org</a></i>	
<i><a href="https://www.facebook.com/onentenphoenix?fref=ts&amp;ref=br_tf">www.facebook.com/onentenphoenix?fref=ts&amp;ref=br_tf</a></i>	
<i>Serving LGBTQIA+ youth ages 11 to 24. Provides tools to improve self-esteem and programs that promote leadership development and healthy life choices. Has several feature programs targeting education, employment and housing.</i>	
<b>OCJ Kids.....</b>	<b>602-439-2171</b>
<i><a href="http://www.ocjkids.org">www.ocjkids.org</a></i>	
<i><a href="https://www.facebook.com/ocjkidsaz/">www.facebook.com/ocjkidsaz/</a></i>	
<i>Connecting at-risk and foster youth with caring communities for support and assurance. Volunteer opportunities for those who cannot foster or adopt.</i>	
<b>Peoria Unified School District (PUSD)</b>	
<i><a href="http://www.peoriaunified.org/domain/105">www.peoriaunified.org/domain/105</a></i>	
<i><a href="https://www.facebook.com/peoriaunified">www.facebook.com/peoriaunified</a></i>	
Homeless Education Liaison.....	623-486-6058
<i>School-provided staff person to serve as a liaison for students in homeless situations.</i>	
<b>Teen Outreach</b>	
<i><a href="http://www.teenoutreachaz.org">www.teenoutreachaz.org</a></i>	
<i><a href="https://www.facebook.com/topsaz">www.facebook.com/topsaz</a></i>	
West location: 6610 N. 47th Ave. Ste12, Glendale, AZ.....	623-334-1501
<i>Focuses on the needs of pregnant and parenting teens. Includes pregnancy testing, pregnancy prevention and education, childbirth classes, a Dad's program, parenting classes and support groups.</i>	
<b>Tumbleweed a service of umom .....</b>	<b>602-271-9904</b>
<i><a href="http://www.tumbleweed.org/programs">www.tumbleweed.org/programs</a></i>	
<i><a href="https://www.facebook.com/TumbleweedCenter">www.facebook.com/TumbleweedCenter</a></i>	
<i>Provides immediate aid such as safety, shelter and food to homeless and at-risk youth, as well as long term assistance through case management services.</i>	
24/7 Crisis Line Intake/Referral.....	602-841-5799
<i>Offers safety to youth in crisis through its Crisis Line as well as through SafePlace sites throughout the community.</i>	
<b>YMCA .....</b>	<b>602-404-9622</b>
<i><a href="http://www.valleyymca.org">www.valleyymca.org</a></i>	
<i><a href="https://www.facebook.com/ValleyYMCA">www.facebook.com/ValleyYMCA</a></i>	
14711 N 59th Ave, Glendale, AZ 85306 .....	602-588-9622
12450 W Cinnabar Ave, El Mirage, AZ 85335 .....	602-688-5335
<i>Programs that build a healthy spirit, mind and body.</i>	
<b>YWCA (corporate office) .....</b>	<b>602-258-0990</b>
<i><a href="http://www.ywcaaz.org">www.ywcaaz.org</a></i>	
<i><a href="https://www.facebook.com/ywcaAZ">www.facebook.com/ywcaAZ</a></i>	
YWCA - West Valley Senior center: 8561 N 61 <sup>st</sup> Ave, Glendale, AZ .....	623-931-7436
<i>This site offers meals and meals on wheels.</i>	

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## This image shows a single page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, leaving small margins at the top and bottom. There are no vertical margin lines, text, or other markings on the page.



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Additional resources may be available at [www.211arizona.org](http://www.211arizona.org), a statewide information and referral service.